

Not Ranbir Kapoor or Alia Bhatt netizens think Raha Kapoor looks more like THESE two Kapoors



Finally, we all met Raha Kapoor. Christmas 2023 has become merrier and memorable for Alia Bhatt and Ranbir Kapoor's fans just because of this moment. For more than a year, the Brahmastra duo kept Raha Kapoor hidden from the media eye. Today, they finally brought Raha in front of the media and everyone is going gaga over the little munchkins' cuteness. Since then, there's only one question running through everyone's mind: who does Raha Kapoor resemble?

In it, a Redditor has shared the latest picture of Raha Kapoor from her paparazzi debut and a childhood picture of none other than, Kareena Kapoor Khan. Yes, you read that right. Raha Kapoor has become the talk of the town and her looks are being widely discussed. It goes without saying, Raha has got the Kapoor genes. Not just Kareena but also Raj Kapoor's picture is being circulated by netizens online. They feel Raha Kapoor has his eyes and facially, she resembles her bua, Bebo.

A lot of them are astounded to see how similar Raha looks to a toddler Kareena. They have called her a ditto copy of Kareena. Some have also talked about how her eyes are like Lolo, that is, Karisma Kapoor.

Ranbir Kapoor and Alia Bhatt took their own sweet time to introduce Raha to the world and what a reveal it is. The mother-father duo dote on Raha. In fact, Alia also revealed that she and Ranbir fight over who will get to pick Raha all the time. It was during Koffee With Karan 8 and Kareena had told Alia that it was a hint to have a second child. During an interview, Ranbir also hinted at wanting to expand his family. He shared that if given a chance, he would like to have another daughter.

Dunki Movie Review: Hansal Mehta aptly describes why Shah Rukh Khan starrer is a must-watch

Dunki: Shah Rukh Khan starrer film has captivated the audience's hearts. The film is aptly described as heartwarming, which will leave you teary-eyed. Shah Rukh Khan's performance in the movie is hugely appreciated. The way Rajkumar Hirani has presented every character in the movie is surreal. Besides moviegoers and film critics, even Bollywood celebrities are lauding the film. Actors like Suniel Shetty and Riteish Deshmukh have already praised the film, and now renowned director Hansal Mehta has penned a heartwarming note for the film.

The Rajkumar Hirani directorial has certainly left a lasting expression on Seoop director Hansal Mehta. The maverick film maker took his social media and penned a heart-felt note for the film. He wrote Dunki was exactly what he was missing in today's film. He praised Shah Rukh Khan for his exceptional performance and also lauded Rajkumar Hirani for his brilliant direction. Dunki is running successfully at the box office. The movie has already crossed the 200-crore mark worldwide.



Kajol shuts down Kareena Kapoor Khan for calling out her driving skills; netizens call former 'annoying'

Kareena Kapoor Khan and Kajol are both very popular actresses. They have worked for decades in the industry and have worked together as well. The two actresses are known to mince no words and speak their hearts out. Their honest statements and expressions often make headlines too. So, a video of Kajol and Kareena Kapoor Khan is going viral online. In it, the two actresses are seen engaging in a conversation. Kajol shuts down Kareena during the same.

A Redditor has shared a video clip of the conversation between Kajol and Kareena Kapoor Khan from a recent roundtable that happened. Kareena recalled Kajol's driving skills during the segment. The Jaane Jaan actress called Kajol the worst driver in the 90s. Kajol did not take it silently and cross-questioned Kareena asking if she ever sat in her car. Kareena added that she has heard a lot of things about the same. It did not stop there, Kajol again asked Kareena if she knew how to drive a car. Kareena went silent on that. Kajol took a jibe at her and said "Anybody who has not walked a mile in my shoes has no right to comment." Kareena graciously agrees with it.



Recipes

Salted Caramel Ice Cream



Ingredients

- 1/2 sugar as required
- 1/2 cup heavy cream
- 1/2 teaspoon vanilla essence
- 2 cup heavy cream
- 2 Pinches kosher salt
- 1/4 water as required
- 1/2 teaspoon salt
- 1/2 cup condensed milk
- 1 teaspoon vanilla essence
- 2 tablespoon roasted peanuts

Method:

To make this quick Salted Caramel Ice cream, begin with preparing the salted caramel sauce. Take a pan and add sugar along with water. Keep stirring till the sugar changes colour and turns slightly brown. Next, add in the heavy cream and keep whisking, then add vanilla essence and salt.

Next take a large bowl and add 2 cups of heavy cream and whisk it using a hand blender. Once the cream turns foamy, add condensed milk and vanilla essence again whisk the mixture. Lastly, add the salted caramel sauce and keep whisking.

Once the ice cream mixture is ready, add a dash of kosher salt and mix it nicely and pour in a setting tray. You can pour some caramel sauce and wrap with a cling film. Refrigerate the ice cream for 6 hours. Take it out and garnish with caramel sauce and roasted peanuts.

Serve once done and demould the tart. Serve with vanilla bean ice-cream for a wholesome combo. Enjoy!

Flabby arms? Top 5 exercises to burn arm fat



Overall weight loss can lead to the lowering of fat in certain parts of the body. Tone the flabby arms and reduce total body fat by combining strength training, cardiovascular exercise, and a nutritious diet. Remember that these physical activities along with a well-balanced, nutrient-rich diet are necessary to maintain a healthy weight. Maintaining consistency is essential. The following five exercises can help strengthen the arm muscles and give the look of more sculpted arms:

Cardiovascular exercise

Including aerobic exercise in your routine aids in burning calories and promotes the loss of body fat overall, including that of the arms. Exercises like jogging, cycling, jumping rope, and brisk walking can be beneficial. Try to get in at least 150 minutes a week of moderate-to-intense aerobic exercise or 75 minutes a week of strenuous aerobic activity.

Push ups

Push-ups are a great way to strengthen your triceps, shoulders, and chest muscles. They work a variety of muscle groups and contribute to the development of arm strength and definition. With



your hands slightly wider than shoulder-width apart, begin in the plank posture. Bending your elbows, lower your body toward the ground and push yourself back up to the starting position.

Bicep curls

Bicep curls target the biceps, or front muscles of the arms. With your palms pointing forward, grasp a set of dumbbells in your hands. Curl the weights toward your shoulders while keeping your elbows tight to your torso, then release them.

Tricep dips

The muscles on the back of the arms are targeted during tricep dips. Position your hands next to your hips while sitting on the edge of a sturdy chair or bench. Lower your body by slipping your hips off the edge and bending your elbows. Press through your hands to get back to the beginning.

Arm circles

Arm circles are a basic, yet powerful, workout that strengthens the muscles in the shoulders. Make tiny circular movements while extending your arms out to the sides. Increase the circles' size gradually. Reverse the direction after a set.

Ways of using Rosemary for hair



As a plant, rosemary is known for making food taste better. But it also has a secret power: it can save your hair! You could use this plant not only on your food but also to care for your hair. Let's look at ten easy ways that rosemary can help you get beautiful hair.

Potion of Rosemary Oil:

Rosemary oil can do amazing things for your hair. It has lots of good things in it that make your hair grow and keep it from falling out. You'll know the difference after putting a few drops on your head.

Rosemary Shampoo:

Want to make your product better? Put 5 to 8 drops of rosemary oil in it. It's good for your skin and doesn't make your hair look flat. Plus, it protects the natural shield on your head (your scalp).

Blend rosemary with different oils:

Change things up! For a great hair massage, mix rosemary with oils like coconut and chamomile. Your hair will look great as these natural oil are working together.

Use a rosemary tea rinse to:

Tea is good for your hair. Make rosemary tea and rinse your hair with it one last time after washing it. It makes your skin feel good and keeps your hair feeling clean.

Drink a cup of rosemary tea:

Having rosemary tea is not only enjoyable, but it also does great things for your hair. It makes your hair smooth and shiny by bringing more blood to your head.

Getting hair to grow faster:

Rosemary oil is great for hair growth. It makes your blood flow faster, which stops hair loss and even keeps your hair from going gray too soon. It's like an insurance policy for your hair.

Water with rosemary to help hair grow:

A study found that rosemary water works just as well as a certain hair medicine. It will help your hair grow in a healthy way.

Rosemary is good for your brain:

Rosemary is good for more than just your hair; it can also help your brain! It keeps you on track and helps you remember things. It's also good for your hair to stay calm.

Hair mask with rosemary:

Take care of your hair with a mask you make at home. Honey or yogurt mixed with rosemary oil should be put on your hair. After a while, wash it off. It will give your hair more shine.

A hair tonic with rosemary:

Simple vinegar can be turned into a special hair product. Let the apple cider vinegar and fresh rosemary sit for a week. Then, strain it and use it as a last clean. It helps keep your skin healthy and equal.

General Knowledge Question Answers

- | | | | | | | | | | | | | | | |
|---|---|--|--|---|---|--|--|--|---|--|---|--|---|---|
| 1. What is the formula for gravitational potential energy?
a) mgh
b) -G(m1m2)/r
c) 1/2mv ²
d) F=ma | 2. Which law states that the pressure of a gas is directly proportional to its absolute temperature at constant volume?
a) Boyle's law
b) Charles's law
c) Gay-Lussac's law
d) Avogadro's law | 3. What is the formula for electric potential energy?
a) kQ1Q2/r
b) V=IR
c) F=qE
d) P=VI | 4. Which law states that the induced electromotive force (EMF) in a circuit is proportional to the rate of change of magnetic flux through the circuit?
a) Faraday's law
b) Ampere's law
c) Ohm's law
d) Kirchhoff's law | 5. Which type of lens is thicker at the center than at the edges?
a) Concave lens
b) Convex lens
c) Plano-concave lens | 6. What is the unit of frequency?
a) Hertz
b) Meter
c) Second
d) Pascal | 7. Which law states that the current flowing through a conductor is directly proportional to the voltage applied across it, provided the temperature and other physical conditions remain constant?
a) Faraday's law
b) Ampere's law
c) Ohm's law
d) Kirchhoff's law | 8. What is the SI unit of electric charge?
a) Ampere
b) Coulomb
c) Volt
d) Ohm | 9. Which type of wave does not require a medium for its propagation?
a) Sound wave
b) Light wave
c) Water wave
d) Seismic wave | 10. What is the formula for the frequency of a wave?
a) v=fλ
b) E=hf
c) F=ma | 11. Which type of mirror is used in car headlights?
a) Concave mirror
b) Convex mirror
c) Plane mirror
d) Spherical mirror | 12. What is the SI unit of work?
a) Joule
b) Watt
c) Newton
d) Pascal | 13. What is the formula for acceleration due to gravity?
a) F=ma
b) F=G(m1m2)/r ²
c) a=v ² /r
d) g=Gm/r ² | 14. What is the formula for the period of a pendulum?
a) T=2π√(L/g)
b) T=2π√(g/L)
c) T=2π√(Lm/g)
d) T=2π√(g/mL) | 15. Which law states that the total energy of a closed system remains constant over time?
a) Newton's first law
b) Newton's second law
c) Newton's third law
d) The law of conservation of energy |
|---|---|--|--|---|---|--|--|--|---|--|---|--|---|---|

ASTRO SPEAK

- | | |
|--|---|
| ARIES
MAR 21 - APR 20
The Cancer full moon aligns with Saturn and Jupiter today, dearest Aries, heightening emotions and your intuition. Allow the mystic within to explore under these cosmic conditions, finding safe environments from which you can explore the depths of your own psyche. New fortunes may be on the horizon, though you'll need to stay grounded in the present to identify opportunities as they arise. | LIBRA
SEP 24 - OCT 22
You're all business as the Cancer full moon aligns with Saturn and Jupiter, activating sectors of your chart that govern success. Now is the time to advocate for your worth, plainly sharing why you deserve more responsibilities, compensation, or a new title. Get organized with your arguments if you struggle to make such requests, trusting that your efforts leading up to this point will be acknowledged and rewarded. |
| TAURUS
APR 21 - MAY 20
Your emotional intelligence spikes today as the Cancer full moon aligns with Saturn and Jupiter, putting you in a compassionate and communal headspace. Consider sharing wisdom gained through life experience with those who could benefit from hearing about your personal experiences. Luck is on your side when words are shared freely, though you should be mindful to maintain composure and social consciousness. | SCORPIO
OCT 23 - NOV 22
The Cancer full moon rises in your house of spirituality and luck, forming alliances with Saturn and Jupiter. This cosmic climate shines an auspicious light on your relationships and personal goals, encouraging you to go after what your heart desires most. Now is also a good time to release self-doubt, fears, and emotional hang-ups, replacing these themes with ideologies around gratitude. |
| GEMINI
MAY 21 - JUN 20
The Cancer full moon aligns with Saturn and Jupiter putting you in stable headspace. Use this energy to reaffirm your professional and financial goals, looking for opportunities to cut ties with anyone or anything that's been draining you emotionally or monetarily. The boundaries you set with yourself and others will outline new paths toward success, even if you can't fully see what the future has in store. | SAGITTARIUS
NOV 23 - DEC 22
The Cancer full moon aligns with Saturn and Jupiter asking you to identify and make peace with the variety of feelings flowing through your heart. The energy will be highly emotional and intimate, though it will be difficult to connect with others if you don't fully understand yourself. Get intimate with your own mind, finding quiet moments of stillness so that you can release that which does not serve you. |
| CANCER
JUN 22 - JUL 23
The full moon rises in your sign forming supportive connections with Saturn and Jupiter. Use this energy to reflect on how your spiritual communities can be strengthened, considering where you can make more of a mark within these realms. Love also lingers in the air under these cosmic conditions. Focus on how collaboration can strengthen your closest connections, making space to hear and be heard. | CAPRICORN
DEC 23 - JUL 20
Let in love at every possible opportunity as the Cancer full moon connects with Saturn and Jupiter. Your optimism and sense of self grow when you take time to nurture important relationships, acknowledging how these connections add vibrancy to your life. Self-care and romance also go well with this cosmic climate. Be bold when it comes to your desires and creative musings. |
| LEO
JUL 24 - AUG 23
Don't be surprised if the vibe feels moody and emotional, dearest Leo, as the Cancer full moon rises in your solar twelfth house. Meanwhile, Saturn's influence in this lunation will have you reevaluating the structures within your most intimate relationships, putting into perspective imbalances or issues you've been struggling to make sense of. You may find that it's necessary to advocate for yourself by setting boundaries. | AQUARIUS
JAN 21 - FEB 23
Reflect on how you can better support yourself emotionally and physically, dear Aquarius, as the Cancer full moon aligns with Saturn and Jupiter. How you feel in your body and heart will have a direct impact on your sense of stability, making it important that you are seeking wellness with sincerity. If you're overdue for some restoration from the comfort of home, use this energy as an excuse to lay low and embrace leisure. |
| VIRGO
AUG 24 - SEP 23
You'll find love easily when you seek it out, as the Cancer full moon aligns with Saturn and Jupiter. Go where you are the most at ease and accepted, taking extra steps to help others feel comfortable within their own skin. Spiritual interactions will embolden your heart, mind, and spirit, marking the perfect excuse to spend time with kindred spirits. | PISCES
FEB 20 - MAR 20
A sense of strength and confidence washes over you today, dear Pisces, as the Cancer full moon aligns with Saturn and Jupiter. Push forward with purpose as you pursue passions, using your voice to seek and share knowledge. Friendship also plays a huge role in this lunation, and you'll find restoration while in the company of your nearest and dearest. |

