

# DPS Udhampur celebrates annual athletic meet ‘Olympics 4.0’

## ■ STATE TIMES NEWS

UDHMAPUR: Delhi Public School (DPS) Udhampur celebrated the annual athletic meet ‘Olympics 4.0’ and Felicitation ceremony.

Pawan Gupta Ex MLA Udhampur was the Chief Guest and Juhli Pathania Vice Chairperson District Development Council of Udhampur and Ranjit Kalra, Member J&K Sports Council were the Guests of Honour in the opening ceremony.

DPS Olympics 4.0 started with the welcome address by the school Head Girl Naina Khajuria and Head Boy Rehan Abbas .

The chief guest along with the dignitaries lit the DPS Olympics torch.

The school sports captain Ritivik Sharma with Vice Sports captain Rudra Pratap took the DPS Olympics torch and took a round of the field.

The motor bike stunt was the key attraction of the March past while the tableau



Ex MLA, Balwant Singh Mankotia and other dignitaries presenting award to a winner student.

for Jammu, Kashmir, Bhaderwah and one on unity & diversity of J&K was showcased and hailed by the audiences.

Principal Dr. Kunal Anand presented the school annual report for the session 2022-23. The crown of all the activities was Skatathon in which students took 2 round in skates, 2 on bicycles and then 200 meter running before reaching the finishing line.

The Chief Guest for the closing ceremony was Balwant Singh Mankotia, Ex MLA Udhampur and Guest of Honour was Pawan Khajuria. Anissa Nabi State Tax officer and Mansi Rattan Director MG Institute of Design were also present as the Special Guests.

The others present on the occasion were, Dr. Kunal Anand Principal DPSU, Bhanvi Sharma Head

Missress DPSU, Shivani Koul Jr Head Missress DPSU, Sangeeta Nargotra SR, Chief Coordinator, Rakhi Gupta CCA Chief coordinator and Lakhvinder Kour Jr: Chief Coordinator .

The Chief Guest along with Pro Vice Chairman of DPS Udhampur Dr. J.C Gupta, Managing Director Vivek Gupta, Director Academics Sucheta Gupta and other dignitaries distributed medals and prizes to the victorious students.

Dr. Lalita Memorial Academic Brilliance awards were given to meritorious students of class X & XII for brilliant board result . Dr Lalita Memorial Kala Nipun award were conferred to the sports department and Art &craft department and Dance department. Further on Dr. Sarvapalli Radhakrishnan Award was given to the teachers for bringing outstanding board results.

All the awards were presented by Balwant Singh Mankotia.

Later parents in the audience were also involved into various sports event, the school had organized a 100-meter race for Parents. The winners were felicitated with medals. Coordination among parents made the audience had a blast. The vote of thanks was presented by The Vice Head boy Rohinish Sharma & Vice Head girl

The whole program was presented by the team of live commentators Rakesh Sharma PGT Commerce, Preeti Sharma PGT English, Humera Shah TGT Science along with the team of students of class 12th. The program was conceptualized by CCA Head Rakhi Gupta & JR. Head Missress Shivani Koul. The cultural program was choreographed by Vishal Mehra and Rasham. The deco of the program was by Arun , Roma and Shantosh.

# Inter-Panchayat /MC Ward Level YSS Cup 2022 begins at Zone Bishnah



Participating players posing for a photograph with Chief Guest and other dignitaries at Bishnah.

## ■ STATE TIMES NEWS

BISHNAH: The Department of Youth Services & Sports, zone Bishnah organized Inter Panchayat/MC Ward Zonal Level YSS Cup 2022 in the age group of 18-35 yrs boys in the disciplines of Cricket, Kho-Kho, Kabaddi, Volleyball at Rehah stadium, here on Friday.

The event is being held under the chairmanship Sukhdev Raj Sharma, District Youth Services & Sports Officer Jammu and

overall supervision by Zonal Physical Education Officer, Bishnah, Surbjeet Kour.

Subash Chander, Naib Sarpanch, Panchayat Rehah was the Chief Guest. With the co-operation of field staff of zone Bishnah the competitions became successful.

The Chief Guest encouraged the participants for their participation and took pledge on ‘Drug Free India’ along with ZPEO and field staff of zone Bishnah to make India

drug-free.

In all, 126 participants/players drawn from different Panchayats of Zone Bishnah participated in the competitions. All SOP's were followed as per directions issued by this office from time to time.

In the end, ZPEO Bishnah presented the vote of thanks and appreciated the participants and motivated them to participate in games and sports to maintain their fitness level.

# Heritage School Jammu Senior Wing celebrates Annual Sports Day



A student presenting aerobic activity during Annual Sports Day at Heritage School, Jammu.

## ■ STATE TIMES NEWS

JAMMU: Senior wing of Heritage School celebrated its Annual Sports Day.

Sunil Gupta, Chairman Heritage School was the Chief Guest, Sunita Gupta, Founder Chairperson of Heritage School was the Guest of Honor while Member Board of Trustees Vishal Gupta and Monika Gupta were the special guests on the occasion.

School Head Girl Divyanshi presented the welcome address followed by lighting of the Sports Flame

by the Chief Guest.

The sports Torch was carried by the School Sports Captain Vikrant Gupta, who thereafter, administered the Oath to the participants. The meet was declared open by the Chief Guest.

The exciting athletic events were punctuated by colourful and energetic dance performances The students of classes VI, VII & VIII presented a scintillating performance of Aerobics on the beats of a foot tapping number. Saree Drill presented by the students of

classes VIII -X encompassed the whole arena in a rainbow of colours.

Sunil Gupta and Sunita Gupta gave away the medals and certificates to the winners. The esteemed Chief Guest presented the Trophy for the Best House to Legacy House and the Best March Past Contingent to Culture House.

Puneesh Puri and Armaan Sharma were honoured with the Best Sportsperson Trophy for their exemplary performance in Roller Skating and Cricket respectively at State and National Levels.

Puneesh Puri won Gold Medal in Roller Skating CBSE North Zone II in 1000 & 500mts U-12 category. Armaan Sharma was felicitated for his achievement of being selected in JKCA Team for Vijay Merchant Trophy by BCCI.

The Principal Akash Pradhan extended the vote of thanks.

## ■ STATE TIMES NEWS

JAMMU: Talent, it is said, is what you possess, but genius is what possesses you. Talent takes you to great heights, but being genius means exceptional.

Jammu boy Lucky Sharma is the real genius, who after creating history by becoming first player from Jammu and Kashmir and getting a contract of Rs 10,000,00 to play for Jaipur Pink Panthers in the prestigious Pro Kabaddi League (PKL), astounded Kabaddi world with his extraordinary skill and athleticism.

Lucky got the opportunity to play against another formidable team Bengaluru Bulls, wherein he got the ‘Game Changer of the Match’ award and impressed one and all with his extraordinary Kabaddi skills.

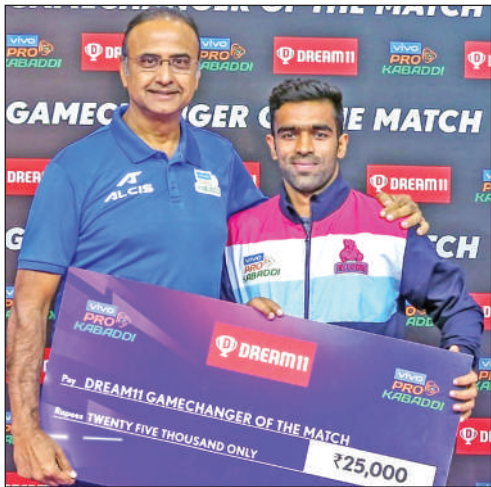
Growing up, Lucky Sharma was destined to follow his coach's footsteps and go on to become a Kabaddi player, something other boys from his village dream off. He hails from a small village Pouniehach, which is away from the hustle and bustle on the outskirts of Jammu City, not much known for producing good athletes.

Just like other kids of his age, nine-year old Lucky loved spending time playing Kabaddi or watch his childhood coaches Ajay Sharma and Sanjay Sharma play.

"I was a little kid when I used to watch my childhood coach Ajay Sir play which inspired me a lot. With my parents and coach's support, I continued to follow my dream of making a name in this sport," said Lucky Sharma, whose team has already sealed berth in the semifinals of Pro

## Jammu boy Lucky astounds Kabaddi world

# Pink Panthers’ defender bats for infra development in J&K



Jammu boy Lucky Sharma receiving a cash award.

Kabaddi League (PKL)

However, 26-year old Lucky, son of Bishan Lal Sharma (Driver) and Tripta Devi (House wife), made his first successful move when he got the selectors' nod for making it to the Junior State team and performed well for J&K. From there-on it was no looking back. Right after completing his intermediate, he got a job in Indian Army at the age of 18, where he got better facilities to hone his skill.

Sharma was in Class 6 when he was introduced to kabaddi on the grounds of the local club in his village. Like most kids and youth in J&K, cricket

was where all the attention was but kabaddi caught the boy's eye.

His childhood coaches Ajay Sharma and Sanjay Sharma worked hard on him and he is making them feel proud today.

His father, a driver by profession, never once stopped his son from doing what he loved, no matter the financial constraints at home. But as Sharma grew up, he realised he needed to contribute to the family (he has two sisters and a younger brother). He joined the Army in 2015, and in the year's training thereafter, Kabaddi was the farthest in his mind.

"The biggest problem in our region is the lack of facilities-mats, indoor stadiums, gym. There's one indoor stadium, but even that was built only recently. Until then, it was all about cricket.

There's no SAI (Sports Authority of India) hostel. If there was one, kids would focus more on sports, work harder and know about aspects like diet, training etc. Most of them come from a middle-class background and can't afford a lot of things. The moment we get some sort of facilities there, more players will advance to this level,"maintained Lucky.

He said J&K has abundant Kabaddi talent but the dire need is to raise Kabaddi infrastructure so that the skill of the players is polished in a befitting manner, adding that there is a great future for the players in this ‘Desi Khel, Khel Kabaddi’.

Jammu and Kashmir Kabaddi Association alongwith the Government of Jammu and Kashmir need to promote this game and brighten the future of budding players.

# DPS Jammu students win gold in J&K UT Roll Ball Championship 2022



DPS Jammu faculty members posing for a photograph with winner students.

## ■ STATE TIMES NEWS

JAMMU: Students of Delhi Public School (DPS) Jammu brought laurels to the institution and their parents by winning gold and bronze medals in J&K UT Roll Ball Championship 2022 organized by J&K Roll Ball Association at MA Stadium from November 25-27, 2022.

Samarth Gupta (XII-E), Mahir Sehgal (XII-E) and

Dipayan Gupta (XII-E) won gold medals and Taranish Gupta (XII-E) bagged silver medal in Senior category.

Anandin Sharma (XI-E) and Aditya Kumar (XI-E) won Gold medals and Aditya Mahajan (XII-E) won silver medal in U-17 category.

Arihant Sharma (VIII-L) won gold medal in U-14 category while Astitva Choudhary (IV-C) won gold medal in U-14

and silver medal in U-11 categories.

Principal DPS Jammu, Ruchi Chabra congratulated all the winners and their parents for the glorious achievement.

President RCT, Ajatshatru Singh, Pro VC, Dr. Ritu Singh and Director; S.S Sodhi also congratulated the winners, their parents and extended their best wishes for all their future endeavours.

# Kishtwar Athletes shine in IDPL Girls Athletics meet

## ■ STATE TIMES NEWS

KISHTWAR: The Athletes of District Kishtwar have bagged two medals in the ongoing two-day Inter-District Provincial Level (IDPL) under-19 Girls and U-17 Girls Athletics meet being held at Shri Mata Vaishno Devi Sports Complex Katra.

The Gold Medals were won by Qurat Ul Ain in Javelin U/19 Girls and Palvi Parihar in Javelin U/17 Girls, both students of GHSS

Kishtwar.

The Physical Education staff of Kishtwar, under the guidance of DYSSO., Kharati Lal Sharma, imparted training to all these sports persons before the competition.

Both the students/Athletes will now represent the UT of J&K at national platform.

Deputy Commissioner Kishtwar has extended congratulations to both students for their remarkable achievement.

The Sports Department has been applauded for providing the students a platform to showcase their talent at provincial level.



# APS BD Bari organises workshop on Rope-skipping

## ■ STATE TIMES NEWS

SAMBA: Army Public School (APS) BD Bari under the mentorship of Principal Neeta Rawal collaborated with Rope Skipping Association of J&K organized workshop for the students.

Around 500 students took part in the workshop which was conducted under the leadership of Danish Sharma, Technical Director RSAJK along



Rope Skippers displaying techniques of Rope Skipping during a workshop at APS BD Bari.

with his skippers. The school felicitated the participating Principal of the Guest.

# Army organises Inter-Village Kabaddi Competition at Lam

## ■ STATE TIMES NEWS

RAJOURI: Army organised an Inter-village Kabaddi Competition at Lam Play Ground with a total of six village teams fiercely competing against each other.

The tournament was played on a league cum knock-out basis with the final being played between Dr Ambedkar Team and Team Laroka. Dr Ambedkar Team emerged victorious and lifted the trophy.



A Kabaddi match in progress at Lam Play Ground in Nowshera.

# Mayor inaugurates day 4 of Lawyers Sports meet



Mayor Jammu, Rajinder Sharma interacting with participating players of Lawyers Annual Sports meet.

## ■ STATE TIMES NEWS

JAMMU: Day four of the Lawyers Annual Sports meet was inaugurated by Rajinder Sharma, Jammu Mayor.

President Jammu and Kashmir High Court Bar Association M. K. Bhardwaj (Sr. Adv) along with office bearers namely Adv Mohinder Pal Singh Palli, Vice President through Video conference on line, Adv.

Surjeet Singh Andotra General Secretary, Adv. Aditya Sharma, Joint Secretary, Adv. Amandeep Singh Cashier, and many senior and young lawyers/ members of the JKHCBA, Jammu welcomed and greeted the Jammu Mayor by presenting the bouquet.

Mayor appreciated the step taken by the Association in organizing such events,

which give some time of leisure for entertainment and rejuvenation to the Lawyers who are otherwise very busy in their professional work.

Fourth Day Results: Udhampur XI beat Spartan XI by 8 wickets. Samba XI beat The Enforcers XI by 60 runs; Dara XI beat Udhampur XI by 9 runs; Legal 'A' Star outplayed Samba XI by 32 runs.

# DYSS holds sports events for YSS Cup in Arnia



A Kabaddi match in progress.

## ■ STATE TIMES NEWS

JAMMU: Department of Youth Services and Sports organised inter-Panchayat Zone level sports events at Arnia for the YSS Cup 2022 involving participants between 18 and 35 years age group.

The competition took place in the disciplines of Kho-Kho, Kabaddi and Volleyball under the chairmanship district (DYSS) officer Jammu, Sukhdev Raj Sharma.

In this event, Vice Chairman Municipal Committee Arnia, Dr Sham Lal was the chief guest, who along with guest of honour, Uttar Kumar Saini complimented the teams qualifying for the next round of the YSS Cup.Around 200 participants contested in three sports disciplines under the guidance of technical individuals, a handout issued by the DYSS here today informed.