National Farmer's Day: Road show, millet exhibition held

JAMMU: To commemorate National Farmer's day, the Agriculture department, Jammu, on Saturday organized a road show and Millet exhibition at Krishi Bhawan,

Pertinently, the day is being celebrated every year in memory of late Choudary Charan Singh, former Prime Minister of India. The objective of the event was to explore the potential of millets in transforming the agricultural landscape. Secretary, Department, Shailendra

Kumar, inaugurated the event. Director Agriculture Jammu, Ram Savak along with HoDs of allied departments were present on the occasion.

The event included a road show campaign on the millets promotion and an exhibition.

Principal Secretary inspected the stalls exhibiting different



Principal Secretary APD, Shailendra Kumar flagging of road show

agriculture activities and gave on spot directions for promoting a unique brand in honey and mushroom.

upon everyone to incorporate millets in their daily diet to achieve a healthier lifestyle and abstain from unhealthy food. He reiterated resolve of agriculture department to increase awareness regarding millet consumption and ensure a full day meal made of millet once a week to help the students and faculty attain a healthier lifestyle

Principal Secretary exhorted upon all to promote millet consumption as it is chemical free and a healthier alternative.

In response to certain queries raised by members of Kisan Advisory Board, the Principal Secretary informed that for facilitation of farmers the department has issued the order which will facilitate sale/purchase of animals within and outside UT. All the Deputy Commissioners have been directed to vigorously pursue the PMKISAN cases as well as

saturate KCC activation under Kisan Bhagidhari Prathmikta campaign, he further informed.

Director Agriculture mentioned that the Millets Mela is a unique platform for all stakeholders to connect on a common platform. He made a reference to the age old healthy practice of using millets in their diet and having a healthy lifestyle.He said that Govt. of India is now focusing on reintroducing health supplements having millets for promoting a healthy lifestyle among the

Chief Spokesperson BJP Mahila Morcha J&K UT

Ritika Trehan in an impressive

function organized here for the

distribution of the same

among marginalized and

Ritika expressed gratitude to

Varuna Anand, Chairperson of

FICCI FLO JKL, along with

the core team members,

Chowdhary, Pooja Gandotra

Chandni Kapoor , Monika

Saraf, Sona Mehta & all the

FICCI members for this noble

She also lauded the opti-

mistic efforts of FICCI FLO

JKL to stimulate the aware-

Gupta,

weaker women.

Ruchika

initiative.

collaborate to promote and create awareness about millets leading to increased consumption and cultivation benefitting the farmers.

On this occasion, he also highlighted various achievements of schemes like HADP, CSS and sanction of projects under NABARD. The Millet Melacum-Exhibition was a day filled with innovation, learning, and networking opportunities, bringing together farmers, kisan board representatives, academia, experts, and enthusi-

Among the prominent persons who attended the event were Imam Din MD HPMC. Nagender Jamwal Director CAD, Vikas Sharma, Director HPM, Hamid Wani Secretary Kisan Advisory Board J&K, Balbir Kaur, Tejinder Singh, Singh Basant Kulbhusan Khajuria and other

BJP committed to 'Sabka Saath, Sabka Vikas': Yudhvir

STATE TIMES NEWS

JAMMU: J&K BJP Vice President, Yudhvir Sethi on Saturday reiterated the Party's foundational principle of 'Sabka Saath, Sabka Vikas' (Together With A11. Development for All) during a public grievance camp held at Pt Prem Nath Bhawan, Kacchi Chawni, Jammu.

This camp, was organized to address the concerns and issues of local residents, underscored the BJP's commitment to inclusive growth and development. During the camp, Parveen Kerni, President East Mandal and Arun Sethi, General Secretary East Mandal accompanied the senior BJP leader. Various deputations, including individual persons--most of whome were women--visited the camp to present their grievances on issues such as ration, education, pension, PHE, PDD, revenue, power, water scarcity,

FICCI FLO JKL Chapter provides nearly 4000 sanitary napkins



J&K BJP Vice President, Yudhvir Sethi listening to public issues.

roads, and other developmentrelated topics, as well as personal issues. Sethi assured the attendees that the BJP is committed to address their concerns and working tirelessly to improve the lives of all cit-

Yudhvir said that serving the people through the core principle of 'Sabka Saath, Sabka Vikas' is our party's guiding philosophy. This approach, he emphasized, is about ensuring equal opportunities and equitable development for every citizen of India, transcending

all barriers of caste, creed, and religion. Sethi highlighted various initiatives and policies implemented by the BJP-led government that align with this inclusive development ideology. He also stressed the importance of collaborative efforts and community participation in realizing the vision of prosperous and unified India.

"BJP reaffirms its dedication to serving the nation and its people, continually striving towards a future where every citizen can thrive," he added.

GDC Akhnoor celebrates Gita Jayanti



GDC Akhnoor students and faculty during a Gita Jayanti celebration.

STATE TIMES NEWS

AKHNOOR: Akhnoor on Saturday celebrated Gita Jayanti under the theme "Gita Samaroh' under the aegis of Viksit Bharat @2047 highlighting the importance of our rich culture and heritage inculcating the ethical values among the youth under the patronage of Principal Dr. Romilla Malla Bhat and under the supervision of Prof. Sandhya Rani, HOD Dept. of Sanskrit and Dr.

Deepali Mahajan, Coordinator Bharat. The programme started with the lightening of lamp followed by the Saraswati Vandana.

Pooja Department of Botany welcomed all the faculty members and students present on the occasion. She threw light on origin

and significance of Bhagwat Gita in modern times and highlighted the importance of Bhagavad Gita in the life of people.

She described Bhagavad Gitabecome inspirational book for the entire world and addressed the students on this eve.

The program was concluded with vote of thanks by Dr Pushvinder Sharma Dept. of Sanskrit.

Prof. Deep, Sourav, Dr. Sunil, Prof. Amit, Prof. Slony, Prof. Prof. Nidhi Jarngal, Sandeep, Prof. Prof. Pankaj, Ankush also

Ritika reaches out to women with free sanitary pad distribution drive JAMMU: FICCI FLO JKL Chapter in a significant initiative focused on menstrual hygiene awareness on Saturday handed over nearly 4000 sanitary napkins to

Chief Spokesperson BJP Mahila Morcha J&K UT Ritika Trehan and others at a progrmme.

ness campaign among the general public in slums areas.

Earlier Team FICCI FLO appreciated Ritika for undertaking various kinds of social works and making consistent efforts to reach out marginalized and vulnerable sections of society both financially and socially also.

Ritika said at a time when there is a debate going on about freebies offered by political parties to lure voters, the campaign is more to bring a behavioural change in women

and to inculcate in them the habit of adopting hygienic

she added that after the Ujjwala scheme, which provided free LPG connections to women across the country and became one of the potent reasons for the popularity of BJP, free distribution of sanitary pads could be another such

"A teenage daughter in a family may be willing to use sanitary pads, but whom should she talk to," that's where the BJP campaign would help them," Ritika added.

Ritika stressed there are many girls, who enter the age of adolescence and yet are not aware of menstruation. Out of fear, they even do not tell about this to their families.

"When we will distribute napkins, the girls will use them,. It will become a source of education on menstrual health too," and this is part of Prime Minister, Narendra Modi's Swachha Bharat (Clean India) campaign" she said. She said that with menstrual

hygiene, a woman can have a healthy life. Menstrual hygiene must never be underestimated or ignored. Menstrual hygiene is a must for every girl and

Ritika further said that menstruction is nothing but a very normal biological phenomenon, and adolescent girls and women should understand that they have the power of procreation only because of this virtue.

She said in India even mere mention of the menstruation topic has been a taboo in the past and even to this date the cultural and social influences appear to be a hurdle for advancement of knowledge on the subject, culturally in many parts of India, menstruation is still considered to be dirty and

CCI condemns terrorist attack on army vehicle

STATE TIMES NEWS

JAMMU: In a meeting of office bearers of Chamber of Commerce & Industry (CCI) held today at Chamber Arun Gupta, President CCI strongly condemned the terrorist attack on an Army Vehicle at Dhatyar Morh between Dhera Ki Gali and Bufliaz jurisdicition of Surankot Police Station in Poonch District in which five Army soldiers were martyred

The meeting saluted the brave soldiers who sacrificed their lives while defending the motherland and also prayed for the speedy recovery of injured and expressed sympathies with the bereaved families. A two minutes silence was observed to pay homage to the departed Souls. Arun Gupta said that fundamentalists of all hues are worried with the peace, tranquility and brotherhood between different communities and want to destabilize the brotherhood. He also added that Chamber firmly believes that people of Jammu and Kashmir shall not get trapped in their nefarious designs and will firmly uphold the credentials of secularism. He also requested to raise their voice against the terrorism of all kinds and urged World Community to sensor Pakistan who openly supports and promotes terrorism in Jammu and

The other office bearers present in the meeting include Anil Gupta, Sr. Vice President, Rajeev Gupta, Jr. President, Manish Gupta, Secretary General, Rajesh Gupta, Secretary and Rajesh Gupta, Treasurer.

STATE TIMES NEWS

JAMMU: Chief Engineer (Distribution) JPDCL, Jammu has informed that the power supply to Phinter, Billawar, Mandli, Parnalla, Baddu, Jagti Town, Nagrota, IIT Jagti, IIM Jagti, Martha, Nagrota, Basohli, Mahanpur, Saman Jandrota, Bhoond, Duggan, Sandher Bani, Sewa, Mashka, Chalog, Panjtirthi, Kachi Chawni, Tange Wali Gali, PHE, Bari Brahmana Town, Industrial area, Jhakh, Narbada, Vijaypur, Kathua City, Housing Colony, Janglote, Changran, Hatli Village, Nagri, Saidpur, Palli, Barwal,

Power shutdown

Airwan, Jarmal, Taraf Pajwal, Kerian, Basantpur, Dhanna, Their Lakhanpur, Jandore, Excise Lakhanpur, Main Bazar, Parliwand, Bhagthali, Taraf Sanjhi, Jarai, CTM, Nitfab, Sicop, Industrial areas (Hatli More) and adjoining areas will remain affected on December 24 from 9 am to 2 pm.

Similarly, the power supply to Trikuta Nagar, Industry Estate Digiana, Jeevan Nagar, Babliana, Raina Colony, Parts of Gangyal, Digiana and adjoining areas will remain affected on December 24 from 9 am to 1 pm. Likewise, the power supply to Nanan, Barnoti, Channi, Marheen, Paharpur, Logate IID Govindsar, MES Janglote, Nicer Paper Mill, Technoplast and adjoining areas will remain affected on December 24 from 9 am to

Similarly, the power supply to Pouni, Ramsoo, Arnas, Dharmari and adjoining areas will remain affected on December 24 from 9 am to 12 noon.

Likewise, the power supply to Industrial Area of Bari Brahmana, Kartholi, Ratnuchak, Mandal, Industrial area Gangval and adjoining areas will remain affected on December 24 from 8 am to 12 noon

Sham Lal advocates moral education and values-based learning in Education System

and Vice President, J&K BJP, Sham Lal Sharma has advocated moral education and valuesbased learning in education system. Sham Lal Sharma, as the chief guest, speaking at 32nd Annual Day celebration of Tiny Aspirants Public Higher Secondary School, here on Saturday.

"In today's fast-paced world, where technological advancements are reshaping our lives, the importance of instilling strong moral values in our educational institutions cannot be overstated. As we witness a surge in information and innovation, the role of moral education becomes paramount in shaping the character of our youth," said Sham Sharma.

He added that moral education is not a mere supplement to academic learning; rather, it is the bedrock upon which we build responsible and conscien-

tious citizens. "It is heartening to see schools emphasizing values such as integrity, empathy, and social responsibility in their curriculum. These values are not just virtues but the cornerstones of a harmonious and progressive society," Sham said.

He urged the society, that we must recognise that education

School faculty presenting memento to former Minister Sham Lal Sharma. is not confined to textbooks and examinations. It extends to cultivating individuals who not only excel in their chosen fields but also embody the principles

> life with a sense of purpose and moral clarity. Anuradha Pandoh, Principal, GDC Jourian was the Guest of

that make our communities

thrive. Values-based education

equips our youth with the tools

to navigate the complexities of

theme, "Lokarpan: Petals of Peace and Unity," set the tone for a memorable evening that showcased the incredible talents and achievements of our students.

In the end Sharma gave congratulations to Principal Seema Sharma, dedicated staff, and management of School for orchestrating a tremendously successful event specially to the talented students who made the event truly memorable.

DGP holds public grievance redressal event; says police committed to addressing people's issues

Kashmir Police is committed to addressing people's issues related to police service on a priority basis, Director General of Police R R Swain said on Saturday as he held a public grievance redressal programme here.

At the five-hour programme, 237 people, including women and elderly, turned up at the police headquarters and presented their grievances to the police chief, a spokesperson said.

He said the DGP, while presiding over the programme, listened to the complaints and pleas of the people and in some cases issued directives to various police units to ensure immediate and effective redressal of grievances.

"The initiative is purely



Director General of Police R.R Swain listening

about resolving the complaints and grievances related to police services. It is not for the recruitment of SPOs or for the general transfer of police personnel," Swain

The DGP asserted that the police are committed to addressing the people's issues related to police services on priority redressal programme enhances the Jammu and Kashmir Police's responsiveness and accountability to the people of the Union Territory by ensuring that grievances are promptly

reviewed and addressed, the

Dr. Jain addresses workshop on 'Preventive Vigilance' Akhil Bhartiya Dharam Prachar Sewa Samiti celebrates "Gita Jayanti" as Mahotsav

STATE TIMES NEWS

JAMMU: Power Grid Corporation (A Government of India Enterprise), Northern Region Transmission System-II Jammu, organized a workshop on Preventive Vigilance for Junior Engineer/ Supervisors at Hotel Radisson Blu, here on

Saturday. Vimal Koul, Chief Manger HR, invited Dr Shreyansh Kumar Jain, State Yoga Commissioner & State Chairman Indian Yoga Association to deliver a lecture on Moral, Ethical &

Spiritual values. Dr Jain explained in detail the need of Morality in day to day life. Ethical conduct has never been more important than now, not only for business but also for personal relationships and for soci-



Officials honouring Dr Shreyansh Kumar Jain, State Yoga Commissioner & State Chairman Indian Yoga Association.

ety at large; main conspicuous deliberations on subject by jain included:

"Ethics plays a crucial role in shaping the way people interact with each other and the world around them. Ethics are the moral principles that guide people's behavior, decisions and actions. These principles are based on the concept of right & wrong, good & bad, fairness, and justice"

"Religion in fact is to know thyself. The essence of all religious books is to know who am 'I' ? It is only possible to adopt three ways: 'Samyak Trirattan-Darshan, Samyak Gyan & Samyak Charitra. Samyak Darshan is real faith on our ownself that I am is a Soul not Body. Samyak Gyan is Real Knowledge of Body & Soul, Body is perishable,

Nashwaan, full of ailments,

sinfully acts & all evils, where as Soul is Pious, immortal, Unborn, Fire cannot burn it, wind cannot blow it away, & water can't melt it, by having continuous faith on all these three, one can attain salvation, Mukti or Moksha can make oneself free from Birth & Death".

Dr Jain was felicitated by Dharmender Madan, Chief Vigilance officer Corporate Gurgaon, Vinod Baxla General Manager JK Unit, Abhay Kumar, CGM Assistant Management, and Anil Shawney CGM Projects JK UT.

Vimal Koul, CM HR conducted the proceedings of ered Vote of thanks.

on the subject.

the programme and deliv-Swami Vijeshananda, I/C Medical Unit Rama Krishna Mission was another speaker

STATE TIMES NEWS JAMMU: Devotees Sanatan Dharma under the

banner of Akhil Bhartiya Dharam Prachar Sewa Samiti celebrated "Gita Jayanti" as "Mahotsav" of 7 days (17th to 23rd December) in many parts of Jammu to spread the message of Lord Krishna. Volunteers of Samiti on Saturday organized function in Shakuntla Goushala. The occasion was graced by Sunil Sharma, National Co-ordinator of Samiti alongwith Prachar Pramukh of different Districts. Function started with poojan of the holy Granth "Shrimad Bhagwad Gita".

Sunil Sharma expressed that Shrimad Bhagwat Gita is the need of the hour.

ABDPSS members and others at a Gita Jayanti programme.

Sharma informed that over the years, many initiatives have been launched by Samiti to expand the knowledge of sacred scripture-Bhagwat Gita which can infuse the feelings of love for humanity and God in every body. This year samiti distributed copies of Shrimad Bhagwad Gita to the heads of many Institutions of Jammu to keep the same in the library

of the Institutions for the benefit of the students

Sharma stressed upon daily reading of Shrimad bhagwad Gita by all for overall self development and added that greatest quality of Bhagwad Gita is that it prompts an individual to think, to take fair and right decision, to look at life differently and refreshingly without surrendering ones identity. Vipan Sharma

Sr. Member of Margdarshak Mandal of Samiti expressed to the audience how to practically apply the teachings of Shrimad Bhagwat Gita in day-to-day life and attain maximum happiness in reality. After religious disclosure "Shrimad Bhagwat Geeta' was distributed to the Heads of Naveen Shiksha Kendra High School Channi Himmat, and A. S. N Higher Secondary School, youngsters and housewives present in the colourful ceremony of Gita Javanti Mahotsay.

Sanjeev Kumar learned expert from Punjab lauded the efforts of the Samiti for organizing Gita Jayanti as Mahotsay.

Devinder Sharma and Jai Krishan Sharma were also present