

17 SDGs-An assured Blueprint to Success: Principal JKPS Kunjwani

STATE TIMES NEWS

JAMMU: JK Public School (JKPS), Kunjwani is a CBSE affiliated, child-centric, value-driven, co-educational, Senior Secondary school, which enjoys the privilege of being the first CBSE school (direct affiliation) of Jammu. Stretched over a period of three decades, JKPS Kunjwani has emerged itself into a trendsetter, a model of excellence imparting 21st century holistic education to children on its rolls.

JKPS Kunjwani introduced 17 Sustainable Development Goals (SDGs) to groom students in variety domains. Members of one of the Clubs, namely, Rajat Sharma Club of Jr. Journalists, interviewed the Principal Rajesh Rathore. Here are the excerpts of the meaningful transaction between the Jr. Journalists (JJ) and the Principal Rajesh Rathore (RR):

JJ: Sir, what inspired you to design 17 SDGs for JK Public School Kunjwani, which reminds us of 17 SDGs of United Nations?

RR: Actually 17 SDGs of the UN stands for the vision of UN at a glance. The impressive circle depicting 17 goals of the UN in the form of coloured sectors always inspired me. I started making list of Sustainable Development Goals (SDGs) for my school and I fixed the number to 17. These 17 SDGs will help us design a blueprint for a sustainable grooming of our students for all the future needs. It will also act as a lighthouse to set the sail of our ship. We have a comprehensive plan to see its effective implementation in all the domains of school life.

JJ: How will you define the very first SDG, that is, Sound knowledge base?

RR: Knowledge is power in today's world of professionalism and excellence. Knowledge helps an individual understand the world. It gives an upper edge to every gatherer. It paves the way to evolve a well-reasoned perception. It gives us power to equip, energize and empower ourselves. Without knowledge, we can't think vertical, lateral, divergent, convergent, critically, creatively, and judiciously.

JJ: how do you interpret the second SDG, namely, Polished expression?

RR: Every child may not be gifted with linguistic intelligence. Hence it's the moral duty of every Institution as well as teachers to empower every student in terms of strong communication skills. Inculcation of written and verbal skills are easier, only if one focusses on extensive reading and speaking. Every child must be very sound in English and Hindi both: whether it be written or verbal expression.

JJ: Scientific Quest sounds very interesting. Your take on it. (3rd SDG)

RR: Every natural phenomenon taking place in the universe has got a definite scientific reason behind it. We need to foster the spirit of inquiry and exploration in every child. No individual should be credulous and take anything on its face value unless examined prop-

erly and arrived at a conclusion. Scientific quest refers to a critical examination and creative solution. It keeps an individual away from the clutches of superstition.

JJ: How can you impact the 'Mathematical acumen' of students? (4th SDG)

RR: NCF 2005 converges on the idea: how to mathematize the thinking of students. Scoring good marks in Maths may not be the litmus test for an individual to exhibit mathematical acumen.

JKPS focuses on empowering every child with the requisite tools for performing the basic operations, namely, addition, subtraction, multiplication and division. Dodge tables will be mastered by every child. Teachers are training students for learning mental Maths. Competitive exams calls for speed and accuracy in Maths. Hence the mantra at JKPS today is speed and accuracy to every child to evolve mathematical sharpness in them.

JJ: How are you equipping children for 'GENERAL AWARENESS'? (5th SDG)

RR: In today's world, every child must be a well-informed person. Learning of a few concepts from the languages, science, maths, social science and computers will not be sufficed. One must broaden the ambit of one's learning. Current affairs, national, international affairs, sports news make an individual well groomed. Children must be trained for general awareness in a systematic manner. Knowledge is the sum total of myriads branches of learning.

JJ: How much importance will you attach to the acquisition of COMPUTER SKILLS? (6th SDG)

RR: In today's hi-tech world, every child must be computer savvy. Mastery over the basic operations is expected from every child. One must develop proficiency in variety basic operations, namely, word, excel, PPT and various coding languages. Acquisition of extraordinary skills in computers can be an added advantage and an asset to the organization.

JJ: How are you planning to make your students ENVIRONMENTAL SENSITIVE? (7th SDG)

RR: The most gratifying experience is to make students aware and informed about their future role in strengthening the society and the nation. Matured reflections from students pertaining to environmental sensitivity fills me with pride and admiration. We wish every child to be a green warrior. They must plant some saplings from an early age. They are being groomed for the judicious use of water and electricity. They are being trained for carbon footprinting. JKPS has tied up with a national agency to emerge a Green school, fulfilling all the points laid down.

JJ: How will you ensure FITNESS & STAMINA in every child? (8th SDG)

RR: it's truly stated, "catch them young". Children are a bundle of

energy. They never feel tired and look forward earnestly every moment to go outdoors to unleash their physical energy. If they are imparted a befitting training as per their interest area, they can bring laurels to the school. JKPS has taken a pledge to groom every child as an athlete and no child should look obese.

JJ: How can you enhance the AESTHETIC SENSIBILITY of a child? (9th SDG)

RR: Every progressive and futuristic institution must instill the elements of aesthetic sensibility in children. Teachers must tap the potential of children in art & craft. They must impart systematic training to children during their formative stages with lot of appreciation. Praiseful training may activate some dormant skills in children. Colours, patterns, visualization & spatial intelligence need deft touches from an observant guru. Thus we can enhance the aesthetic sensibility of every child on the rolls.

JJ: What do you mean by MUSICAL APPRECIATION in every child? (10th SDG)?

RR: Music is the elixir of life. Its therapeutic powers are phenomenal. At JKPS, every child is given a sound training for raagas. We are imparting successful training to children in both the domains: whether it be vocal or instrumental. We give equal weightage to classical as well as western music. Let every child develop an appreciation for music.

JJ: What is your strategy for equipping JKians with LIFE SKILLS? (11th SDG)

RR: School grooms students not merely for jobs but for the entire life. JKPS has integrated the components of life skills into its curriculum & adopted the culture in letter and spirit, as suggested by WHO. Each child is being equipped with the tools of self-awareness, effective communication skills, empathy, inter-personal skills, critical thinking, creative thinking, decision making, problem solving, coping with stress and emotions. We wish every JKian to take on the future challenges effectively and emerge a victor.

JJ: FINANCIAL LITERACY is a buzzword these days. What is your vision for the school? (12th SDG)

RR: Money matters in today's materialistic world. Thus, it's the duty of every progressive institution to equip its students with the tools of financial literacy. It includes paying off debt, creating a budget, and understanding the difference between various financial instruments. Financial literacy has a material impact on families as they try to balance their budget, buy a home, fund their children's education, or ensure an income for retirement. Let every child be empowered to conquer the future financial hurdles of life.

JJ: The real success of an Institution lies in giving a COMPETITIVE EDGE to its students. Kindly reflect on it. (13th SDG)

RR: Only a good performance in the Board exams can't be the motto of lead schools like JKPS. Students must be imparted a special training for the competitive exams. JKPS adopts an integrated approach to give competitive edge to its students. Teachers are developing Foundation courses for Maths & Science, matching with the modules of top coaching institutes. We are quite excited about this feature of our school, which makes us unique in Jammu.

JJ: Imparting 21st century LEADERSHIP SKILLS to students is sine qua non for every futuristic school. (14th SDG)

RR: The motto of JKPS Kunjwani is 'Grooming Future Leaders'. Students are empowered with the requisite leadership traits, like, knowledge, oratory, confidence, sense of initiative, courage, creativity, responsibility, social contribution & global citizenship.

JJ: Inculcation of age-old VALUE SYSTEM is a bare necessity to live a happy life. What is the JKPS advantage? (15th SDG)

RR: Redefining success, the greatest scientist of the 20th century Albert Einstein said, "Success in real sense is giving more to the society than receiving from it". We need GenNext to be groomed with honesty, sincerity, compassion, co-existence, respect for elders, poor & downtrodden. Let every child be a Charity ambassador of the school. In a nutshell, every JKian should be an epitome of what a cultured person aspires to be!

JJ: Holistic grooming is not possible without exposing students to COMMUNITY SERVICES. Your reflection, please. (16th SDG)

RR: Community service is an integral part of JKPS. We are adopting a village and a few Govt schools, wherein JKians will leave their creative imprints and elevate the standards of grooming for their less fortunate brethren. Students will also be visiting Orphanages, Blind school, Special schools, Old age homes, Slum areas etc to study the variety strata of the society so as to plan collectively their Community service programmes.

JJ: Inculcation of PATRIOTISM in every child is the earnest need of the hour. How do you sensitize your students? (17th SDG)

RR: As Principal of the school, I'm the loudest, while singing the National Anthem, as it's not a ritual for me but my tribute to thousands of those martyrs, who laid their lives and made the supreme sacrifice for the nation. "Nation First" is one of the taglines at JKPS. Every JKian is committed to pay his/her Income Tax honestly & religiously ahead.

JJ: Thank's a lot sir for sparing your valuable time and for reflecting your vision and strategies behind these 17 Sustainable Development Goals (SDGs). Your visionary leadership and administrative strategies will certainly put the JKPS Kunjwani on a new trajectory. Wishing you the best of luck!

RR: Umpteen thanks, my beloved students. You are the change agents. You are the future of this great nation. Groom yourselves well & make us feel proud. Good luck!



3rd Chaar Sahibzaade Cricket Tournament

Bismillah, Poonch Clubs win ties

STATE TIMES NEWS

POONCH: Day seven of the Chaar Sahibzaade Cricket Tournament witnessed two exciting and competitive matches at the Sports Stadium Poonch.

In the first match, Bismillah Cricket Club (BCC) took on Firdous Cricket Club (FCC) in a nail-biting encounter that ultimately went to a super over.

BCC batted first and posted a challenging total of 151/3 in 15 overs, with Zahid Manhas contributing a solid 45 runs off 35 balls. In reply, FCC managed to match the target, finishing with 151/7 in their 15 overs, thanks to a brilliant



59 runs off 30 balls from Waseem.

Despite FCC's strong batting performance, BCC's Arbaz stood out with the ball, taking 3 wickets for 23 runs in his 3 overs. The match went into a dramatic

super over, where BCC scored 16 runs, and FCC fell short by just 3 runs, ending with 13 runs. Arbaz was deservedly named the Man of the Match for his exceptional all-round performance.

The second match of the day saw Poonch Club (PC) comfortably defeat United Club Chandak (UCC) by 7 wickets. UCC batted first but struggled to get going, ending their innings at 71 all out in 15 overs, with Intiaz top-scoring with 19 runs. The standout performance with the ball came from Naveed of Poonch Club, who took 3 wickets for 14 runs in 3 overs, dismantling the UCC batting line-up.

Chasing down the low target, Poonch Club reached 72/3 in just 9.2 overs, with Sahib Nehmat top-scoring with 28 runs. Naveed's brilliant bowling earned him the Man of the Match award for the second

match. The day's proceedings were further highlighted by the presence of Dr. Parvez Ahmed Khan, the Chief Guest, who interacted with the players and offered motivational words. He encouraged the young cricketers to embrace sports and avoid the pitfalls of drug abuse, emphasizing the importance of a healthy and active lifestyle.

The tournament is being organized under the guidance of the Management Committee (Chaar Sahibzaade Tournament), with strong support from the youth of Poonch, who continue to make the event a grand success.

STATE TIMES NEWS

JAMMU: The 18th Christmas Gold Cup Football Tournament 2024-25, organized by the All J&K Sports and Cultural Welfare Association in collaboration with the J&K Sports Council and the J&K Football Association, continued today at the Mini Stadium Parade Ground, Jammu. The event witnessed an exciting match between Param FC and Kashmir Warrior FC.

Param FC emerged victorious, defeating Kashmir Warrior FC with a score of 2-0. The first goal was scored by Trywell in the 6th minute, setting the tone for Param FC's dominance. Faridin added to the team's lead by scoring the second goal in the 17th



minute, sealing the win for Param FC.

The match was graced by several prominent figures, including Ramesh Chander (International Player), Yousaf Don (Organizing Secretary), David Masih (Football Coach), Kamaljeet Kumar, Rakesh Kumar (International Player), Charanpreet Singh, Rajesh Sumbria, Mohd. Shuja, and Kuldeep Gupta (National Player). Their pres-

ence added to the enthusiasm and spirit of the tournament.

The refereeing team for the match included Ajay Singh, Ricky Kumar, Ramesh Kumar, and Rocky, who ensured fair play and smooth conduct of the game.

The tournament continues tomorrow, January 8, 2025, with the first quarter-final match scheduled between J&K Bank XI and City Club Udhampur at 3:00 PM.

J&K bags overall 2nd place in Thang-Ta



STATE TIMES NEWS

JAMMU: Jammu and Kashmir Thang-Ta team earned second position in the 30th National Sub-junior and Senior Thang-Ta Championship which held at Haridwar in Uttarakhand.

The championship witnessed participation from 26 states across India, showcasing the best talent in Thang-Ta from around the country, a handbook issued by the Thang-Ta Association of J&K, here today said.

The J&K team clinched a total of 62 medals, including 20 gold, 20 silver, and 22 bronze to secure overall second position. Manipur claimed

the top spot, while Assam secured third place, the handout added.

Expressing his joy, the secretary of the Association said "We are immensely proud to have secured second place in this national championship. It is a moment of great pride for all of us. The team prepared rigorously, and we are grateful to the J&K Sports Council for the support."

This achievement not only brings glory to the Union Territory but also highlights the growing prominence of Thang-Ta as a sport in the region.

District Kulgam Wushu Championship 2024: Honoring Legacy of Syed Muzamil

STATE TIMES NEWS

KULGAM: The District Kulgam Wushu Championship 2024 commenced at Ayesha Ali Academy, Kulgam, with a spirit of unity and remembrance.

This event marks not only a celebration of athletic excellence but also a poignant tribute to the late Syed Muzamil, the beloved Secretary of the District Wushu Kulgam Association.

His untimely and tragic demise delayed the championship, but his legacy has brought the community together in honor of his contributions.

The opening ceremony was



Participants posing for a photograph with dignitaries at District Kulgam Wushu Championship 2024.

graced by the presence of key dignitaries, including the Manager of J&K Sports Council, the Sister of Syed Muzamil, the Headmistress of Ayesha Ali Academy, and the dedicated members of the

District Wushu Kulgam Association.

Their presence underscored the importance of this championship as a platform to uphold the values and vision that Syed Muzamil championed.

A total of 178 participants, comprising 63 girls and 115 boys from 12 schools and FFC Kulgam, are competing in the event. This impressive turnout reflects the growing popularity and inclusivity of Wushu in the

district. The competition, which will culminate on January 8, 2025, showcases not just athletic prowess but also the enduring spirit of the Wushu community that Syed Muzamil nurtured. The championship serves as a testament to Syed Muzamil's unwavering dedication to the sport and his vision for fostering talent in Kulgam. It also highlights the collective effort of the District Wushu Kulgam Association, which extends its gratitude to mentors such as Kuldeep Handoo, Maqsood Rather, Aijaz Hassan, and Aaqib Majeed for their invaluable support and guidance in making this event possible.

Royal Enfield Ice Hockey League Season 2

Padma Desal's six-goal masterclass helps Sham Eagles cruise past Chiktan Queens

STATE TIMES NEWS

LEH: Padma Desal delivered a stellar performance, scoring six goals to lead Sham Eagles to a commanding 8-3 victory over Chiktan Queens in the women's category of the Royal Enfield Ice Hockey League Season 2.

The Eagles kicked off their campaign impressively, setting a new season record for the highest-scoring match. In the men's category, Changthan Shans maintained their perfect start, defeating Zangskar Chadar Tamers 7-2 to remain unbeaten after three games.

Purig Warriors ended Sham Wolves' unbeaten streak with an impressive 5-2 victory, while the match between Humas Warriors and Shakar Chiktan Royals ended in a dramatic 3-3 draw.

The Royal Enfield Ice Hockey League Season 2, is being organized in partnership with the UT Administration of Ladakh and Ice Hockey Association of Ladakh at the Nawang Dorjay Stobdan (NDS) Stadium, Leh.

The Purig Warriors delivered an impressive performance to claim a 5-2 victory over the previously unbeaten Sham Wolves in the opening game of Day 4 at the Royal Enfield Ice Hockey League Season 2. Goals came early for the Warriors, with Imran Ali and Nadeem Sarwar hitting the back of the goal within the first 12 minutes. However, Urgain Chosjor kept the Wolves in the game, hitting back with a 13th minute goal. The Warriors led the score sheet by 2-1 at the end of the first period. The second period saw the Warriors dominate further, with Sarfaraz Hussain and Bashar Ali adding goals, enabling the Warriors to take a commanding 4-1 lead. Despite a quick goal by Urgain Chosjor for the Wolves, who completed his double, early in Period 3, the Warriors sealed their win with a final strike by Mohammad Ali Baba in the 45th minute.

In an action-packed second game of Day 4, Humas Warriors and Shakar Chiktan Royals played out a dramatic 3-3 draw. Fresh from a dominating 6-1 victory in



their previous match, Humas Warriors started confidently, with skipper Waseem Bilal opening the scoring in the 12th minute, giving his team a 1-0 lead at the end of Period 1. The game took a dramatic turn as Shakar Chiktan Royals stunned the Warriors with three quick goals in the 20th, 28th, and 30th minutes, followed by Vilayat Ali's

rapid double, bringing the score to 3-1. The Warriors fought back valiantly in the final period, as Issa Mohd's goal narrowed the gap to 3-2. Just as it seemed the Royals would walk away with the win, Waseem Bilal netted a crucial equalizer in the final 20 seconds, ensuring the game ended in a thrilling 3-3 tie.

The Sham Eagles kicked off their season

in style, defeating Shakar Chiktan Queens 8-3 in the highest goal scoring match of the Royal Enfield Ice Hockey League Season 2 so far. The Eagles dominated from the start, with Padma Desal and Rigzen Angmo finding the net in the first 8 minutes, giving their team a lead of 2-0 at the end of Period 1. Padma Desal, the star of the match, extended the lead with second goal in Period 2. While Mephram Dolker briefly brought the Queens back into contention with a goal in the 32nd minute, Padma responded instantly with her third goal just 2 seconds later. Chuhnzun Chamzo added another for the Eagles, making it 5-1 before Padma netted her fourth to close the period at 6-1. Despite two quick goals by Tsewang Yagdol for the Queens early in the final period, Padma Desal continued her scoring spree, striking twice more in the 47th and 51st minutes to cap off her six-goal masterpiece. The Eagles finished with a dominant 8-3 win, setting a high benchmark for the rest of the league.

Changthan Shans continued their winning streak on Day 4 of the Royal Enfield Ice Hockey League Season 2, defeating Zangskar Chadar Tamers 7-2 in the last game of the day. Dorjan Namgyal opened the scoring just two minutes into the game, giving the Shans an early advantage. With no further goals in the first period, the Shans maintained a slender 1-0 lead going into period 2. The second period saw the Shans take control of the game. Goals from Thinlay Dorjay, Tsewang Dorjay, Dorjan Namgyal (his second), and Padma Namgyal stretched the lead to 5-0 by the 33rd minute. Despite Lobzang Tharpa's goal for the Tamers late in the period, the Shans held a comfortable 5-1 lead. The final period featured more action, with Richen Wangyal scoring for the Tamers, reducing the deficit to 5-2. However, the Shans responded decisively, with goals from Tsewang Dorjay and Chamba Tsetam in the final minutes, securing a dominant 7-2 win and keeping their perfect record intact.