

Ch Sukhnandan calls on LG, discusses various issues of public importance

■ STATE TIMES NEWS

JAMMU: Former Minister, delegation led by Sarpanch Palli and social activist from Poonch called on Lieutenant Governor Manoj Sinha, here on Saturday.

Sukhnandan Choudhary, former Minister, met the Lt Governor and apprised him about various issues of public importance including development of Border areas and welfare of the people.

Earlier, a delegation led



Former Minister, Sukhnandan Choudhary calling on Lieutenant Governor Manoj Sinha.

by Randhir Sharma, Sarpanch, Palli Panchayat apprised the Lt Governor

about the status of developmental initiatives in the Panchayat. They also dis-

cussed the restoration of Cricket ground and developing a community facilita-

tion centre for people of the Panchayat.

Similarly, Shazia Amin, a social activist from Poonch also called on the Lt Governor and projected various issues pertaining to the development of Buddha Amarnath Shrine, residential hostel for girls in Tehsil Mandi and strengthening of road connectivity.

The Lt Governor while interacting with the visiting delegations assured them of redressal of all their genuine demands.



MVD organises awareness programme for transporters at Narwal

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JAMMU: An awareness programme to apprise the transporters, drivers/conductors and general public about the recent amendments made in J&K Motor Vehicle Rules, 1991 regarding "Contract Carriage Permit Rules" was organised on Saturday by MVD department here at Trial Ground Narwal.

Assistant Regional Transport Officer (HQ), Jammu, Mohammad Saleem and ARTO (Flying Squad), Jammu, Tara Mani informed the participants about the revised and simplified procedure of obtaining permits for the (Contract Carriages).

"The process has been simplified as there is no need to apply for "Letter of

Authority" which earlier was mandatory before applying for registration of Contract Carriage vehicles. Further, the contract carriage permit shall be granted to a new vehicle which is compliant with BS-VI or the latest norms laid down by Bharat Stage Emission Standards of Gol," they told the transporters. However, they said it shall not be applicable to any vehicle for which LA has already been issued prior to the date of issuance of the notification and any vehicle for which "All India Tourist Permit" has been issued and permit holder applies for its conversion to local permit after a period of 12 years. "Any person who intends to purchase a fresh vehicle under all "J&K

Contract Carriage Permit" have to submit an application along with Domicile Certificate, RC of the vehicle for which the route permit is sought, present address proof, Character Certificate to be issued by the concerned Police Station, copy of the driving License of the applicant or driver, declaration in an affidavit regarding the number of transport vehicles already owned by the applicant either registered in the name of applicant or in the name of firm/company and availability or arrangement of parking space either public or private for existing and for the new vehicle for which the applicant desires to obtain a route permit" they informed.

As per WHO, globally number one and number two causes of death are MI and stroke. In India also the num-

ber one cause of death is MI & same is the case with J&K too. It was emphasized that early management/ intervention in Ischemic events can make a lot of difference in the outcome of such patients.

The CME brought together multiple Departments including Cardiology, CTVS, Neurology, Neuro Surgery, Radiology, and anesthesia etc which are actually involved in the management of acute ischemic events and discussed the latest guidelines for the management, improving the co-ordination between the departments in order to improve the results/outcome in these patients.

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ber one cause of death is MI & same is the case with J&K too.

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The general public also needs to be made aware of the symptoms and signs of these Acute Ischemic events,

so that they seek medical attention early and receive treatment in time.

It has been observed that during winter, there is an increase in the number of cases of acute MI and stroke.

Prevention of risk factors and awareness among the general public is mandatory considering the burden of cases.

The preventive measures include : healthy diet and exercise, weight control, avoid smoking and alcohol, control of blood sugars, control of blood pressure and control of lipids.

Besides, unnecessary exposure to cold should be avoided especially during early hours of mornings and evenings.

The general public should be made aware of the warning signs and symptoms. The alarming symptoms in case of heart attack are chest pain, sweating, shortness of breath and giddiness while in case of stroke are sudden onset weakness of one side of body, slurring of speech, deviation of face and loss of consciousness.

Seeking timely advice and help will improve the outcome of our patients and enable them to live a better life.

The CME was attended by HoDs, Administrator AHJ, Faculty, Med. Suptds., Residents, Nursing Staff and large number of Physicians & DNB residents from the Peripheral Health Institutions. Dr. Shazia Hamid Associate Professor presented the vote of thanks.

Workshop cum training programme on benefits of EPF held at Udhampur

■ STATE TIMES NEWS

UDHAMPUR: A day long workshop cum training programme on the benefits of Employees provident fund (EPF) scheme was organized on Saturday by Employees Provident Fund Office, Jammu under the supervision of Regional Employees Provident Fund Commissioner, J&K and Ladakh, Rizwan Uddin at Conference Hall DC Office Complex Udhampur.

As many as 100 officers/officials of different departments including other stakeholders attended the meeting. Representatives of Provident Fund Office, Jammu briefed the participants about the benefits of EPF scheme. He informed



that after abrogation of 370 all the EPF related acts are applicable in the Union Territory of Jammu and Kashmir. He apprised the participants about the Pension Scheme 1995 (EPS-95) as well as Employees Deposit Linked Insurance Scheme (EDLI) and their benefits.

During the training pro-

gramme, he informed the participants about the salient features of Employees' Provident Fund Scheme, Employees' Pension Scheme 1995 (EPS-95) as well as Employees' Deposit Linked Insurance Scheme (EDLI), with special emphasis on Pension and Insurance Schemes, as these schemes have driven home for the people who work in risky zones.

He urged the officers and

other stakeholders to deposit the EPF of organized workers so that the workers may get these benefits. Officers/stakeholders were asked to comply with the provision of EPF and MP Act 1952. He asked the participants to sensitize the organized workers in their respective departments so that eligible workers can avail the benefits of EPF scheme. He urged the organized workers to come forward and to avail the benefits of these PF schemes. EPFO Regional Office, Jammu is always committed in providing prompt service delivery to all the stakeholders in a transparent, accessible, and convenient manner.

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He urged the officers and

J&K High Court Bar Association extends support to Samba Bar, asks police to resolve issue



■ STATE TIMES NEWS

JAMMU: A team of J&K High Court Bar Association, Jammu led by its President senior Advocate M K Bhardwaj comprising other members met President, Samba Bar Association Mandeep Singh, senior Advocate Subash Singh Sambyal and other members to discuss issue regarding registration of FIR against members of Samba Bar.

The visiting delegation assured full support to members of Samba Bar Association. Speaking on the occasion, Bhardwaj asked police administration of Samba District to take appropriate steps for resolving the issue immediately. He further stated that J&K High Court Bar Association, Jammu stands with Samba Bar Association for redressal of their grievances.

Shantmanu reviews working of FCS&CA Deptt

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JAMMU: Union Additional Secretary and Financial Advisor, Food and Public Distribution, Shantmanu, on Saturday reviewed working and performance of FCS&CA department here at civil secretariat, Jammu.

He asked the officers to serve the consumers in a complete professional manner so that they don't face any inconvenience. Director FCS&CA Jammu, Naseem Javaid; Director Finance FCS&CA, Romesh Singh; Additional Secretary FCS&CA, Jugal Kishore Anand; GM FCI, HS Dhaliwal and other officers of Union Ministry of Food and Public Distribution and FCS&CA were present in the meeting. During the meeting, thredbare discussion was held on supply position, status of Aadhar Seeding, market checking, online transaction and POS, ONRC transactions, deletion of bogus ration card and other points. Afterwards, he took status of the ePoS devices installed in Jammu division, wherein he was informed that these devices have been installed in 2889 outlets and distribution process has been fully automated. He was also informed that 2716 POS devices are working in online mode and 173 devices are working through offline mode.

Shantmanu was also informed that Aadhar authenticated transactions on real time basis is 94.01 percent. Giving details of the bogus beneficiaries removed, he was apprised that approximately 1.87 lakh bogus beneficiaries have been removed from the portal. Regarding savings of the food grains, he was told that the savings is 0.78 lakh MTs in the year 2021-22.

Seeking status of ration cards under NFSA, he was informed that there are 752065 ration cards under NFSA. He also reviewed progress under Aadhar seeding of ration cards of NFSA and Non NFSA beneficiaries wherein he was informed that the Aadhar seeding is hundred percent in all categories.

While taking note of the One Nation One Ration card scheme, he was apprised that 12236 ONRC transactions have been made till date. He was also informed that 1444 ONRC transactions have been made in the month of November this year.

While addressing the meeting, Shantmanu urged the officers to work with zeal and enthusiasm to improve overall functioning of the department and provide timely ration supplies to the public at their doorsteps.

Elaborating the Government's achievements, Shantmanu said, "The Government is spending large amount of money to ensure food security of the public."

Union Additional Secretary lauded the One Nation One Ration Card scheme saying that this initiative has enabled migratory workers, seasonal labour among all other citizens to get ration at any place in the

Delegation led by CEC Gyalson meets 14th Dalai Lama



Delegation led by Chairman/CEC, Adv. Tashi Gyalson and MP Ladakh, J.T Namgyal meeting with the 14th Dalai Lama.

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DHARAMSHALA: A delegation headed by Chairman/CEC, Adv. Tashi Gyalson and MP Ladakh, Jamyang Tsering Namgyal had a special audience with His Holiness the 14th Dalai Lama at his residence in Dharamshala today. The delegation comprises Dy Chairman, Tsering Angchuk, Executive Councillor for

Minority Affairs, Ghulam Mehdi, and the Executive members of the Ladakh Buddhist Association (Sham region) led by its President, Tsewang Nurboo, Vice President, Morup Dorjee, and General Secretary of Sham Panchayat and Nambardar Coordination Committee, Phunchok Angchok.

The officials from Ladakh

congratulated His Holiness the 14th Dalai Lama on the 33rd anniversary of the conferment of the Nobel Peace Prize to him. They also congratulated His Holiness on the recent conferment of the Gandhi-Mandela Peace Award as well.

An official memorandum was presented by the President LBA (Sham region) along with the Chairman LAHDC Leh and MP Ladakh requesting His Holiness the 14th Dalai Lama to visit and bless the people of the sham region in particular and the people of Ladakh at large.

Dr Mohammad Shafi Koka, State nodal officer NHM, J&K, attended the function and received the awards from Union Health Minister who personally congratulated the UT of J&K for achieving the milestones in healthcare delivery system.

Secretary Health & Medical Education, Bhupinder Kumar, in a message, said that J&K is all set to become the best model of health delivery system in the country which is evident from huge improvement in several health indicators.

He appreciated the role of officers of Ayushman Bharat Digital Mission J&K for robust implementation of the mission which was launched recently in J&K. "ABDM shall act as a game changer towards smooth and hassle free delivery of healthcare in the UT", he maintained.

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