

ADC Doda flags-off Eat Right School - Eat Right Creativity Rally

STATE TIMES NEWS

DODA: To epitomize the real purpose and objectives of 'Eat Right School and Eat Right Creativity' in District Doda, the Department of Food Safety DFCO in collaboration with District Administration Doda and School Education Department, organised a rally in Doda Township on Saturday.

The rally was flagged off by Dr. Ravi Kumar Bharti - Additional Deputy Commissioner Doda (Adjudicating Officer FSSA Distt. Doda).

Dr. Ravi Kumar Bharti was accompanied by Pralad Bhagat Chief Education Officer Doda; Ayaz Mugal, DEPO; Ramesh Babu, Zonal Education Officer; Rubi Naz Principal Govt. Hr. Sec. School (Boys); Imran Tantary Nodal Officer Eat Right School; Mohsin Zonal Nodal Officer and other Staff members of Hr. Sec. School (Boys) and 04 other Schools of the cluster.



ADC Doda Dr. Ravi Kumar Bharti flagging-off rally.

Around 100 students of the first ever Cluster having 04 Schools participated in the rally which started from Clock Tower and after passing through the main markets, culminated at Boys Higher Sec. School.

The participants chanted slogans en-route the markets "Awo kum karain thora Tail chini aur Namak"; Eat Right, Eat Healthy, Eat Fortified*.

Taraq Ahmed Butt, Assistant Commissioner, Food Safety DFCO Doda led the march under the Aegis

of FSSAI and on the directions of Commissionerate FDA J&K headed by Shakeel ul Rehman Commissioner.

For maximum coverage of the Schools under the Eat Right India initiatives by adding up the subject matter in School Curriculum, yellow books 1,2, pink Book, Activity Book from Nidhi App were distributed among the Heads of the Schools of these Clusters as a start up.

Meanwhile, other initiatives were also implemented including MDM

Registrations under FSSA, Magic Box Demonstrations. Debate and painting competitions were also held during the program in the Schools including Government GMS Nagri Doda, Government City MS Doda, Government MS Sah Mohalla and Government GGMS Doda.

These Schools are at the stage of monitoring, evaluation and Certification on the portal Eat Right School. As on date these Schools are registered on the portal and HWC certificates have been issued to them.

The Department also displayed motivational messages on pole kiosks at different locations added with digital media outreaches, Hoardings, Banners, posters.

The vision of Eat Right School and Eat Right Creativity is to prosper the Nation at School level and to keep the children updated on Healthy, fit and sound lifestyle.

Jal Shakti Employee & Workers Association elects office-bearers

STATE TIMES NEWS

CHENANI: General meeting of Jal Shakti (PHE) Employees & Workers Association held at PHE Office Sub Division Chenani under the leadership of Som Nath President Jal Shakti Employees and Workers Association and Senior Trade Union Leader Jammu Province in which employees and workers drawn from Kud Patnitop, Latti, Mada, Barneem and Kaldi participated.

In metering, Jagdish Magotra elected as a Tehsil President Chenani, Javed Iqbal General Secretary, Ganesh Chand working President, Sat Pal Vice President, Govind Ram



PHE employees during a meeting at Chenani.

Organizer.

The various long pending genuine demands were also highlighted in the meeting which include Regularization Policy of CP/ITI/Land case workers; release of pending wages; implementation of Minimum Wages Act as per Delhi UT; fulfillment of shortage of staff; Repairs/Constit. of duty rooms/pump rooms and many more. Som Nath appealed to the workers to unite for their genuine demands till these demands are not met. Others who spoke include Vijay Sharma, Suraj Parkash, Dinesh Kesar, Sandokh Chand, Mohinder Singh, Barkat Ali, Mohd Sharif, Rakesh Kumar Prabhu Lal etc.

Un-cemented total hip replacement surgery performed at DH Udhampur

STATE TIMES NEWS

UDHAMPUR: Dr Balvinder Singh of District Hospital Udhampur successfully performed un-cemented total hip replacement surgery on a patient from Udhampur on Saturday.

According to Dr Balvinder Singh, "The patient suffered from Avascular Necrosis of right hip due to which it was difficult for patient to perform routine work. She was living painful life since last 3 years. In such a situation, total hip replacement was the only option. The patient was admitted under Ayushman Bharat scheme and surgery was



Team of doctors and paramedics performing surgery.

perform free of cost.

Dr Balvinder Singh said before introduction of Ayushman Bharat scheme it was not possible for a poor labourer to go for such high end surgeries because cost of implant and surgery is too high as

In private hospital it may cost 5 to 7 lakhs.

Dr Balvinder said government under direct supervision of Administrative Secretary Health and Medical Education Bupinder Kumar and Director

General Health Services Dr Saleem Ur Rehman is providing all support to doctors for conducting high end surgeries at district level as well as medical colleges.

Dr Balvinder Singh also appreciated Medical Superintendent Dr Sanjay Bhat of DH Udhampur for providing all sort of assistance to doctors of DH Udhampur to perform high end surgeries at DH Udhampur. Others members of team who performed un-cemented total hip replacement were Dr Sunil Kailo Anesthetist, Rajinder Gupta, Mahesh Bamotra, Raju and sister Manisha.

J&K Wrestling meet gets underway



SSP Dushyant Sharma inaugurating Wrestling Championship.

STATE TIMES NEWS

JAMMU: The 29th Men Free Style & Greco Roman Style and 15th Women J&K Wrestling Championship, organised by Wrestling Association of J&K, declared open today at Gymnasium Hall of the University of Jammu, here.

The competition was inaugurated by former India wrestler and SSP with J&K Police, Dushyant Sharma in the presence

ence of Association president, Vasudev Sharma, general secretary, Jai Bharat and competition director, Om Parkash. Kuldeep Singh Jamwal, vice president J&K Olympic Association (JKOA) was guest of honour. Dushyant Sharma encouraged the participating wrestlers and wished them success. Guest of honour; Kuldeep Singh Jamwal also spoke to the participants and the officials as also members of the organising

committee.

Prominent among others present in the opening function were Vijay Pehlwan, Abdul Ahad Shah, Swarn Lal and Raj Kumar:

In this two-day event, around 170 wrestlers from districts of Jammu, Samba, Kathua, Rajouri, Reasi, Udhampur, Doda, Ramtan, Srinagar, Pulwama, Budgam and Anantnag are taking part in individual weight groups.

"The opening day of the competition witnessed bouts of the preliminary rounds and the second day of the event shall start at 9 am tomorrow at the same venue," informed general secretary of the Association, Jai Bharat.

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STATE TIMES NEWS

PUNE: Superb batting display by the trio of Sheena Saraf, Bawandeep Kour and Shambhavi, along with splendid bowling show by skipper Ananaya Sharma went in vain as Jammu and Kashmir suffered a 6-wicket defeat against Bihar in a high scoring match of Women's U-19 One-Day Tournament here today.

Poor bowling show by almost all the bowlers except Ananaya and Sadiya Wani coupled with fielding lapses resulted in J&K's defeat.

Earlier, winning the toss and batting first, J&K scored a good total of 212 runs in the stipulated 50 overs.

Sheena Saraf showed stellar grit and

tenacity to notch up brilliant half-century, while Bawandeep Kour and Shambhavi also gave valuable contributions. Sheena top scored with 68 runs off 110 balls, while Bawandeep contributed 38 off 59 balls with 5 fours and one massive six off the very first ball of the innings and

Shambhavi scored magnificent 33 runs off 59 balls with 3 boundaries. Elegance, brilliance, sublimity and solidity was the trademark of their batting. Maroof (17), Ananaya (13) and Rudrakshi (12) were the other contributors.

Aarya was the pick of the bowlers for

J&K PDD Diploma-holders project demands



J&K PDD Diploma holders during a press conference.

STATE TIMES NEWS

JAMMU: The J&K PDD Diploma holders on Saturday urged upon the concerned higher authorities to hold DPCs in the cadre which is pending for the past long time.

JK ITI Diploma Holders Union, Power Development Department, president Jammu, Jasbir Singh, while addressing a press conference here, highlighted the issues like holding of DPC on the basis of seniority list of Technician IIIrd.

He said the seniority has been in public domain since last two years and till date DPC has not

been held despite directions of the COS meeting held under the chairmanship of Chief Secretary to hold the DPCs in time bound manner.

He expressed displeasure over the delay in the holding of the DPC as certain elements are hell bent to get the issue of seniority into litigation.

He also demanded regularization of PDL/TDL of electrical employees of J&K, Upgradation of Head Computer as Rank of Gazetted Officer, exemption of Type Test / Computer Test Secretariat Level Training, DPC of all Cadre, Draftsman, Head Draftsman, Junior Assistant, Sr. Assistant, Head Assistant, all Technician, issuance of clarification regarding uniform implementation of SRO 14 of 1996 SRO-225 of 1997 by providing functional pay scales in accordance with the SRO-381 of 1981 PDD rules, two and a half days salary in favour of all Non-Gazetted employees, free Electricity for all employees of PDD Department like Railway, Telecommunication, JKRTC etc, NPS converted back to OPS, etc.

Director, University of Jammu Special Purpose Vehicle Foundation (UOJSPVF) and Director, SHTM, while addressing the audience expressed the importance of this program in creating 'Super Mentors' who can facilitate in developing an entrepreneurial mindset amongst the youth of the country.

He stressed upon how this program can act as an enabler in sensitizing and creating awareness about entrepreneurship and its contribution towards transforming the society at large. He also mentioned about the

various leadership and development programmes as well as capacity building and mentorship programmes offered by UOJSPVF to train aspiring entrepreneurs. Amit Singh, Founding Partner, Fluid Ventures, spoke about idea funding and investment opportunities in the country. He mentioned that however a good product or a business idea an entrepreneur may have, the capital and financial leverage will almost inevitably be a necessity. He also specified that entrepreneurs need to make efforts to ensure profitability of businesses, rev-

enue and employment generation as well as creating societal benefits.

Dr Abha Rishi, CEO, AIC-BIMTECH, in her session stressed on the role of faculty in mentoring and supporting students in idea generation and its effective implementation. She further emphasized upon the importance of networking, as it allows people to grow their entrepreneurial prospects, build relationships, break into new markets and collaborate with others.

Sanyam Dhingra, Asst. General Manager, AIC-BIMTECH highlighted the significance of creating and developing E-cells on campus. Further he shared their journey running Incubator & how incubators can support startups from Idea to commercialization.

The workshop concluded with Q&A session and was coordinated by Sanyam Dhingra, Asst. General Manager, AIC-BIMTECH.

Kohli Memorial Sports meet begins at HS Kalai

STATE TIMES NEWS

POONCH: The MY Kohli Memorial sports meet in the disciplines of Kabaddi and Volleyball started on Saturday in support with AAS Trust at Government High School Kalai grounds, here. The event is being organised to channelize the energies of the youth in a positive way. The three-day event was inaugurated by District Youth Services and Sports Officer (DYSS), Mohammed Qasim Choudhary in the presence of Mohammed

Tariq Khan, chairman Manjul Singh Memorial Volleyball Club. The district officer encouraged the players and promised all possible help from the department to support the talented youth of the Poonch.

Earlier, Manzoor Hussain Trustee, AAS Social and Educational Trust spoke about the life and contributions of late MY Kohli (RA). Mohd Tariq also threw light on the contributions of Kohli. Among others present included Anies Fatima (Headmistress) HIS Kalai, Feroz Ul Nisa (Sarpanch Kalai), Zaffer Khatai (ex Sarpanch Kalai), Nasim Choudhary (Headmistress HIS Kalai), Nasim Kohli (Senior Lecturer) HSS Jhalas Poonch and Basharat Kohli (both sons of late M Y Kohli) and Nambardar Kalai, Mohammad Azam.

In total, 22 teams are taking part in two sports disciplines. A couple of matches played in the presence of the distinguished gathering.

The Results: Volleyball: Kala A beat Bajrach Club Lasana 25-14, 25-17; HIS Kalai beat Bachian Wali 2-0.

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'Healthy Village Programme' training camp organised in Block Dalsal

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JAMMU: One day capacity building training camp for Panchayat members of block Dalsal was organized here at Block Headquarter Dalsal under 'Healthy Village Programme'.

Anil Sharma, President, All Jammu and Kashmir Panchayat Conference (AJKPC) who is also Sarpanch of Panchayat Halqa Jindrah inaugurated the program.

During inaugural session,

while addressing the gathering, Sharma thanked the Jammu and Kashmir Government for taking up this initiative to train the Panchayat members to further bring awareness amongst the masses about healthy lifestyle and hygiene. Sharma by villages were also invited and they exhibited keen interest in the training programme.

On this occasion local Panchayat members from near-

said that healthy citizenry leads to healthy nation thus it is imperative that each individual understand his/her duty to remain healthy himself and also help others to stay happy and healthy.

The invited Panchayat members also appreciated the government's programme to train them and they also assured to make the programme a grand success. The master trainer divulged details of different health related schemes run by the union and J&K government

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for the citizens, he requested the Panchayat members to pass on the message to every villagers. He also laid stress on the individual hygiene and keeping the surroundings of the village clean besides taking care of environment as they are interrelated to each other. Anil Sharma presented vote of thanks.

Prominent people who attended the programme include Sarpanch Nisha Rajput, Kuldeep Sharma and Sarai Dan.