

# JK Group of Colleges celebrates Lohri with fervour



Glimpses of Lohri celebrations at J.K. Group of Colleges on Friday at Jammu.

## STATE TIMES NEWS

JAMMU: Lohri was celebrated at the campus of J.K. Group of Colleges with a lot of exuberance and fanfare. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The students sang songs immersed in rich cultural folk fare of Punjab. The bonfire was lit and all threw sesame seeds, jaggery and reweries in it. The celebration concluded with the pray to the fire God to bless all with abundance and prosperity.

## Shahnaz Parveen becomes first woman athlete to win gold at National University Games

### STATE TIMES NEWS

KARGIL: Shahnaz Parveen, who hails from far-flung village of Checheysna Sankoo in Kargil-Ladakh, became the first female athlete from Ladakh to win a gold medal in an official national event after she won the top honours in Group Poomsae under-30 at the National University Games held in Punjab.

She represented her university Maharshi Dayanand University, Rohtak at the games, which included participants from over 146 universities from across India.

Chairperson/CEC of LAHDC, Kargil, Feroz Ahmad Khan congratulated Shahnaz Parveen on winning the gold medal.

He stated that Kargil has produced several top athletes in Taekwondo who have made a mark not only at state-level events but also at national and international events and brought laurels to Ladakh.

CEC called Shahnaz Parveen a role model for future generation as sports has a bright future in UT Ladakh. "I hope that youngsters devote time to sports and pursue excellence in sport dis-



ciplines at different levels," he said.

He also congratulated Ladakh Taekwondo Association and urged all sports associations to come on a common platform to make Ladakh a sporting hub in the country.

President of Ladakh Taekwondo Association, Gulzar Hussain Munshi congratulated Shahnaz Parveen on winning the gold medal at a national event. He urged University of Ladakh to start professional coaching of sportspersons

to create a full-fledged team for the university.

He added that there are a number of talented young sportspersons and urged the UT Administration to help the association with infrastructure to ensure that more athletes can receive the required support and prepare for various events.

Shahnaz Parveen thanked her Coach, Atul Pangotra for her achievement.

She added that he is the best coach in India for Taekwondo who works on the strength of the player to use that for his or her success.

She also thanked Ladakh Taekwondo Association, her parents and people of Kargil who remain a source of inspiration for her.

Shahnaz Parveen also requested the Lieutenant Governor of Ladakh to give special consideration to sporting disciplines that are already established to help these athletes showcase their talents and make a mark in their chosen sport. Its pertinent to mention here that Tashi Tundup from Fokar Kargil also won Gold Medal at the University Games recently.

## Ranji Trophy: Musafir's 89 goes in vain as Baltej, Abhishek, Mandeep power Punjab to victory

### STATE TIMES NEWS

JAMMU: Promising middle-order batsman, Musafir Ajaz's magnificent 89 runs went in vain as medium pacer Baltej Singh produced a superb bowling show before the duo of talented opening batsman Abhishek Sharma and skipper Mandeep Singh shone with the willow to power Punjab to a 4-wicket win over Jammu and Kashmir in the Ranji Trophy Elite Group-D match at IS Bindra Cricket Stadium, PCA, Mohali on Friday.

Needing 205 runs to win in 38 overs, Punjab rode on a power-packed innings of 83 runs by Abhishek Sharma and scored the required runs in just 24.5 overs by losing 6 wickets, thus won the match by 4 wickets. Abhishek scored 83 runs in just 47 balls, studded



Musafir Ajaz

with 9 fours and 4 sixes, while skipper Mandeep Singh remained unbeaten on valuable 45 runs off 39 balls with 3 fours and one six. Prabhshinran Singh (31), Anmol Malhotra (17) and Mayank Marka de 5-ball unbeaten 14 were the other contributors. Abhishek, in particular, shaped the win for his team by sending the bowlers on a leather hunt

from the word go.

For J&K, Abid Mushtaq took 4 wickets by giving away 56 runs in his 8 overs, while Taizeem Younis Tak claimed one wicket.

Earlier, resuming their second innings from an overnight score of 18/1, J&K sailed on a superb knock by Musafir Ajaz to score 260 runs in 63.4 overs and set a target of 205 runs for Punjab. Musafir showed elegance, brilliance, solidity and sublimity to score 89 runs off 122 balls, studded with 10 fours and 2 sixes, while Fazil Rashid contributed 46 runs to the total. Vivrant Sharma (26), Shivansh Sharma (23) and Aaqib Nabi (21) were the other contributors.

Baltej Singh was the wrecker-in-chief for Punjab, who took another

5-wicket haul in the match to set the tempo for victory. Baltej took 5 wickets by conceding 45 runs in his 19 overs, while Mayank Markande bagged 4 wickets by giving 61 runs in his 15.4 overs. Sidharth Kaul also claimed 1 wicket.

Punjab earned six points from this outright victory, while J&K failed to secure any point.

### Sport Climbing trials on January 17

#### STATE TIMES NEWS

JAMMU: Mountaineering Association of J&K (MAJK) shall hold selection trials to raise J&K team for participation in the 3rd Tata Steel Sport Climbing (Lead, Speed, Bouldering and Speed Relay) Championship, organised by Tata Steel Adventure Foundation at TSAF Sport Climbing Training Centre, Bistupur in Jamshepur from February 2 to 5.

The trials shall take place on January 17 from 11 am onwards at Tenzing Norgay Sport Climbing Wall in Sprawling Buds ICSE School Complex, Bantalab, here.

Interested and eligible climbers may report to Shivani Charak at 11.30 am on January 17 along with a photo copy of their Aadhar Card. Trials shall be conducted for five categories of men and women as per IFSC Rules besides a special category of Kids (6 to 9 years), a handout issued by the MAJK here today informed.

The championship offers prize money of Rs.6.5 lakhs. For further information, interested climbers may contact Shivani Charak (8493978966).

## District Poonch Wushu Championship begins



Players posing during opening ceremony of District Poonch Wushu Championship.

### STATE TIMES NEWS

POONCH: District Poonch Wushu Championship, organised by District Poonch Wushu Association under the aegis of Wushu Association of J&K commenced on Friday at Indoor Complex Sports Stadium, Poonch.

The championship in being supported by Jammu and Kashmir Sports Council.

Around 100 boys and girls from border district are participate in the two-day championship which was inaugurated by the Chief Guest, Narinder Singh, ZPEO Poonch in presence

of Guests of Honour, Parveen Kour veteran national Wushu player, Nusrat Hussain Shah Chairman SRK Global Peace Foundation Poonch, Jatinder Sharma Head Master.

Other special guests present were Abhinav Dabur JE PDD, Rajinder Singh Physical Education Teacher from Department of Youth Services and Sports and Amit Sharma Joint Secretary Poonch District Taekwondo Association (PDTA).

Earlier, the gathering was welcomed by General

Secretary of the Association, Taranpreet Kaur.

The Chief Guest met with all the players and distributed medals among winners of today's events. He also gave his best wishes to all the participants for rest of competition.

Prominent persons present were Neeraj Sharma PET, Sarjeet Singh senior boxer, Jatinder Paul PET, Ashaq Hussain Organising Secretary PDTA and Majid Hussain.

Today's results

BOYS Sub Junior U-35: Mohd Shoiheb, gold, Garvin Gupta, silver. U-25: Lakshay, gold and Arshit Singh, silver.

GIRLS Sub Junior U-27: Ruksana Bandey, gold, Ruksana Kouser, silver. U-32: Farzana Kouser, gold and Maryiam Mir, silver.

## 6th Mata Joginder Kour Memorial Badminton Tournament concludes

### STATE TIMES NEWS

JAMMU: A week-long Mata Joginder Kour Memorial Tournament concluded on Friday on the eve of National Youth Day with slogan "Viksit Youth, Viksit Bharat" at Sher-e-Kashmir University of Agricultural Science & Technology Jammu (SKUAST-J).

This was the 6th edition of badminton tournament which was organised to commemorate Mata Joginder Kour.

ADC Jammu Harvinder Singh and SSP Randheer Singh were the Chief Guests on the occasion whereas Dr. Ashwani Jotra, social activist and National Awardee, Principal Sunita Chadha, Vice Principal Ranjana Gupta and



Winner players posing for a photograph with dignitaries.

Registrar SKUAST Dr. S K Gupta were the Guest of Honours.

The sole motive of this tournament was to channelize the youth energy through the medium of sports.

ADC Harvinder Singh and SSP Randheer Singh lauded the initiatives of the Mata Joginder Kour

Memorial Trust for taking lead to build a healthy society and also wished to this trust for a glorious future and extended wholehearted support for future endeavour.

Prizes were also distributed amongst the winners and runners up under 5 different categories of tournament in which more than 100

## District Volleyball Association Kathua distributes sports-kit

### STATE TIMES NEWS

KATHUA: District Volleyball Association Kathua on Friday distributed volleyball kits to newly formed Rudra Volleyball Club, Upper Mela.

This club has been formed to promote volleyball game among children as most of the members are 14 years.

In the function organized by the people of Upper Mela, Mohinder Kumar General Secretary and Ram Lal Joint Secretary were deputed by Madan Lal Toofan, President of Kathua District body to distribute volleyballs & net to the Club.

Kamal Sharma, President



District Volleyball Association Kathua members handing over Volleyball kits to newly formed Rudra Volleyball Club, Upper Mela.

of Upper Mela Club and a prominent sports person of Mela, assured that he will

provide all possible help to young children.

Prominent among others

present were Kaushal Varma, Sham Lal Sharma and Pradip Sharma.

## India beat Spain 2-0 in opening Hockey World Cup match

### STATE TIMES NEWS

ROURKELA: Hosts India defeated Spain 2-0 in their opening match of the FIH men's hockey World Cup here on Friday.

Vice-captain Amit Rohidas (12th) and Hardik Singh (26th) scored for India in the second Pool D match.

While Rohidas scored from a rebound following a penalty-corner situation, Hardik sounded the board with a field effort.

India were by far the better side as they dominated the possession besides earning as many as five penalty corners, out of which Rohidas converted one.

Spain, on the other hand, secured three penalty corners but wasted all.

India will next play England, who had thrashed Wales 5-0 in another Pool D match earlier in the day.

## Param FC wins boys, girls titles of Football Fest



Param FC team receiving winner trophy.

### STATE TIMES NEWS

JAMMU: Param FC girls and boys team emerged winners and lifted the trophies of Jammu's First Football Fest organised by Batra Group and Pegasus Sports Academy at Indoor Hall Bhagwati Nagar, here on Friday.

In girls final, Param FC outplayed Pegasus FC Academy by 3-2 goals while Param FC defeated Lonestar FC by 8-4 goals in boys final.

Anuripal Singh scored four goals, Rohit Deep Singh scored two, Ankrit and Arun Nagal scored one goal each for the winning boys team.

In the closing ceremony, Principal, Birla Open Minds

School, Aparna Kohli, was the Chief Guest while Sidharth Dogra Managing Partner Jammu Links, Manik Batra Director Batra Group and Bhisham Batra Director Batra Group were also present.

Bhisham Batra said, "Finally 10-day fest has come to an end and it was first of its kind football event teams from all over J&K and Ladakh participated.

I would like to thank JK Sports Council and JKFA for their support throughout and seeing the talent we will keep hosting tournaments so players can get a good platform to showcase their talent."

## IGNOU Jammu reaches out to students at GCW Parade

### STATE TIMES NEWS

JAMMU: Indra Gandhi National Open University (IGNOU) Regional Centre Jammu on Friday reached out to Govt. College for Women, Parade Ground Jammu.

A team of officers of the Regional Centre comprising of the Regional Director I/C, Dr. Sandeep Gupta and Assistant Regional Directors, Dr. Vikram Singh and Dr. Asha Upadhyay visited the College and had an interaction with NCC/NSS volunteers and students of the Institution. Regional Centre Jammu has a Learner Support Centre operating from the GCW, Parade Ground, Jammu by the Centre Code 12123.

Dr. Mohd. Majeed, Coordinator of the LSC, Dr. Rajesh Kant, Dean Students Welfare, Govt. College for Women, Parade and other staff members were also present on the occasion. The team of IGNOU explained about various schemes and initiatives of the University and also

informed about the new range of programmes launched in different streams. It was apprised that IGNOU is providing fee exemption for Schedule Caste (SC) and Scheduled Tribe (ST) candidates for several programmes offered through Common Prospectus.

The IGNOU team members informed that the University offers admission to various UG, PG, Certificate, Diploma, PG Diploma and Doctoral level programmes in distance learning and online education mode.

The students and volunteers expressed their desire to seek admission in different programmes in IGNOU through the distance mode alongside their UG programme through the conventional mode which will be beneficial for them for their future prospects and will not hinder their regular studies. The final year students expressed their willingness to join the Master Degree programmes after their final year results are declared.



Regional Director IGNOU interacting with students and volunteers at Govt. College for Women Parade.