

Gear up for Assembly elections after Delimitation: Raina asks party cadre

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JAMMU: Asserting that the Delimitation Commission is in the process of finalization and submission of its report soon, Bharatiya Janata Party (BJP) Jammu and Kashmir unit President Ravinder Raina asked the party cadre to gear up for the coming Assembly elections as the same would be announced any time after the Commission's job is accomplished.

He stated this while addressing a 'Yojana Samiksha Baithak' conducted to review the implementation of various schemes launched by the BJP Govt in this Union Territory besides planning party's future strategy for J&K's greater transformation.

The meeting held at the Party headquarters in Trikuta Nagar here today was attended by all the senior party leaders and functionaries including J&K BJP President Ravinder Raina, General Secretary (Organization) Ashok Koul, BJYM leader Arun Prabhat and BJYM National Vice President Aprajita besides a large number party workers and activists.

Ravinder Raina said that the Union Territory is going to witness a big transforma-



BJP J&K President Ravinder Raina speaking at a party workers meeting.

tion 'Bahut Bada Parivartan' very soon for which the BJP leaders, workers and activists will have to put in their best right from the grass roots level to the top.

He said that India is a nation of the youth who constitute major component of the population and same is the case with the Bharatiya Janata Party which accords priority to youth.

He said BJP sacredly follows the principle of 'Nation First, Party Second and Self Last' as a result of which it has established its stronghold in every nook and corner of the Union Territory.

Raina asked the youth activists to prepare the newcomers to serve the nation and its people in line with BJP ideology.

He asserted that BJP activists are just like soldiers who forget everything including their families and near and dear ones while serving the nation in times

of war and peace.

The BJP J&K President asked the party cadre to gear up for the coming Assembly elections which will be held soon after delimitation of constituencies.

Ashok Kaul said that time has changed with India having become a nation of the youth. They are relentlessly working at the grass roots level in making the people aware about the achievements of Modi led BJP Govt.

Accusing the opposition parties of raising unnecessary hue and cry to defame BJP Govt, he said that it is because of the BJP Govt recruitments in J&K are going on at an unprecedented pace despite the ongoing Corona pandemic to which the recruitments in JK Bank, in Police for SI posts or those by JKSSB bear testimony.

Ex Deputy Chief Minister Kavinder Gupta in his address stressed upon focus-

ing on the youth centric policies and said that BJYM is connecting to every youth of JK UT and the party is fully committed to provide very desired and genuine opportunity to the youth.

National Vice President Arpita Aparajita Badajena said that it is the prime duty of BJP cadre especially those working on ground to ensure that the benefits of policies of the Modi Govt reach every home and individual. The workers need to make the people aware about various schemes launched by the Centre, tailored to suit each and every section of the society and ensure that people avail the full benefit of such schemes.

BJYM leader Arun Prabhat in his address assured the party senior leaders that its volunteers, workers and activists are proactive foot soldiers of the party carrying out the party directions in mission mode in true letter and spirit.

EPFO RO Jammu settled 8,316 PF claims in November

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JAMMU: With its mission to provide social security to all its members and facilitating all the stakeholders, Employees' Provident Fund Organisation (EPFO), Regional Office, Jammu has settled 8,316 PF claims received from members in the month of November which includes 2,122 claims under COVID-19 and 2,155 claims under illness which goes a long way towards mitigating the distress of members during COVID-19 pandemic time.

Prominent among others present on the occasion Rattan Lal Sharma former Chairman Gho Manhasan, Sham Lal Mehta, Bittu Rampal Vice Chairman Municipal Committee Gho, Shanta Bhagat Corporator, Thoru Ram, Karanjot Singh, Choudhary Deva Singh, Shashi Kant, Jagdish Sarpanch, Gopal Sharma, Pandit Kuldeep Sharma, Sagar Choudhary, Vikas Dayal, Pardeep Salaria, Vishal Kesar, Rajat Sharma, Vishal Choudhary, Balkar Singh, Shamsher, Choudhary Janak Singh, Arun Mehta, Shubam Sharma, Sham Singh, Bodh Raj etc.

"Total 596 e-Nominations done during November; 2021 which ensures a more smooth process of settlement of PF claims in the unfortunate event of demise of the member," EPFO, Regional Office Jammu official in a handout issued on Friday stated.

EPFO encouraged all the members to file their e-Nomination at the earliest and

6 days Orientation & YCB Certification Workshop for Yoga Instructors concludes

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JAMMU: In order to equip Ayush Health and Wellness centers with highly skilled Yoga Instructors, Directorate of AYUSH, J&K under the guidance of Director Ayush J&K Dr. Mohan Singh in collaboration with Morarji Desai National Institute of Yoga New Delhi organized a six-day orientation workshop and Yoga Certification Board Examination for accreditation of Yoga Instructors.

Yoga is one of the essential component of service delivery of Ayush Health and Wellness Centers wherein the trained instructors under the guidance of Community Health Officer would organize regular yoga sessions for patients of different disorders and for general public for health promotion and disease prevention.

It is notable that these Yoga Instructors were already trained through virtual mode by the technical experts from Morarji Desai National Institute of Yoga, New Delhi and later in order to certify these yoga instructors a detailed certification examination was also conducted by the team from MDNIY. After the accreditation examina-



Director AYUSH J&K Dr. Mohan Singh speaking at a programme.

tion, the result of the examination was declared and the certificate of qualification distributed among the trainees by Director AYUSH J&K.

This six-day workshop was organized in the ambient environment of Yogashram, Bhartiya Yoga Sansthan Gole Gujral. At the outset, Assistant Director Ayurveda Dr. Rakesh Raina briefed the audience about the vision and mission of Directorate of Ayush, J&K and enumerated the achievements of the department.

In his address, J.L Sharma emphasized that a Yoga Instructor is the messenger of good health for general public who must work in close unison with community health officers to reach the grass root level.

He also impressed upon that Bhartiya Yog Sansthan is ready to con-

verge with Directorate of Ayush to work for the promotion of Yoga principles and practices among general public.

Director Ayush J&K, Dr. Mohan Singh congratulated trainees for their success in YCB certification and completion of Wellness Instructor course.

Director Ayush J&K emphasized that every Yoga trainee must strive to upgrade their skills regularly even after the completion of this yoga orientation and certification program so that this life-long yoga education remain a continuous process. Director Ayush motivated the trainees to dispose their duties as Yoga Instructor diligently and work closely with the community.

Director Ayush J&K expressed his gratitude towards Bhartiya Yog

NDS holds multilingual e-Goshti

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JAMMU: Nami Dogri Sanstha (NDS) held "e-Multilingual Kavi Goshti" on its digital platform. Dr. Adarsh Malhotra an eminent educationist and poet presided over the literary meet.

Capt. Lalit Sharma IFS (Retd) Convener NDS planned and supervised the event whereas Yash Pal Yash General Secretary NDS conducted the proceedings.

Poets who recited their poetry comprise Neelam Sharma, Sudershan Kumari "Darshi", Sunita Sharma, B.S Jamwal, Dr.Adarsh Malhotra, Kalpana Gupta "Rattan", Sudershan Kumari Darshi, Shambu Ram Pyasa and Arun Sharma Banathia.

Advocate Dogra Harish Kaila, President NDS in

his address Impressed upon the Dogras to proudly Speak Dogri in their house-holds especially with the children.

Capt. Lalit Sharma said that Poetry is chiseled marble of language where words are used as paint for the humans as canvas and is spontaneous overflow of powerful feelings which create impact on the listeners and this was again proved in today's poetry.

Dr Adarsh Malhotra in his presidential address said that poetry in a precise and impactful medium to convey the message in a powerful way and the poets with their sharp and over stretching vision can reach to any subject and express the core feelings in a poetic style.

He congratulated NDS

Sansthan Gole Gujral for their cooperation and collaboration in making this orientation program a grand success. Trainees also expressed their happiness and satisfaction on getting the certification.

The six members team from MDNIY led by Seema Sagar Assistant Research Officer MDNIY, comprising Lalit Gangwar Yoga Consultant MDNIY, Amrita Yoga Consultant MDNIY and certification team comprising Somveer, Anand Singh and Gunjan Arora took exhaustive sessions and arranged problem solving sessions followed by certification examination.

The valedictory function was also attended by other officers of the Ayush Department viz. Assistant Director HQ Dr. Rakesh Raina, District Ayush Officer Jammu Dr. Suresh Kumar, Medical Superintendent Govt Ayurvedic Hospital Jammu, Dr. Vandana Dogra, Deputy Medical Superintendent, GAH Dr. Aruna Bhatt, Divisional Nodal Officer Ayush Health and Wellness Center Dr. Aftab Iqbal Mir, Ayush Medical Officers of the department Dr. Manjit Kotwal, Dr. Arun Gupta, Dr. Anil Sharma, Dr. Vishnu Datta & Dr. Monika Gupta and staff of Directorate of Ayush J&K.

for a successful poetry session.

Those who listened and appreciated were Prof. Anupama Sharma Patron Youth Wing NDS , Aradhana Sharma, Bachan Bhagat, Rohit Choudhary, Nidhi Kaila Choudhary, Kulbhushan Singh Jamwal , Wing Commander Dr. Deepak C Dogra, Group Captain Dupinder Singh, Dr. Chanchal Sharma Organising Secretary NDS, Sanjeev Sharma, Sanjeev Gupta Sagar, K.D Koul Mehboob , R.K Uppal, Ram Paul Dogra, Dalip Singh Blowaria, Ravi Khajuria, Dr. Kamal Sharma, Arun Khajuria, Surinder Gharotia and Surinder Singh Manhas.

Kulbhushan Singh Jamwal, a renowned artist of Fine Arts presented vote of thanks .

S&T Deptt organises awareness programme on World AIDS Day



Officials at awareness programme on World AIDS Day.

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UDHAMPUR: Jammu and Kashmir Science Technology & Innovation Council, Department of Science and Technology in collaboration with Rural Development Department Majalta organized an awareness programme on World AIDS Day.

The programme was attended by DDC member; BDC members, Assistant Director S&T Department Shruti Khanna, Jagdish Raj Sharma, medical officers from Health Department, Amandeep Hospital and general public. Speakers emphasized the need for collective efforts to fight the menace of AIDS. They said that awareness about the AIDS is a major instrument of the world community to fight it and everybody has a role to play in eradicating this deadly menace from our society. They said for the last four decades major achievements have been made in the fight against AIDS but a lot needs to be done and said that there is a need for high end diagnostic facilities in the medical colleges.

GDC Marh organises webinar on ‘Prevention of Sexual Harassment at Workplace’

■ STATE TIMES NEWS

JAMMU: Committee Against Sexual Harassment (CASH) Government Degree College, Marh on Saturday organised one day webinar on Prevention of sexual harassment at work place. Dr. Vishav Raksha, HOD Department of Sociology and Director, CWS University of Jammu and Dr. Sonia Aneja Asstt. Prof. Dept. of Law, University of Jammu, were the resource persons for the said webinar. The proceedings of the webinar were conducted by Prof. Madhavi Prasher, HOD Botany.

Principal of the college, Prof Aekta Gupta in her key note address said that violence against women is an extreme manifestation of gender inequality and all have the right to live freely

without being harassed. Only solution to stop harassment is to speak out. She also congratulated faculty for conducting a webinar to create awareness on workplace harassment.

Dr. Vishav Raksha, resource person for the first session talked about the patriarchal system in our society that is causing harassment to females at every aspect of their life. She explained in detail sexual harassment mostly occurs when their difference in power and authority and is very common in the education system. She also highlighted the Vishaka guidelines, and POSH (Prevention, Prohibition and Redressal) act, 2013. She illustrated many examples of sexual harassment before students which will help stu-

dents to become conscious and aware of things in their surroundings.

In the second session Dr. Sonia Aneja talked about the legal aspect of sexual harassment. She explained in detailed about Vishaka guidelines of Supreme Court and emphasized that sexual harassment is an affront to the fundamental rights of women equality and is considered offence in Indian Penal code. She also described in detail about the rules and regulations and different sections of POSH act, 2013.The formal vote of thanks was presented by the Prof. Ashu Jolly, HOD Education. The programme was organized and coordinated by Prof. Shalu Gupta, Prof. Anjana Chib and Dr. Shakun Sharma of the college.

Chairman NCM reviews implementation of PM’s Minority Welfare scheme in Srinagar

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SRINAGAR: Chairman National Commission for Minorities (NCM), Iqbal Sigh Lalpura on Saturday chaired a meeting with the Senior Officers of District Administration Srinagar, to review the implementation of Prime Ministers new 15 point Programme on Minority Welfare Schemes here on Saturday at Banquet Hall.

Deputy Commissioner Srinagar, Mohammad Aijaz Asad and Additional District Development Commissioner, Srinagar, Gulzar Ahmad, besides other Senior Officers of

District Administration were present in the meeting.

On the occasion, the Chairman, National Commission for Minorities undertook sector wise review of the Minority Welfare Schemes. He sought feedback from all the Sectoral officers. The Chairman also asked the officers to put forth their opinion and suggestions for effective implementation of the Prime Ministers new 15 point Programme on Minority Welfare Schemes on ground.

While appreciating the efforts of Administration in

ensuring good governance at grass root level and implementing public oriented schemes on developmental front, the Chairman emphasized on the Officers to work with added zeal and dedication so that people are benefitted at large by the Government welfare schemes particularly minority communities are well accommodated.

He stressed that review meetings involving the heads of all the Government departments and other officials concerned should be conducted periodically at the district level to ensure better imple-

mentation of the schemes meant for the welfare of minorities. He asked for taking measures for the upliftment and welfare of minorities.

The meeting also held threadbare discussions with regard to implementation of schemes and initiatives covered under Prime Ministers new 15 point Programme including schemes/initiatives of Union Ministry of Minority Affairs, Department of School Education & literacy, Union Ministry of Women & Child Development, Rural Development Department,

Housing & Urban Affairs, Financial services, Drinking water & Sanitation, DOPT, Home Affairs and Health & Family Welfare.

Earlier, the Chairman, National Commission for Minorities held an interactive session with the delegations/representatives of various minority bodies who put forth their issues and demands before him.

The Chairman gave a patient hearing to all the delegations and individuals and assured them that all their genuine demands and concerns will be looked into on priority.

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VERINAG: The Department of Tourism in collaboration with District Administration Anantnag on Saturday organised a day long festival at Tourism Park, Verinag.

The festival was jointly inaugurated by Deputy Commissioner Anantnag Dr Piyush Singla, Director Tourism GN Itoo.

Speaking on the occasion, the Deputy Commissioner said that Verinag is an important tourist destination and constant efforts are being made to enhance the destination with modern state of the art tourist infrastructure.

Dr Singla said such festivals are instrumental in boosting the tourist foot-fall and hoped that more such festivals will be organized at other tourist destinations of the district. He lauded the artists for their breathtaking performances.

Director Tourism Kashmir in his address said that Verinag offers scenic beauty at par with other major tourist destinations.

He appealed to the tourists to visit Verinag and experience the serenity and hospitality of the place.

He said the Department is planning to link Verinag with the tourist circuit of the valley.

During the day long festival programmes like a cycling event which involved participation of school children from Verinag were held. The race was held from

Verinag to Doorur.

A painting competition and tug of war with participation of local children was another highlight of the event.

On the occasion, various stalls were set up by line departments including Agriculture, Horticulture, Fisheries, ICDS, Handicrafts, etc to showcase their crafts and spread awareness about their schemes.

Scintillating performances by various artists pulled the crowd to their feet.

The participating artists and students were felicitat-

Nazim visits Jagti township; takes stock of issues of migrants

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JAMMU: Secretary, Department of Disaster Management, Relief, Rehabilitation and Reconstruction, Nazim Zai Khan, along with Relief and Rehabilitation Commissioner (Migrants), Ashok Pandita and other officers, on Saturday visited Mini Township Jagti, Nagrota.

Secretary took stock of issues and concerns of the inmates of the township like enhancement of cash assistance upto Rs. 25000 per family, repair and renovation of quarters, allotment of shops, establishment of vocational training centres for migrant youth, public transport facility, lack of infrastructure in Sub District Hospital at Jagti, construction of road towards cremation ground,

Centrally Sponsored Schemes for Kashmiri Migrants and Soft Loan facilities to over aged Kashmiri Migrant Youth.

Secretary assured the migrants that all their genuine demands will be looked into for an early redressal.

He inspected repair work on TRTs and directed to extend it to all the genuine quarters.

He enquired the Superintendent of Sub District Hospital, Mini Township Jagti, about the medical facilities being provided to the patients there.

Later, Secretary also visited and inspected the newly built shopping complex there comprising 49 shops and directed the concerned to allot these shops to genuine migrants living in the township.

