

Udhampur Club lifts 34th Volleyball C'ship trophy



Chief Guest in presence of VAJK President Sidharth Daluja presenting trophy to winner team.

STATE TIMES NEWS

UDHAMPUR: Udhampur Volleyball Club (UVC) on Friday lifted the trophy of the 34th District Volleyball Championship organized by Volleyball Association District Udhampur (VADU) under the aegis of Volleyball Association of Jammu and Kashmir in collaboration with J&K Sports Council, which concluded here.

In the final, Udhampur Volleyball Club outplayed City Volleyball Club (CVC) in a close contest by 3-0 with set score on board being 25-22, 25-22 and 25-22. Later, the title trophy in this three-day event was presented by the Chief Guest, DIG Suleman Choudhary in presence of Guest of Honour, SSP Udhampur, Dr. Vinod Kumar.

President of Volleyball Association of J&K, Sidharth Daluja presided over the function.

Speaking on the occasion, Suleman Choudhary exhorted both teams to display the game with true sportsmanship. He said sports is very vital for young generation to keep physically fit and follow disciplined life and to keep away from

drug menace also.

District President Udhampur Volleyball Association, Raj Guru welcomed J&K president Sidharth Daluja and also extended greeting to both teams for their excellent performance in the championship.

Today's matches were officiated by Naveen Kumar, Vinod Sharma, Sanjeev Verma, Rakesh Kumar, Vinod Khajuria and Suresh Pal.

Others present were SK Magotra Principal BDC, Ashwani Kumar Principal BBSVP, Vikram Sathia Distt President Football Association, Ex-ZEPO Bushan Sethi, Roshan Lal Gupta, Ashok Padha, Suresh Khajuria, Pawan Kumar, Kuldeep Kumar, Soni Raj, Sanjeev Baworia, Tanbir Ahmad and Ashwani Kumar.

President J&K High Court Bar Association, Jammu, Senior Advocate M.K Bhardwaj along with office bearers Advocate Mohinder Pal Singh Palli Vice President, Advocate Surjeet Singh Andotra General Secretary, Advocate Aditya Sharma Joint Secretary and Advocate Amandeep Singh Treasurer and other senior and junior members of the Bar Association were also present.

Interacting with the lawyers

who participated in the football event, Batra laid emphasis on physical fitness for the lawyers and appreciated the steps taken by the Bar Association, Jammu in organizing such event which play important role in daily life.

Bhardwaj disclosed that till

date more than 700 Advocates

are concerned about their physical health.

NYK Kathua holds Cluster Level Sports Tournament



Participating players posing with dignitaries.

STATE TIMES NEWS

KATHUA: To achieve goal of Fit India programme and to promote sports culture and involve more and more youth with sports activities at village level, Nehru Yuva Kendra (NYK) Kathua organized two-day Cluster Level Sports Tournament on theme 'No Drugs-No Rash Driving' in coordination with Govt. Degree College (GDC) Mahanpur in which in which volleyball, kabaddi, 100 mtr and 400 mtr, tug of war competitions organized.

In volleyball, GDC Mahanpur lift the trophy by defeating BPS Club, Billawar; In Kabaddi, GDC Basohli emerged as winner and GDC Billawar as runner-up; in Tug of War, Higher Secondary School, Billawar beat GDC Basohli.

In 100 mtrs, Sameer, Parul and Manjeet stood first, second and third respectively; In 400 mtrs, Sammer stood first, Munna second and Parul third.

Ravi Shankar Sharma, Director, Education J&K,

was Chief Guest on the occasion and Principal GDC Mahanpur, Principal GDC Billawar, Bani, Basohli, Physical Director, Chief Education Officer Kathua, SHO Billawar, Sarpanch Sonu were presented on the occasion.

Chief Guest, Director, Education appreciated the efforts to promote sports among youth and aware, educate and sensitize Youth on drugs abuse and gave away trophies, cash prizes and certificates to the winners.

SHO Billawar delivered lecture on all aspects related to drugs abuse.

DIS Jammu celebrates Annual Day



DIS faculty presenting memento to the Chief Guest.

Nabi.

Dr. Vikesh Kaur, Principal DIS Jammu welcomed the guests and rendered the annual report of the school

highlighting the stupendous accomplishments of the students and the institution during the two years of

COVID-19 as well as the present year.

This was followed by the academic and endowment award felicitation by the Chief Guest, Alok Kumar and other dignitaries.

Speaking on the occasion, the chief guest said that the

entire program was scrupulously planned and executed by the entire DIS team which showcased the commendable magnificence of the school.

The cultural spectacle began with melodious welcome song by the teachers followed by an orchestration symphony which was a mingling of vocal and instrumental consonance. The proficient DABS of DIS Jammu presented buoyant program presenting a feeling of contentment and astounding zeal.

Every performance was of elegance, ardor and rhythmic contentment drawing a huge applause and heed from the audience.

The hit of the celebration

KC Sports Club's Soft Tennis players to participate in Nationals Sub Junior championship

STATE TIMES NEWS

JAMMU: The five promising players of K C Sports Club and J&K Soft Tennis Association. The J&K Soft Tennis team going to represent is comprised of 16 players including five from Jammu division and 11 from Kashmir division.

Chairman K C Educational Society, Raju Chowdhary and Vice Chairman, Arjun Chowdhary congratulated the players and the coach and wished them a successful tournament.



Selected players posing with dignitaries.

Sports inculcates mental endurance, positivity among youngsters: Yudhvir

Sports hold much significance in youths' life: Billawaria



Vice President BJP J&K, Yudhvir Sethi and other dignitaries posing with a participating team.

of sports and fitness in one's life is invaluable as the same harnesses team spirit, develops strategic and analytical thinking, leadership skills, goal setting and risk taking.

"A fit and healthy individual leads to an equally healthy society and strong nation", he added.

Baldev Singh Billawaria Deputy Mayor was the chief Guest on the occasion. He said that sports hold much significance

in youths' life as it instills confidence and leadership qualities. He said that in the last few years the country has made steady progress in the field of sports and that is the reason behind India's shining at world stage with medals pouring in persistently.

"It's time we inspire young talents, give them top-notch infrastructure and training of the highest level", he said adding that this is necessary for

becoming a sports super power across the world. In today's match City Club Udhampur trounced Shaheen Football Club by 2-0.

Raj Kumar Tarkhan Chairman Public Health and Sanitation, JMC was the Guest of Honour. Hardeep Singh Mankotia Chairman Swachh Bharat Committee JMC and Ajay Gupta Chairman Social Justice Committee JMC were also present.

Jeevesh takes fifer as J&K restricts UP to 275 in 1st innings

STATE TIMES NEWS

BHILAI: Talented left-arm spinner Jeevesh Gupta took a 5-wicket haul to take his tally to 23 wickets in the tournament and along with part-time bowler Dhruv Sharma helped Jammu and Kashmir restrict formidable Uttar Pradesh to 275 runs in the first innings of the Vijay Merchant Trophy match at Sector-1 Ground Bhilai, on

Friday.

Earlier, batting first, Uttar Pradesh openers played sensibly and before left-arm spinner Jeevesh Gupta removed Aditya Shishodia at his individual score of 47 runs and the team's total of 88 runs in 24.4 overs.

However, after the dismissal of Shishodia, wickets fell at regular intervals as Jeevesh spun

ets, thus restricting Uttar Pradesh to a total of 275 runs. Skipper Kaartik Singh top scored with 61 runs off 88 balls, studded with 8 fours and 2 sixes, while Shishodia, Sachin Tiwari and Bhavi Sharma contributed 47, 42 and 39 runs to the total respectively.

In reply, J&K's Jeevesh bagged 5 wickets by conceding 102 runs in his 29.4 overs, while Aridya Kumar Singh,

while Dhruv Sharma claimed 3 wickets by giving away just 4 runs in his 5 overs. Mudasir Abdullah and Bilal Mohi U Din also claimed one wicket each.

In reply, J&K were 5/1 in 14 overs at stumps on day-1 today. Irfan Ahmed (23) and Arman Sharma (14) were at the crease. Aridya Kumar (12) was the only batter dismissed by Aridya Kumar Singh.

Vijay Merchant Trophy

Jeevesh takes fifer as J&K restricts UP to 275 in 1st innings



J&K U-16 team posing alongwith with support staff on Friday.

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