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J&K on move...

the youth to become job creators, not job seekers. He commended the efforts of Tariq Ahmed Ganie from Kulgam for realising the goal of waste to wealth economic model with a successful waste recycling unit. Tariq is not only generating employment for local youth but also building a cleaner and more sustainable future, he said.

The Lt Governor also mentioned the suggestions received from the citizens. He directed the concerned departments and officials to take appropriate action on the valuable inputs received from Jammu's Poonam Sharma, Abdul Rashid Bhat from Ganderbal, Sanchetna from Jammu, Pulwama's Ehsaan Khaleeq, Anil Thapa of Udhampur, Kathua's Kanwal Singh, Noor Ud Din Khan of Baramulla, Madeena Mir of Srinagar, Saurav Sharma of Kathua and Zakir Hussain from Poonch.

Poor feel empowered...

Referring to former Prime Minister Indira Gandhi's 'garibi hatao' slogan, Modi said, "Giving the slogan of 'garibi hatao' is one thing. But a poor now says that the day he got a gas cylinder stove in his house the difference between rich and poor ended. He says his confidence went up, when he started living in a pucca house, and his children could stand with their friends in schools and colleges."

"The children felt humble living in a jhopadi (thatched houses)... there was no confidence. But on getting pucca houses, their life is filled with self-confidence," Modi said.

Traditions, innovations should...

be like a dead lake. We need to be like a flowing river. For that, we will have to bring in innovation along with tradition. Keep flying and touch greater heights, but maintain your connection with the ground," he said.

Earlier, the Defence Minister was received by Chief of the Air Staff, Air Chief Marshal VR Chaudhari.

A total of 213 Flight Cadets, including 25 women, were commissioned into various branches of the Indian Air Force upon completion of their training. Eight officers from the Indian Navy, nine from the Indian Coast Guard and two from friendly countries were also awarded Wings' following the completion of their flying training.

The highlight of the parade was the 'Commissioning Ceremony' in which graduating Flight Cadets were awarded their 'Stripes' by the Defence Minister.

Flying Officer Atul Prakash from the flying branch was awarded the President's Plaque and Chief of the Air Staff Sword of Honour for standing first in the overall order of merit in the pilots' course.

Flying Officer Amrinder Jeet Singh was awarded the President's Plaque for standing first in the overall order of merit amongst the ground duty branches.

An enthralling aerobatic show by Su-30MKI, synchronous aerobatics by the helicopter display team 'Sarang', and 'Surya Kiran' Aerobatic Team marked the grand finale of the CGP.

Private lives at...

sanctuary to its inhabitants, is not simply by that reason, an equitable space." Despite the general sense of security households offer, there is a fair chance that these spaces may become unequal and unfair to some, Justice Chandrachud pointed out.

It is not uncommon to hear that when faced with a financial choice between the education of a male child and a female child, the family will choose in favour of the former.

Noting that there are subtler versions of inequality, the CJI said the pressures a woman faces when stepping out of the household for her education, profession, or recreation do not exist for her male counterparts.

"If the hierarchies persist in a private space and the law looks the other way in the name of the sanctity of the household, or the sanctity of marriage, we will be failing the promise of equal protection of law and qualifying it with a caveat, based on the location of the wrongdoing. This will be a diluted understanding of what privacy entails," he observed.

It is not a cloak for infringement of the rights away from the watchful eyes of the law, but it is the guarantee against excessive, and not against the very reach of the law and due process, Justice Chandrachud explained.

Averting that hierarchies and prejudices travel beyond the public-private binaries, the CJI said, "The gains of improving our private lives will reflect in our public life as well. As we began to recognise that these private structures are not constitutional vacuums, and injustices in the private spaces are also indeed what they are-unjust, we were able to better assess their role in society."

Speaking on the discrimination women faced at workplace as well, he said efforts must be made to bridge the gender pay gap and address intersectional discrimination faced by Indian women.

He underscored that advocacy should encompass not only gender sensitive policies, but also initiatives that recognise and rectify the unique challenges faced by women.

It took Indian...

was primarily marked by the Chinese challenges along the contested border as well as the rolling out of long-term reform measures to enhance the combat capabilities of the force.

"June 16 is (Chinese President) Xi Jinping's birthday. This is not a day he will forget any time soon. For the first time in over two decades, the Chinese and the PLA had suffered fatal casualties," Naravane writes.

"They had been following wolf-warrior diplomacy and salami-slicing tactics everywhere with impunity, browbeating smaller neighbours like Nepal and Bhutan, while staking their ever-increasing claims in the South China Sea, without having to pay any costs, especially in terms of human lives."

"It took India and the Indian Army to show to the world that enough is enough and to challenge the neighbourhood bully."

Diving into the overall situation along the frontier, Naravane, at the same time, suggests having a "non-aggression" pact between the two countries pending the settlement of the overall boundary dispute, saying it would go a long way in restoring confidence and pave the way for de-escalation and de-induction of forces.

'Four Stars of Destiny' published by Penguin Random House India will hit the stands next month.

On the Galwan Valley incident, Naravane says it occurred in view of the Chinese PLA refusing to remove two tents that it had erected in Patrolling Point 14 (PP-14), adding following the adversary's refusal, the Indian Army decided to pitch its own tents in the same general area.

The eastern Ladakh border row began in May 2020. Naravane says flag-level meetings had been continuing at other locations then, including at PP-15 and PP-17A, where troops fell back over agreed distances, thereby reducing the chances of violent face-offs.

"At PP-14, however, whenever we asked the PLA to remove their tents, they kept changing their stance. From 'some more time was needed', to 'we will check with our superiors', to it 'being beyond the mandate of the talks'."

"From this stonewalling, it became evident that there had been no intention of removing those tents in the first place. To counter this, we also decided to pitch our own tents in the same general area," he writes.

Naravane says when Indian Army personnel went to pitch the tents, there was a violent reaction from the Chinese side.

"Col Santosh Babu, Commanding Officer of 16 BIHAR, went forward with a small party of troops to attempt to defuse the situation but the PLA were in no mood to relent and attacked the CO's party too," he says.

"Thereafter, it became a free-for-all. With darkness setting in, both sides rushed in additional troops and a see-saw engagement continued throughout the night," he recounts.

Although armed, neither side opened fire, instead using batons or clubs and throwing or rolling down stones on each other's positions, he says.

The former Army Chief says due to better connectivity on their side, the PLA were able to move troops forward in armoured personnel carriers which changed the balance in their favour.

Naravane says he told then Northern Army Commander Lt Gen YK Joshi during a phone call at 1:30 am on June 16 that the Army must hit back and make the PLA pay the price for their misadventure. "Daylight revealed a not-so-favourable situation."

"Few jawans who could not make it back at night or who had been separated started trickling back. Five jawans had died of injuries in the melee. The next morning, as the head count was taken, we realised many were missing," he says.

"As tense negotiations began, many of our boys, who had either got disoriented or had been briefly detained by the PLA without food or medical aid, returned to base," he says.

"However, 15 of them succumbed to the combined effects of their injuries and hypothermia. It was one of the saddest days of my entire career."

The Galwan Valley clashes on June 15, 2020 marked the most serious military conflicts between India and China in decades and the full extent of the deadliest confrontation was known the next day.

"We are in a profession where death is always lurking around the corner.

"Every patrol or ambush can be your last. As a Company and Battalion Commander, my unit had suffered casualties, and I was always stoic in the face of adversity or bad news. Yet, losing 20 men in a day was hard to bear," he notes.

About the casualties on the Chinese side, Naravane says it was evident that they "too suffered substantially".

"Our men who were in Chinese hands had been kept out in the open and they had seen several bodies being fished out of the river. Whenever that happened, they were subjected to a fresh round of beatings," Naravane writes.

"The sheer savagery of their response was in itself indicative of the losses they had suffered. Initially, they did not admit to any casualties at all; then many months later, admitted to four or five killed, including the CO on their side," he says.

Naravane also mentioned a report by a group of Australian researchers that put the figure of Chinese fatalities to at least 38, A separate Russian (TASS) report put the figure closer to 45 killed, which was consistent with other intelligence reports, including those from the US, he says.

Naravane says the time is ripe for the resumption of the special-representative level talks to settle the border question between the two sides.

"Pending the settlement of the boundary dispute, which is likely to be time-consuming, articulation of a 'non-aggression' pact between the two countries would go a long way in restoring confidence, paving the way for de-escalation and de-induction of forces from Tibet/Ladakh," he said.

"Such a pact would be somewhat akin to what China and the ASEAN countries are attempting to formalise," he said.

The former Army Chief says the crisis in eastern Ladakh served as a catalyst for the Army's rebalancing to the northern front. The Army moved many key units to the northern front from other parts following the Chinese aggression.

"Though still inadequate, the increase in force ratios on the Northern Front will definitely make the PLA think twice before embarking on any misadventure, especially now that we have the offensive capability to take the battle into Chinese territory," Naravane says.

"In our posture against China, we have moved up from dissuasive deterrence (defensive) to credible deterrence (offensive defence). With these developments, the PLA must have realised that a military solution to the border problem is improbable," he adds.

'Wolf-warrior' diplomacy is a term used for a kind of assertive diplomacy. Salami Slicing is a tactic used to capture territory piece by piece.

CS addresses 41st...

has acknowledged that pension is a right not a bounty with the help of which the pensioners are able to live a dignified life after rendering their precious time for the welfare of public.

Dulloo, in his address lauded several initiatives of CGPWAJ and assured them that the UT administration is committed to redress their issues and grievances.

On the occasion, three 85 plus pensioners were honoured with shawals by the Chief Secretary on behalf of CGPWA. They were S S Wazir, Chaman Lal & Y S Narasinghia.

Speaking on the occasion, President CGPWAJ, Kuldeep Khoda said that the Pensioners are source of guidance to young officers as their decisions have shaped the future of our younger generation.

In his address, Patron CGPWAJ, S.S. Wazir spoke in length about functioning and

achievements of the association while as General Secretary, CGPWAJ, K.B. Jandial enlightened the gathering about the significance of the day.

Vice President, CGPWAJ presented vote of thanks.

Earlier, during the sidelines of the celebrations, the Chief Secretary inaugurated Geriatric Wellness Awareness Camp organised by Directorate of AYUSH J&K in association with Central Government Pensioners Welfare Association Jammu (CGPWAJ).

As part of the event, Medical officers of AYUSH Department delivered Health Talk on the Ayurvedic treatment of some diseases related to old age.

Dr. Arun Gupta spoke about various ailments and Geriatric syndromes common in senior citizens and their Ayush based management. He also highlighted strengths of Yoga, Panchkarma and Ksharsutra in management of various Geriatric health issues.

Similarly, Dr. Monika Gupta highlighted about the mental health issues in elderly and their management with Ayush based mental health care interventions and Yoga. She made the Pensioners to do some of the yoga exercises like Bhramni Pranayama, Dhyana and others.

Make in India...

architect of education and industrial revolution, Mahamana also gave the youth dreams and self-confidence so they could rise to their fullest potential, the Lt Governor added.

He urged the people, especially the youth to rededicate themselves to the ideas of Pandit Madan Mohan Malaviya and contribute to nation building.

HH Yaduveer Krishnadatta Chamaraja Wadiyar; Padma Shri Dr Kota Harinarayana; Members of Mahamana Malaviya Mission and prominent personalities from diverse fields were present.

Russia & Ukraine...

mention the air base. Golubev said most the drones were shot down and there were no casualties. He didn't comment on damage.

As of Sunday evening, Kyiv didn't formally acknowledge or claim responsibility for the drone attacks. A major Ukrainian newspaper, Ukrainka Pravda, cited an anonymous source in the security services as saying that Ukraine's army and intelligence services successfully struck the Morozovsk air base, inflicting "significant damage" to military equipment. It wasn't immediately possible to verify this claim.

Also on Sunday morning, Ukraine's air force said it shot down 20 Iranian-made Shahed drones launched overnight by Russian troops in southern and western Ukraine, as well as one X-59 cruise missile launched from the country's occupied south.

A civilian was killed overnight near Odesa, a key port on Ukraine's southern Black Sea coast, after the remnants of a destroyed drone fell on his house, Ukraine's military said.

Stepped-up drone attacks over the past month come as both sides are keen to show they aren't deadlocked as the war approaches the two-year mark. Neither side has gained much ground despite a Ukrainian counteroffensive that began in June.

Russian shelling on Sunday also killed an 81-year-old man in central Kherson, the southern Ukrainian city that was recaptured by Kyiv's forces last fall, according to the head of its municipal military administration.

Ukrainian and Russian forces exchanged fire outside Terebreno, a Russian village just kilometres from the Ukrainian border, according to Telegram posts by Gov. Vasily Gladkov. He did not provide details, but insisted Russian authorities had the situation "under control."

According to Baza, a Telegram news channel set up by Russian journalists critical of the Kremlin, fighting between Russian troops and a "Ukrainian diversionary group" began around 11 a.m. near Terebreno, home to some 200 people, forcing residents to hide in shelters.

Ukraine's military security agency, the GUR, said on Sunday evening that Russia-based "armed opponents of the Kremlin regime" were responsible for what it called "armed clashes" near Terebreno.

The online statement didn't say whether the GUR or other Ukrainian bodies had any involvement in or prior knowledge of the fighting.

Hours later, a 69-year-old woman was reported killed in a Ukrainian border village in the northern Sumy region, about 25 kilometres west of Terebreno. According to the Ukrainian regional prosecutor's office, the woman died after a Russian shell flew into her home. It wasn't immediately clear whether her death was linked to the reported clashes.

Late on Sunday afternoon, a Ukrainian border force official reported in a video statement that multiple Russian "sabotage and reconnaissance" operatives had crossed into Ukraine's northern Sumy and Kharkiv regions. Andriy Demchenko said that Ukrainian border guards and territorial defence units succeeded in pushing them back into Russia.

While cross-border raids on Russian territory from Ukraine are rare, the Russian military said in May that it had killed more than 70 attackers, describing them as Ukrainian military saboteurs, in a 24-hour battle. Kyiv portrayed the fighting as an uprising against the Kremlin by Russian partisans.

Ukraine's foreign minister, meanwhile, welcomed what he called a sea change in Germany's approach toward Kyiv's European Union membership bid.

In an interview with Germany's Bild newspaper, Dmytro Kuleba said that German Chancellor Olaf Scholz has won "sincere and well-deserved admiration" among Ukrainians for his role in the EU's recent decision to open membership talks for Kyiv. (AP)



Chief Secretary, Atal Dulloo inaugurating the event.

Jagti Township tenement committee holds protest



Committee members staging protest.

STATE TIMES NEWS

JAMMU: A protest was held at Jagti Township Nagrota Jammu by the Jagti Tenement Committee/Soan Kashmir Front J&K under the chairmanship of its President Shadi Lal Pandita in which resident KPs participated. Addressing the members,

Pandita demanded 5 assembly seats and two parliament seats be given to Kashmiri Pandits for political reservation. The JTC members appealed to the Lt. Governor Manoj Sinha to direct the Power Department to provide uninterrupted power supply to the migrants of Jagti township. The mem-

bers also appealed to Govt. of India to fulfill the demands of the Kashmiri Pandits which include remove the illegal encroachments on the land of Kashmiri Pandits, create three satellite townships for Kashmiri Pandits near Baramulla, Srinagar and Anantnag, the losses of 33 years of land/other properties should be given to Kashmiri Pandits, enhance monthly cash relief enhancement from Rs 13,000 to Rs 25,000 for per family per month, create at least 20000 jobs for unemployed educated Kashmiri Pandits youth, On-spot police recruitment drive be done in Jagti township etc.

India on track to achieve Viksit Bharat by 2047: Dr Parneesh

STATE TIMES NEWS

JAMMU: Senior BJP leader and Convenor, Department of Training, J&K, Dr Parneesh Mahajan asserted that the nation is currently witnessing an economic development revolution with the aim of establishing a Viksit Bharat by the year 2047. In a statement issued here today, the senior BJP leader urged the party workers to leave no stone unturned in making Viksit Bharat Sankalp Yatra campaign a huge success in Jammu and Kashmir Union Territory. He asserted that though the planning of programmes and policies is done by the top brass of the party but the success of such initiatives

depends on the party's foot soldiers at the ground level. Dr Parneesh highlighted that Viksit Bharat Sankalp Yatra is a nationwide campaign to raise awareness through outreach activities to achieve saturation of schemes of the Union Govt. of India across the country covering all Panchayats and Urban Local Bodies. He asked the BJP's foot soldiers reach out to the unreached and the vulnerable people across the Union Territory who are eligible under various schemes but have not availed the benefit so far. For this it is necessary to disseminate information and generate awareness about various schemes among the left out lot, he said.

Free medical check-up, medicine distribution camp organized



Team of doctors being honoured during the camp.

STATE TIMES NEWS

JAMMU: A free medical check-up and medicine distribution camp was organized in the premises of Shiv Shakti Temple Pamposh Colony Janipur on Sunday. The camp was organized by Shiv Shakti Mandir Sanstha Pamposh Colony Janipur in collaboration with Sewa Bharti J&K and NMO J&K Ladakh team. The eight team members of Health experts including Dr Ajay Kotwal (Pediatrician), Dr Prabhat (Physician), Dr Tarun Gupta (Intern), Ira Fatima, Asif, Sharandeeep, Zaid and Sameer (Medical Staff), Swasthya Aayam Pramukh, Ajay Takoo, Media Incharge, Summit Mahajan (Neurotherapist) and Abishak Sharma (Neurotherapist) examined the people. Free physical examinations were conducted during the camp. Free blood pressure

tests were also conducted. Doctors advised people to get health care at the right time and visit the doctor early before a small health problem turns serious. The camp was organised under the supervision of Jaidev Singh Roy, Akhil Bharatiya Chatravas Pramukh, Trilok Singh Negi Vice President Sewa Bharti J&K, J.L Bamzai President Shiv Shakti Mandir Sanstha, Anil Shishu, Subash Sharma (Vice-President), Rattan Kalla (Cashier), JK Khar (General Secretary of the Sanstha), Raveesh Mengi (President BJP Mandal Janipur), Surinder Sharma Ex Councillor Ward Number 38, Arti Mengi Convener Durgavahini Jammu Mahanagar (VHP), Pt Baldev Sharma, Lalit Luthra, Ashish Langoo, Ramesh Sawhney and Ravinder Sharma.

BJP is getting a lot of public support through Booth Jan Samvad: Baru

STATE TIMES NEWS



BJP senior leader Sanjay Baru addressing gathering.

JAMMU: J&K BJP senior leader and former JMC Councillor, Sanjay Baru, alongwith BJP Mandal President Keshav Chopra, Youth leader Vikas Bhatti addressed a largely attended "Booth Jan Samvad Abhiyaan" programme of booth number 4-6 at Hazuribag of Jammu West Assembly Constituency.

Besides local senior leaders, the beneficiaries of various welfare schemes, the senior citizens and youth of both the wards attended the programme. Sanjay Baru, while speaking in the programme, said that BJP is getting a lot of support from the public through "Booth Jan Samvad" programmes and the massive public response to the BJP's programmes and meetings testify that the people are convinced by the programmes and policies of Narendra Modi government. He said that after 05 August 2019, there is a positive wave in the entire length and breadth of the Union Territory, which endorses the decision of the Modi government to abrogate Article 370 and 35 A.

During the past four years, the people have seen return of peace and normalcy, educational institutions and government offices are functioning normally, there is no stone pelting, no bandh calls, markets are opened, people moving fearlessly, the tourist inflow has recorded steep rise, global events like G-20 have been conducted successfully. Keshav Chopra said that Jammu and Kashmir faced uncertainty, insecurity, deaths and destruction, the menace of terrorism due to soft and appeasement policies of the government in J&K run by the Congress, NC and PDP, which left this beautiful state underdeveloped in every field and at all levels. Vikas Bhatti said that the Narendra Modi government

has taken care of all the regions and sections of the society while formulating various welfare schemes. These welfare schemes benefitted every citizen in the country. Proceedings of the programme was conducted by BJP district media Incharge Jatin Sethi and vote of thanks presented by Shakti Kendra Pramukh Bubesh Sharma. Former Councillor-40 Chaman Lal Bhagat, BJP District Vice President Jaideep Singh Samayal, Shakti Kendra Pramukh Rakesh Sharma, Onkar, Verma, Triloki Nath Handoo, Babu Ram, Jangjeet Singh, Ashish Mangotra, Krishan Lal Sharma, M.K Zutshi, Viney Kumar, Surinder Kour and others were present on the occasion.