

NHM employees frame District Jammu and Block level Unions

STATE TIMES NEWS
JAMMU: One day district level convention cum get together of National Health Mission (NHM) employees of District Jammu was held, here on Sunday.

The meeting was presided over by Senior NHM representative of Jammu Division, Provincial President Jammu Dr Vikas Sharma, Divisional President RNTCP Association Jammu Dr Soni Singh Sambyal, DAM NHM Jammu Rashmi Singh besides other Sr Representatives of the Association and was attended by Medical Officers, Management and Paramedical Staff of the different block of the District Jammu. The meeting was organized to unite all NHM employees and to discuss the issue of strengthening the organization at gross root level at district as well as each



NHM employees at district level convention cum get together at jammu on Sunday.

block level, which got overwhelming response from more than 200 employees who actively took part in the convention. During the convention, the speakers raised various issues related to the welfare of the NHM employees and meaningful solutions to their issues.

Meanwhile, a district level body for Jammu District was also framed on this occasion in which Rashmi Singh was elected as new District President while Geetanjali

Jasrotia as Sr Vice President, Dr Sushant Sharma as Vice President, Dr Aishwarya Wazir as General Secretary, Sunil Kathmaria as Secretary, Sandeep Arora as Treasurer, Surinder Singh as Co Treasurer, Dr Rohit Kumar as Spokesperson and Baby Devi as Coordinator.

In the District Advisory Committee Dr Parminder Kour was elected as Chairman while Dr Nazish Suharwardy and Bhanu Partap Singh as Member

Secretary of the Association.

Similarly, the new District Association of Jammu also constituted Block Units after due consents from every block in which Riaz Malik was elected as Block President for Bisanah, Ajay Seth for Akhnoor, Dr Rashmi for R S Pura, Parminder Kour for Dhansal, Goutam Saini for Marh, Dr Danish for Chouki Chora, Ajay Kumar for Kot Balwal, Rakesh Kumar for Pallanwala, Sudanshu Mani for Jammu Urban and for

Sohanjana Block, the Block President shall be nominated later on and other portfolios at block level in the coming days. Rashmi Singh thanked all the participants for honoring and entrusting her the responsibility of the Block President, promising to work sincerely and dedicatedly for the welfare of National Health Mission Employees of the District Jammu.

In their address, Sr Leaders of the Association stated that with the support of our fellow employees, we can work towards resolving the pending cases and particularly focus on the various concerns.

They said the current Chief Secretary, Health Secretary and Mission Director NHM have shown a positive and proactive approach, and we believe we can collectively achieve positive outcomes for the betterment of the employees in the time to come.

BADC asks FM to lay focus on border areas in Budget 2024

STATE TIMES NEWS
JAMMU: Jammu and Kashmir Border Area Development Conference (JK-BADC), a registered organization working for the welfare of border residents, on Sunday urged the Union Finance Minister, Nirmala Sitharaman to lay focus on border states and residents of border areas in the upcoming budget 2024, as the border residents are amongst the most vulnerable sections of the society.



The organization in its request to the Union Government demanded that unlike main land, the people living in the border areas are deprived of even basic needs thus it is imperative that there is special fiscal provision for these areas in the budget.

"The people of border areas are the first pillar of defence from any external aggression and they must not be ignored, the organization emphasized," the BADC appealed. Dr Shazad Ahmed Malik, Chairman of the BADC and former Vice Chancellor also urged the union government to concentrate on strengthening infrastructure in border areas and to provide education, health and

employment avenues to the youth of these areas.

He also appreciated the union government and Jammu and Kashmir Administration for clearing 100s of pending SRO 43 cases and giving appointment letters to the aspirants.

Dr Shazad said the pending compensation cases for border residents who had lost their livestock, houses or got injured in the cross border shelling should also be cleared at an earliest as it would provide a major relief to the people as several such cases are pending in different districts of Jammu and Kashmir.

It is pertinent to mention that Union Finance Minister would present interim budget 2024 on February 1, 2024.

Natrang presents Hindi play 'Yamraj Ka Nimantran'



Natrang artists performing in a play at Jammu.

STATE TIMES NEWS
JAMMU: Natrang presented a new Hindi play 'Yamraj Ka Nimantran'

here today at Natrang Studio Theatre in its weekly Sunday Theatre series under the direction of

Neeraj Kant. The play 'Yamraj Ka Nimantran' is the story of an arrogant king who is used to hearing false praises and who feels that if he is not around, his subjects will become orphans, majority may go crazy and may commit suicide by jumping into the sea.

Natrang young artists who performed in the play included Sanket Bhagat, Vishal Sharma, Chaitanya Shekhar, Vandana Thakur and Kushal Bhat. The lights and the music of the play were executed by Neeraj Kant whereas the show was coordinated by Mohd. Yaseen.

STATE TIMES NEWS

JAMMU: Bharatiya Janata Party (BJP) District Jammu South, President Rekha Mahajan, gave a warm sent off to "Karsevaks" namely Jatinder Singh, Sultan Singh, Abhay Chib, Mahadev, Neeraj Deewan, Ritika Dihiman, Shivangi Dhiman, Kamlesh Mangotra and Ramesh Mangotra from Jammu Tawi Railway Station to Ayodhya to serve the devotees in Ram Temple. District Jammu South Prabhari Ayodhya Gupta and others were present on the occasion.

BJP District President Rekha Mahajan said, our Ram has arrived after a long wait, patience and sacrifices

BJP District Jammu South accords warm sent off to karsevaks: Rekha



BJP District President Rekha Mahajan send off Karsevaks from Jammu to Ayodhya.

of centuries. She stated that after leading the rituals for the Pran Pratishtha ceremony of Ram Lalla at the newly-built temple in Ayodhya by PM Narendra Modi. Rekha Mahajan highlights that January 22 will not just be a date in the calendar but will

mark the beginning of a new era. She remarked that "Even after thousands of years people will remember this date and moment. It's Ram's supreme blessings that we are witnessing it," she added.

Rekha Mahajan enlightened all those who opposed the construction of Ram Temple, I want to appeal to them, Lord Rama is not fire, he is the source of energy and Lord Ram is not the problem, he is the solution for the universe. Furthermore, Rekha said that breaking the shackles of slavery, this auspicious temple is

an emotional moment for all of Bharatvasis. Rekha Mahajan also attacked the fearmongers who opposed the construction of the Ram Temple and questioned the existence of Lord Ram. Rekha recalling even after the Constitution came into existence, a legal battle was fought for decades over Lord Ram's existence. I would like to thank the judiciary that delivered justice and Lord Ram's temple was built legally. Rekha encouraged people to now lay the foundation of India for the next 1,000 years. "We shall take a pledge to build a capable, grand, divine India from this moment.

Dr. Nirmal Singh chairs election management meetings of Udhampur, Jammu Lok Sabha

STATE TIMES NEWS
JAMMU: Former Deputy Chief Minister & BJP State Incharge of Cluster for five Lok Sabha seats Dr. Nirmal Singh chaired twin meetings of party senior leaders to discuss the election management related matters Udhampur and Jammu Lok Sabha today.

Dr. Nirmal, while addressing the senior leaders of the party including District Presidents asked them to gear up their organizational activists in view of approaching Lok Sabha elections.

He discussed the inauguration of election offices of all Lok Sabhas on January 30 and the completion of Election Management Committees till then.



BJP State Incharge of Cluster for five Lok Sabha seats Dr. Nirmal Singh chairing a meeting.

Dr. Nirmal asked the district Presidents to hold the meetings of Mandal Presidents till 15 February, adding that the Mandal Presidents should complete the meetings of Shakti Kendra Pramukhs till 25 February, while stressing

that all the booth level meetings should also be completed to take the messages of the party high command till the ground level.

Dr. Nirmal said that all the party leaders should meet the voters and the supporters of the BJP in order to

further gain from their mobilizations in the favour of the party, and stressed that the prominent leaders and the activists of various political parties are daily joining the party.

Dr. Singh also asked the party leaders to leave no stone unturned in order with a clear target to increase the party's vote share at every booth across the Union Territory.

Former MLA Balwant Mankotia, BJP Chief Spokesperson Sunil Sethi, District Presidents Parmod Kapahi & Rekha Mahajan, former Mayor Chander Mohan Gupta, Inderjit Sharma, Prem Gupta, Atul Bakshi and other party leaders attended the meetings.

Zorawar inaugurates unique She's Beauty and Skin Care Studio

STATE TIMES NEWS
JAMMU: BJP leader and Chairman Team Jammu, Zorawar Singh Jamwal on Sunday inaugurated She's Beauty and Skin Care Studio, opened at Moti Colony in Bishnah Town.

Social activist and women entrepreneur Dr Urja Singh was Guest of Honour while popular Singer Sonali Dogra, noted music composers Sahil Lucky Nath and Naresh NB were special guests on the occasion.

"Beauty salons and spas play an important role in lending that glamorous touch to every one's life style," said Zorawar and congratulated the young entrepreneur Rimpi Thapa for opening an exclusive outlet for women and also where the entire well trained staff



BJP leader Zorawar Singh Jamwal inaugurating She's Beauty and Skin Care Studio at Jammu.

are women and local of Bishnah town.

He further appreciated the role of Rajesh Kumar Thapa (RKT), a noted writer and husband of Rimpi Thapa for extending all out support in opening She's Beauty and Skin Care Studio.

Chairman Team Jammu further said that "In fashion trend, beauty has become a

part of life style, to become more glamorous beauty salons and spa playing important role. It is a unique singular fashion studio and it is really nice to see better salon and spa centers in Jammu which is a welcome step as such services are now becoming an integral part of our lifestyle. He wished good luck to

management and staff for near future with the hope that they will open more branches in other parts of city to reach out to maximum number of people.

"She's Beauty and Skin Care Studio is offering professional services that will take care of complete personal styling for young girls and women. The Salon has facial room with Matrix and Cheryl's products besides steam shower facility, massage rooms, hair spa, bridal room etc. The cosmetic used in the salon is highly world class and is rarely used in other salons," said the owner Rimpi Thapa and added that, "Grooming services like embellishing bridal makeup, including hair forms and hair colouring, hair styling, manicure, facial services."

Ajatshatru, Dr Ritu distribute Fruit Prasad among underprivileged

STATE TIMES NEWS
JAMMU: In a heartening display of the principles of Ram Rajya, Ajatshatru Singh, Trustee of J&K Dharmarth Trust, and former Minister, along with Dr Ritu Singh, distributed fruit Prasad to the underprivileged and inmates of Muskan Home Narwal, Balgran Channi Himmat, Rehan Basera Shelter Home, Bahu Fort, Home For The Aged & infirm, Amphalla and Ved Mandir Bal Niketan in Jammu.

Pertinent to mention here that the sanctum-sanctorum of Shree Raghunathji Temple, Jammu, was



adorned with fruits during the three days of grand celebrations in connection with the consecration ceremony of

the Ram Temple in Ayodhya. In consonance with the ethos of community service and inclusivity, Ajatshatru

Singh and Dr Ritu Singh decided to perpetuate the benevolence of the temple celebrations.

They undertook the noble initiative of distributing the same fruits among the underprivileged and inmates of Muskan Home Narwal, Balgran Channi Himmat, Rehan Basera Shelter Home, Bahu Fort, Home For The Aged & infirm, Amphalla and Ved Mandir Bal Niketan in Jammu, aiming to share the blessings of the sacred occasion with those facing economic challenges.

This philanthropic effort exemplifies their commitment to embodying the principles of Ram Rajya and fostering a spirit of communal harmony and well-being.

Ravinder asks Jammu BJP leaders to speak up against huge taxations on people

STATE TIMES NEWS
JAMMU: Congress has strongly criticised the doubling the toll tax at Lakhampur & Bun toll & said that removal of Sarore plaza is just to make fool of people. Reacting strongly to the double increase in toll tax at Lakhampur & Bun Nagrota, JKPC termed it another gift of BJP besides the removal of toll at Sarore is a ploy & eye wash.

JKPCC Senior Vice President & Chief Spokesperson Ravinder Sharma has said termed it a cruel joke with people of

Jammu region who had observed complete Bandh against the toll plazas and had demanded removal of Sarore & other tolls on the pilgrims visiting Mata Vaishnodevi ji & shri Amarnath besides common people. Congress said that BJP has shown least respect to the agitations & protests of Jammu people in any matter as it is least bothered about the sentiments & sufferings of people of Jammu region. Be it smart meters, power crisis, property tax, unreasonable & exorbitant hike in various taxes, fees and charges, the

people of Jammu region are taken for granted and their requests & protests are not taken care of. Demanded immediate removal of toll plazas at Lakhampur & Bun which have outlived their time period and against the repeated announcements of BJP government like one nation one tax etc, he sought immediate withdrawal of increased toll.

Congress leader asked top JK BJP leaders to speak up and ask their government in Delhi to withdraw illegal & unreasonable taxes on J&K people in time economic distress.

Madhuparamhans Maharaj delivers religious sermons

STATE TIMES NEWS
JAMMU: Sadhguru Shri Madhuparamhans Ji Maharaj of Sahib Bandgi, while delivering religious sermons at Satwari, here on Sunday said that the world is a creation of the mind and that true knowledge and understanding come from recognizing the inner self or soul. He touches upon various philosophical and spiritual concepts, including the transcendence of materialism, the importance of true devotion, and the idea that everything is contained within the individual. Sahib Ji stressed the transformative power of spiritual guidance and the role of a Sadguru in leading individuals towards the path of true devotion.



Sadhguru Shri Madhuparamhans Ji Maharaj delivering religious sermons at Satwari.

"The analogy of a submarine remaining unaffected by a sea storm suggests that those deeply rooted in spirituality can navigate life's challenges without being overturned," he said. He also highlighted the ancient wisdom of India,

attributing the origin of knowledge of divine power and the concepts of Brahma, Vishnu, Mahesh, and Kartar to the country.

He suggested that the true understanding of these profound truths requires the

guidance of a knowledgeable teacher or Sadguru.

He emphasized on the importance of self-realization, spiritual growth, and the connection between the individual soul and the universal consciousness.

JKSTIC approves Rs 1.45 cr Research Funding to SKUAST-J

STATE TIMES NEWS
JAMMU: Jammu and Kashmir Science and Technology and Innovation Council (JKSTIC), Department of Science & Technology, UT of J&K has approved funding to Sher-e-Kashmir University of Agricultural Sciences and Technology (SKUAST-Jammu) for the nineteen research projects in various emerging areas. The grant, totaling a budget of Rs 145.39 lakhs for 19 projects was announced as part of JKSTIC scheme for 02 years.

The selected projects cover a range of emerging domains

in agriculture and veterinary fields, demonstrating a strategic alignment with the latest advancements and societal requirements. Dr. B. N. Tripathi, Vice-Chancellor, SKUAST-Jammu congratulated to the Principal Investigators for receiving research grant and expressed gratitude for the support from JKSTIC. He conveyed appreciation for the backing provided by JKSTIC, underscoring the crucial role these grants play in enhancing the research capabilities of the university.

He emphasized the collaborative aspect of the projects, where multidisciplinary

teams from SKUAST-Jammu are engaged in developing innovative solutions. The projects encompass a wide array of emerging fields, such as the assessment of salt-affected soils, plant tissue culture, upscaling of leaf color charts, detection of major pathogens related to corn rot in saffron, cultivation of cordyceps militaris, rooftop gardening, and the evaluation of molecular markers in cattle and buffaloes, among others. These grants are anticipated to enhance SKUAST-Jammu's standing as a leading institution in agricultural and veterinary research, contributing

to the progress of science and technology in the Jammu and Kashmir Union Territory. Dr. S. K. Gupta, Director Research, SKUAST Jammu, expressed gratitude towards JKSTIC, emphasizing that these projects will foster enhanced collaboration in the near future and significantly strengthen cooperation with JKSTIC.

He said that renowned for its commitment to academic excellence, the university is poised to make substantial advancements in emerging areas, supported by visionary funding initiatives from agencies like JKSTIC.