

Glaucoma symposium held in Ophthalmology Deptt

STATE TIMES NEWS

JAMMU: The Department of Ophthalmology at GMC Jammu, headed by Dr Ashok K Sharma, held a successful Glaucoma Symposium on Monday. The event was attended by faculty, senior residents and junior residents from GMC Jammu as well as ASCOMS Hospital.

The symposium was graced by the presence of guests, including Dr Subash Bhardwaj, Professor and Head, Department of Pathology, GMC Jammu, Ashwini Khajuria, Administrator GMC Jammu and Associated Hospitals, Dr Narinder Singh Butyal, Medical Superintendent, GMC Jammu. The external resource faculty speaker for the event was Dr Surinder Kumar Gupta, Professor and Head, Department of Ophthalmology, GMCH Sect-32, Chandigarh.

The symposium aimed to raise awareness about glaucoma and its various treatment options. Dr Ashok K Sharma discussed about the evolution of Glaucoma giving overview regarding vari-



Faculty, senior, junior residents from GMC Jammu and ASCOMS Hospital at a symposium.

ous historical events, the present scenario and the what holds for us in the future.

The External Resource Faculty Dr Suresh Kumar Gupta discussed about treating the glaucoma coexisting with cataract with a combination of phacoemulsification and trabeculectomy, glaucoma drainage devices: their modifications and various complications, the quality of the life of glaucoma patients.

The event saw experts in the field come together to discuss the latest advancements in glaucoma diagnosis and treatment.

Dr Bhavya Jad, Senior Resident discussed about how to work-up a case of Glaucoma. This was followed by Dr Nalini Birpuri, Senior Resident

giving insights about Secondary Glaucoma.

Dr Malvika Sharma talked about the usefulness of OCT in managing a case of glaucoma. The medical management of glaucoma and the insight about ocular hypertension

and normal tension glaucoma were discussed by Dr Riya Gupta, Senior Resident and Dr Naney Sharma, Senior Resident respectively.

Attendees gained valuable insights into the disease, its symptoms, and

ways to prevent it. Dr Ashok K Sharma expressed his gratitude to the guests for their presence and participation in the symposium. He also thanked the attendees for their active participation and engagement in the event. Overall, the Glaucoma Symposium was a great success, bringing together experts in the field to share their knowledge and expertise. The Department of Ophthalmology at GMC Jammu is committed to raising awareness about eye health and will continue to organize such events in the future.

Prompt decision important for transparent, accountable leadership: former Mayor Takes anti-corruption campaign to BCA students

STATE TIMES NEWS

JAMMU: In the ongoing second phase of anti-corruption campaign launched by former Jammu Mayor, Rajinder Sharma under the name of 'Imandar Jammu, Shandar Jammu', on Monday met BCA students at Commerce College and motivated them to fight against the menace of corruption.

About 300 students were addressed by the former



Former Jammu Mayor, Rajinder Sharma addressing students.

Mayor who said that prompt decision making is possible

without self-consideration and consideration of own family and loved ones.

"Working on this principal our PM Modi led the nation at national level to achieve three big making successes-G20 Presidency, soft landing on moon and invention of COVID-19 vaccines," he said adding, "This prompt decision making is important for transparent, accountable and honest leadership and for such a

leadership all the students have taken an oath to bring such a leadership in their colleges, Mohalla, local bodies, Assembly constituencies and Parliamentary constituencies."

Sharma stressed on eradicating corruption from the society, administrative system and politics. He said that caste favours should be avoided while electing a public representative and such represen-

tative should be properly educated with proper knowledge of working of government and administration. On this occasion certificates were downloaded from the website of 'Imandar Jammu, Shandar Jammu' for the oath.

So far in the two phases of the campaign over 1000 oath certificates have been downloaded. Monika Mahajan HoD BCA also addressed on the occasion.

2nd Dr Ritu Gupta lecture held at ASCOMS

STATE TIMES NEWS

JAMMU: Dr. Ritu Gupta Foundation in collaboration with Acharya Shri Chander College of Medical Sciences and Hospital organized second Dr. Ritu Gupta Lecture which was attended by a large number of faculty, staff and students from various Medical and Dental Colleges of Jammu province."as per a prelease issued.

The function was inaugurated by Dr. Ashutosh Gupta, Principal/Dean, Govt. Medical College Jammu. Ms. Babila Rakwal Mission Director, National Health Mission, Jammu and Dr. Rajeev Sharma, Director Health Services, were guests of hon-



ASCOMS and GMC doctors with students at Jammu.

our: While delivering the welcome address, Dr. Pavan Malhotra, Director Principal ASCOMS highlighted the importance of academic activities in medical curriculum and also spoke on

the organizational capabilities of Dr. Ritu Gupta and her love for academic activities. He described Dr. Ritu Gupta as epitome of humbleness and passionate towards Medical Teaching. The Guest Speakers

on the occasion were Dr. Amarjeet Singh Bhatia, Principal, Govt. Medical College, Rajouri and Dr. Avneet Sharma, Senior consultant, Psychiatry, National Health Service, United Kingdom.

The Guest Speaker Dr. Bhatia while speaking on stress and power of positive attitude described the coordination between the two important factor i.e., stress and positive attitude. He advised the student to become positive thinker as lots of many stresses during the studies life would vanish once a student thinks positively. He also advised the student towards, use of cognitive and behavioral strategies

to manage the demand of stress situation. Dr. Avneet Sharma gave a detailed overview of stresses and compared the two different situations in India and United Kingdom. While addressing the students he advised them to remain away from stressful conditions and also advised the students to keep evaluating their behavior and practice empathy.

Dr. Ravinder K. Gupta, Prof & HOD Paediatrics & Chairman, Dr. Ritu Gupta Foundation while speaking on the occasion explained about various activities to be initiated by the foundation for the benefit of common masses. A small presentation about the life of

Dr. Ritu Gupta was presented by Urvi Gupta, Dr. Ritu Gupta's daughter.

On the occasion, toppers in the subject of Physiology in the different Medical colleges of Jammu province were felicitated namely Anadya Handa (GMC Rajouri), Humna Javed (GDC Jammu), Arnav Vivek Gupta (GMC Jammu), Meemansa (GMC Doda), Samarpreet Singh (IDS Sehora), Peerzada Shamas-ul-Wara (ASCOMS Jammu), Deepika Rehan (GMC Kathua), along with the HODs namely Dr. Vineeta Sharma, HOD Physiology (GMC Jammu), Dr. Neeru Gupta, HOD Physiology (IDS Sehora), Dr. Garima Charak,

HOD Physiology (GMC Doda), Dr. Sabita Yograj, HOD Physiology (GMC Kathua), Dr. Ravinder Kumar Malhotra, HOD Physiology (GMC Rajouri).

Also on the occasion the Foundation felicitated the Principals of various Medical and Dental Colleges of Jammu province. Speaking on the occasion, Babila Rakwal, Guest of Honor highlighted the importance of stress management in the student community. She also laid stress on the role of parents and counselors on managing stress in young children.

Dr. Ashutosh Gupta, Chief Guest on the occasion appreciated the efforts of Dr. Ritu Gupta, foundation and

ASCOMS.

He described that such type of academic activities are important for academic development of student and to keep the name alive in academic circle for which Dr. Ritu Gupta, was known for her academic bent of mind. He complimented both the speakers for their wonderful presentation and suggested that more such events where different Medical and Dental Colleges can participate should be organized. Suresh Jandial, former Executive Director (ONGC) highlighted the importance of organ donation as the same has been done by Dr. Ritu Gupta and he presented the vote of thanks in the end.





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