

Educational institutions playing a vital role in nurturing young minds: Yudhvir

Encourages Young Talent at Nightingale Playway School Competition

STATE TIMES NEWS
JAMMU: In a vibrant display of youthful enthusiasm and patriotism, Nightingale Playway School on Friday organized a competition to nurture young talent.

On the occasion, Senior BJP leader and MLA East Constituency, Yudhvir Sethi was the chief guest and encouraged the young participants.

The event commenced with the hoisting of the National Flag by Yudhvir Sethi. The atmosphere resonated with patriotic fervor as students and attendees joined in the rendition of the National Anthem, fostering a sense of unity and national pride.

Following the competition,



MLA East Constituency, Yudhvir Sethi posing with faculty and students.

Yudhvir Sethi felicitated the winners and lauded their dedication and hard work. He expressed his appreciation for the school's efforts in providing a platform for students to

showcase their talents. Sethi said, "Our children are the future of our nation, and such events play a crucial role in shaping their confidence and abilities. I commend the

school management for their commitment to holistic education." The MLA reiterated his commitment in supporting educational institutions in

their endeavors to shape the future of young India.

Principal Sonia Jain extended her heartfelt gratitude to Yudhvir Sethi for sparing his valuable time to encourage the young minds. She highlighted the importance of co-curricular activities in fostering creativity and overall personality development in children.

Other prominent personalities present at the event included Dr. Akshay, former Corporator, Raman Sharma, Mandal Pradhan Anphalla, Swati Sharma, and several dignitaries. Their presence further motivated the young participants, reinforcing the importance of education and extracurricular engagement.

AIIMS Jammu inaugurates Sports Week ahead of Institute Day celebrations

STATE TIMES NEWS

JAMMU: AIIMS Jammu started its much-anticipated Sports Week on Friday, bringing together faculty, students, and staff in a spirited celebration of sportsmanship, teamwork, and community.

The week-long event, featuring an array of sports and recreational activities, will culminate in the grand Institute Day celebrations on 3rd February 2025.

The Sports Week was officially inaugurated by Prof (Dr.) Shakti Gupta, Executive Director and CEO of AIIMS Jammu, in presence of Col. Sanjay Garg, Deputy Director (Administration), Dr. Raashid Anjum, Chairperson of the Sports Committee, Dr. Sushant



Prof (Dr.) Shakti Gupta, Executive Director and CEO of AIIMS Jammu inaugurating sports event.

Meinia, Member Secretary of the Sports Committee, and other faculty members, students, and staff.

The opening ceremony set the stage for an exciting lineup of sporting events such as badminton, chess, table tennis, basketball, volleyball, cricket, and e-sports. In his inaugural address, Dr. Shakti Gupta highlighted the integral role of sports in fostering resilience, teamwork, and a balanced lifestyle.

He encouraged participants to embrace the competitive spirit and showcase their skills throughout the week. The Sports Week not only

provides a platform for friendly competition but also underscores AIIMS Jammu's commitment to the holistic development of its community, blending academic excellence with physical and mental well-being. The event paves the way for the upcoming Institute Day, which promises a vibrant mix of cultural, academic, and sports activities.

As the campus buzzes with excitement, AIIMS Jammu looks forward to a dynamic week filled with energy, collaboration, and a celebration of excellence in both sports and academics.

Pencak Silat selection trials on Jan 28

STATE TIMES NEWS

SRINAGAR: Pencak Silat Association of J&K will be conducting selection trials for Sub Junior, Junior, and Senior girls/women for the ASMITA Khelo India Women's Pencak Silat League at the Zonal level.

The selected athletes will represent the North Zone in the ASMITA Khelo India Women's Pencak Silat League 2024-25, which is scheduled to be held at the Ekavya Sports Complex, Agra, UP from 10th to 12th February, 2025.

The selection trials will take place at Gindun Sports Stadium, Raj Bagh, Srinagar, on 28th January 2025, and will be followed by the screening, scheduled for 29th January 2025 at 12:00 PM.

Eligible female athletes are requested to confirm their participation in their respective weight categories. Athletes must submit a photocopy of their Aadhaar card along with two passport-size photographs at the venue.

The last date for submission of entries is 27th January 2025. No boarding or lodging facilities will be provided during the selection trials. Athletes who qualify for the Zonal event will also be responsible for all expenses, including boarding and lodging, during the competition in Agra.

However, medalists in the Zonal event will be awarded cash prizes: Rs 6,000 for Gold, Rs 4,000 for Silver, and Rs 2,000 each for two Bronze medalists. These cash prizes will be directly credited to the winners' bank accounts.

For further information or clarification, please contact 9797194893 or email us at jksilat@gmail.com.

APS Damana organises informative session on Rabies

STATE TIMES NEWS

JAMMU: Army Public School (APS) Damana organized a highly effective and educative session on 'Rabies: its Causes and Management' for the students of Govt Middle School Parwah on Friday.

The session was taken by Pushpinder Kaur, Principal APS Damana under Vidyanjali-a School Volunteer Programme and Vigyan Setu Foundation which aimed to illuminate community about the Pathogenesis, Transmission and Prophylaxis of Rabies-a virulent zoonotic disease.

The session highlighted various causes, early detection, vaccination and responsible pet care to combat this preventable disease.

The facilitator explained that rabies is a viral disease



that affects the nervous system of mammals, including humans. It is primarily transmitted through the saliva of an infected animal, typically through bites or scratches by the stray animals.

The session underscored the paramount importance of preventive measures and prompt interventions. The attendees were also apprised of the hallmark symptoms in humans

such as Hydrophobia, Anxiety, Neurological Agitation juxtaposed with behavioural aberrations observed in rabid animals. Speaking on the occasion, Pushpinder Kaur, Principal APS Damana emphasized on the significance of such sessions in creating a safer and healthier environment for all. She encouraged students to become proactive ambassadors of health awareness within their families and communities. The keen audience i.e. the students of Class V from APS Damana and Govt Middle School Parwah actively participated in the session and asked various doubts and queries about the spread of the disease. Anurita Koul, Headmistress APS Damana, Preeti Sambyal, Sr CCA Incharge and Nitish Kumar, Computer Lab Technician also attended the session.

Gupta, Master GMS Parwah appreciated the efforts of the school management for organizing the session on such an important topic. The initiative reflects the school's commitment to promoting health awareness and empowering its community with critical knowledge for public well-being.

Team Galwade Chak wins Volleyball Tournament

STATE TIMES NEWS

AKINNOOR: The two-day volleyball tournament organized by the Border Security Force (BSF) under the Civic Action Program at Border Post Gol Pattan concluded on Friday.

The closing ceremony witnessed the presence of Varinder Dutta, Deputy Inspector General, as the Chief Guest. He was accompanied by Nandan Singh Bisht (Commandant), Suresh Kumar Shashini (Commandant), Rajeev Kumar Khughshal (Second-in-Command), and Vikrant Singh (Deputy Commandant).

During the event, Deputy Inspector General Varinder Dutta interacted with all the players and motivated the



young athletes.

A total of eight teams from the border villages participated in the tournament. In the final match, Team Galwade Chak emerged as the winner, while Hanuman Club secured the runner-up position.

The winning team was awarded a trophy, volleyball kits, and T-shirts, while the runner-up team received the runner-up trophy along with

volleyball kits. Neeraj Choudhary from Team Gangu Chak was declared the best player of the tournament.

The Border Security Force regularly organizes such events in the border villages to encourage youth participation in sports and to foster mutual cooperation and strong relationships between the border guards and the local communities.

India triumphs at Kho Kho World Cup, winning men's and women's titles

STATE TIMES NEWS

JAMMU: India has achieved a historic milestone by clinching victory in both the Men's and Women's categories at the Kho Kho World Cup, solidifying its dominance in the sport.

This prestigious global event featured participation from 23 nations and included the successful conduction of over 90 matches.

Nazia, a pivotal member of the Indian team, played a crucial role in securing the victory.

The tournament's technical operations were seamlessly managed by experts such as B.S Tirthi, Pankaj Malhotra, and Fayaz, ensuring the smooth organization and officiation of matches.



The event was supported by General Secretary Amrinderpal Singh, who played a key role in management, and Sahil Sharma, who contributed as a social influencer.

This remarkable achievement underscores the growing international recognition of Kho Kho and India's unparalleled expertise in the sport.



Dr. Baljinder Kour, President of the association, extended her heartfelt congratulations to the team, particularly appreciating the contributions of the JK team.

India's success in this tournament marks a significant moment for Kho Kho on the global stage and sets a high benchmark for future competitions.

Presentation Convent Senior Secondary School celebrates Republic Day

STATE TIMES NEWS

JAMMU: Presentation Convent Senior Secondary School, Gandhi Nagar, celebrated the 76th Republic Day on Friday with great enthusiasm and patriotic fervour. Parents, who hailed from the armed forces, were invited as Special Guests to honour the occasion with their presence and inspire everyone with their valour and dedication to our Nation.

The students of class IX put forth a mesmerising programme which began with a



welcome dance and a skit to commemorate the adoption of the Indian Constitution on 26 January 1950 highlighting the contributions of its

chief architect, Dr. B.R. Ambedkar and other distinguished members of the Constituent Assembly. Their vision of justice, equality and

liberty continues to guide us as a nation.

The cultural segment showcased the vibrant diversity of India. Traditional and con-

temporary dances, celebrating the unity in diversity of our great Nation, enthralled the audience. A parade featuring students, accompanied by a majestic tableau display from various states, brought alive the rich heritage and progress of our country.

The motivational speeches by the Special Guests emphasizing the importance of duty, discipline and patriotism inspired one and all. The celebrations concluded with the vote of thanks followed by the National Anthem.

Yuva Shakti Mahotsav concluded at CUJ

STATE TIMES NEWS

JAMMU: The Department of Educational Studies, in collaboration with the Office of the Dean, Students' Welfare, hosted the 10-day "Yuva Shakti Mahotsav" at Malviya Shiksha Bhawan, Central University of Jammu (CUJ), under the patronage of Vice Chancellor Prof. Sanjeev Jain.

The event, which began on the Birth anniversary of Swami Vivekananda, was organized in three stages: Bahu Shakti (Physical Strength), Mann Shakti (Mental Power), and Kala Shakti (Artistic Power).

The program was chaired by distinguished figures, including Prof. Ritu Bakshi, Dean of Students' Welfare, Prof. Uday Pratap Singh, Associate Dean of Academics, and Prof. Asit Mantry, Head of the Department of Educational Studies. Prof. Singh, in his inaugural



CUJ faculty paying tributes to Swami Vivekananda.

address, emphasized the importance of empowering youth through innovation, skill-based education, and spiritual intelligence, encouraging students to learn from Swami Vivekananda's teachings to awaken the nation's youth. Prof. Bakshi urged students to actively participate in the activities planned for their holistic development.

The Bahu Shakti segment featured various physical competitions

where B.A. B.Ed. and M.Ed. students showcased remarkable enthusiasm and sportsmanship. The Mann Shakti stage involved creative activities like poster making, painting, poem writing, and book reviews, demonstrating students' critical thinking and artistic talents. The Kala Shakti event focused on performances centered around Youth, Nationalism, and Swami Vivekananda, with students deliver-

ing powerful poems and songs that reflected patriotism and unity.

Swami Yajnadharamanad Ji, Secretary of Ramakrishna Mission Ashram, Jammu, addressed the youth, stressing the importance of having a great aim in life. During the event, the second issue of the bi-annual magazine Devikawas was released.

The Mahotsav concluded with a grand Valedictory Session, graced by Ashish Suri, Controller of Examinations, as the Chief Guest. In his address, Suri praised the event's successful integration of cultural and educational values. The session featured the felicitation of winners in all three categories, and the judges were also honored. The event ended with a vote of thanks by Shivali Khajuria, marking the successful conclusion of a memorable celebration.

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