

# GCW G'Nagar lifts inter-collegiate TT women trophy

## ■ STATE TIMES NEWS

JAMMU: Government College for Women (GCW) Gandhi Nagar lifted women trophy of the Inter-Collegiate Table-Tennis (Men & Women) Tournament being organised by Cluster University of Jammu at Government MAM College, here on Thursday.

In women's section, final match was played between GCW Gandhi Nagar and Govt. MAM College in which GCW Gandhi Nagar beat Govt. MAM College by 3-0 and lift the title.

Prof. G.S. Rakwal, Principal Govt. MAM College was the Chief Guest



Table Tennis players posing for a photograph with dignitaries.

on the occasion.

In men's section GGM Science College got walkover against Govt. College of Education and in second match SPMR College of

Commerce beat Govt. MAM College by 3-0.

Like this, GGM Science College and SPMR College of Commerce enters in final to be played tomorrow.

The tournament was played under the supervision of Neenu Sawhney, Physical Director Govt. MAM College and under the overall supervision of Dr. Vinod Bakshi,

Physical Director GGM Science College Jammu and Sports Coordinator Cluster University of Jammu.

Dr. Seema Jamwal (Convenor, Sports Committee MAM College), Dr. Ranjot Singh, Prof. Anupama Kumari, Prof. Kawaljeet Kour, Prof. Vimal, Dr. Roopal Slatia Physical Director GCW Gandhi Nagar College, Ramandeep Kralia, Physical Director GDC Ramaban, media persons and participants of the Sports events were present on the occasion.

The matches were officiated by Rekha Ratra, Vikram Dogra and Anil Dogra.

## Cooch Behar Trophy

### Shivansh, Moomin shine in drawn match

## ■ STATE TIMES NEWS

JAMMU: Moomin Muzaffar slammed a magnificent century, while Shivansh Sharma scored a big fifty after slamming a cracking ton in the first innings in a drawn Cooch Behar Trophy match against Pondicherry at Kandukuri Cricket Academy ground Vizag, on Thursday.

As per report reaching here, earlier, rain played spoilsport and the match could only begin after lunch on day-4 today.

Resuming from an overnight score of 208/4, J&K batsmen showed application and promise to end the day at 346/8, with Moomin scoring 112 off 278 balls and Shivansh contributing 77 off 174 deliveries. Both the batsmen showed patience and composure, thus the match was drawn. However, Pondicherry earned 3 points by virtue of first innings lead, while J&K earned 1 point.

### Tennis Ball Cricket trials on Dec 12, 13

## ■ STATE TIMES NEWS

JAMMU: The J&K Tennis Ball Cricket Association is conducting two days Selection trials at Greenfield Gandhi Nagar, Jammu on December 12 and 13, 2021 in Sub-Junior Category for selecting the J&K UT (U/17 boys & girls) teams for onward participation in the 26th Sub-Junior National Tennis Ball Cricket Championship scheduled to be held at Barabanki (UP) from December 16 to 19, 2021.

Players who are desirous to participate in the selection trials are asked to report Greenfield Gandhi Nagar, Jammu on December 12, 2021 at 11:00 AM in proper sporting kit with their own Tennis Cricket Bat.

"The participants shall carry 4 passport size photographs along with Aadhaar card and physical fitness certificate from a Physician," organizer said in a handout issued on Thursday.

The participants can contact Gulshan Rattan Incharge selection trials on mobile No. 7006963458. Players born after December 15, 2004 only are eligible for Sub Junior National.

## Vijay Hazare Trophy

### Clinical HP thrashes J&K by 63 runs

## ■ STATE TIMES NEWS

JAMMU: Clinical Himachal Pradesh thrashed unpredictable Jammu and Kashmir by a big margin of 63 runs in the ongoing Vijay Hazare One Day Trophy at Dadaji Konddev Stadium, Thane on Thursday.

As per report reaching here, put into bat, Himachal Pradesh after a slow start managed to post a good total of 250 runs on the board. AP Washisht (51), AR Kumar (49) and skipper Rishi Dhawan (44) were the main contributors. NR Gangta (26) and PS Chopra (24) were also involved in valuable contributions. For J&K, Parvez Rasool and Ramdayal took 3 wickets each by conceding 37 and 39 runs to the total respectively.

In reply, J&K was bundled out for 187 runs in 42.1 overs to lose the match by 63 runs. Ian Chauhan, Shubham Singh Pundir and Henan Nazir contributed 36, 30 and 26 runs respectively. Abid Mushtaq and Ramdayal also chipped in with 23 and 21 runs respectively. Rishi Dhawan took 3 wickets for Himachal Pradesh, while Arpit N Guleria and GK Singh bagged 2 wickets each.

With this win Himachal Pradesh earned 4 vital points, while J&K has yet to open their account in this tournament.

### Acting workshop 'Understanding the 'Self' inaugurated at Natrang



Natrang Director, Balwant Thakur lighting ceremonial lamp.

## ■ STATE TIMES NEWS

JAMMU: Understanding the 'Self', an extensive theatre workshop which focuses on psycho-physical acting inaugurated today at Natrang Studio Theatre, here. Senior functionaries of Natrang, Padmashri Balwant Thakur, Suresh Kumar, Dr. Karan Rana and Aarushi Thakur Rana were present at the occasion. Being organized by Natrang for the benefit of theatre enthusiasts of Jammu, the workshop is being conducted by Baljeet Singh, an alumni of National School of Drama, New Delhi. Speaking at the occasion, Director Natrang, Balwant Thakur informed that Natrang has chalked-out a series of training/orientation programmes for the youth and children to provide them a platform to explore and express their creativity. This endeavour of Natrang also aims at filling the gap of the hindered training and practice opportunities because of corona crisis, he said. He complemented the expert directors/trainers who have come forward to enlighten the theatre aspirants with their vast experience. The workshop director Baljeet Singh is an actor, director and acting trainer from Sirsa-Bhaga, Reasi, Jammu and Kashmir. He had a deep interest in artistic activities like singing, performing, and painting from childhood.

But the decision to make a career in theatre was taken later in his life, after completing his graduation from Maulana Azad Memorial College, Jammu University and earning a Master's Degree from the Centre for Political Studies Jawaharlal Nehru University (2010-12), New Delhi.

Meanwhile, he participated in theatre activities and worked with several Delhi & Jammu based theatre groups.

After that, he joined the National School of Drama and completed his three-year Diploma in Dramatic Arts with Acting Specialisation in 2017.

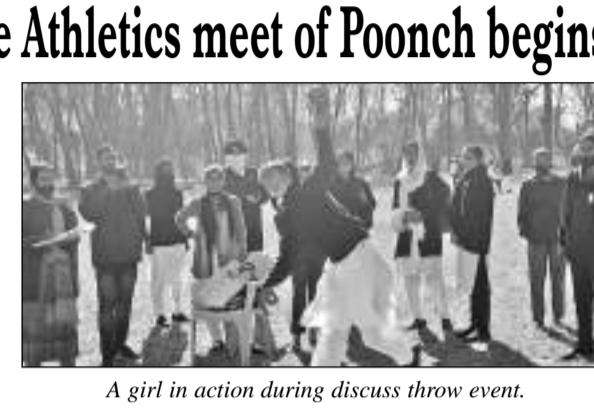
Those who are attending the workshop include Brijesh Avtar Sharma, Meenakshi Bhagat, Palshin Dutta, Diksha Pandita, Sushant Singh Charak, Kushal Bhat, Gautam Sharma, Prohitdeep Singh and Bhawani Singh Bali. The workshop is being coordinated by Neeraj Kant and Mohd. Yaseen.

## ■ STATE TIMES NEWS

POONCH: Organised by the Department of Youth Services and Sports (DYSS), annual inter-zone athletics meet of district Poonch in under-17 age group got underway, here on Thursday. The event turned out to be a major attraction for young female athletes, who showed great enthusiasm and took part in different field and track events. Earlier, during the day, Asma Bi of zone Poonch emerged fastest runner while Nahida Kouser of the same zone remained second. Third place went to Sobia Kouser of zone Kanuyian.

The Detailed Results:

Shot Put: Tamana Sarfaraz, Harni, 1st; Asia Kouser, Kanuyian, 3rd. Javelin Throw: Shaheen, Nangali, 1st; Atika Kouser, Harni, 2nd and Rozia Kouser, Kanuyian, 3rd. Long Jump: Sobia Kouser, Kanuyian, 1st; Tahira Parveen, Poonch, 2nd and Safeena Kouser, Surankote, 3rd. 100 mts: Asma Bi, Poonch, 1st; Nahida Koser, Poonch, 2nd and Sobia Kouser, Kanuyian, 3rd. 200 mts: Saifra Koser, Surankote, 1st; Asia Jhangir, Nanagali, 2nd and Rozia Koser, Kanuyian, 3rd. 1500 mts: Asma Bi, Poonch, 1st; Heena Kouser, Surankote, 2nd and Shaheen Akhter, Mendhar, 3rd.



A girl in action during discuss throw event.

Poonch, 2nd and Asia Kouser, Kanuyian, 3rd. Javelin Throw: Shaheen, Nangali, 1st; Atika Kouser, Harni, 2nd and Rozia Kouser, Kanuyian, 3rd. Long Jump: Sobia Kouser, Kanuyian, 1st; Tahira Parveen, Poonch, 2nd and Safeena Kouser, Surankote, 3rd. 100 mts: Asma Bi, Poonch, 1st; Nahida Koser, Poonch, 2nd and Sobia Kouser, Kanuyian, 3rd. 200 mts: Saifra Koser, Surankote, 1st; Asia Jhangir, Nanagali, 2nd and Rozia Koser, Kanuyian, 3rd. 1500 mts: Asma Bi, Poonch, 1st; Heena Kouser, Surankote, 2nd and Shaheen Akhter, Mendhar, 3rd.

## Baseball team named for MLB Cup



Baseball team posing with officials.

## JKAAA constitutes various committees

### ■ STATE TIMES NEWS

JAMMU: President and General Secretary J&K Amateur Athletics Association (JKAAA) in consultation with the Senior members of the Association on Thursday constituted various committees for the smooth functioning of the Association.

The Chairman of the Committees have been authorized to nominate members of their respective committees.

Ramesh Sharma (Retd) SAI Coach has been nominated as Chairman and Sanjeev Singh as Convener of Selection Committee; Nirmal Singh.

Nirmal Singh has been nominated as Chairman and Bushan Singh as Convener of Technical Committee; Dr. Retaish Kumar has been nominated as Chairman and Rakesh Singh as Convener of Medical/Age Verification Committee; Manu partap Singh Wazir has been nominated as Chairman and Ravinder Singh as Convener of Disciplinary Committee; Sunita has been nominated as Chairman and Mandeep Kour as Convener of Women Committee; Vinod K. Bhatia has been nominated as Chairman and Sahil Raina as Convener of Complaint Redressal Committee; Ramesh Sharma (Retd) SAI Coach has been nominated as Chairman and Nirmal Singh as Convener of Planning And Coaching Committee; and Ramesh Sharma Retd (SAI) Coach has been nominated as Chairman and Sunil Sharma as Convener of Examination Committee.

## 15th Christmas Gold Cup Football Tournament

### Param FC, Young Hero's beat rivals

### ■ STATE TIMES NEWS

JAMMU: Param Football Club (FC) and Young Hero's registered victories in the in the ongoing 15th Christmas Gold Cup Football Tournament being organised by All J&K Christian Welfare Association at GGM Science College Football Ground, here on Thursday.

In the first match, Param FC defeated SFA by two goals to nil. For Param FC, Ashwani Jasrotia score first goal at 35th minute followed by Jatinder, who scored another goal at 55th minute of the game. For foul play, yellow cards were shown be referee to Jatinder of Param FC in 60th minute and Abid of SFA in 23rd minute.

In another match, Young Hero's defeated Kathua United by 4-3 via tie breaker.

G.D. Malhotra, former

Physiotherapist, Dheeraj Meenia, Abhishek, Aman Sudan, Romesh Sethi, Dil Bahadur, Aman Banathia and Madhav were the referees of the match while Mohinder Kalsi acted as Physio.

Rahul Sharma, Dheeraj Meenia, Abhishek, Aman Sudan, Romesh Sethi, Dil Bahadur, Aman Banathia, Madhav, Dil Bahadur and Aman were the referees of the match while Mohinder Kalsi acted as Physio.

In another match, Young Hero's defeated Kathua United by 4-3 via tie breaker.

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Physiotherapist, Dheeraj Meenia, Romesh Sethi, Abhishek Chandan, Satnam Singh, Aman Banathia, Madhav, Dil Bahadur and Aman were the referees of the match while Mohinder Kalsi acted as Physio.

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