

Samba police foils bovine smuggling bid; rescues 5 bovines, seizes vehicle

■ STATE TIMES NEWS

SAMBA: Continuing its drive against bovine smugglers and their propagators, Samba Police has foiled bovine smuggling attempt in the jurisdiction of Police Station Ghagwal, rescued five bovines from the clutches of bovine smugglers and seized vehicle used for illegal transportation of bovines.

A Police team of Police Station Ghagwal headed by SHO PS Ghagwal while performing vehicle checking duty at naka Rai Morh Ghagwal, intercepted a Bolero pickup bearing registration No. JK08N-4170 for checking.

During checking of the vehicle, five bovines were found laden inside which were tied in a cruel manner and were being transported illegally without any valid permission. All the rescued bovines have been shifted to a safer place.

A case FIR No. 05/2025 U/S 223 BNS, 11 PCA Act has been registered at PS Ghagwal and investigation started.

5 drug peddlers arrested; contraband substances recovered

■ STATE TIMES NEWS

SRINAGAR: Continuing its efforts to eradicate the menace of drugs from society, Police have arrested three drug peddlers in Avantipora & Sopore and recovered contraband substances from their possession.

A Police team at a checkpoint established at Datpora Dogripora, arrested 02 drug peddlers, identified as Bilal Ahmad Lohrihanji son of Ali Mohd Lohrihanji resident of Gund Prang Hajin Bandipora and Reyaz Ahmad Mir son of Ab Gani Mir resident of Datapora Dogripora. During search, 1.460 Kgs of grinded Cannabis Powder was recovered from their possession.

Meanwhile in Sopore, during patrolling at Harwan Sopore, a Police team led by SHO PS Bomai under the supervision of SDPO Sopore, intercepted a drug peddler identified as Manzoor Ahmad Mochi son of Mohammad Shaban Mochi res-

ident of Harwan Sopore. During search, 137 grams of Charas was recovered from his possession.

All the accused have been arrested and cases under relevant sections of law have been registered at respective police stations and investigations have been initiated.

Police also arrested two drug peddlers and recovered contraband substances from their possession.

A Police team of PS Chanapora at a checkpoint established at Chanpura intercepted a vehicle (Tempo Traveller) bearing registration number JK02AF-1776, with two persons on board. They have been identified as Umer Manzoor Rather resident of Natipora @ Manadev and Yawer Ahmad Bhat resident of Baghat Kanipora. During search, substantial quantity of contraband substance was recovered from their possession.

Accordingly, a case vide FIR No. 03/2025 under NDPS Act has been registered at PS Chanapora and investigation initiated.

J&K Police yet again appeals to the general public to assist them in the fight against drug trafficking by sharing any relevant information. Together, we can work towards creating a safer, drug-free society.

2 arrested for illegal extraction & transportation of minerals

■ STATE TIMES NEWS

AWANTIPORA: Continuing its drive against persons involved in illegal extraction and transportation of minerals, Police in Avantipora have arrested two persons & seized 02 vehicles.

Police party from Police Station Khrew have arrested 02 persons identified as Sajad Ahmad Bhat son of Nazir Ahmad Bhat and Shabir Ahmad Sheikh son of Ali Mohammad Sheikh, both residents of Wuyan and seized two vehicles (Tipper & Dumper) bearing registration numbers JK04A-8335 and JK13G- 9826 involved in illegal extraction of mineral in Khrew. Accordingly, a case vide FIR NO. 01/2025 under relevant sections of law has been registered in Police Station Khrew and investigation has been initiated.

GCW Udhampur celebrates Lohri Festival with traditional fervor

■ STATE TIMES NEWS

UDHAMPUR: The Government College for Women (GCW) Udhampur under the aegis of IQAC celebrated the Lohri festival with great enthusiasm and fervor at college campus on January 11, 2024. The festival, which is an integral part of Punjabi and Dogra cultures, was marked with traditional rituals, music and dance.

The entire program begins with offering "Aarg" to the sacred bonfire by the Principal of the college , Dr. Nalini Pathania, along with staff members and students of the college.

The NSS & NCC unit, Department of Music and Sports Department actively contributed to the organization of the event, ensuring its smooth execution.

Principal of the college , Dr. Nalini Pathania, in her address to the students, emphasized the importance of preserving cultural heritage and staying connected to roots through festivals like



Faculty members along with students celebrating Lohri.

Lohri. She encouraged students to embrace unity, teamwork, and the spirit of giving back to society. Dr. Pathania commended the efforts of all departments, volunteers, and students for their dedication in making the event a grand success.

On the occasion, the event was marked by vibrant dance performances, rhythmic beats of the dhol, and the showcasing of Dogra cultural elements, including the traditional hiran. Typical dogra folk dance 'hira' was performed by the students from the Department of Music which was highly appreciated

by all the faculty members and enjoyed by all students.

The entire programme coordinated by the Dr. Ajay Kumar Sharma PO NSS Unit , Dr. Mukesh from Sports Department and Prof. Yash Kumar from the Department of Music.

The celebration concluded with a message of harmony and positivity, inspiring everyone to carry forward the rich cultural heritage. The college remains committed to promoting community bonding through such meaningful events.

Among others, Head of the Music Department Dr.

Seema Sharma, Head of the Chemistry Department Dr. Indu Khajuria, Head of the Zoology Department Dr. Sanjit Kour, Head of the Physics Department Prof. Lekh Raj, Head of the English Department Dr. Geetanjali Rajput, Head of the Botany Department Dr. Anita Sharma, other senior faculty members of the college, non-teaching staff and a large number of students were present in the function and all enjoyed the festive atmosphere, peanuts and traditional sweets were also distributed among the students.

Maharishi Vidya Mandir celebrates Gyan Yug Diwas

■ STATE TIMES NEWS

JAMMU: Maharishi Vidya Mandir, Jammu celebrated Gyan Yug Diwas with great enthusiasm and reverence to honour the 108th birth anniversary of Maharishi Mahesh Yogi, the visionary behind transcendental meditation and spiritual enlightenment. The event was a memorable occasion marked by the presence of esteemed guests and active participation from students and staff.

The program began with the lighting of the ceremonial lamp by the Chief Guest, Padmshri Pt. Vishwamurti Sharma, and the Guest of Honour, Sh. Saransh Jain a renowned yoga Practitioner, accompanied by other distinguished guests. This was followed by a Guru Pooja and a collective invocation to Maharishi Mahesh Yogi, celebrating his invaluable contributions

The occasion was graced by several special guests which include Kuldeep Samyal; Chandar Mohan Sharma; Arun Sharma; Ashok Gupta; Abhinandan Jain; Lokesh Bali and Dr Deepak Pathak from Gayatri Pariwar .

Their presence elevated the event, as they shared their experiences and perspectives on the teachings of Maharishi.

The celebration featured several spiritual and cul-



tural activities which include Guru Pooja - A tribute to Maharishi Mahesh Yogi; Transcendental

Meditation - Practiced collectively by all attendees to promote mindfulness and inner peace; Yajna Hawan with Vedic Hymns - Performed to invoke blessings and spiritual harmony.

Principal Dr. Vishnu Govind Vermaa warmly welcomed the esteemed guests and delivered a brief address on the significance of Maharishi Mahesh Yogi's life and values. He also read the message from the Honorable Chairman of Maharishi Vidya Mandir Schools Group, Sh. Girish Chander Verma Ji, which resonated deeply with the audience.

The Chief Guest, Pt. Vishwamurti Sharma, emphasized the relevance of Maharishi's teachings in today's fast-paced world, urging everyone to adopt meditation and mindfulness for a balanced and fulfilling life.

The Guest of Honour, Sh. Saransh Jain, spoke about the importance of celebrating such events to uphold the legacy of great spiritual leaders.

The program concluded with a heartfelt vote of thanks, expressing gratitude to all dignitaries, teachers, and students for their invaluable contributions. The celebration truly embodied the teachings of Maharishi Mahesh Yogi, inspiring everyone to lead a life rooted in harmony, peace, and spiritual enlightenment.

NRLM, other Departments collaborate to celebrate Lohri Festival at Poonch

■ STATE TIMES NEWS

POONCH: In a vibrant celebration of the lohri festival, the National Rural Livelihoods Mission (NRLM) department, in collaboration with other government departments including Forest, Horticulture, Floriculture, Rural Livelihoods Mission, Agriculture, Sheep Husbandry, and Animal Husbandry, set up departmental stalls at Parade Park, Poonch.

The event, organized under the direction of Deputy Commissioner Vikas Kundal, was inaugurated by the Assistant Commissioner



Revenue (ACR) Qadeer Ul Rehman.

After the inauguration, the ACR inspected the stalls and greeted the residents of Poonch, extending warm wishes for the Holi festivities.

This collaborative effort not only showcased the

diverse initiatives and resources available to the community but also fostered a spirit of unity and celebration among the people of Poonch.

The event was well-received and marked a significant moment in the community's cultural calendar.

Rajouri Admin, JKRLM host special event for SGHs to showcase, sell their products

■ STATE TIMES NEWS

RAJOURI: The District Administration Rajouri, on the directions of Deputy Commissioner Abhishek Sharma and in collaboration with Jammu and Kashmir Rural Livelihoods Mission (JKRLM) organized a special event here today at Salani Bus Stand to provide Self-Help Groups (SHGs), a platform to showcase and sell their products.

The initiative also sought to raise awareness among the general public regarding



the National Rural Livelihoods Mission (NRLM) scheme and to mobilize and encourage the

maximum number of eligible persons to join and benefit from the program.

The event witnessed enthu-

siastic participation from SHG members, who displayed a variety of locally made products, ranging from handicrafts to organic goods. The Deputy Commissioner emphasized the importance of such platforms in enhancing the economic independence of SHG members and creating opportunities for sustainable livelihoods.

Adding a festive spirit to the occasion, Lohri was celebrated with the SHG members and the public.

Traditional songs, dances, and the lighting of the Lohri bonfire marked the celebrations, creating a vibrant atmosphere and fostering community engagement.

The event highlighted the District Administration's commitment to empowering rural women through livelihood opportunities and community participation. Efforts are being made to extend such initiatives to other areas, ensuring widespread benefits under the NRLM scheme.

BSF celebrates Lohri with great fervour near LoC



BSF troops celebrating Lohri at Khaneter.

■ STATE TIMES NEWS

POONCH: The brave soldiers of Border Security Force (BSF) stationed near the Line of Control (LoC) in Khaneter celebrated Lohri with great enthusiasm and patriotic fervor. Amid the chilling weather and challenging conditions, the cele-

bration brought warmth and unity to the troops who are stationed far from their homes.

The festivities included lighting the traditional bonfire, singing, and dancing to folk tunes. The soldiers

raised slogans of "Bharat Mata Ki Jai," showcasing their unwavering dedication to the nation.

Speaking to media persons, a soldier expressed, "We are proud to defend our motherland. Today, we celebrated Lohri like a family, even though we are far from our homes. The BSF is our extended family, and our nation is our motherland. We are always ready to safeguard it."

The celebration was a heartwarming reminder of the soldiers' commitment and camaraderie, even in the most challenging circumstances, as they continue to ensure the security and integrity of the nation.

■ STATE TIMES NEWS

NOWSHERA: As part of its week-long winter camp, Government Degree College (GDC) Nowshera's National Service Scheme (NSS) volunteers celebrated Lohri with great enthusiasm on the third day of the camp. The festivities followed an intense cleanliness drive and painting activity, which transformed the college premises into a vibrant and beautiful space.

Under Principal Dr. Shamim Ahmed Azad's guidance, the Lohri celebration was a unique blend of cultural heritage and community service. Dr. Mohd Zeeshan, NSS Program Officer, led the initiative, with 40 volunteers divided into teams headed by Diya Gupta, Jugmeet Kour,



Faculty members and students during the programme.

Mohd Saleem, and Akansha Choudhary.

The teams efficiently cleaned and painted walls, pots, doors, and decorated the college's frontal portion. Inspirational quotes promoting environmental conservation, hygiene, and sustainability were displayed on the college walls, inspiring and motivating stu-

dents.

The event showcased GDC Nowshera's commitment to community engagement, environmental sustainability, and health hygiene. Dr. Zeeshan thanked the volunteers, encouraging them to continue making a positive impact.

The winter camp will continue with visits to the

adopted village and city forest, further solidifying the college's dedication to social responsibility and environmental conservation. By celebrating Lohri in a unique and meaningful way, GDC Nowshera empowered students to become active change-makers in society, aligning with the National Youth Day spirit.

DISCLAIMER
"STATE TIMES" does not take responsibility for the contents of the advertisements (Display/Classified) carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon."

■ STATE TIMES NEWS

SAMBA: On the occasion of Lohri, Purnima, during a grand satsang in Ranjdi, the Sadguru of Sahib Bandagi, Madhuparamhans Ji Maharaj, while delighting the congregation from all corners of the country with the nectar of his discourses, said that there is a power which is running this universe. Even scientists are doing research on this. If you look at your body,



you will find that there is some artisan who has made the smallest parts of your

body. All this is not natural. Sahib said that there are two types of atheists in this world. One is the one who does not believe in the existence of God. He is like a child. If you explain to him, he will understand. The second is a great atheist. He says that I believe in everyone.

We have four ideologies regarding God. Rigveda believes that God is formless. Muslims are also saying the

same formless. Christians are also saying the same formless. According to Yajurveda, God is in form. The third belief in the world is that the soul itself is God. For example, there is no mention of God anywhere in Buddhism. Only the soul is mentioned. The fourth belief is that karma is dharna. Man gets the fruits of the karma he does.

Then where is God, this is also a big question. Everyone

said that God is within him. Forget about God, this man is not able to understand himself.

Some say that it happened naturally. Some say that earlier there were only aquatic creatures. Slowly and gradually humans crawled on earth and became humans. This is completely wrong. After that, did anyone see that a aquatic creature crawled and became a human. This means that

there is one God who created everyone.

Humans can survive even on water. But their energy will not be that much. One can survive even on air. The basis of food is earth. The basis of earth is water. Water is a mixture of two airs. The basis of air is sky. The basis of sky element is zero. That is why scientists are also now believing that black holes are the basis of creation.

Sonamarg tunnel will boost regional travel safety, efficiency and economic growth: Pawan

■ STATE TIMES NEWS

JAMMU: Pawan Sharma, a senior BJP leader and district Doda Prabhari, celebrated the inauguration of Sonamarg Z-Mor tunnel as a pivotal milestone, expressing deep gratitude to Prime Minister Narendra Modi for spearheading transformative growth that uplifts communities and propels India towards a brighter future.

Sharma stated, "Today marks a historic milestone with the inauguration of the Sonamarg Z-Mor tunnel, a vital project linking the Kashmir valley with Ladakh. This tunnel will provide a secure and convenient route for travelers while playing a crucial role in the region's economic development."

He further stated, "This project demonstrates Prime Minister Modi's vision and leadership. We acknowledge our gratitude to him for his support in completing this project."

Sharma further emphasized that the tunnel will serve as a valuable asset for the regional community, facilitating travel in a safe and efficient manner. He also observed, "We expect this tunnel to contribute substantially to the regional economic development and bring about significant improvements in the standard of living for the local population."