

First Pre-Board exams make students gear-up for CBSE Floor Test: Principal JKPS Kunjwani



Students appearing in Pre-Board exams at JK Public School Kunjwani.

■ STATE TIMES NEWS

JAMMU: As customary, CBSE schools of Jammu region are conducting the First Pre-Board exams for their students in the first fortnight of December, 2022.

After 2 years of havoc caused by COVID -19, now students are writing their 3 hour exams second time in this session. It's truly said, "when going gets tough, then tough gets going". Now

adjusting their oars, students have set their sail under the guidance of their teachers and parents.

Principal JKPS Kunjwani Rajesh Rathore appreciated students for taking their Pre-Board exams in the right perspective. He stated, "Adversities introduce a man to himself. Online exams caused laxity in children. Keeping themselves away from the inspiring presence of teachers, students lost

their acquired skills pertaining to hand writing, writing skills, computation skills, scientific skills, artistic skills etc".

"Pressure of performance in the first Pre-Board exams makes students gear up and tighten their belts. They started rising earlier than their routine wake up. Morning alarm bell from the neighbourhood households has now become a routine affair. Parents stopped chas-

ing their wards for the revision work in the core subjects. Even Sundays and other holidays are witnessing longer sittings of children during different time slots", Principal shared with a broad smile on his face.

Reflecting on the scenario prevailing around before Pre-Board exams, Shashi Rattan Vice Principal JKPS Kunjwani shared, "Students in Sr. Secondary classes are on toes & approaching

teachers for doubt-clearing sessions in variety subjects. Parents are calling up to share their joy on the changed routine of their wards regarding studies".

Associate Vice Principal Roopinder Kour appreciated students for showing a great deal of sincerity and requesting teachers to provide extra worksheets related to their subjects. "They are also submitting the attempted sample papers for

improving their performance in the Board exams. Though the checking of solved sample papers is time-consuming for teachers, yet they are happy to see the sense of initiative and dedication in their students", she further added.

School Coordinator Inderjeet Kour lauded the endeavours of teachers and students for the Pre-Board exams. She said, "Students of Secondary & Sr.

Secondary classes have been showing tremendous improvement right from the declaration of Mid-Term exams results. Since students have promised their teachers and parents to show a qualitative improvement in their performance, so they are giving their heart and soul to their endeavours".

Director JK Educational Society Shashi Choudhary applauded the dedicated efforts of teachers for bring-

ing laurels to the school all these years & helped creating the requisite ambience for academics in the school. She expressed her satisfaction over the consistent efforts being made by students under the patronage of their teachers. She wished them good luck for a commendable performance in the First Pre-Board exams, scheduled at JKPS Kunjwani from 9th December, 2022.

Pranav of JKPS Kathua selected for National Kabaddi c'ship



Selected player Pranav Dev Singh posing with Coaches at JKPS Kathua.

■ STATE TIMES NEWS

KATHUA: Pranav Dev Singh, a Class 8th student of JK Public School Kathua, selected for 32nd Sub-Junior National Kabaddi Championship for boys which is going to be held from December 27 to 30, 2022 at Bokaro Steel City, Jharkhand. School management and faculty congratulated Pranav Dev Singh for his achievement and wished him best of luck for his future endeavour.

16th Christmas Gold Cup Football Tournament

DFA Udhampur registers win over DFA Poonch



PCC President J&K Vikar Rasool interacting with Footballers at GGM Science College Football ground on Friday.

■ STATE TIMES NEWS

JAMMU: DFA Udhampur registered win over DFA Poonch in the ongoing 16th Christmas Gold Cup Football Tournament-2022 being organized by All J&K Sports and Cultural Welfare Association under the aegis of J&K Football Association at GGM Science College football ground, here on Friday.

In today's match DFA Udhampur defeated DFA

Poonch by three goals to one.

For DFA Udhampur, first goal was scored by Ajay in 12th minute while second goal was scored by Sachit in 33rd minute followed by third goal, which was scored by Jatinder in 54th minutes. For DFA Poonch, the only goal was scored by Murtaza in 21st minute.

Earlier for caution, yellow card was shown to Ajay and Sunil of DFA Udhampur.

Today's matches were officiated by the technical panel comprising Satnam Singh, Romesh, Abhishek Chandan and Aman Sudan.

In today's match, Vikar Rasool Wani, President, Jammu and Kashmir Pradesh Congress Committee (JKPCC) was Chief Guest, who was interacted with player and gave best wished to them for winning the match.

Narinder Gupta (Former Member Sports Council), Pawan Raina, Suresh Dogra, Chetan Sharma, Manzoor Ahmed, David Mashid, Yousaf Don, Peter Sandhu, Clint Mattoo, Rattan Lal and Romesh Chander (International Player) were also present.

Tomorrow fixtures: Lone Star FC Srinagar to meet Nagrota FC at 1:00 PM; and SCFC to face Young Heros FC at 2:30 PM.

SPMR College of Commerce Women bag inter-college Yoga trophy

■ STATE TIMES NEWS

JAMMU: Government SPMR College of Commerce bagged the overall trophy in the annual Inter-college women's Yoga Championship which was organised by the Cluster University of Jammu at Government College of Education, here.

The College team earned highest points after winning team gold. The gold winning team included Himani Verma, Tanisha Rajput, Heena Verma, Prabhjot Kour and Taneesha Kaur. Whereas in individual event, Himani Verma secured gold while Heena Verma won silver medal.

On winning the title trophy, the team was accorded rousing reception by the Principal, Dr Surinder Kumar Sharma, who was accompanied by the staff and faculty members.

Others who joined the Principal in appreciating the achievement of the students were convenor Sports, Prof Shafkat Jahangir, team incharge, Prof. Deepshikha Sharma and Physical Director, Malik Aijaz Iqbal.

Trishisva of DPS Jammu wins gold in Int'l level championship

■ STATE TIMES NEWS

JAMMU: Trishisva Proch (IV-F), a young dance prodigy from Delhi Public School (DPS) Jammu brought laurels to the school and his parents by winning a gold medal and a glittering trophy in Second Mount Everest Singing & Dance Sports Championship 2022 organized by Nepal Dance Sports Association held at Kathmandu, Nepal (in the age category of 8-10 years).

Trishisva performed in the Solo Dance Freestyle Event. He has also received a Certificate of Participation. Trishisva won the coveted first position and a Gold medal in the aforesaid championship. He has also been selected for the next level of championship to be held at Thailand later. Principal DPS Jammu, Ruchi Chhabra applauded Trishisva and his parents for his brilliant achievement. She said that students should try to enhance their abilities through such exposure for their holistic development. President RCT, Ajatshatru Singh, Pro VC, Dr. Ritu Singh and Director, S.S Sodhi congratulated Trishisva and extended their best wishes for all his future endeavours.



DPS faculty member felicitating medal winner Trishisva Proch.

Inter-college Fencing Tournament of CLUJ

MAM College lifts Men, Women trophies



Chief Guest, Prof. Anju Bala and Guest of Honour, Dr. Vinod Bakshi along with Fencing players during the tournament.

Ramandeep Kralia, Physical Director, GCoe Jammu and overall supervision of Dr. Vinod Bakshi.

In men's section, Govt. MAM College remained first by securing 17 points, Govt. SPMR College of Commerce

remained second with three points and GGM Science College remained third with two points.

In women's section, Govt. MAM College remained first with 18 points, GCW Gandhi Nagar Jammu remained sec-

ond with 12 points and Govt. SPMR College of Commerce remained third with six points.

Prof. Jyoti Parihar, Dr. Mansi Sharma, Prof. Seema Kumari, Prof. Shapia Shameem, Prof. Sarita Dogra,

Prof. Vinay Lata, Prof. Neeraj Verma, Prof. Satinder Kumari, Aijaz Malik, Physical Director SPMR College of Commerce, Dr. Roopali Slathia, Physical Director GCW Gandhi Nagar Jammu, and Neelam Chalotra,

Assistant Physical Director Govt. MAM College Jammu were among the various dignitaries present during the occasion.

The matches were officiated by Anthony Matto and Saniya Arora.

Inter-Collegiate Basketball Tournament 2022-23

PG Deptt JU wins men's title, GCW Parade lifts women's trophy

■ STATE TIMES NEWS

JAMMU: The combined side of PG Department Jammu University claimed basketball men title and lifted the winning trophy whereas in women section, GCW Parade clinched the winning trophy in the ongoing Inter Collegiate Basketball (Men & Women) Tournament 2022-23 organized by the Directorate of Sports & Physical Education, University of Jammu at University Basketball Court, here on Friday.

In the final matches, PG Department beat GDC Kunjwani by 27-18 in men section while GCW Parade



Winner teams posing for a photograph with Director Sports JU, Dr. Daud Iqbal Baba and officials after receiving trophies.

outplayed PG Department by 33-28 in women section.

The third position in men section was bagged by GCET Jammu while in women section GCW Udhampur

remained in third position.

Dr. Daud Iqbal Baba, Director, Directorate Sports JU awarded the trophies and medals to the winners and runner up teams.

NYK Kathua organises Block Level Sports Tournament

■ STATE TIMES NEWS

KATHUA: As part of Fit India and to promote sports culture and involve more youth with sports activities at village level, Nehru Yuva Kendra (NYK) Kathua is organizing two-day Block Level Sports Tournament on theme 'No Drugs-No Rash Driving' at Government Higher Secondary School, Nagri, which started on Friday in which disciplines of Volleyball, Kabaddi, 100 mtrs and 400 mtrs, tug of war.

On first day, competition of 100 meters, 400 meters race and tug of war events were



Participating players posing for a photograph with dignitaries during closing ceremony.

organized. Kiran Puri, SHO Police Women Cell was Chief Guest, who inaugurated the events and motivated youth to be

physically and mentally fit to face challenges to achieve the goal of life and desist from drugs. Over 16 teams are participating the competitions.

J&K TT tourney from Dec 19

■ STATE TIMES NEWS

JAMMU: Jammu and Kashmir Table Tennis Association shall hold 45th Stag J&K Table Tennis (TT) Championship at Indoor Complex, MA Stadium, here from December 19 to 23.

The four-day event shall include only individual events in different age groups of male and female categories, a handout issued by the Association here today informed. The event is supported by the J&K Sports Council (JKSC).

33rd Senior National Tennis Ball Cricket C'ship J&K beats Western UP, Ladakh trounces HP

■ STATE TIMES NEWS

JAMMU: J&K beat Western Uttar Pradesh while Ladakh defeated Himachal Pradesh by four wickets in the ongoing 33rd Senior National Tennis Ball Cricket Championship being organized by J&K Tennis Ball Cricket Association under the sponsorship of Jammu and Kashmir Sports Council at MA Stadium, Jammu.

Chandigarh boys defeated Andhra Pradesh by two wickets in a well contested match. Also, in another match Rajasthan defeated Assam by three wickets. The concluding function of the tournament shall be held on December 11, 2022.

Today's results: MEN: Ladakh defeated Himachal Pradesh; Madhya Bharat beat Uttarakhnad; Kerala beat Diu & Daman; Chandigarh defeated Andhra Pradesh; Tamil Nadu beat Vidarbha; and J&K beat Western Uttar Pradesh.

WOMEN: Uttar Pradesh defeated Pondicherry; Goa beat Andhra Pradesh; Bihar beat Telengana; Tamil Nadu beat Western Uttar Pradesh; Purvanchal beat Vidarbha; and Rajasthan beat J&K.

GDC Hiranagar wins inter-collegiate Hockey Men tournament



Director Sports JU, Dr. Daud Iqbal Baba presenting winner trophy to GDC Hiranagar team in presence of other dignitaries.

■ STATE TIMES NEWS

JAMMU: GDC Hiranagar outplayed GDC Kunjwani by four goals to nil in the final and lifted the trophy of Inter-collegiate Hockey (M) Tournament 2022-23 organized by Directorate of Sports and Physical Education, University of Jammu, here on Friday.

Both the teams played excellent game but the

players of the Hiranagar team availed the opportunities and scored four goals.

Rameshwar Singh scored 1st goal in the 14th minute while Pragya Sharma scored second and fourth goal in the 18th and 31st minutes respectively. Akhil Dhinan scored third goal in the 21st minute.

Director Sports, JU, Dr.

Daud Iqbal Baba distributed medals and trophies to the winner and runner up teams in the presence of Vikram Jamwal, Narinder Sharma, Gagan Kumar, Ravish Vaid, Charanjeet Singh, Harvinderpal Singh, Jagjit Singh, Karanjeet Singh, Harimik Singh and P.D Singh officiated the match.