

Talent Corner

Poem — My first sip of coffee

I just need some coffee in the morning ,
Less sugar , but no tea ,
Because it feels like my eyelids are falling ,
Like they are trying to sleep .

Now , I'm looking at the milk boiling ,
Half asleep, I'm teetering left and right ,
Smelling the rich aromas of coffee , while thinking ,
Will I be able to sleep tonight ?

Finally , it looks perfect, exactly like my type ,

Some soft music and a hot cup of coffee ,
Perfect for a cozy winter daylight .

With the first sip of caffeine ,
My eyes get filled with delight ,
Just me and my coffee , no one in between ,
This is what makes my mornings even more bright.

Mannat Sabharwal

Poem — Confidence

It is the only confidence that makes one successful in one's life.

Over-confidence or Under- confidence
both are responsible for a failure.

Confidence goes blank when it is perceived as a trait
to exert dominance over others.

Confidence is a reflection of self-strength;
it is not a means to overpower someone.

Confidence does not represent the stature of an individual;
it represents the presence of mind.

Confidence is one of the most powerful weapons
to fight for any competitions.

Try to build up confidence in yourself then and only

then success is always yours.

Those who repose full confidence in God never be unsuccessful
in any aims and objectives across their lives.
So always trust in God and go on do the right.

In order to build confidence one has to put in efforts regularly.
Words of encouragement have the power to even move mountains.

If one's confidence gets shaken up during one's defeats;
one loses the battle of winnability in one's life.
Confidence is said to be will-power by the
name of endurance and conviction.

Tara Chand Bhagat, Talab Tillo.

SUDOKU

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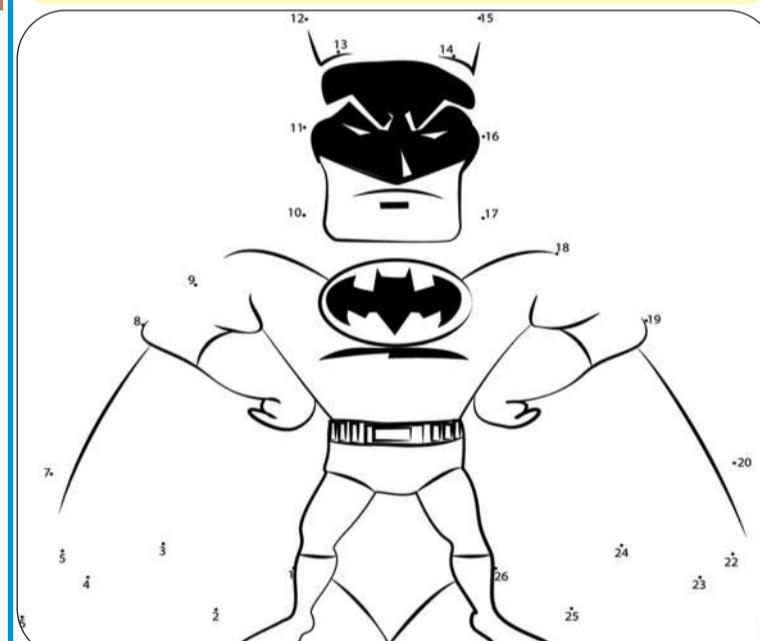
**SOLUTION
OF
LAST
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MAZE



COMPLETE THE PICTURE



CAREER AID

Psychology

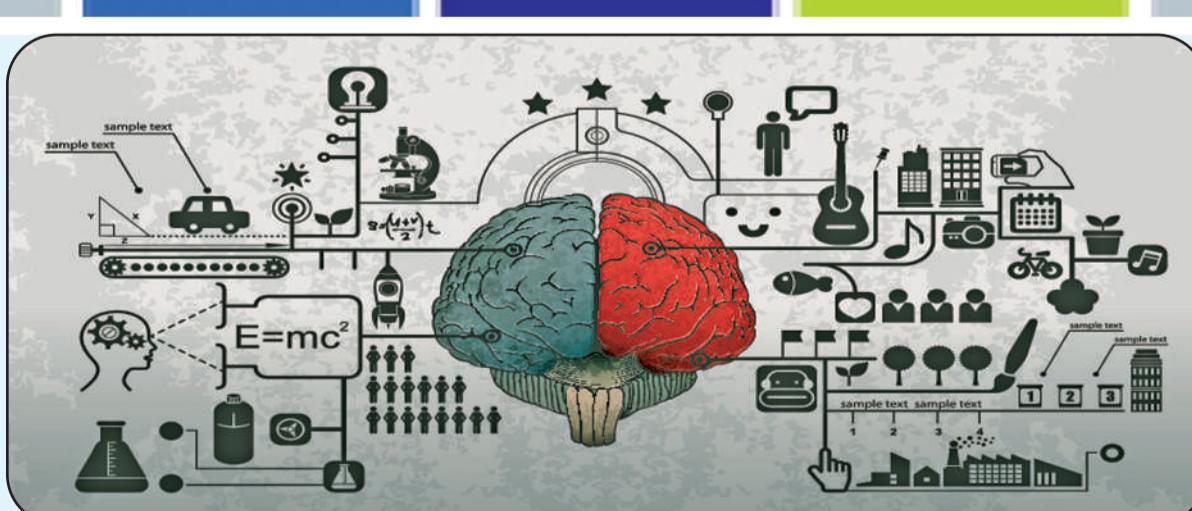
Psychology is a branch of science that deals with mental processes and behavior. It is the systematic study of human and animal behaviour, mind and thought. To pursue the career of a psychologist, one should have a genuine desire to help other human beings.

Psychology is mainly concerned with the way the mind works. Psychologists study the processes, motives, reactions, feelings and nature of the human mind. Their treatment is based on changing the behavioural patterns of the patients without medication. They do counseling and help people by bringing about changes in their thought process, thus improving their quality of life.

Psychologists need not have a medical degree. But they have to study several years to specialise in various aspects of psychology. One can pursue Psychology at the plus two level, graduate, post graduate and doctorate level. There are specialisations in many fields of psychology such as social psychology, child psychology, occupational psychology, clinical psychology, educational psychology, experimental psychology, etc.

Psychologists teach, practice and do research or work in one of the many branches of applied psychology. They apply their knowledge and techniques to a wide range of endeavors, including human services, management, education, law and sports.

Eligibility
Psychology is offered as a subject at the Plus Two or equivalent level with a combination of other social sciences and statistics. At the graduate level, one can study psychology as an Honors subject in most universities. After graduation, one can opt for an MA or MSc in Psychology, Social work or Counseling. Specialisations in the subject can be pursued at the post graduate level or at the doctoral level- M.Phil or Ph.D, after post graduation. At the master's and doctoral



level, education becomes increasingly specialized.
Post graduate courses in psychology are offered only to students who have graduated with psychology. Post graduate and doctoral degrees in Psychology puts emphasis on research. If your interest is in practice, i.e. helping people with problems (counseling) you could opt for Psychology-related graduate programs such as education and social work.

Colleges and Institutes:

Quantum University, Roorkee
Mandawar, 22 Km Milestone,
Roorkee - Dehradun Highway (NH - 73) ,
Roorkee (Haridwar Dist.) - 247167
Uttarakhand

Government College, Rhenock, East Sikkim
Rhenock, Rungdung, PO/PS - Rhenock Bazaar ,
East Sikkim (East Sikkim Dist.) - 737133

Salesian College Sonada Campus, Darjeeling
Ring Tong Tea Garden, Sonada ,

Darjeeling (Darjeeling Dist.) - 734209

West Bengal

Government General Degree College, Hooghly

Singur , Hooghly (Hooghly Dist.) - 712409

West Bengal

Maharani Lakshmi Ammanni College for Women : Department of Psychology, Bangalore

18th Cross Road, Malleshwaram ,

Bangalore (Bengaluru Dist.) - 560012

Karnataka

Vision Institute Of Applied Studies, Faridabad

Plot No. 40, Sector-20B, Huda, Faridabad ,

Faridabad (Faridabad Dist.) - 121219

Haryana

St. Johns College, Agra

M.G. Road , Agra (Agra Dist.) - 282002

Uttar Pradesh

Avadh Girls PG College, Lucknow

20-A, Vikramaditya Marg ,
Lucknow (Lucknow Dist.)

Uttar Pradesh

Acharya Institute of Graduate Studies, Bangalore

Acharya Dr. Sarvepalli Radhakrishnan Road Acharya PO ,
Bangalore (Bengaluru Dist.) - 560 107

Karnataka

Tamil Nadu Open University: School of Social Science,

Anna Salai

School of Social Science, No 577 ,
Saidapet , Anna Salai (Chennai Dist.) - 600 015

Tamil Nadu

Manonmaniam Sundaranar University - Department of

Psychology, Tirunelveli

Department of Psychology Manonmaniam Sundaranar
University ,

Tirunelveli (Tirunelveli Dist.) - 627 012

Tamil Nadu

Government College for Women, Thyeaud, Thyeaud

Vazhuthacaud ,
Thyeaud (Thiruvananthapuram Dist.) - 695014

Kerala

Fatima Mata College, Kollam

Kollam , Kollam (Kollam Dist.)

Kerala

If you have any ideas, poems, stories,
paintings that you would like to share with us,

please send it to

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or send via email to statetimes1@gmail.com