

HAPPY BIRTHDAY



Nitish Sharma
Class:- 6th 'B'
D.O.B:- 26-01-2014
JKPS Panjtirthi

HAPPY BIRTHDAY



Arjun Kesri
Class:- 7th 'B'
D.O.B:- 26-01-2014
JKPS Panjtirthi

HAPPY BIRTHDAY



Samriti Sharma
Class:- 9th 'A'
D.O.B:- 26-01-2011
JKPS Panjtirthi

NOTICE

I, Ghulam Mohammad Wani S/o Ghulam Ahmad Wani R/o Qadir Mohala Seer Hamadan, Seer Kanil Gund, Anantnag, Seer Kanil Gund, Jammu and Kashmir 192129 have lost my Aadhar Card bearing No. 998970534729. Now I am applying for duplicate of the same. Objection if any may be conveyed to concerned authority within seven days.

FOR BOOKING ADVERTISEMENT CONTACT

91 9086175696
adv.tstatetimes@gmail.com

STATE TIMES

Asmita Khelo India Women's League-North Zone Tournament 2026 concludes at JU

Haryana emerged Overall Champion, Punjab remains Runner-up

STATE TIMES NEWS
JAMMU: The Closing Ceremony of the Asmita Khelo India Women's League - North Zone Tournament 2026 was held with enthusiasm and sporting spirit at the Gymnasium Hall, University of Jammu (JU).



Minister YSS, Satish Sharma presenting medals to winners at the Closing Ceremony of the Asmita Khelo India Women's League at University of Jammu.

The prestigious national-level tournament was organized under the aegis of the Sports Authority of India (SAI) and Khelo India, in collaboration with the Kickboxing Association of Jammu & Kashmir (KAJK).

The ceremony was graced by Satish Sharma, Minister for Youth Services & Sports, Jammu & Kashmir, as the Chief Guest. He appreciated the successful conduct of the tournament and emphasized the vital role of sports in women empowerment and in strengthening the sporting culture of the Union Territory.

The occasion witnessed the esteemed presence of Santosh Agrawal, President, WAKO India Kickboxing Federation; Sanjay Yadav, Senior Vice President, WAKO India Kickboxing Federation; and Gaurav Chopra, Vice President, Kickboxing Association of Jammu & Kashmir. The dignitaries lauded KAJK for successfully organizing a large-scale women-centric sporting event in Jammu & Kashmir.

Earlier, the tournament

was inaugurated with an impressive Opening Ceremony that set the tone for the championship and celebrated the spirit of women's participation in sports. The presence of senior sports officials, representatives from SAI and Khelo India, and prominent sports administrators motivated the athletes and highlighted the national importance of the event.

The championship witnessed participation from nearly 600 women athletes and 100 officials, representing nine States and Union Territories of the North Zone, making it one of the largest women's kickboxing events held in the region. The tournament showcased exceptional talent, discipline, and sportsmanship throughout its duration.

Based on the overall medal tally and team performances, Haryana emerged as the Overall Champion, followed by Punjab as Runner-up, while Uttar Pradesh secured the Second Runner-

up position, reflecting the high level of competition among participating teams.

During the Closing Ceremony, winners and outstanding performers were felicitated. Media persons present on the occasion were also honored by the Hon'ble Minister in recognition of their valuable contribution to sports promotion and public outreach.

Daud Iqbal Baba, Director Sports, University of Jammu, delivered the vote of thanks and expressed gratitude to all dignitaries, participating teams, officials, volunteers, and organizers for their cooperation and support in making the event a grand success.

The Asmita Khelo India Women's League - North Zone Tournament, which concluded on 25 January 2026 at the University of Jammu, stands as a strong testament to the commitment towards nurturing women athletes at the grassroots level and strengthening the sports ecosystem in Jammu & Kashmir.

Ladakh suffer heartbreak as ITBP win women's ice-hockey gold

STATE TIMES NEWS
LEH: Ladakh ran out of luck as ITBP women reclaimed the Khelo India Winter Games ice-hockey gold at the Nawang Dorjay Stobdan (NDS) Stadium here on Sunday.

In a thrilling match, ITBP scored in the opening seconds of extra time after regulation time ended 1-1.

There was a small consolation for the hosts on the penultimate day of the 6th Khelo India Winter Games, as Ladakh's men redeemed themselves by winning the men's ice-hockey bronze after a dramatic Saturday when unfancied Chandigarh stunned the home team 3-2 in the semifinals.

But on Sunday, Ladakh men looked more purposeful, carving out a fighting 3-2 win for a podium finish. Ladakh had beaten ITBP 3-1 in the league stage as well. In a low-scoring thriller, Ladakh looked on course to defend their ice-hockey gold. In what was a repeat of last year's Khelo India Winter Games final, Ladakh rode a



ITBP women celebrate after clinching the ice-hockey gold against hosts Ladakh at the 6th Khelo India Winter Games 2026 in Leh.

17th minute Shamina Khatoon goal but then ITBP's India player Stanzin Dolkar, nicknamed Tani, scored a sensational equaliser in the third period to force the match into extra time.

Within nine seconds, Dolkar was at it again, scoring the golden goal from a goalmouth melee to leave Ladakh stunned.

The women's win against Ladakh means ITBP will not go empty handed from these Games. With a day remaining in KIWG 2026, Haryana keep their lead with 4 gold while Ladakh stay at No. 2

with two gold. Telangana also have two gold, but lesser number of silver than the hosts.

On Sunday morning, Telangana's Nayana Sri Talluri won her second straight gold medal from the short-course skating rink at NDS. The Calgary-based teenager started comfortably and then shifted gears midway through the 1000m short track.

One of Nayana's chief rivals, Ladakh's skating star Skarma Tsultim, trying to accelerate, crashed out of the competition. Tactically better

Nayana warded off a stiff challenge from Maharashtra's Anvayee Deshpande to clinch the gold medal with a timing of 1:43.32 seconds.

Anvayee won silver with 1:43.43 with teammate Telangana's Fernandes winning bronze (1:46.41).

Nayana thus became the third ice skater in KIWG 2026 to win two gold medals, both individual medals. With one day to go, Haryana's Sachin Singh and Ladakh's Skarma Tsultim both have two gold each (individual and relay).

Late on Saturday, Ladakh were awarded the women's 1000m long track gold, an event that was marred by snowstorm at the Gupukh's Pond. Skarma had led a Ladakh 1-2-3 in that race.

Maharashtra won their first gold medal on Sunday. Ishaan Darvekar (1:35.57 seconds) won the men's 1000m short track at NDS Stadium. It was Ishaan's second medal in KIWG 2026.

Earlier he had won silver in the men's 500m short track race. Telangana won both silver and bronze in this event.

In more pristine conditions, Karnataka's 18-year-old Srivatsa S Rao stunned the field as he raced away to men's gold in the 1000m long track ice skating event. It was Karnataka's first gold of KIWG 2026.

Srivatsa, winner of gold in the junior event of the same category at the 2024 Khelo India Winter Games, finished ahead of Tamil Nadu's duo of Avikshith Vijay (1:37.73) and Selva Kumar M (1:39.41) with a time of 1:36.64.

CUJ students clinch silver, bronze medals in 3rd Chancellor's Trophy



STATE TIMES NEWS

JAMMU: The Central University of Jammu (CUJ) students brought laurels to the University by winning Silver and Bronze medals in the 3rd Chancellor's Trophy, organised by the University of Jammu. The prestigious inter-university sports event witnessed enthusiastic participation from teams representing various universities and colleges across the region in disciplines such as Basketball, Kho-Kho, Volleyball, and Football. The Basketball team of CUJ, led by Captain Ayushtosh and guided by Dr. R. Sudhakar, Assistant Director (Sports), delivered an impressive performance to secure the Silver Medal, showcasing exceptional teamwork, discipline, and sportsmanship.

Adding to the University's success, the Girls' Kho-Kho team of CUJ, under the leadership

of their Captain and mentored by Dr. Kiran, Assistant Director (Sports), earned the Bronze Medal, demonstrating agility, coordination, and competitive spirit throughout the tournament.

The winning teams were warmly felicitated and applauded by the Hon'ble Vice Chancellor, Central University of Jammu, Prof. Sanjeev Jain, who expressed great satisfaction with the growing sporting potential and dedication of CUJ students. He lauded their commitment and emphasized the importance of sports in holistic personality development.

Prof. Vandana Sharma, Director (I/c), Directorate of Physical Education, congratulated the teams on their commendable achievements and assured all possible support from the University for the continued development and excellence of students in sports.

Amrita lost just one game in the seven round event and secured a cash prize of Rs 1000. The second place went to Samyak Jain (Rs 700) while Ritvik Gandotra (Rs 500) finished third. Both Samyak and Ritvik secured five and half points.

The best woman prize went to Anvi Sharma with five points while Amina Tareen (four) and Nitika Nashed (3.5) finished third. Similarly, in under-15 category, Mitansh Magotra (5 pts) was first while Rajyawardhan

Amrita wins Republic Cup Chess trophy

STATE TIMES NEWS

JAMMU: With highest six points, Amrita Gupta won the two-day Republic Cup Open Chess Tournament which was organized at Vivek Chess Academy as part of the Khelo Jammu Chess series under the aegis of All J&K Chess Association (AJKCA), here today.

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Singh (4 pts) and Ishan Choudhary (4 pts) bagged second and third place respectively.

The first prize in under-10 age group bagged by Raesha Thothla (4 pts). Rithysh Gupta (3 pts) and Vatsal (2 pts) remained second and third respectively.

The winners of different categories were felicitated by Atul Kumar Gupta, Chairman, Planning and Development Commission of All India Chess Federation (AICF) in the

"We have presented special prize of Spirit of Chess to Dr Suresh for his enthusiasm and love for sports, especially Chess," said Vivek Bharti.

The Swiss software was used for pairing.

Round-4: Samyak (3.5) draw Ritvik (3.5); Dr. Suresh (4) beat Surinder (3); Ishaan (3) beat Ayansh (2); Rajyawardhan (3) beat Anvi (2); Amrita (3) beat Mitansh (2); Raesha (3) beat Gaurav (1.5); Nitika (2.5) beat Amina (1); Aadvik (2) beat Vihaan (1); Keshav (2) beat Ruby (1); Manushree (2) beat Rithysh (1); Pearl (2) beat Vatsal (1); Gunjan (1) Bye. Round-5: Ritvik (4.5) beat Dr. Suresh (4); Samyak (4.5) beat Surinder (3); Amrita (4) beat Ishaan (3); Rajyawardhan (4) beat Raesha (3); Keshav (3) beat Nitika (2.5); Mitansh (3) beat Aadvik (2); Anvi

(3) beat Ayansh (2); Pearl (3) beat Manushree (2); Gunjan (2) beat Gaurav (1.5); Amina (2) beat Vatsal (1); Vihaan (2) beat Ruby (1); Rityesh (2) bye. Round-6: Amrita (5) beat Samyak (5.5); Mitansh (4) beat Dr. Suresh (4); Surinder (4) beat Raesha (3); Ishaan (4) beat Pearl (3); Anvi (4) beat Keshav (3); Nitika (3.5) beat Vihaan (2); Aadvik (3) beat ayansh (2); Amina (3) beat Manushree (2); Rithysh (3) beat Gunjan (2); Vatsal (2) beat Gaurav (1.5); Ruby (2) bye. Round-7: Amrita (6) beat Ritvik (5.5); Samyak (5.5) beat Dr. Suresh (4); Surinder (5) beat Rajyawardhan (4); Aadvik (4) beat Keshav (3); Amina (4) beat Rithysh (3); Raesha (4) beat pearl (3); Gunjan (3) beat Vatsal (2); Vihaan (3) beat Manushree (2); Ayansh (3) beat Ruby (2); Gaurav (1.5) bye.

First Jammu Gold Cup Football Tournament SCFA, Pegasus FC, Sainik Colony FC dominate day 3

STATE TIMES NEWS

JAMMU: The First Jammu Gold Cup Football Tournament, organised by Young Hero's Club Jammu in the sweet memory of Late S. Mehar Singh in collaboration with JK Sports Council under the aegis of J&K Football Association, marking a significant step towards promoting football in the region. The opening match of the third day was played between SCFA and Nagrota FC, in which SCFA registered an impressive 3-0 victory. Nitish and Mahi scored the goals for SCFA in the 6th, 37th, and 89th minutes, showcasing excellent attacking skills. The special guest for the first match was Charan Dass, who encouraged the players



and appreciated the organisers for their efforts in promoting sports. The second match was played between Pegasus FC and Shaheen FC. Pegasus FC dominated the game and won by 3-0, displaying strong teamwork and discipline on the field. The special guest for

the second match was Amarjeet Singh, one of the most senior national football players, who interacted with the players and motivated them to pursue sports with dedication and commitment.

The third match of the day was contested between Sainik

Colony FC and Churchill Brothers. The match ended in a 1-1 draw in regulation time. Steve scored for Churchill Brothers in the 24th minute, while Sumit equalised for Sainik Colony FC in the 46th minute. The match was decided through a tie-breaker, in which Sainik Colony FC emerged victorious by 3-2. The special guests for this match included Jeevan Sharma, Ramesh Chander, Kuldeep Singh, along with David Masih, Yousaf Don, Kamal Jeet, Zahoor Teli, Abhay Samnotra, Abhinandan Samnotra, Mohin, Krishnum, Adil, and Meetu Singh.

The organisers expressed gratitude to all the guests and participants for making the third day of the tournament a

success. They stated that the tournament aims to provide a platform for young footballers to showcase their talent and encourage sports culture in Jammu.

The fixtures for January 26, 2026, have also been announced. The first match will be played at 1:00 PM between Young Hero FC and SCFA Jammu, followed by the second match at 2:00 PM between Vijay Club and Sainik Colony FC.

The Jammu Gold Cup Football Tournament is expected to witness exciting matches in the coming days and is being seen as a positive initiative to nurture sportsmanship, teamwork, and youth engagement in the region.

SP Rural Jammu attends 'Police Ki Pathshala' programme at KNIT Green Model Academy



STATE TIMES NEWS

JAMMU: SP Rural Jammu, Brijesh Sharma, attended the Police Ki Pathshala programme organised by Amar Ujala Newspaper at Knit Green Model Academy. He was accompanied by the SDPO Domana, SHO Domana, and the Principal of the school. During the programme,

students of the school presented various cultural and awareness items, which were highly appreciated and reflected the dedication and hard work of both the students and the teaching staff.

While addressing the gathering, the Chief Guest, SP Rural Jammu, aware the students about new criminal laws, cyber crimes,

women safety, and drug menace. He interacted with the students and encouraged them to remain informed, vigilant, and responsible citizens.

Representatives from the Amar Ujala Newspaper also participated in the event, making the programme informative and engaging for all present.

Counselling skills training conducted at KC Public School

STATE TIMES NEWS

JAMMU: As a part of continuous professional development program for its faculty, KC Public School conducted a three-day follow up Counselling Skills Training Programme for its educators from 23rd to 25th January 2026.

The sessions are a part of the school's ongoing commitment to provide holistic education and support to its teachers and students. KC Public school is the

only school in the region to have its teacher certified in the basic counselling skills.

The program aimed at strengthening student support systems and promoting emotional well-being within the school community.

The training was conducted by Salony Priya, Director, Unmeed Counselling and Consulting Services, Kolkata, a counselling psychologist with over 25 years of experience in the field of counselling.



Salony brought rich expertise and practical

insights to the sessions. Over the course of three

days, participants were trained in core counselling

concepts, effective communication techniques, active listening skills, empathy-building, and strategies to address students' emotional and behavioural concerns.

The programme emphasized hands-on learning through case studies, role plays, group discussions, and reflective exercises. Teachers were equipped with practical tools to better understand students' needs, manage classroom challenges sensitively, and create

a safe, supportive, and inclusive learning environment.

The training concluded with an interactive feedback session, where participants expressed appreciation for the engaging and insightful approach adopted by Salony Priya. KC Public School remains committed to continuous capacity-building initiatives that enhance holistic education and student well-being. "By investing in their professional development and

providing our educators with the necessary tools and resources, we are able to create a more supportive and nurturing environment for our students to thrive in", remarked Amarendra Kumar Mishra, the Principal.

KCPS remains dedicated to fostering a safe and inclusive learning environment where students feel supported, understood, and empowered to reach their full potential.