

JK Public School Kunjwani excels in National Sambo Karate Championship 2022



JK Public School Kunjwani faculty members felicitating coach and medal winner students.

■ STATE TIMES NEWS

JAMMU: JK Public School Kunjwani won 29 medals including five gold, nine silver and 15 bronze in National Sambo Karate Championship held from December 1 to 4, 2022 at Noida, Uttar Pradesh.

The championship was organized by Sambo India Association affiliated to the International Sambo Federation and Sambo Union of Asia.

The winners include Kritika Sharma, Ahmed Ibtisam,

Manan Singh, Dhairya Sheel Singh, Ujbal Saini, Ashish Nirankari (all Gold); Shivanshi, Udhayotini Jamwal, Vipul Mina, Piyush Swaroop, Krish Jamwal, Rajan Singh Saini, Pratham Sharma, Jasleen Kour; Shivam Kapoor (all

Silver); Aagamya, Vedanshi Mahajan, Yuvraj Singh, Syna Prajapat, Pihu Sharma, Shreyas K Sanjeev, Akshat Kumar, Bhavya Vikas, Arushi, Amayara Gupta, Ayush Khajuria, Samridhi Khajuria, Arvind Kumar and

Momin Gafoor and Arvind Singh (all Bronze).

The School Director, Shashi Chaudhary and Principal of the School Rajesh Rathore congratulated the winners and felicitated them in the school assembly.

The school Karate Coach Gopal Dass who has been awarded Diploma by the Sambo Association for this great achievement was also felicitated and applauded for preparing the children for National Platform.

Speaking on the occasion Rajesh Rathore said that JK Public School is always known for its academic and sports excellence. We at JK Public School believe that Sports and games are the ways of boosting the children's mental and phys-

ical development. It assists children to develop mental and physical toughness. Sports eliminate psychological exhaustion of the children. Sports establish a sense of friendliness among the children and develop their team spirit.

JKPS Kathua students shine in National Sambo Championship



JK Public School Kathua faculty members felicitating medal winner students.

■ STATE TIMES NEWS

JAMMU: Students of JK Public School (JKPS) Kathua brought laurels to the school by winning ten medals including five gold, four silver and one bronze in National Sambo Championship recog-

nized by International Olympic Committee and the Olympic Council of Asia at Indoor Complex Stadium, Bhagawati Nagar, here recently.

The JKPS Kathua team was led by National Coach

Anil Kotra.

In this Championship teams from all states of the country participated where JKPS Champions emerged as most promising team of the J&K (UT). JKPS Management, Principal and staff congratulated the Sambo Champions.

Prabal Singh, Amandeep Singh, Deshant Singh, Prashant and Aarav won gold medals while Himani Dubey, Girja, Parik and Saksham bagged silver and Vijay Lakshmi won bronze medal.

Jodhamal Skaters selected for Nationals

■ STATE TIMES NEWS

JAMMU: Karnataka Roller Skating Association (KRSA) in association with India Skate is organising 60th National Roller Skating Championship 2022 which is going to be held at Bengaluru.

These Nationals are being held in the 2nd and 3rd week of December. As many as 32 Jodhamal skaters are participating in these nationals and they would be representing Jammu & Kashmir team in nationals.

The Jodhamal skaters selected for National Championship are Ranveer Singh Shan, Yuvraj Singh, Sugand Mahajan, Anandini Sharma, Medhansh Sawhney, Pavit Gupta, Aayraa Vashishth,



Jodhamal Public School faculty members posing with medal winner students.

Aayan Sharma, Tabish Haider Chib, Ainoor Johar, Gurjas Singh, Aahan Sharma, Dhruv Sadhotra, Namish Gupta, Aanyaa Vashishth, Ayesha Mubeen Chib, Priya Mahajan, Serish Abrol, Akshita Sharma, Shawini Mahajan, Sameer Rahi, Saksham Sharma, Ayesha Hayaat, Aarohi

Mahajan, Abiha Fatima, Hazel Suri, Shaurya Mohan, Mohd Fahim Khan, Aasim Abbass Khan, Vaidehi Mahajan, Aiyza Naz Chib and Czia Raina.

Earlier the skaters of Jodhamal School had brought laurel by winning bagful of medals including 30 gold, 16 silver and 8 bronze in the State

level Championship organised by J&K Roller Skating Association at MA Stadium and Peer Kho Stadium. The students are coached by Kamal Anand and Ritish Jamwal, Skating Coaches of Jodhamal School.

Also in recently held Sahodaya Roller Skating Competition held at Birla Open Minds, Team Jodhamal emerged as overall champion and won maximum number of medals- 16 Gold, 07 Silver and 10 Bronze in various categories.

The winners were felicitated in a special assembly by Principal, Dr. Deep Khare, and he said that the route to success lies in hard work and dedication.

VFI frames ad-hoc Committee of TNSVA

■ STATE TIMES NEWS

JAMMU: Volleyball Federation of India (VFI) has terminated the affiliation of Tamil Nadu State Volleyball Association (TNSVA) as its member-association with immediate effect, vide its order passed on November 18, 2022 by the Executive Committee of the VFI.

This was stated by a hand-out issued on Wednesday by Anil Choudhary, Secretary General VFI.

Pursuant to the same, it added, an Ad-hoc Committee has been formed to represent and carry out the functions at the state-level in lieu of TNSVA.

The Ad-hoc Committee will be headed by Justice (Retd.) S. Rajeshwaran as Chairman while M. Prabhakaran as Convener and Bal Chandran, G. E. Sridharan, J. Nadarajan, Mohammed Jinna and S. R. Aruchamy will be its members.

Indian Hawks Club Skaters make mark in CBSE NZ tourney in Sonipat

Bring home 7 gold medals, one silver



IHRSC medal winner Skaters posing for a photograph.

■ STATE TIMES NEWS

JAMMU: Continuing with spree of stupendous performance, the skaters of Indian Hawks Roller Skating Club (IHRSC) established themselves as outstanding sportspersons by yet another dazzling spell in CBSE North Zone speed skating championship recently held at South Point School Sonipat by winning eight medals.

The IHRSC squad including top seeded skaters of the country left the skating lovers spellbound in the North Zone Championship organised by CBSE Cluster.

Among eight skaters of the aforesaid club, three were declared individual champions after they bagged gold medals in their scheduled races and respective age groups. The medal winner

skaters included Tamanna Saini two gold medals (individual champion), Punish Puri two gold medals (Individual champion), Udhay Narayan two gold medals (Individual Champion), Sanvi Grover one gold medal and Tabish Haider one silver medal.

Chairman of the Club Ashok Gandotra (Chief Engineer Retd.) has applauded the brilliant performance by the skaters at the North Zone Championship. He said that consistency is the key to achieve the pinnacle of success and the way the Indian Hawks skaters are sailing in

the sports arena days are not far when their names will shine in international rinks. International Skater and mentor of the Club Arjun Gandotra also appreciated the medal winner skaters for showing extraordinary skills at the rink in Sonipat tourney.

He asked the budding skaters to ensure that their performance remains persistent as maintaining success is the most difficult part in a sports person's life. He asked them to redouble their efforts and focus more on practice schedules to make sure that they come out with flying colours in the upcoming sports competitions including the 60th speed skating national tourney, which is commencing on December 10, 2022 at Bengaluru in Karnataka.

GGM Science College lifts inter-collegiate football trophy



Principal GGM Science College, Dr. Rajesh Gupta, Prof. Anil Verma and Dr. Vinod Bakshi Sports Coordinator CLUJ and Physical Director GGM Science College along with winner football team.

■ STATE TIMES NEWS

JAMMU: GGM Science College beat Govt SPMR College of Commerce by 1-0 in the final and lifted the trophy of Inter-Collegiate Football Men Tournament of Cluster University of Jammu played on Wednesday at GGM Science College Football Ground, here. The tournament was played under the overall supervision of Dr. Vinod Bakshi, Sports Coordinator CLUJ and Physical Director GGM Science College Jammu. Dr. Rajesh Gupta, Principal GGM Science college was the Chief Guest on the occasion. Prof. Anil Verma,

Prof. B. B. Bhat, Prof. Veer Singh, Prof. Shrdha Anand, Prof. Davinder Sharma, Associate Dean Student Welfare, Dr. Monika Gupta, Aijaz Malik, Physical Director SPMR College of Commerce, Dr. Roopali Slathia, Physical Director GCW Gandhi Nagar Jammu, Ramandeep Kralia, Physical Director, GCOE Jammu and Neelam Chalotra, Assistant Physical Director Govt. MAM College Jammu were among the various dignitaries present during the occasion.

The match was officiated by Rahul Sharma, Abhishek Chandan and Aman Sudan.

Shreya among 5 J&K Fencers in World Cup team

■ STATE TIMES NEWS

JAMMU: Considering their ranking in the 30th Junior National Fencing Championship held at Cuttack in Odisha in July last, the Fencing Association of India (FAI) has selected five fencers from J&K for the Junior Sabre World Cup at Germany from December 17 to 18, 2022.

As per the details provided by the Adhoc Committee of the J&K Amateur Fencing Association, three male and two female fencers have been from the UT have been made part of the Indian team.

These selected fencers are Lakshay Sharma, Suryansh Sharma, Mayank Sharma, Shreya gupta and Kritarthi Kotwal.



"Though the FAI has selected five fencers from J&K for the important event, still the participation is yet to be confirmed by the fencers, the reason being huge cost of participation, Rs 1.60 lakh (including registration fee) for each fencer. This event is not being sponsored by the Government in anyway, except for allowing the team for the event," informed Convener of the Adhoc Committee, Rashid Ahmed.

In total, 12 fencers are there in the team already announced by the FAI. And, now, in case of any selected player dropping, the next in the list of ranking shall represent the country in the World Cup, added Rashid.

Pathania Cricket Club lifts Winter Cup T20 Tournament trophy

■ STATE TIMES NEWS

JAMMU: Pathania Cricket Club lifted the championship trophy of Winter Cup T20 Cricket Tournament by defeating Narayana Cricket Club in a keenly contested match by 31 runs at MA Stadium Jammu on Wednesday.

M.M Mathavan, Facility Director SMVD Narayana Superspeciality Hospital was the Chief Guest whereas R.S Pathania senior leader BJP was Guest of Honour in the tournament which was an initiative of SMVD Narayana Health Katra & J&K Sports Council under My Youth My Pride.

PCC captain Arjun won the toss and elected to bat first. They man-



Winner Pathania Cricket Club after receiving championship trophy from the Chief Guest.

aged to score 127 runs in stipulated 20 overs losing eight wickets as NCC

length. For PCC Vivek & Raj scored 28 & 27 respectively whereas for NCC

Rahul Jamwal & Rahul Dutta took two wickets and Ajeet and Vinay claimed one wicket each.

Chasing 128 to win in 20 overs, NCC batsmen were in driving seat for major part of the game but they kept on losing wickets on a regular interval and couldn't keep the momentum.

Brilliant bowling spell by Sujal, Raj & Asad taking two wickets each followed by Rohit Tarun and Ranjit taking one wicket each, NCC was all out at 96 and PCC won the match by 31 runs.

For his all round performance Raj Sharma was declared Man of the Match whereas Rahul Jamwal was declared as Man of the Series in the tournament.

NIT Srinagar wins All India Inter-NIT Faculty, Staff Cricket Tournament trophy

■ STATE TIMES NEWS

SRINAGAR: National Institute of Technology (NIT) Srinagar on Wednesday defeated NIT Uttarakhand by 26 runs in the final of All India Inter-NIT Faculty and Staff Cricket Tournament at Sports Cricket Ground at Visvesvaraya National Institute of Technology (NIT) Nagpur.

The tournament was hosted by VNIT Nagpur and 20 NITs from across India participated in the mega event.

Earlier after winning the toss, NIT Uttarakhand decided to field first. On a tough surface, NIT Srinagar started well and scored 125/8 in 20 allotted overs.

While chasing the target,



NIT Srinagar team posing for a photograph after receiving championship trophy.

NIT Uttarakhand made a shaky start and lost their 5 wickets quickly during the Powerplay and were eventually bundled out for 99 in 18.2 overs.

For NIT Srinagar, Captain Faisal Irshad (Dy Registrar Administration) played a vital knock of 36. While Sohail Baba

scored 22 runs and Dr. Majid contributed with a quickfire 17 off 9 balls in the end.

In the bowling department, Mustafa Zargar took 3 wickets in his 4 overs conceding only 13 runs. Mohsin Shabir and Dr. Shakeel Waseem also chipped in with 2 wickets each.

During the post-match ceremony, Mustaf Zargar was declared Man of the Match. Captain Faisal Irshad was declared the best batsman of the tournament and Dr. Shakeel Waseem was declared best bowler of the tournament.

Director NIT Srinagar, Prof. (Dr) Rakesh Sehgal con-

gratulated the entire cricket team for achieving the extraordinary feat of winning the prestigious tournament.

The NIT Srinagar Cricket team was led by Captain Faisal Irshad (Dy Registrar Administration), Dr. Tanveer Rasool, Dr. Pankaj Kumar, Sohail Ahmad Baba, Aqib Ahmad (Jr. Asst), Mohammad Hazik (Asst. Registrar Legal and PIO), Tanveer Hussain, Mohammad Asif, Dr. Shakeel Waseem, Dr. Majid Hussain, Dr. Mohsin, Mustafa Zargar, Mushtaq Ahmad and Shabir Mustafa.

While as Prof. Abdul Liman, Dean and Students Welfare (Manager), and Abdul Hamid Dar (Senior Technician) were also traveling with the team.

Heritage School organises seminar on adolescent health

■ STATE TIMES NEWS

JAMMU: A seminar on 'Adolescent Health' was held at Heritage School on Wednesday for students of class VII.

The guest speakers were Dr. Meeta Gupta, Professor and HOD Obstetrics & Gynaecology AIIMS, along with her team comprising of Dr. Remu Sharma Associate Professor, Dr. Natasha Gupta Assistant Professor, Dr. Harleen Assistant Professor and Nursing Officers Diksha, Naresh and Yogesh, who shared their expertise with the students. Dr. Meeta Gupta discussed, in detail issues concerning the adolescent boys and girls like exam stress, importance of healthy diet etc. She opined that concentrated



Resource persons and faculty members posing for a photograph with students during a workshop.

efforts by both the teachers and parents can keep the impressionable youth away from the menace of drug abuse.

While addressing the girls she also instructed them about menstrual hygiene and its importance.

Thereafter she informed the girls about Polycystic

Syndrome (PCOS), because it not only leads to irregular menstrual cycle but can lead to other complications during adult years as well.

The Principal Heritage School extended his appreciation to Dr. Meeta Gupta and her team for imparting valuable information to the students.