

# PG Deptt JU, GDC RS Pura claim Inter-Collegiate Kho-Kho Women & Men titles



Chief Guest, President JKKA, Manmeet Singh and other dignitaries presenting trophies to winner women and men teams.

## ■ STATE TIMES NEWS

JAMMU: The PG Department Jammu University and the Government Degree College (GDC) R S Pura claimed Kho-Kho women and men titles respectively and lifted the winning trophies in the Inter Collegiate Kho-Kho (M&W) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Stadium. In men section final match, GDC RS Pura out-

played GDC Udhampur by two points. Manpreet Singh, Neeraj Kumar of GDC RS Pura showed outstanding performance and lead the team towards victory whereas Mohd Farhan and Ankush Sharma also played well from GDC Udhampur.

The final match in women section was played between PG Department and GDC Kathua in which PG Department beat GDC Kathua by eight points. Sapna Devi and Toshi Devi of PG Department showed

outstanding performance whereas Jimmo Devi and Pallvi Thakur also played well from GDC Kathua.

Manmeet Singh, President Jammu and Kashmir Kho Kho Association (JKKA) was the Chief Guest during women's final match whereas Bhupinder Singh Tirthi, Treasurer Jammu and Kashmir Olympic Association (JKOA) was the Chief Guest in men's final match along with Dr. Daud Iqbal Baba, Director, Directorate of Sports &

Physical Education, University of Jammu, who awarded the trophies and medals to the winner and runner up teams in the presence of Shashi Sharma, Jogginder Singh, Kajal Premi, Dr. Kamal Preet Singh, Tanvir, Dr. Dinesh Sharma, Arjun Singh, Ravish Vaid, Raj Kumar Bakshi, Harinderpal Singh, Gagan Kumar, Sanjeev Sharma, Tarvinderpal Singh and Bhavana Sharma.

Earlier in semi-final matches, GDC Kathua beat GDC Doda by one point and PG Department defeated GCW Udhampur by one point women section while in men section semi-final matches, GDC Udhampur beat GDC Rajouri by seven points and GDC R S Pura defeated GDC Kathua by four points.

The matches were officiated by the technical panel of experts including Ajay Gupta, Anil Sharma, Dheeraj Sharma, Gagan Kumar, Amrinderpal Singh, Palbinder Singh, Pooja Sharma, Surbhi Anthal and Sahil Dev Singh.

## SMVDU organises 'Fit India Freedom Run'

## ■ STATE TIMES NEWS

KATRA: NSS Shri Mata Vaishno Devi University (SMVDU) in collaboration with BSA organized "Fit India Freedom Run" under the aegis of 'Azadi Ka Amrit Mohotsav' in which around 250 students and staff members participated in the event.

The run was flagged off by Dr. Balbir Singh, Associate Professor, School of Mechanical Engineering, SMVDU.

Dr. Singh also briefed the gathering about the significance of such runs.

The run was conducted encompassing the university campus in the morning hours.

Two singing performances were also performed after the run including singing of "Vandematram" by Sharmam and group. Dr. Parvez Slatia, President BSA, Dr. Rajiv Kumar, Program Coordinator, NSS, Sports Coach, Balbir Singh were also present during the event.

The entire event was successfully coordinated by the NSS volunteers and sports staff.

## Two Days Karate Championship-cum-training programme concludes

## ■ STATE TIMES NEWS

JAMMU: Association of Karate of Jammu and Kashmir UT organised two-day training camp. Simultaneously second UT Karate Championship-cum-selection trials for nationals were conducted on December 1 and 2, 2021 at Bhagwati Nagar Indoor Stadium.

Training camp and championship were conducted by Sensei Ashok Darda (black belt 5th DAN WKF and 6th DAN Japan Karate do

Federation). He is qualified Asian judge and Treasurer NKF.

Around 100 students participated in the camp and championship in which various students won medals in different weight categories and made their coaches and parents proud.

Association of Karate Jammu and Kashmir Chief Patron, K.K. Gupta, President Kuljeet Singh Jamwal, Rajeev Khajuria, Jammu District Senior Vice President Vijay Anand,

General Secretary Sensei Amit Singh and Treasurer Sensei Vikas Dhar among other UT association members were also present in the tournament.

All the members boosted the moral of participants and wished them good luck for upcoming events, tournaments and national championship.

The championship was hailed as very successful where the best talent was promoted and will represent the UT on national Platform.

## JK Public School Panjtirthi virtually observes World AIDS Day



Tiny tots of JK Public School Panjtirthi expressing their views on World AIDS Day.

## ■ STATE TIMES NEWS

JAMMU: World AIDS Day, observed on 1 December every year since 1988, is an international day dedicated to raise awareness about the AIDS pandemic caused by

the spread of HIV infection. JK Public School Panjtirthi virtually observed World AIDS Day.

Jakians enacted a skit to explain that how HIV spreads. They also displayed

different banners to highlight the causes and symptoms of AIDS along with the preventive measures.

The students emphasised how the killer virus plays havoc with the immune sys-

tem and takes the patients to the threshold of death.

Jakians recited beautiful poems and urged the viewers that patients suffering from the disease must not be victimised and discriminated in

the society. The red ribbon, which is a symbol of solidarity and commitment to the fight against HIV, was also worn by students.

The Principal of JKPS Panjtirthi Suman Banbh

advised the students to follow a healthy way of life by preventing themselves from such dreadful diseases. She said the AIDS day - theme of the year 2021 --End Inequalities, End AIDS, End Pandemics."

## Wushu team leaves for Nationals



Wushu team posing for a photograph with officials before leaving for Nationals.

## ■ STATE TIMES NEWS

JAMMU: The Wushu team of J&K on Thursday left for participation in the 30th Senior National Wushu Championship to be held at Bhopal from December four to December 10.

Before team's departure, the selected players underwent screening conducted by the team of J&K Sports Council

(JKSC) officials. Meanwhile, Wushu

Association of J&K president, Vijay Saraf wished

the team success in the upcoming event.

## Riti Gupta qualifies M.Phil

## ■ STATE TIMES NEWS

JAMMU: Riti Gupta, daughter of Kewal Krishan Gupta and Khyma Gupta, resident of Residency Road District Jammu has been declared qualified for the award of Degree of Master of Philosophy (M.Phil) in Education by the University

of Jammu.

She worked on the topic 'Effect of ICT use on emotional, cultural and intellectual aspects of learners at University level' under the supervision of Prof. Dr. Mubarak Singh. She also qualified the JKSET, NET-JRF in Education.



## Govt MAM College lifts inter-collegiate Football (men) trophy

### ■ STATE TIMES NEWS

JAMMU: MAM College beat SPMR College of Commerce by 3-0 in the final match and won the trophy of the Inter-Collegiate Football (Men) Tournament of Cluster University of Jammu played at GGM Science College football ground, here on Thursday.

The tournament was played under the overall supervision of Dr. Vinod Bakshi, Sports Coordinator CLUJ and Physical Director GGM Science College Jammu.

Dr. Ravender Tickoo, Principal GGM Science College, who is also Nodal Principal, was the Chief Guest on the occasion.

Prof. Anil Verma, Prof. Jagjeet Singh, Prof. Kumar



Principal GGM Science College, Dr. Ravender Tickoo being introduced with players.

Sourabh, Dr. Seema Jamwal, Dr. Ranjith Jamwal, Dr. Rakesh Jasrotia, Ajaz Malik, Physical Director SPMR College of Commerce, Neenu Sawhney, Physical Director MAM College Jammu, media persons and participants of the sports events were present on the occasion.

The match was officiated by Aman Banathia, Aman Sudan, Dil Bahadur and Dheeraj.

## Achievers alumnus Gurkeerat selected in Rashtriya Indian Military College

### ■ STATE TIMES NEWS

JAMMU: Jammuites are doing great in every National Level Competitive Exam be it's Union Public Service Commission, National Defence Academy, NEET or AFCAT.

Continuing on the same note another boy Gurkeerat Singh, son of Inder Paul Singh from Ekti Vihar, Kunjwani Jammu has made into prestigious Rashtriya Indian Military College Dehradun, one of it's kind institution in the country.

It is pertinent to mention here that only one student is selected from whole J&K for this prestigious institute. One has to go through the process of written exam followed by Interview and then medical board.

While talking to Gurkeerat, he told that his aim is to join Indian Army as



an officer and this is the reason he wanted to join this institute because it would help him to get the overall development.

He further told that his success is dedicated to his parents and teachers of his Institute who were always there to guide him even during difficult time of COVID.

He told that he did not waste his time in the difficult time of lockdown rather concentrated on his preparation

## Coch Behar Trophy Shashi Kumar spins web as J&K suffers innings defeat

### ■ STATE TIMES NEWS

JAMMU: Karnataka off-spinner Shashi Kumar K spun web around J&K batsmen and plotted their collapse, scalping 6 wickets for 47 runs in 25.4 overs to guide his side to a big victory by an innings and 210 runs over Jammu and Kashmir in the ongoing Coch Behar Trophy at Kandukuri Cricket Academy ground, Vizag, on Thursday. As per report reaching here, earlier resuming from an overnight score of 142/3, Jammu and Kashmir was bundled out for a paltry total of 193 runs in 104.4 overs. Skipper Mohammad Manzir, who was unbeaten on 64 runs, added just 4 runs to his overnight total and was dismissed on 68 runs off 161 balls, while Nityam Abrol who was sent as the night-watchman on the penultimate day, was the next man to go at his individual score of 13 runs and the team's total of 170 runs. Then the whole J&K side collapsed at 193 runs as Yuvraj Saini (11), Shivaansh Sharma (1), Dhruv Singh Parmar (16) and Basit Bashir (0) could not contribute much. Shashi Kumar K was the wrecker-in-chief for Karnataka, who took 6 important wickets, while Aadiyta Nair and Yashvardhan Parantap bagged 2 and one wicket respectively. With this win Karnataka earned 7 points, while J&K failed to open their account. J&K will take on Pondicherry in the next outing on December 6, 2021.

## Samba Volleyball meet from Dec 4

### ■ STATE TIMES NEWS

JAMMU: District Volleyball Association of Samba has decided to conduct two-day 33rd District (men and women) Championship at Tarlokpur, Jakh from December 4.

Those interested clubs have been advised to contact B S Jamwal (94191-52961) with regard to the submission of entries and other competition related queries, a handout issued by the Association here on Thursday informed.

## Nagrota Premier League T20

## Game Changer Club, SKCC script wins

### ■ STATE TIMES NEWS

JAMMU: Game Changer Cricket Club and Sher-e-Kashmir Cricket Club (SKCC) registered big victories over their rivals in the ongoing Nagrota Premier League T20 Cricket Tournament being organised by Team Jammu at Khel Gaon, here.

Game Changer defeated Latti Cricket Club in an easy contest by 8 wickets.

Batting first, Latti Cricket Club was collapsed at a meagre total of 79 runs. Rahul scored 17 runs, while Nasir, Azim, Aquib and Ashank contributed 12, 11, 10 and 9 runs respectively. For Game Changer Cricket Club, Abhi was the pick of the bowlers, who took 6 wickets by conceding 11 runs in his 3.4 overs, while Sachin Sharma and Yogesh Sikka claimed one wicket each. In reply, Game Changer Cricket Club chased the target easily by

losing 2 wickets, thus won the match by 8 wickets. Ankush scored 33 runs, studded with 4 fours and a six, while Kanav Saini contributed unbeaten 32 runs with the help of 4 boundaries and 2 sixes. For Latti Club, Azim took both the wickets to fall. In another match, Sher-e-Kashmir Cricket Club defeated

Udhampur Cricket Academy in an easy contest by 48 runs. Batting first, SKCC scored 169 runs in stipulated 20 overs, while Udhampur Cricket Academy was bundled out for 121 runs, thus lost the match by 48 runs. Sukhdev Raj Sharma, District Youth Services and Sports Officer Jammu was the Chief Guest

on the occasion, while Yash Sharma was the Guest of Honour. The Chief Guest interacted with the players and advised them to play with sporting spirit and discipline. The matches were officiated by Sachin Singh and Anil Langoh, while the tournament is being held under the overall supervision of Naveen Koul.