

RMMC organises free health camp



Doctors with members of RMMC and other dignitaries during a camp.

■ STATE TIMES NEWS

JAMMU: The Ramakrishna Mission Medical Centre (RMMC) in Udhaywala, Jammu, organized a one-day free health camp. The camp featured Dr. Neera Singh, Pediatrician and Dr. Jaspreet Singh, Endocrinologist.

The health camp provided a comprehensive range of free medical services, including consultations with Dermatologist, Gynaecologist, Dental Surgeons, Ophthalmologist, Allopathy Physicians and Physiotherapist. In addition to the free consultations, the camp offered check-ups for blood sugar, HbA1c and blood pressure at no cost. A Full Body Check-up covering 66 parameters, including CBC, LFT, KFT, Lipid profile, BSE, Urine tests, and thyroid function tests

(T3, T4, TSH), was available for a nominal fee of Rs. 1000, a substantial discount from the usual price of Rs. 1400.

A total 203 of patients benefited from the expertise of 12 doctors at this camp. Blood sugar, HbA1c and Spirometry tests were done free of cost.

Ramakrishna Mission Medical Center, Udhaywala, Jammu, in collaboration with the Government Ayurvedic Hospital, Jammu, organised Free Swarnaprashan Camp for children in the age group of 6 months to 16 years. The camp provided the traditional Ayurvedic immunization, Swarnaprashan, renowned for its potential to enhance immunity and promote overall well-being in children. Along with Swami Yajnadharananda, Secretary, Dr. Jatinder Kour

were present.

Distinguished guests including Shri Sham Lal Sharma, MLA, Jammu North graced the event with his presence. He praised the Mission's commendable work and encouraged local citizens to make the most of these medical services.

Swami Yajnadharananda, Secretary of Ramakrishna Mission, Jammu, highlighted the organization's commitment to the ideals of Sri Ramakrishna Dev, Maa Sarada, and Swami Vivekananda, emphasizing service to humanity as a form of divine worship. He also announced plans to organize such free camps monthly.

For other information contact us on number 9596984032. Ramakrishna Mission, Jammu provides cultural, educational and medical services following the ideals of Sri Ramakrishna Dev, Maa Sarada and Swami Vivekananda.

KPC marks Jan 19 as Black Day

■ STATE TIMES NEWS

JAMMU: The Kashmiri Pandit Conference (KPC) and its allied organizations, including the Kashmiri Samiti Delhi (KSD), observed January 19, 2023, as Holocaust Day, marking it as a Black Day to express their anguish over the atrocities and injustice they have faced for the past 36 years.

On this occasion, Kundan Kashmiri, President of KPC, stated that the displaced Kashmiri Pandits have faced unimaginable challenges, being the first victims of the terror and mass killings in the valley.

He emphasized that January 19, 1990, marked the beginning of the genocide and ethnic cleansing of Kashmiri Pandits on a large scale, leading to their complete exodus from the region.

Kashmiri Pandit leaders, during various meetings, expressed their disappointment at the continued exile of the community and the lack of justice over the years. Despite 36 years of displacement, they lamented that no significant steps

have been taken to prosecute the responsible elements or initiate any judicial inquiries into the mass killings and exodus.

The leaders stressed that those responsible for making Kashmiri Pandits homeless have yet to face legal consequences, and no inquiry commissions have been set up to investigate the crimes.

KPC called on the Union Government to establish a tribunal to probe the exodus and killings of Kashmiri Pandits and create an inquiry commission to hold accountable the anti-national elements responsible for these atrocities. They also expressed dissatisfaction with the lack of attention to the issues facing displaced Kashmiri Pandit youths, PM package employees, and relief holders.

In their statement, KPC leaders, including Dr. HL Saraf, MK Raina, Tej Pandita, Sushel Bhat, SL Zuthsi, and RL Raina, thanked those who observed this day as Black Day across the globe, urging the community to unite and form an apex body.

Adityanath lauds Modi's message to youth to follow Indian culture

■ STATE TIMES NEWS

LUCKNOW: Uttar Pradesh Chief Minister Yogi Adityanath on Sunday lauded Prime Minister Narendra Modi's message in his monthly broadcast Mann Ki Baat to the youth to follow the Indian civilisation and culture. Adityanath said the Maha Kumbh underway in Prayagraj was an embodiment of the country's heritage and it could be made possible by the guidance of Modi. "Today, the Prime Minister's message to the youth to follow their civilisation and culture with pride will also inspire them to connect with the spirit of 'Ek Bharat - Shreshtha Bharat'. Thank you, Prime Minister! 'Sarvassiddhipradha Kumbh,'" he said in a post on X in Hindi. The Maha Kumbh Mela began with Pausa Purnima snaan on January 13 and will conclude on Mahashivratri on February 26.

In another post, Adityanath equated the consecration of Ram Temple in Ayodhya last year with the "re-establishment of the cultural consciousness" of India.

"By learning from history and preserving the culture, we can build a bright and prosperous future; the first anniversary of the Pran-Pratishtha of Lord Shri Ram Lalla at Shri Ayodhya Dham calls for imbining this message," he said. Last year on January 22, an idol of Ram Lalla was consecrated in Ayodhya at a temple which came up where Babri Masjid once stood.

Punjabi album "Chal Dove Kariye Viyah" released



Chairman Samvedna Society, Keshav Chopra and others releasing Punjabi album "Chal Dove Kariye Viyah".

■ STATE TIMES NEWS

JAMMU: Prominent social activist and Chairman of the Samvedna Society, Keshav Chopra, released the Punjabi album "Chal Dove Kariye Viyah" at the Press Club of Jammu, organized by SKV Films. The album features a song sung by Ajay Parwana, composed by Shiv Vohra, and produced by Neha Sharma.

The video, directed by Rahul Dutta and Tarun Sharma with cinematography by Raj Kumar, stars Sonia Bhagat and Shiv Vohra in lead roles.

The album was simultaneously launched on the YouTube channel "SKV-FILMS."

Keshav Chopra, in his address, praised the efforts of the entire team and

emphasized the significance of such initiatives in creating new opportunities for the youth of Jammu and Kashmir.

He highlighted the need to support local artists and music, calling for both governmental and social organizations to encourage young talent.

Chopra affirmed that the Samvedna Society is dedicated to backing the creative potential of J&K's youth, which could bring national recognition to the region.

Directors Rahul Dutta and Tarun Sharma expressed confidence that the song would gain popularity in neighboring states such as Punjab, Himachal Pradesh, and Delhi, expanding the reach of the region's music industry.

India, Italy decide to expand counter-terror cooperation

■ STATE TIMES NEWS

NEW DELHI: India and Italy have vowed to enhance their cooperation in combating terrorism including by effectively countering the "misuse" of technology for terrorist activities. Extensive deliberations were held on ways to expand bilateral cooperation in dealing with terrorism at a meeting of the India-Italy Joint Working Group (JWG) on Counter-Terrorism and Organised Crime held in Rome on January 16 and 17, the Ministry of External Affairs (MEA) said in a readout on Sunday. The two sides discussed emerging domestic, regional and international terrorist threats and exchanged views on a wide range of areas of cooperation in counter-terrorism and transnational organised crime, it said. Recognising the need for enhancing cooperation for effectively countering the misuse of technology for terrorist purposes, the two sides shared experiences in preventing and mitigating the menace, the readout said. India and Italy also stressed the importance of an effective prosecution of those responsible for terrorist acts.

In the talks, the two strategic partners reaffirmed their commitment to strengthen cooperation in the multilateral fora, including in the UN, GCTF (Global Counterterrorism Forum) and FATF (Financial Action Task Force), the MEA said. "The two sides also discussed ways and means to advance the ongoing negotiations on various bilateral agreements," it said. The meeting was co-chaired by KD Deval, Joint Secretary for Counter-Terrorism in the MEA, and Alessandro Azzoni, Senior Deputy Director for Political Affairs and Director for Security at the Italian Ministry of Foreign Affairs. The Indian delegation also met officials of Italy's Inter-Agency Law Enforcement Academy in Caserta and discussed strengthening of capacity building measures between the academy and its counterpart organisation in India.

Amit Shah affirms PM's full support for Andhra's development

■ STATE TIMES NEWS

AMARAVATI: Union Home Minister Amit Shah on Sunday emphasised the support of the Prime Minister Narendra Modi-led government for Andhra Pradesh, announcing that the Centre has approved projects totalling over Rs 3 lakh crore for the state in just six months.

He was addressing a gathering after inaugurating the National Institute of Disaster Management's (NIDM) southern campus and the National Disaster Response Force's (NDRF) 10th Battalion campus near Vijayawada, along with other projects.

He further said that PM Modi has ensured Rs 27,000 crore for Amaravati capital

city development through HUDCO and World Bank.

Taking a jibe at the previous YSRCF government, Shah asked the people of Andhra Pradesh not to dwell on the "wasted" five years, saying Chief Minister Naidu and PM Modi would work together with renewed focus and accelerated efforts to develop the state.

"I want to assure that the Narendra Modi government at the Centre is standing like a rock (supporting) with Chandrababu Naidu for AP's development," he said.

On the NDRF, Shah said today India has emerged as a global leader in Disaster Management, and in the area of disaster resilient infrastructure the country is leading the world.

While the NDRF responds during natural disasters, the NDA steps in to serve the people during "man-made" crises.

He asserted that after the massive wins in the 2024 Assembly elections in Maharashtra and Haryana, the NDA is poised to form the government in Delhi as well in early 2025.

CM Chandrababu Naidu appealed to the Union Minister to ensure continued support from the Centre until the state fully recovered.

Andhra Pradesh Deputy Chief Minister Pawan Kalyan, Union Ministers K Ram Mohan Naidu and Bandi Sanjay Kumar were among the dignitaries who were present.

Congress has no moral right to invoke Ambedkar's legacy: Adv. Purnima

■ STATE TIMES NEWS

JAMMU: Spokesperson BJP J&K and former Deputy Mayor, Adv. Purnima Sharma launched a blistering attack on the Congress party, accusing it of betraying Dr. B.R. Ambedkar's ideals and neglecting his contributions to the nation. She asserted that the Congress systematically sidelined Ambedkar throughout his lifetime and has now resorted to political opportunism by falsely claiming his legacy.

Reacting strongly over the Congress' upcoming 'Jai Babu-Jai Bhim-Jai Samvidhan' campaign, Adv. Purnima Sharma reminded the public of how the Congress government displayed utter disregard for Ambedkar's dignity even

after his demise in 1956, forcing his family to bear the expense of transporting his mortal remains. "This act alone reflects the Congress party's deep-seated apathy towards Dr. Ambedkar, despite his monumental role in shaping the Indian Constitution," she said.

She lambasted the Congress for undermining Ambedkar's vision of social justice and failing to uplift marginalized communities during its prolonged rule. "Congress has only used Dalits and backward sections as a vote bank while doing little to empower them. Their decades of governance lacked genuine commitment to social justice," she asserted.

Contrasting this with the BJP's approach, Adv.

Purnima Sharma highlighted the Modi government's initiatives like the development of Panch Teerth to honor Ambedkar's contributions, and numerous welfare schemes designed to uplift the underprivileged. "Unlike Congress, which only indulged in lip service, the BJP has taken concrete steps to realize Ambedkar's dream of an equitable and progressive society," she stated.

She called upon the people of J&K to recognize the difference between symbolic gestures and real commitment. "While Congress sheds crocodile tears, the BJP has demonstrated through actions that it truly respects and upholds Ambedkar's ideals," she concluded.

Maha Kumbh an embodiment of India's cultural, spiritual heritage: Delegation from Italy to UP CM

■ STATE TIMES NEWS

LUCKNOW: A delegation from Italy met Chief Minister Yogi Adityanath after taking a holy dip at the Sangam in the Prayagraj Maha Kumbh on Sunday and expressed admiration for Indian culture and traditions, the Uttar Pradesh government said in a statement.

Led by Mahi Guru, the founder and trainer at a meditation and yoga centre in Italy, the group included several women.

The group members shared their spiritual experiences at the Maha Kumbh, which they described as a live

demonstration of India's rich cultural and spiritual heritage.

During the meeting at Adityanath's official residence, the delegation members recited 'chaupai (verse)' from the Ramayana, Shiva Tandav, and sang 'bhajans'.

They shared with the chief minister how participating in the Naga sadhus' rituals, 'bhajan-kirtan' and other religious practices impacted their understanding of Indian traditions.

The women members said their experiences at the Maha Kumbh had left them deeply impressed by the

depth of Indian culture and spirituality. They also appreciated the warmth and the hospitality they experienced during the visit and noted how the event had reinforced the importance of spirituality and unity in diversity.

Adityanath expressed his gratitude to the delegation for its visit.

He praised their enthusiasm in experiencing the essence of India's spiritual and cultural practices and encouraged further exchanges to strengthen ties between India and Italy.

India's strength lies in truth of oneness: Mohan Bhagwat

■ STATE TIMES NEWS

KOCHI: RSS chief Mohan Bhagwat on Sunday said that India's strength lies in the truth of oneness, which is successful and victorious.

Speaking at an RSS meeting in Vadayanbadi here, he stated that the Hindu way of life offers solutions to all issues and brings ultimate peace to the world.

The RSS is uniting the Hindu society and providing meaningful solutions to the world through the preservation of 'Dharma,' Bhagwat said.

"Changes do not occur merely with the arrival of avatars," he added.

"It is said that even God cannot save those who do not save themselves. We are the children of India. If our motherland grows weak despite having millions of children, what is our duty?" he asked.

We need strength to fulfil this duty, for the strength to be effective, we need discipline and knowledge, he added.

"A resolute determination and an unwavering sense of

purpose, regardless of circumstances, are essential," he said, adding that fostering only such human development is the core mission of the RSS.

"All ideologies in the world have promised pleasure—whether through materialism, sensual pursuits, or systems. Knowledge has brought increased conveniences but true happiness remains elusive," he opined.

India, too, is witnessing various struggles—farmers, consumers, workers, and even ruling and opposition parties are agitating, he said.

Wars and environmental destruction continue to escalate, adding to a growing list of problems.

The solution to these issues, however, lies within India, he stated.

"Indian philosophy is about uniting everyone," Bhagwat said, adding it is a journey towards the Supreme by harmonising society, the individual, and creation.

"It is a path to self-salvation achieved by integrating the mind, intellect, and body," he stated. India is rising as a



Lieutenant Governor Manoj Sinha meeting Colonel (Retd) RK Sharma and Sandhya Gupta, Founder, Women Club Meri Pehchan.

Tourists flock snow-covered Guldanda as authorities open Bhaderwah-Pathankot highway

■ STATE TIMES NEWS

BHADEWARAH: Hundreds of tourists flocked to the snow-covered Guldanda in Jammu and Kashmir's Doda district after authorities reopened the Bhadarwah-Pathankot national highway for traffic on Sunday, officials said.

The interstate highway, passing through the 9,555-foot-high Guldanda and the 11,000-foot Chattergalla pass, had been closed for traffic after Thursday's snowfall to avoid any untoward incidents due to the slippery conditions of the road. Deputy Commissioner of Doda, Harvinder Singh, who led hundreds of tourist vehicles to the snow-covered wonderland of Guldanda, said it was a delight to see over 2,000 visitors converge at the meadow within two hours of the road reopening, calling it an encouraging sign for the

district's tourism industry. "Kudos to the Border Roads Organisation, which deployed hi-tech machinery for snow clearance on the Bhadarwah-Pathankot highway, reopening Guldanda and Chattergalla Passes to the outside world," he said.

"Despite the BRO's hectic efforts, a layer of snow remains on the surface of the road, resulting in slippery conditions as the temperature drops to minus 15 degrees Celsius in some stretches of the highway. For the safety of tourists, the road was closed for three days. After sprinkling salt and urea, we allowed all kinds of vehicles up to Guldanda," the Deputy Commissioner added. Tourists and local vendors expressed their gratitude to the authorities for restoring traffic on the vital road within days after the major snowfall.

Saif Ali Khan attack case: Mumbai police likely to recreate crime scene with accused

■ STATE TIMES NEWS

MUMBAI: The Mumbai police will likely recreate the crime scene at the Bandra home of Bollywood actor Saif Ali Khan, who was repeatedly stabbed by an intruder, an official said on Sunday. The accused in the high-profile case, a 30-year-old Bangladeshi man, was arrested in the morning from adjoining Thane city. A court here remanded the man, Shariful Islam Shehzad Mohammad Rohilla Amin Fakir, in police custody for five days. According to the official, police will likely take Shehzad to Khan's home at 'Satguru Sharan' building in these five days to recreate the crime scene as part of their investigation. Shehzad sneaked into the Bollywood star's apart-

ment in the early hours of January 16 with the intention of theft, police had said. Preliminary investigation suggests that he climbed the stairs to the seventh-eighth floor of the building where Khan and his actor wife Kareena Kapoor live with their children and domestic staff. "He entered the duct area, climbed to the 12th floor using a pipe and entered the actor's flat through a bathroom window. He then came out from the bathroom, where the actor's staff spotted him, leading to the chain of events that culminated into the knife attack," an official had said earlier. The 54-year-old actor was stabbed multiple times in the attack, after which he underwent a five-hour surgery at nearby Lilavati Hospital.