

Amitabh Bachchan is a proud NANA, praises Agastya Nanda as The Archies starts streaming on Netflix



Megastar Amitabh Bachchan's happiness knows no bounds. Agastya Nanda recently made his debut on Netflix with Zoya Akhtar's directorial 'The Archies'. Amitabh who went with his entire family including wife Jaya, son Abhishek, daughter in law Aishwarya and others at the grand premier of 'The Archies' has now posted an adorable picture from the same event. Seems like the Shahenshah of Bollywood can't keep calm as he has taken on social media to praise his grandson performance in the film.

Agastya Nanda has been receiving a lot of accolades for his portrayal of Archie in the film 'The Archies'. Celebrities like Katrina Kaif, Arjun Kapoor and others have given thumbs up to the film. However, it certainly feels surreal when your grandad who also happens to be the brightest and biggest star of Bollywood praises you. Amitabh recently took to social media and uploaded the below post. He expressed her joy of seeing Agastya's fabulous work on screen. In the below picture you can see Amitabh posing with son Abhishek and grandson Agastya.

Amitabh Bachchan is known for praising performances of actors who according to him do a great job in a particular project. He always makes sure to send a handwritten note and bouquet of flowers to actors who do a marvelous job. Weather it was Vijay Verma and Alia Bhatt's performance in Gully Boy or late actor Sushant Singh Rajput's performance in MS Dhoni: The untold story, the 'OG' Don has sent handwritten notes and flowers to them and many other actors. Talking about Amitabh Bachchan the actor is currently hosting game show Kaun Banega Crorepati's fifteenth season. The actor was last seen in the 2022's film Sooraj Barjatya's Uunchai.

Sam Bahadur on OTT: Vicky Kaushal's war drama film to premiere on THIS platform from Republic Day 2024

Bollywood actor Vicky Kaushal's Sam Bahadur received a lot of appreciation and praise from the critics as well as from the audience. The war drama film has been a huge success at the box office. The film has managed to keep the audinnceee glued to the screens with its storyline. As per Pinkvilla reports, the film is all set to premiere on the OTT platform.

Director Meghna Gulzar revealed that Sam Bahadur will take at least 8 weeks to make its digital debut. The film will be premiered on ZEE 5 on Republic Day 2024. There were various rumors which stated that the film would be released on the OTT platform within three to four weeks of its release, but that is not the case.

Vicky played the role of brave patriot Sam Manekshaw, who became India's first field marshal and won millions of hearts with his perfect depiction of the character. The actor was lauded for his dedication and sheer hard work. He perfectly managed to nail the character in the film. The movie is India's first field marshal. Sam Bahadur is a story about India's first field marshal who was the India's first field



marshal India's first field marshal in 1971. Apart from Vicky, Sanya Malhotra and Fatima Sana Shaikh played the main roles in the film.

Disha Patani to spearhead an action film with Malang director Mohit Suri?

Disha Patani has always wowed her fans with her action videos on Instagram. In 2020, she was seen in Malang with Mohit Suri. Her portrayal of a carefree girl in the film won her a lot of accolades. People loved her chemistry with Aditya Roy Kapur in the film. They did one more film together Ek Villain that starred John Abraham, Arjun Kapoor and Tara Sutaria. While the film got panned, everyone admired Disha Patani's performance as Rasika. Now, the two are coming together for one more action film. The producer is Vishal Rana of Echelon Productions.

Disha Patani will be seen in what is being described as a sleek action movie. It seems Mohit Suri and Vishal Rana were in talks for a long time now. The action film planned by them will go on floors from January 2024. It seems the two felt that she was the perfect choice for the movie. Sources have told Pinkvilla that she has verbally agreed to be on board. The makers feel Disha Patani can pull off action sequences with conviction. The source was quoted as



saying to Pinkvilla, "Disha has over the years expressed her desire to spearhead an action film and she was very excited by the offer to do one with Mohit. She has verbally agreed on doing the actioner."

Recipes

Sweet Potato Balls



Ingredients
2 sweet potato
1/2 capsicum (green pepper)
2 tablespoon refined flour
2 tablespoon corn flour
salt as required
1/2 onion
1 green chilli
1/2 cup bread crumbs
1 cup vegetable oil
1/2 teaspoon black pepper
1/2 teaspoon garam masala

Method:
Wash the sweet potato properly and boil it. You can also pressure cook it until soft. Now peel it and collect it in a bowl.
Step 2 Make the mixture
Now mash the sweet potato properly. Add finely chopped onion, capsicum, green chilli, salt, black pepper powder and refined flour.
Mix well to prepare a stiff dough.
Step 3 Make balls and fry
Now mix corn flour with 1/4 cup water to prepare a slurry. Make small balls from the mixture and place them on a plate. Dip the balls in slurry, coat them using breadcrumbs and deep fry them in hot oil.
Fry until golden in colour.
Step 4 Ready to be served
Once fried, serve the Sweet Potato Balls with ketchup, mint chutney or mayo. Enjoy!

Winter style hacks for lazy girls



Winter fashion is a captivating blend of cozy comfort and chic sophistication. As temperatures drop, layers become the key to both warmth and style, with oversized sweaters, stylish coats, and plush scarves taking center stage. The season offers an array of textures, from luxurious wool to faux fur, allowing fashion enthusiasts to experiment with tactile elements. And, if you are a lazy girl, fret not for you can still make a style statement. Lazy girls can effortlessly elevate their style with these simple yet effective styling hacks to keep it minimalist yet trendy.

Keep your wardrobe ready with oversized sweaters
Oversized sweaters are warm and comfortable to wear. It is one of the best ensembles for wintry days, displaying a cool vibe. Oversized sweaters have a gender-neutral appeal, and it's the most trending fashion-forward style these days. Pair it with high-waisted blue or black jeans. Believe it, an oversized sweater is a vibe in winter.

Long black cardigans: Add a long black cardigan to your winter wardrobe. These cardigans give an uber-chic look to your personality. The open-front buttoned long sweaters are quite warm and



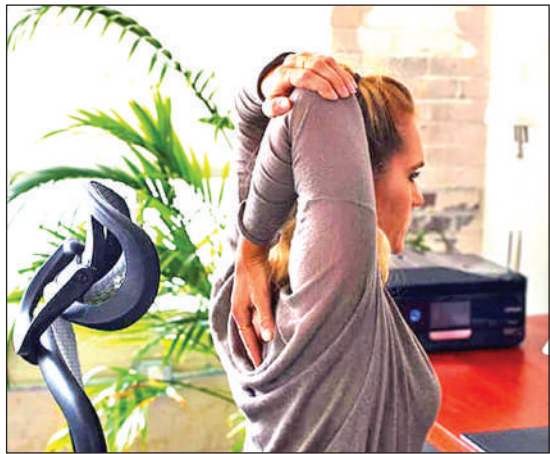
relaxing. They are best for layering. You can wear it on full-sleeved warm shirts, and even knitted crop tops. Pair it off with high-rise skin-fitted jeans. Don't forget to ace your look with long black boots, they're the only oomph factor in winter fashion.

Zip-Up Hoodies: For a casual look, opt for a hoodie to look nothing less than dapper. Black hoodies are perfect for a relaxed look on chilly winter nights. A warmer Zip-Up hoodie is what you need to make your everyday clothing sass.

Sweater dress: Every woman's favorite winter clothing is a casual, trendy sweater dress. It's body-hugging and has a seamless silhouette that accentuates your look to elegance. Pair your knitted sweater dress with white sneakers.

Comfy sweatshirts: A timeless garment of winter fashion, sweatshirts are one of the most comfortable wear of the cooler days. In the world of fashion, to have a versatile wardrobe, sweatshirts are the most lovable and popular choice to spend all day in comfort. With warmer pockets and fabric, sweatshirts are the easiest choice for everyday hacks.

Fitness at your desk: Exercise to keep you fit while working in office



In our increasingly sedentary work culture, integrating fitness into the desk-bound routine has become paramount for maintaining overall well-being. Implementing desk exercises, or "deskercises," is an effective strategy to counter the negative effects of prolonged sitting.

Workouts to try at work
Simple movements like chair squats, desk push-ups, or leg lifts while seated can engage muscles and improve circulation. Incorporating stretches, such as neck rotations, wrist flexions, and shoulder stretches, alleviates tension and reduces stiffness from extended periods of desk work.

Exercises you can do to lose weight
Chair Squats: Raise yourself up and then return to the chair without sitting all the way down. Repeat a predeter-

mined number of times.
Leg Raises: Raise one or both of your legs while seated, then hold them there for a short while. Retrace the leg or legs while keeping the feet off the ground.
March while seated: Take a seat at the edge of your chair and raise your knees to form a march. This improves circulation and works the core.
Desk Press-Ups: Take a few steps back from your desk, put your hands on the edge, and press yourself up.
Calf Raises: Lift your heels up while standing and then bring them back down. The calf muscles can be strengthened with this workout.
Mindful breathing
Likewise, mindful breathing exercises and relaxation techniques can combat the mental strain associated with extended desk hours. Taking short, frequent breaks to stand, walk, or perform quick exercises promotes blood flow and helps combat the adverse impact of prolonged sitting on posture and muscle health.

Workout gears to use in office
Additionally, investing in ergonomic office furniture, like standing desks or stability balls, encourages better posture and engages core muscles, providing an opportunity to alternate between sitting and standing throughout the day.

Fitness apps can be helpful
Utilizing tools like fitness apps or setting reminders to move at regular intervals fosters consistency in incorporating movement into a sedentary work routine. Prioritizing hydration and healthy snacks also contributes to maintaining energy levels and overall health while at the desk.


General Knowledge Question Answers

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| 1. Who invented the steamboat? | a) Robert Fulton
b) James Watt
c) Benjamin Franklin
d) Samuel Morse | e) Nikola Tesla
f) Samuel Morse |
| 2. Who invented the jet engine? | a) Frank Whittle
b) Isaac Newton
c) Galileo Galilei
d) Nikola Tesla | |
| 3. Who invented the helicopter? | a) Igor Sikorsky
b) Orville Wright
c) Wilbur Wright
d) Glenn Curtiss | |
| 4. Who invented the radio? | a) Guglielmo Marconi
b) Alexander Graham Bell
c) Thomas Edison
d) Nikola Tesla | |
| 5. Who invented the television? | a) Philo Farnsworth
b) John Logie Baird
c) Nikola Tesla
d) Thomas Edison | |
| 6. Who invented the microwave oven? | a) Percy Spencer
b) James Watt | |
| 7. Who invented the pacemaker? | a) Wilson Greatbatch
b) Nikola Tesla
c) Thomas Edison
d) Benjamin Franklin | |
| 8. Who invented the GPS? | a) Roger L. Easton
b) Nikola Tesla
c) Thomas Edison
d) James Watt | |
| 9. Who invented the X-ray? | a) Wilhelm Conrad Roentgen
b) Thomas Edison
c) Nikola Tesla
d) Benjamin Franklin | |
| 10. Who invented the ATM? | a) John Shepherd-Barron
b) Nikola Tesla
c) Thomas Edison
d) James Watt | |
| 11. Who invented the digital camera? | a) Steven Sasson
b) Thomas Edison
c) Nikola Tesla
d) James Clerk Maxwell | |
| 12. Who invented the telephone? | a) John Shepherd-Barron
b) Nikola Tesla
c) Thomas Edison
d) James Clerk Maxwell | |
| 13. Who invented the light bulb? | a) Thomas Edison
b) Nikola Tesla
c) Benjamin Franklin
d) James Watt | |
| 14. Who invented the steam engine? | a) James Watt
b) Isaac Newton
c) Albert Einstein
d) Galileo Galilei | |
| 15. Who invented the computer? | a) Charles Babbage
b) Nikola Tesla
c) Thomas Edison
d) Benjamin Franklin | |
| 16. Who invented the internet? | a) Tim Berners-Lee
b) Bill Gates
c) Steve Jobs
d) Mark Zuckerberg | |
| 17. Who invented the printing press? | a) Johannes Gutenberg
b) Benjamin Franklin
c) James Watt
d) Nikola Tesla | |

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| ARIES


MAR 21 - APR 20 | You'll move with love and optimism in your heart, dear Aries, thanks to a sweet exchange between the Libra moon and Mars this morning. Meanwhile, Mercury and Jupiter share a supportive aspect, creating an environment that supports the pursuit of wealth and success. Use your voice to get ahead, speaking up during professional meetings as a way to make your presence known. | LIBRA


SEP 24 - OCT 22 | Actions speak louder than words this morning as the moon and Mars align, sweet Libra, especially when it comes to shaping your reputation. Use this energy to prove naysayers wrong, finding motivation in your desire to succeed. Luckily, Mercury and Jupiter collaborate to bring you closer toward important goals that you've been nurturing, and transformative events could be on the horizon. |
| TAURUS


APR 21 - MAY 20 | You'll understand clearly that transformation typically comes at the end of a long journey rather than overnight, as Libra moon connects with Mars. Use this energy to commit to personal change through small steps rather than pressuring yourself to do too much at once. It'll be easy to find positive reinforcement within yourself and connection with the universe, thanks to sweet aspect between Mercury and Jupiter. | SCORPIO

OCT 23 - NOV 22 | Take some time to appreciate the positive qualities you've cultivated throughout the years, dear Scorpio, as the Libra moon and Mars align. This energy is ideal for building yourself up through internal pep talks, especially when it comes to monetary ventures or passion projects. Remember that you have the power to manifest amazing things if you only get out of your own way. |
| GEMINI

MAY 21 - JUN 20 | A charge washes over you as the Libra moon aligns with Mars providing you with the stamina to fully embrace fun and creative pursuits. A flirtatious energy also comes into play, helping you ramp up the passion with that someone special. However, you'll want to create space for solitude when Mercury and Jupiter align, offering enlightenment when you make it a point to understand yourself better. | SAGITTARIUS

NOV 23 - DEC 22 | You'll play the role of motivator as Libra moon and Mars align overhead. Though you'll have the power to change hearts and minds, make sure to use your influence for positive change, avoiding mean-spirited or competitive messages. Money-making ideas will pop into your psyche when Mercury and Jupiter share a supportive connection, though you may require the help of others to bring these visions into reality. |
| CANCER

JUN 22 - JUL 23 | You'll feel motivated to nurture loved ones by assisting with their goals, dear Cancer, as the Libra moon aligns with passionate Mars. Showcase support by picking up slack around the home or office, giving a break to anyone who might be carrying just a bit more than you are. You'll thrive on the appreciation others offer for these thoughtful gestures, especially when Mercury and Jupiter align. | CAPRICORN

DEC 23 - JUL 20 | You'll feel most comfortable when operating behind emotional guards, dear Capricorn, as the Libra moon and Mars align. Quiet offers a chance to find inspiration under this celestial exchange, allowing you to focus solely on passion projects or career goals. However, it may be wise to consider the benefits of collaboration when Mercury and Jupiter join forces, especially where creative projects are concerned. |
| LEO

JUL 24 - AUG 23 | You'll be called to put action behind your words as the Libra moon aligns with Mars, when it comes to lifestyle shifts or passion projects. This cosmic climate is also great for friendly competition, so be sure to challenge your friends to improve alongside you. Speak up around the office when Mercury and Jupiter share a sweet exchange, considering how your ideas can help you make an impact on superiors and colleagues alike. | AQUARIUS

JAN 21 - FEB 23 | People will seek out your wisdom as the Libra moon aligns with Mars looking for sage advice before making personal moves. While it's great to share insights with those in need, consider how you might better guide and support yourself as well. Introspection will open new corners of your heart and mind when Mercury and Jupiter connect, though the desire to nurture loved ones may pull you out of your bubble. |
| VIRGO

AUG 24 - SEP 23 | Allow your emotions to settle by moving at your own pace as Libra moon and Mars join forces. Use this energy as motivation to nurture yourself, and consider doing a bit of work by acknowledging where beauty lies. Your perspective elevates as Mercury and Jupiter share alliance, and exploring different belief systems can help you discover new skills. | PISCES

FEB 20 - MAR 20 | You won't feel like playing nice with those you seek to get in your way, dear Pisces, as the Libra moon and Mars align. This cosmic climate motivates you to break through barriers either inflicted or self-imposed, empowering you to claw your way towards success. Meanwhile, Mercury and Jupiter share a supportive alliance, helping you win the support of friends and colleagues. |