

CWS, Home Science Dept, JU celebrate National Girl Child Day



CWS JU faculty and students posing for a photograph and students of Department of Home Science, JU presenting skit at Jammu.

STATE TIMES NEWS
JAMMU: On the occasion of National Girl Child Day, the Centre for Women's Studies (CWS) in collaboration with Office of Program Coordinator NSS, University of Jammu (JU) organized an Interactive Session/Public Lecture on the theme 'Rethinking Women Led Development on National Girl Child Day' for the students & scholars of University. The programme was planned under the guidance

of Prof. Vishav Raksha, Director, Centre for Women's Studies. The program began with the welcome address by Dr. Hema Gandotra, Programme Coordinator, NSS and In-charge Director, Centre for Women's Studies. Dr. Nancy Mengi, Associate Professor and Head, Department of Social Work, Central University of Jammu the key resource person began the session by explaining the reason for declining sex ratio of the girl

child. She talked about women's emancipation, women's empowerment, women's development. The program was coordinated and conducted by Dr. Saranjit Kaur and vote of thanks was presented by Kunzang Angmo, both faculty members of the Centre for Women's Studies. Among others, Dr. Anjuman Ara, Associate Professor, Centre for History and Culture of Jammu & Ladakh Region was also present on the occasion.

Meanwhile, Department of Home Science, JU in collaboration with CHILDLINE India Foundation, J&K organized a Nukkad Natak to celebrate the National Girl Child Day at Platform No. 1 Railway Station, Jammu. The students of Home Science performed the Natak on crucial aspects like female foeticide, girl child education, Sexual Harassment, Gender Discrimination and their issues. The students also made the

audience take a pledge that they will respect women and will not kill girls in the womb anymore.

Prof. Samridhi Arora, Head, Department of Home Science and Coordinator of the Programme highlighted the importance of the celebration of such day to increase the awareness towards the issues related to the girl child.

Manjari Singh, Programme Coordinator, CHILDLINE India Foundation showed her enthusiasm in collaborating for more such programmes with the Department. The Programme witnessed the presence of Jugal Kishore Sharma, Station Master, Railway Station Jammu. The event was attended by Dr. Charu Mohan, Senior Scientist, Dr. Priyanka Sharma, Lecturer, Anu Choudhary, Lecturer, Ghar Singh, Lab Attendant, students and scholars.

'Gender Sensitization Program' on National Girl Child Day



Students and faculty of CLUJ during a programme on Wednesday.

STATE TIMES NEWS

JAMMU: Department of Commerce, School of Social Sciences, Cluster University of Jammu (CLUJ) under the aegis of apex body of SPARSH (Sensitisation, Prevention and Redressal of Sexual Harassment) organized "Gender Sensitization Program" on National Girl Child Day on Wednesday under the patronage of Dr Vishal Sharma, Dean, School of Social Sciences, CLUJ.

The program began with welcome address by Dr Neetu Kumari, Member Secretary, SPARSH, CLUJ. The program was coordinated by Shriya and Dhanika, Students of Department of Commerce, SOSS, CLUJ. Dr Vandana Khajuria, Chairperson SPARSH was the resource person. She talked

about various means of discrimination adopted by our society towards girls. She also discussed how certain behavioural norms are set for different genders in contemporary world also.

Students of School of Social Sciences also presented their views about the inequality towards girls and various initiatives and schemes rolled out by Govt. of India for curbing this discrimination. Lastly, Dr Vishal Sharma, Dean, School of Social Sciences also discussed various modes of discrimination such as role specification on the basis of gender in our society.

The event ended with a vote of thanks by Dr Parul Chhibber, Assistant Professor, Department of Commerce, School of Social Sciences, CLUJ.

J&K's maiden volleyball league in April

Bid process, team formation complete for SMSM Volleyball League

STATE TIMES NEWS
POONCH: With the completion of the bid process and formation of teams, the J&K's maiden volleyball league, organised by the Shaheed DySP Manjit Singh Memorial Volleyball Club, shall be played here in the mid of April. "This eight-team league involved 120 prominent and budding players of the Union Territory, who have been sold following the laid down norms of the League through proper auction under the banner of Volleyball Association of J&K (VAJK)," disclosed Chairman of the League, Mohd Tariq. The Teams: Haveli Chaos,

Budgam Warriors, Chandak Sultan, Poonch Thunders, Gazi Warriors Anantnag, Spikers Qazigund, Lamberi Panthers and Makhdoomi Volleyball Club. As and when the event takes place, the competition shall be held on league cum knock out basis on professional lines. Each team was authorised to raise their 15-member team buying players within approved funding of Rs 40,000. "Following the laid down guidelines, each team had Rs 40,000 grant to buy players in the range starting from Rs 1,000 to a maximum of Rs 5,000. The process of bidding and team formation has been completed in all

respects," informed Tariq. The organisers have also decided with regard to the prize money to the first three position holders and those top individual performers in this first of its kind event in J&K. "A decision with regard to the prize money has already been taken by the management of the league. The title winner shall get Rs 50,000 while the runners-up to be presented a cheque of Rs 25,000. Team finishing third will receive Rs 10,000. As many as four prizes worth Rs 5,000 each shall be given to those individual performers of the event," explained the man behind the idea of a volleyball league, Tariq.

Muskan Rana brings laurels to J&K; clinches 5 medals in Khelo India Youth Games 2024

STATE TIMES NEWS

JAMMU: Jammu and Kashmir's promising and rising star in rhythmic gymnastics, Muskan Rana, a 15 year old trainee of Gymnastic Academy of J&K Sports Council, has brought laurels to the UT by clinching five medals in the ongoing Khelo India Youth Games 2024 being held in Chennai. Muskan has bagged one gold, two silver and one bronze medal at the national championship making J&K proud with her exceptional sports talent. The J&K Sports Council has launched a number of initiatives to promote this Olympic sport in J&K. Established at Jammu's MA stadium, the Sports Council

Gymnastics Academy has been equipped with state-of-the-art, world-class infrastructure. The Arjuna Awardee 'Krupali Singh' is one of the best performing coaches imparting completely professional training to the players at this academy. The Sports Authority of India has accredited this academy as Khelo India Academy for Gymnastics of national repute and athletes of this academy have performed admirably at the national and international competitions. In the past two years, the trainees of this academy have earned 8 gold, 15 silver and 9 bronze medals in National Games, Khelo India Youth Games and national championships. Besides, 11 athletes have

represented India in the international competitions. Athletes like Bavleen Kour, Muskan Rana, Jagriti Thakur, Vaibhavi Sharma, Manya, Stuti Gupta, Sneha Devan, Viomini Dogra, Vandhana Bharathi, Gourav Chettri, Yaadvi Mahajan, Manav Gupta, Lakhsya Mahajan, Sahil Sahi, Kamal Singh, Inderdeep Singh, Mayank Jain, Sindipti Khanna, Rudraksh Khanna, Ayanak Tak, Pranvi Sharma, Akshra Sharma, Riya Sharma, Triza Bilal, Prachi Sharma, Shrunya Sharma and Hargun Kaur are regular trainees of Gymnastics Academy of J&K Sports Council who have made all of us proud time and again. The J&K gymnasts' performance and accomplish-

ments have increased significantly and they have won numerous medals because of the availability of international standard equipments. They have also performed incredibly well at various levels in both national and international competitions, such as the World and Asian Championships. During the past Khelo India Games, Muskan Rana and Bavleen Kaur have won the best gymnasts of India titles in 2021 and 2022, along with winning medals for J&K. This year again Muskan Rana alongwith Manya, Vaibhavi Sharma and Jagriti Thakur won the Team Championships in the recently held Junior National Championships held at Bangalore besides

senior team winning the silver medal for the UT. Within a brief span of three years, 13 gymnasts have competed at international competitions and won 80 medals including 25 gold, 34 silver, and 21 bronze at various National Games and Championships. This academy has witnessed a golden age of sports in J&K and has become the greatest gymnastics academy of the country under the dynamic leadership of Lieutenant Governor; Manoj Sinha, who is also President J&K Sports Council. The unending support and assistance being provided by the J&K government in terms of infrastructure, equipment and training programs is undoubtedly paying off.

Imtiaz elected president of Ramban Mountaineering body

STATE TIMES NEWS
JAMMU: Imtiaz Latief Itoo of Banihal has been unanimously elected as the President of District Mountaineering Association, Ramban in an election meeting held at Banihal. Aarif Muzaffar, an experienced and a popular trekker was elected as general secretary of the Association, a handout issued here today informed. Whereas Ghulam Rasool Padder was unanimously elected as vice president, Mukhtar Ahmad and Danish Iqbal, both avid trekkers were elected as joint secretary and treasurer of the district association respectively.



Newly elected members of District Mountaineering Association, Ramban posing for a group photograph.

Seven members of the Executive body, elected unanimously in the same meeting, included Umair Rather, Mohd Asaf, Naveed Ahmad, Mufarat Ara, Rehina Iqbal, Bazla Mushtaq and Touseef Ahmad. Whereas Syed Abdul Mohsin, joint secretary

(Kashmir) of Mountaineering Association of J&K, was the observer; Dilsad Ahmad, an adventure lover, was the returning officer of the election. Aarif Muzaffar, the newly elected general secretary, who is passionately involved in organising trekking activities

for the young children, while expressing his gratitude to the members for the trust they had imposed in him, said that the purpose of forming an Association is to coordinate the adventure activities conducted by various clubs and individuals of the district. He (Aarif) announced that

very soon a meeting of the Association shall be held to devise ways and means to give more thrust to adventure activities especially trekking to make trekking a mass movement in Ramban district and to produce more quality mountaineers and champion sport climbers.

KISCE fencers wins silver in 6th Khelo India Youth National Games

STATE TIMES NEWS

JAMMU: The Khelo India State Centre of Excellence (KISCE) fencers team has shown an impressive performance at the 6th Khelo India Youth National Games Tamil Nadu 2023-24, held TNPESU, Chennai. Harshit Kohli, Vatsal Gandotra, Anubhav Sharma and Amish Sharma of KISCE Fencers of Jammu and Kashmir won the silver medals in Sabre Team Events. Mohammad Hanief, Chief Sports Officer (CDM) & Dr. Nagasubramanian, Nodal Officer and Shotu Lal Sharma coach congratulated the medal winners. However, the credit of success goes to Nuzat Gul, Secretary Jammu and Kashmir Sports Council, they said.



J&K fencers posing with dignitaries after receiving silver medals.

National Academy of Medical Sciences JK & Ladakh Chapter constituted

STATE TIMES NEWS
JAMMU: National Academy of Medical Science (NAMS) was established in 1961 by the government of India to support and promote science, academics, and research across the medical fraternity in India. Recently, the J&K and Ladakh chapter of NAMS has been constituted with Prof. M Ashraf Ganie sub-dean research SKIMS, Srinagar, J&K, who has been nominated as state convener of NAMS and Prof. Dr. Vishal R. Tandon from Govt Medical College Jammu has been conferred



with the responsibility of state nodal officer. The primary objectives of NAMS chapter are to promote excellence in medical research, academics, education, and healthcare delivery in state.

It also aims to encourage collaborations and partnerships among medical professionals and institutions, both nationally and internationally and within state. In addition the chapter will promote and regularly be

conducting the scientific sessions, which includes workshops, symposia, and panel discussions on a wide range of topics related to medicine and healthcare, which will provides an opportunity for medical professionals to learn about the latest technological advances and innovations in the field of medicine and to explore new approaches to diagnosis, treatment, and patient care. Overall, it will serve an important forum for the exchange of ideas and the promotion of excellence in medical research and healthcare delivery in this region. Prof. (Dr) M. Ismail Qadri, Dr Shakti Kumar Gupta Director and CEO of AIIMS Jammu, Dr. Yashpal Sharma, Director Coordination, New Medical Colleges J&K, Dr. Muzaffar Ahmad, Prof. (Dr) Amin Tabish, Prof. Dr. Pavan Malhotra Director Principal ASCOMS Jammu, Prof. Dr. Anil Mahajan, and Dr. Narboo (Co-opted) have been appointed as Advisor of the aforesaid chapter. Two Associate State Nodal Officers Dr. S M Salim Khan HOD PSM GMC, Srinagar and Dr.

Sandeep Dogra (Jammu) HOD Microbiology. Various Institutional Nodal Persons have been also nominated as follows Dr. Waseem Qureshi, Registrar; Dr. Rouf Ur Rashid Kaul, Professor; Dr. Ravinder Gupta, Professor; Dr. Afzal Zargar (Co-opted), Registrar; Dr. Ishfaq Geer, Director CCP; Dr. Ghulam Hussain Bardi (Co-opted), Consultant, Dr. Jitender Methla, SNO O&A&PS, DNB, PM ASHA, SHS, NHM, J&K, Dr. Sumat-Ul-Khursheed (Co-opted), Associate Professor; Dr. B N Boughal (Co-opted Member),

HOD Medicine, Dr. Ravinder Malhotra (Co-opted Member), HOD Physiology; Dr. Tajali Shora (Co-opted Member), Associate Professor; Dr. Umer Rashid (Co-opted Member), Assistant Professor; Dr. Tajamaul Hussain (Co-opted Member), Associate Professor; Dr. Roohi Sharma, Associate Professor; Dr. Showkeen Muzamil (Co-opted), Associate Professor; Dr. Tariq Ahmed, Professor; Members for the aforesaid state chapters are Dr. Shyam Gupta GMC Jammu, Prof. Arshad Hussain GMC Srinagar (Co-opted), Dr. Syed

Mudasir Qadri SKIMS (Co-opted), Dr. Inaam-ul-Haq GMC Srinagar (Co-opted). Two CME Chairpersons have been nominated for the chapter; Dr. Ajjaz Malik, SKIMS Sgr. (Kashmir and Ladakh) & Dr. Rajiv Gupta Jammu. Two Chairpersons of research committee of chapters have been appointed namely Dr. Sudha Sharma (Jammu), Dr. Sobia Nisar (Srinagar). It is worth mentioning the first conference of the chapter concluded on 19th and 20th Jan 2024 this month at GMC Jammu With great success.



Glimpses of Full Dress Rehearsal at MA Stadium Jammu on Wednesday.