

Benia Min of JKP bags gold in Traditional Wrestling

STATE TIMES NEWS

JAMMU: Top J&K Police wrestler, Benia Min bagged gold in 97 kg weight category in the two-day Traditional Senior (men and women) J&K Free Style Wrestling Championship which was organised by the Wrestling Association of J&K at Bajrangi Akhara, here on Wednesday.

In the final bout, Benia defeated Nisar Ahmed of JKP. Third place in this weight category went to Sanjay Kumar and Nasir Ahmed of Budgam.

In the finals and closing function of the championship, general secretary of BJP leader, Ashok Koul was Chief Guest, who along with former MLC, Ashok Khajuria presented medals and certificates.

GHS Kalai hosts Volleyball match



DDC Member, Lassana Rukhsana Kohli presenting prize to winner team.

STATE TIMES NEWS

POONCH: Government High School Kalai, near here hosted a volleyball match which turned out to be an interesting contest between Shaheed (DySP) Manjit Singh Memorial Club and Kalai Volleyball Club.

The match was organised in memory of former Headmaster of the School, Javed Iqbal. Shaheed Manjit Club won the game 2-1 (25-18, 22-25, 15-09). The organisers invited international volleyball player from J&K, Saqlain Tariq as Special Guest, who interacted with the teams and other distin-



Winners posing for a photograph with officials.

Speaking on the occasion, Chief Guest, Ashok Koul lauded the efforts of the organizers.

Earlier, Dushyant Sharma, former International Wrestler and a trainee of Bajrangi Akhara, briefed the visiting guests about the history and achievements of

wrestlers of city's oldest wrestling training facility.

President of Bajrangi Akhara, Pardeep Sharma; Sunil Sharma, Vijay Pahalwan, Om Parkash, Swaran Lal, Raj Kumar, Ravinder Kumar, Krishan Singh, Diler Khan, Anil Kumar, Ajay Bharti and

Shafat Ahmed were among those prominent present.

Now, the selected wrestlers out of this championship shall represent J&K in the forthcoming two-day Traditional Senior (Men and Women) Free Style National Wrestling Championship, scheduled to be held at Nandi Nagar Gonda in Uttar Pradesh from December 26.

The Results:

WOMEN: 53 kg: Samriti, Gold; Nitika Sharma, Silver and Radha, Bronze. 62 kg: Gulshan Bibi, Gold; Ruhni Rajput, Silver and Priti Dogra, Bronze. 68 kg: Sonia Sharma, Gold; Kusum Rani, Silver and Monika Sharma, Bronze. 76 kg: Suniti, Gold; Sunakshi, Silver and Mansi Dogra, Bronze.

MEN: Free Style: 57 kg:

Keshav Singh, Gold; Bag Hussain, Silver; Chander Dev and Mohd. Latif, joint Bronze. 65 kg: Arif Khan (JKP), Gold; Rohit Singh, Silver; Saleem and Zubair Ahmed, joint Bronze. 74 kg: Ashiq Hussain, Gold; Yuvraj, Silver; Zubair Ramzan (Budgam) and Sahil Dagar, joint Bronze. 86 kg: Munir Ahmed, Gold; Bahadur Khan (JKP), Silver; Rajesh Kumar and Shabir Ahmed (Budgam), joint Bronze. 97 kg: Benia Min (JKP), Gold; Nisar Ahmed (JKP), Silver; Sanjay Kumar and Nasir Ahmed (Budgam), joint Bronze. 125 kg: Isaaq Ahmed (JKP), Gold; Javid Khan, Silver; Shalinder Singh and Diler Khan, joint Bronze.

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MEN: Free Style: 57 kg:

Para-Athlete Chandeepl inspiration & role model for all: Bhalla

STATE TIMES NEWS

JAMMU: Being physically challenged can be hurdle for many, but for Chandeepl Singh, an International Para Athlete, it is just a part of life which amplified his resolve to represent India at international sports events.

Chandeepl recently came to limelight after he made the whole country and particularly J&K proud by winning the silver medal in Men's plus 80 kg event at the recently concluded 9th Para World Taekwondo Championships held at Istanbul, Turkey from December 9 to 12, 2021.

Hailing from district Jammu of Jammu and Kashmir, Chandeepl became the first Para Athlete from J&K to achieve such a feat at the World level and this also is India's first-ever medal in the history of the Para World Taekwondo Championships.

JKPCC Working President Raman Bhalla visited residence of Chandeepl Singh to congratulate him for bringing laurels to J&K UT with his strong determination and dedication.

Bhalla appreciating the



JKPCC Working President Raman Bhalla honouring Chandeepl Singh, International Para Athlete.

achievements of Chandeepl said that despite receiving a life-threatening electric shock of 11,000 volt High Tension line, in 2011, he started to fight back and started doing skating as he was interested in sports from beginning.

Before this incident, Chandeepl excelled in football, athletics and skating at school, zonal and national levels.

But losing his arms didn't break spirit of this brave heart and days after he was discharged from hospital, Chandeepl was back in the sports arena. Such a gesture is rarest of rare and deserves all

appreciation, added Bhalla.

Speaking on the occasion, Bhalla demanded J&K Government for upgrading the sports infrastructure here and that the sportspersons should be given scholarships on timely basis and good stipend should also be paid to athletes so that they can continue studies also.

He urged Lt Governor Manoj Sinha to come to the rescue such a great talent to help them financially and morally so that they can do much better and become role model for all those who look forward sports as their careers.

J&K UT Volleyball teams leave for Jr Nationals



Volleyball teams posing for a photograph with officials before leaving for nationals.

STATE TIMES NEWS

JAMMU: The Jammu and Kashmir Union Territory boys and girls volleyball teams left for participation in the 47th Junior National Volleyball Championship to be held at Burdwan, West Bengal from December 25 to 30, 2021.

Earlier, the team underwent a nine-day coaching camp conducted by the Volleyball Association of Jammu and Kashmir (VAJK) through Naresh Kumar and Anil Kumar at MA Stadium Jammu under the supervision of Ashok Singh Mudassir Ahmed, Javid Budoo and Mulk Raj will accompany the boys team as Manager, Chief Coach

and National Referee respectively.

GIRLS: Sumega Bagal (Caption), Shazia Qureshi, Muskan Choudhary, Nazish Akhtar, Khushi Sharma, Simran Kumari, Rushali Rajput, Akanksha Sharma, Anju Dayal, Nisha Devi, Suman Kumari and Sohani Sargota. Neha and Anil Kumar will accompany the girls team as Manager and Chief Coach respectively.

Earlier, the teams were screened by Ashok Singh, Divisional Sports Officer (J), J&K Sports Council and Satish Gupta, Manager MA Stadium Sports Complex Jammu on December 21, 2021.

Shandilya wrecks havoc, J&K at verge of innings defeat

Shivansh's sublime form fails to stop Haryana

STATE TIMES NEWS

JAMMU: Haryana skipper Mayank Shandilya wreaked havoc as after a 7-wicket haul in the first innings, he again captured 6 important wickets to take his side closer to an innings victory over J&K in the ongoing Cooch Behar Trophy at Dr Rajasekhar Reddy ACA VIDCA Cricket Stadium, Vizag on Wednesday.

As per report reaching here, earlier, resuming from an overnight score of 111/3, Jammu and Kashmir managed to score 238 runs in their first innings, thus conceding a lead of 199 runs.

Shivansh Sharma, who is in sublime form scored magnificent 85 runs off 171 balls, while debutant Jugraj Singh played a valuable innings of 49 runs off 91 balls.

Jasbir Singh (19) and Dhruv Singh Parmar (18) were the other contributors. For Haryana, skipper Mayank Shandilya was the wrecker-in-chief, who took 7 wickets by giving away 92 runs in his 29.1 overs, while Parth Vats bagged 2 wickets and Akhil Ahlawat claimed one.

Following-on, J&K were struggling at 193/8 at

stumps on day-3, needing 6 more runs to avoid the innings defeat, having 2 wickets in hand.

Arya Thakur top scored with explosive 65 runs off 44 balls, while another opening batsman Abid Hussain and dependable Shivansh Sharma contributed 47 and 40 runs to the total respectively.

Mayank Shandilya took 6 important wickets by conceding 69 runs in his 23 overs, while Parth Vats bagged 2 wickets and Akhil Ahlawat claimed one.

Following-on, J&K were in hand to avoid innings defeat.

10th Police Martyr's Memorial T-20

Kathua Knight Riders, KDCA win ties

STATE TIMES NEWS

KATHUA: Kathua Knight Riders and Kathua District Cricket Association registered win of the fourth day of 10th Police Martyr's Memorial T-20 Cricket Tournament being organized by Kathua Police at Sports Stadium Kathua, here on Wednesday.

In the first match, Kathua Knight Riders defeated Sabhi Cricket Club Hoshiarpur by 15 runs.

Sabhi Cricket Club Hoshiarpur won the toss and decided to field first. Batting first, Kathua Knight Riders score 121 runs for the loss of eight wickets in 20 overs.

Sabhi Cricket Club Hoshiarpur was bunted

out at 106 runs in 19 overs. Kashish was the main scorer with 37 runs off 32 deliveries. Suresh Kumar, who scored 34 runs and took four wickets, was declared as Man of the Match.

In another match, Kathua

District Cricket Association outplayed JKP XI Kathua by six wickets.

battling first after winning the toss, JKP XI Kathua scored 90 runs for the loss of ten wickets in 19.3 overs. Khalid was the top scorer with 23 runs off 25 deliveries with one boundary while Gourab was remained not out at 22 runs off 28 deliveries.

Kathua District Cricket Association comfortably chased the target making 91 runs in 13.3 overs for the loss of four wickets. Aditya scored 24 runs while Sanam made 21 runs. Rompy was declared as Man of the Match for taking four wickets.

Abhishek was the top scorer with 35 runs off 22 balls studded with three boundaries and a six. Suresh Kumar scored 34 runs off 38 balls with the help of four boundaries. While chasing, Sabhi Cricket Club Hoshiarpur was bunted

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