

27 NDPS cases, 41 arrests, 1.238 Kg heroin seized in Major Anti-Drug Drive: SSP Jammu

STATE TIMES NEWS

JAMMU: Senior Superintendent of Police (SSP) Jammu, Joginder Singh, on Sunday, accompanied by SP South, Dr Ajay Sharma and SDPO East, held a press conference at Police Station Bahu Fort, where he briefed the media about major successes achieved by Police Stations Bahu Fort, Bagh-e-Bahu and Channi Himmat in their sustained crackdown against narcotics trafficking, particularly in the Rajiv Nagar area, detection of theft cases, and action against SPA centres violating District Magistrate orders.



SSP Jammu Joginder Singh addressing a press conference.

Addressing the media, SSP Jammu stated that Rajiv Nagar, which had earlier gained notoriety as a hotspot of drug peddling, has now been brought under strict surveillance and effective control. Through sustained operations involving technical surveillance, strengthened source-based intelligence, and round-the-clock deployment of police personnel, Jammu Police has systematically dismantled the narcotics network operating in the area.

He informed that since 2025, a total of 27 FIRs under the NDPS Act have been registered in the area, leading to the arrest of 41 accused persons. During these operations, police recovered 1.238 kilograms of heroin and 18 kilograms of ganja. In addition to arrests, 11 illegally constructed houses linked to drug peddling activities were demolished. Further action included freezing of three bank accounts containing approximately Rs 1.8 lakh, attachment of one vehicle, and seizure of cash amounting to nearly Rs 4 lakh. Highlighting recent breakthroughs, SSP Joginder Singh stated that in FIR No. 265/25 under the NDPS Act, registered at Police Station Bahu Fort, police, while working on backward linkages, arrested Pal Singh S/o Roshan Singh R/o Narwal Bala, a habitual offender already involved in two previous NDPS cases. During the operation, 265 grams of heroin was recovered from his possession. He added that further investigation is underway to trace the entire supply chain, with special focus on dismantling the financial networks supporting drug trafficking. Similarly, on January 14, 2026, Police Station Bagh-e-Bahu arrested a drug

peddler, Arun Singh @ Kana (S/o Pal Singh), during naka checking at NHW Bravo-03. Police recovered approximately 5-6 grams of heroin along with a digital weighing machine, leading to the registration of FIR No. 02/2026 under the NDPS Act. Further investigation in the case is in progress.

The SSP also briefed the media on the successful detection of theft and burglary cases. In FIR No. 12/26 registered at Police Station Bahu Fort, a burglary complaint was lodged by Smt. Parvinder Dua R/o Vasant Vihar, Trikuta Nagar, who reported theft of household items and valuables worth approximately Rs 5.5 lakh from her locked residence during her prolonged absence. Following sustained investigation, police arrested two main accused, Rishi Kumar and Govind Mahato, along with two receiver accused, Siraf

Mustafa and Ravindra Gupta. On their disclosure, stolen property including air conditioners, refrigerator, LCD TV, tablet, bicycle, batteries, ovens, utensils and other household articles worth approximately Rs 5 lakh was successfully recovered.

In another case, FIR No. 16/26 of Police Station Bahu Fort, a complaint was lodged by Mr. Ashok Gupta R/o Trikuta Nagar regarding theft of his Mahindra TUV-300 vehicle after unknown persons broke into his shop and stole the vehicle keys. Through diligent investigation, police successfully recovered the stolen vehicle bearing registration number JK02BU-0903, while efforts are underway to trace and apprehend the accused involved. Additionally, in FIR No. 12/26 under Section 303(2) BNS, registered at Police Station Channi Himmat on 14-01-2026,

police arrested Dastgir Sayeed S/o Mohd Saleem R/o Kolkata with the help of electronic surveillance. A stolen scooter bearing registration No. JK02BR-5856, worth approximately Rs 50,000, was also recovered.

The SSP further informed that Jammu Police has intensified action against violations of District Magistrate orders, particularly relating to tenant verification, and against offences under the Immigration and Foreigners Act, 2025. SSP Joginder Singh lauded the concerted efforts of the entire South Zone police team for their sustained and result-oriented action. He specifically appreciated the role and dedication of the SHO Trikuta Nagar for effective supervision and significant contribution to these successful operations. Reiterating the commitment of Jammu Police, the SSP asserted that there will be zero tolerance towards drug trafficking, organised crime, and any violations of law. He appealed to the public to cooperate with the police by sharing information, ensuring strict tenant verification, and complying with all legal provisions to maintain peace and safety in the district.

Mahant Rohit Shastri pays courtesy call on LG

Demands implementation of 'Nandi Shala Scheme' in J&K, establishment of Nandi Shala by Shrine Board

STATE TIMES NEWS

JAMMU: Mahant Rohit Shastri, President of Shri Kailash Jyotish avim Vedic Sansthan Trust, State Awardee, and renowned astrologer, today paid a courtesy visit to the Hon'ble Lieutenant Governor of Jammu and Kashmir, Shri Manoj Sinha, at Raj Bhavan, Jammu. During the meeting, he held detailed discussions on the extremely serious and public-interest issue related to the protection, rehabilitation, and management of cattle, particularly the conservation of Nandi (bulls) in Jammu and Kashmir.

Mahant Rohit Shastri submitted a detailed written memorandum to the Hon'ble Lieutenant Governor, urging that a dedicated and effective Nandi Shala Scheme be launched in Jammu and Kashmir on the lines of the 'Nandi Shala Yojana' implemented by the Government of Madhya Pradesh and similar programs run by the Rajasthan Government.

He stated that while society serves and protects Gau Mata with devotion, there is neither a concrete government policy nor dedicated infrastructure for the protection of Nandi. As a result, bulls are forced to roam freely on roads, in markets, and rural areas, leading not only to inhumane treatment, violence, and accidents involving the



SKJVST President Mahant Rohit Shastri calling LG Sinha.

animals, but also causing serious problems for the general public, including road accidents, traffic disruptions, and loss of life and property. Mahant Rohit Shastri highlighted that the Madhya Pradesh Nandi Shala Scheme is a successful, practical, and public-welfare-oriented model. Under this scheme, high-quality indigenous bulls such as Sahiwal, Gir, and Malvi breeds are provided on subsidy to promote natural breeding, resulting in significant improvement in cattle breeds and milk productivity. Under the scheme, 75 percent of the total cost is borne by the government, while 25 percent is contributed by the beneficiary, thereby providing economic support to livestock farmers and encouraging self-reliance. He also strongly

urged that a Nandi Shala be established by a prestigious and capable religious institution such as the Shri Mata Vaishno Devi Shrine Board. This initiative would not only strengthen Sanatan traditions and religious values but would also foster a broader sense of compassion, service, and protection towards Nandi in society. Such a step could become an inspirational and nationally replicable model for Jammu and Kashmir.

In conclusion, Mahant Rohit Shastri expressed confidence that the Hon'ble Lieutenant Governor, Shri Manoj Sinha, would consider this highly significant issue related to public welfare, animal welfare, and religious values with seriousness and empathy, and would issue appropriate directions in this regard.

Mind controls the world, soul remains free: Satguru Madhu Paramhans

STATE TIMES NEWS

JAMMU: Satguru Shri Madhu Paramhans Ji Maharaj of Sahib Bangdi today delivered a profound spiritual discourse at Mishriwala, Jammu, emphasizing that the human mind dominates every aspect of worldly life, while the soul remains pure and independent. Addressing a large gathering of devotees, Satguru Ji said that the entire world is dancing to the tunes of the mind, and yet no one truly understands its nature. He explained that whatever expands a person perceives in the world is essentially a creation of the mind, and every action taken by an individual originates from mental resolution. "People often say, 'It is my wish,' but in reality, you have no wishes. You are the soul. All wishes belong to the mind," he remarked. Satguru Ji further observed that emotions such as lust, anger,



and attachment are products of the mind and not attributes of the soul. Describing the mind as both the ruler and the subject, he said that the entire world is devoted to the mind and remains trapped in its waves, which people mistakenly identify as their own. Elaborating on sensory perception, he explained that different organs experience different sensations - the skin feels heat and cold, the nose perceives fragrance, the ears receive sound, and the eyes see forms. In the same way, only consciousness can experience the mind, and this awareness is achieved

through meditation. He described meditation as the true nature of the soul, but added that the mind constantly distracts a person from this state.

To illustrate his point, Satguru Ji narrated an anecdote of a drunkard who believed the earth was spinning and was waiting for his house to pass by. He said that while this appeared true to the drunkard, it was mere illusion to others. Similarly, the world, intoxicated by the mind, remains unable to recognize the ultimate truth.

Concluding his discourse, Satguru Ji compared worldly life to a dream experienced during sleep. He stated that no matter how intelligent a person may be, the world appears real only because of the mind's deception, while in reality it is transient and illusory, and the soul alone represents the eternal truth.

Quiz Competition organised under aegis of Pariksha Pe Charcha 2026 at KV, CUJ



CUJ faculty alongwith students posing for a photograph.

STATE TIMES NEWS

JAMMU: Kendriya Vidyalaya, Central University of Jammu organised a vibrant and intellectually stimulating Quiz Competition at the Brigadier Rajinder Singh Auditorium, Central University of Jammu, under the flagship national initiative Pariksha Pe Charcha 2026, aimed at promoting a stress-free, joyful, and holistic learning environment among students.

The programme was graced by the august pres-

ence of the Vice Chancellor, Central University of Jammu and Chairman, Kendriya Vidyalaya, Prof. Sanjeev Jain, who attended the event as the Chief Guest. The occasion was further dignified by the presence of esteemed Vidyalaya Management Committee (VMC) members, whose encouragement and guidance added great value to the programme.

The quiz competition, based on the theme "Operation Sindoor," witnessed enthusiastic participation from students, who

displayed remarkable knowledge, analytical ability, and team spirit.

The event featured a video presentation on Operation Sindoor, followed by a Multiple Choice Question (MCQ) test, organised under the combined observance of Parakram Diwas and the 9th edition of Pariksha Pe Charcha 2026. The competition successfully fostered patriotism, national awareness, and a spirit of courage among students, reinforcing values such as resilience, leadership, and

informed citizenship while aligning academic learning with national ethos.

The programme was conducted in an atmosphere of curiosity, healthy competition, and positive engagement. It not only enhanced the cognitive skills of students but also nurtured confidence, presence of mind, and collaborative learning.

Teachers played an active role in guiding and motivating the participants, ensuring a constructive and encouraging environment throughout the event.

Addressing the gathering, Prof. Sanjeev Jain lauded the commendable efforts of the organising team and emphasised the importance of adopting a balanced approach towards examinations.

He reiterated that academic success must go hand in hand with emotional well-being, resilience, and holistic development of students.

The programme concluded with the declaration of results followed by a formal vote of thanks proposed by the Principal, Kendriya Vidyalaya, Central University of Jammu.

The event left a lasting impression on the participants, inspiring them to pursue their academic goals with confidence, optimism, and a positive mindset. Such initiatives reaffirm the institution's unwavering commitment to nurturing well-rounded individuals in alignment with the objectives of Pariksha Pe Charcha 2026.

Police, VDGs intensify Patrolling along IB & LoC



STATE TIMES NEWS

JAMMU: In pursuance of the directions issued by SP Rural Jammu, Shri Brijesh Sharma, JKPS, during recent border security review meetings with Village Defence Guards (VDGs), and in view of the forthcoming Republic Day celebrations, Jammu (Rural) Police has further intensified security measures in the border belt.

Accordingly, joint patrolling along with VDG members of PP Pargwal was conducted near the International Border (IB) at

Malabela to enhance vigilance and prevent any untoward incident. Similarly, under the supervision of the IC BPP Malla Bharore, joint patrolling along with VDG members was carried out in the Malla Bharore area to strengthen security arrangements.

These proactive measures aim to reinforce border security, enhance coordination with VDGs, and ensure maximum alertness ahead of Republic Day. The overall security situation in the area remains peaceful and under control.

Poonch Police organises Tiranga bike rally to promote patriotism, national unity

STATE TIMES NEWS

POONCH: District Police Poonch today organised a Tiranga Bike Rally under the supervision of SSP Poonch Shri Shafket Hussain, JKPS, with the aim of promoting patriotism, national unity, and respect for the Tricolour among the general public.

The rally witnessed enthusiastic participation from officers and officials of District Police Poonch, who rode through prominent areas of the town holding the National Flag and raising slogans of unity and brotherhood. The event generated a strong sense of national pride and conveyed a message of peace, harmony, and collective responsibility towards the nation.

Speaking on the occasion, SSP Poonch Shri Shafket Hussain, JKPS, emphasized the importance of such initiatives in strengthening the bond between the police and the public, especially among the youth. He highlighted that the Tiranga symbolizes the sacrifices made by countless martyrs and serves as a reminder of our duty to uphold the values of unity, integrity, and sovereignty of the country.

The rally was warmly received by citizens, who appreciated the efforts of Poonch Police in organizing a meaningful and inspiring event. Adequate security and traffic arrangements were put in place to ensure the smooth and peaceful conduct of the rally.

Second Day of 26th Neurotherapist Annual Convention witnesses insightful scientific sessions



STATE TIMES NEWS

HARIDWAR: The second day of the 26th Neurotherapist Annual Convention 2026, jointly organized by Lajpat Rai Mehra Neurotherapy Research Training Institute (LMNTRTI) and AINA, commenced at Jammu Yatri Bhavan, Bhupatwala, Haridwar, with the ceremonial lighting of the lamp before Guru Ji's photograph.

The day featured multiple scientific sessions addressed by eminent speakers from across the country, focusing on various dimensions of Neurotherapy.

Prashant elaborated on the fundamental principles of Neurotherapy, its diagnostic approach, and practical treatment points, providing valuable clinical insights to the participants.

Ramgopal Parihar, President of LMNTRTI,

highlighted the benefits of introducing Neurotherapy as an academic course in universities.

He also shared his experience of presenting Neurotherapy at international universities across nearly 30 countries, emphasizing its growing global acceptance.

Dr. Sameer Singh, Assistant Professor (Physiotherapy), OSGU, Hisar, explained that integrating selected physiotherapy techniques with Neurotherapy can lead to faster and more effective patient outcomes.

He particularly emphasized the excellent results of Neurotherapy in the treatment of special children and how combined approaches can further enhance outcomes.

Dr. Roshan Lal, Vice Chairman, Haryana Yoga Aayog, announced that an MoU will be signed with LMNTRTI to further pro-

mote and strengthen Neurotherapy at a wider level.

The Chief Guest of the session was Jaidev, Akhil Bharatiya Chhatravas Pramukh, Seva Bharati. On this occasion, individuals who have been serving the field of Neurotherapy for over 25 years were felicitated for their dedicated contributions.

The session was also graced by Guest of Honour Dr. Roshan Lal, along with the presence of Ramgopal Parihar, Shrivastav, Virendra Prasad Chaurasiya, Ramesh Sharma, Ajay Kumar Kushwah, and several office bearers and members of LMNTRTI and AINA.

The second day concluded on a highly informative and inspiring note, reinforcing Neurotherapy's role as a promising and evolving healthcare discipline.

National Milk Recording Programme held

STATE TIMES NEWS

JAMMU: Under the guidance of Director Animal Husbandry Jammu, Dr Sanjay Gupta, Chief Animal Husbandry Jammu, Dr Zahid Saleem, the ongoing National Milk Recording Program under Rashtriya Gokul Mission, Government of India was implemented in Allora village of Mandal Block Jammu. Livestock Development officer



Jammu Dr Zaffar Iqbal briefed about National Milk Recording Program (NMRP)

which is aimed at identifying elite dairy animals and locating superior germplasm. Dr Zaffar Iqbal, in his address along with Veterinary Assistant Surgeon Nanak Nagar, Dr Anjan Kour and Veterinary Assistant Surgeon, Praladhpur, Dr Sunandep Kour, briefed about various ongoing departmental Schemes, Holistic Agriculture Development

Schemes (HADP), Integrated dairy development Scheme and motivated the unemployed youth who shall be engaged as milk recorders and incentivised for the milk recording programme performed on animals. During the launch, milk recording was taken on eligible animal and uploaded on Bharat Pashudhan portal using GPS enabled Smart weighing machines.