

## HISI celebrates Geeta Jayanti with Geeta Path at Radhakrishan Temple

### ■ STATE TIMES NEWS

JAMMU: On the auspicious occasion of Geeta Jayanti, the NGO "Healthy India Stronger India" organized a heartfelt Geeta Path (recitation) at the Radhakrishan Temple in Jammu. The event, which brought together students from the training centre, run by NGO, marked a significant celebration of the teachings of the Bhagavad Geeta, one of the most revered spiritual texts in Hindu philosophy. The ceremony began with a warm welcome to all attendees by the representatives of "Healthy India Stronger India."

Students, dressed in traditional attire, took turns reciting verses from the Bhagavad Geeta, embodying its profound wisdom and timeless relevance. The atmosphere at the temple was charged with devotion, as the powerful chants echoed through the sacred halls, leaving the audience in deep contemplation.

The event not only provided an opportunity to connect with ancient scriptures but



HISI Chairman Hira Lal Abrol with training centre students performing Puja at Radhakrishan Temple.

also emphasized the importance of mental and physical well-being, aligning with the mission of the NGO.

"The teachings of the Bhagavad Geeta, which focus on self-discipline, righteousness, and inner peace, resonate deeply with the goals of "Healthy India Stronger India" to promote a balanced and healthy lifestyle among youth," said HISI Chairman Hira Lal Abrol. In his address, Hira Lal Abrol highlighted the significance of Geeta Jayanti, noting that the teachings of

Lord Krishna during the Kurukshetra battle continue to inspire individuals to face challenges in life with courage and wisdom.

He encouraged the students to internalize the lessons from the Geeta and apply them to their daily lives for better mental and emotional health.

The event concluded with the offering of Prasadam to the students and attendees.

"Healthy India Stronger India" expressed gratitude to the temple authorities and all participants for making the

event a grand success, further strengthening the bond between spirituality and holistic well-being.

"The visit aimed to introduce students to the historical and cultural heritage of Jammu while instilling values of harmony, devotion, and unity," said Hira Lal Abrol.

A guided tour of the temple followed, during which the students were given insights into the temple's history, its intricate architecture, and the spiritual significance of the deities worshipped with-

in.

The knowledgeable guides explained the temple's legacy as a symbol of Jammu's rich cultural heritage, built by Maharaja Gulab Singh and completed under Maharaja Ranbir Singh.

Speaking on the occasion, the Chairman Healthy India Stronger India highlighted the organization's mission to promote holistic development among children.

"Our goal is to create well-rounded individuals who understand the importance of culture, tradition, and spirituality in building a strong and resilient society. We believe that such experiences help children develop respect for their roots and values," he said.

The event also featured a brief cultural session where students recited prayers and participated in bhajans.

One student remarked, "In an age dominated by digital distractions, this visit has been a refreshing opportunity for them to connect with their heritage and learn about their culture in a meaningful way."

## DIG JSK Range Hqrs organizes Nukad Natak on 'Drug Abuse and its bad effects'

### ■ STATE TIMES NEWS

KATHUA: A significant Campaign against the drug menace is being organised by Range Police Hqrs. Jammu on 11.12.2024 This ambitious drug awareness campaign aimed at fostering a drug free community through a Nukad Natak (a team of Nav Durga Kala Manch) headed by Shazi Khan.

The programme was conducted at Mukharjee Chowk, Kathua under Civic Action Programme under the guidance of DIG Jammu-Samba-Kathua Range Sh. Shiv Kumar Sharma-IPS.

Programme started with the warm welcome of SSP Kathua Shobhit Saxena and SO to DIG Jammu Rajinder Singh Katoch SSP.

In the programme Rajinder Singh Katoch, while addressing to media, said that drug is a poison which destroys once life and we should stay away from drugs and guide others to stay away from it and also guide about its bad effects in our life.



SSP Kathua Shobhit Saxena, SO to DIG Jammu, SSP Rajinder Singh Katoch honouring participants.

He also said that drug taken is a most common habit in the youths, these days. It is very important to sensitize our youth in every section of the society on the subject of drug abuse.

A play related to drug abuse also performed by the students of Kids Heaven School Kathua. Team Nukad Natak and students of Kids Heaven School awarded with Cash Prize from RPHQ Jammu on the directions of DIG JSK Range for their outstanding performance related to drug abuse and its bad effects.

General Public present in

the programme appreciated and thanked Jammu & Kashmir Police for organising such knowledgeable/entertaining programme related to drug abuse.

DySP Hqrs. Kathua Manjeet Singh, DySP DAR Kathua Subash Chander, SHO Kathua Ajay Chib and other Prominent citizen were present to grace the occasion.

Team CAP RPHQ, Jammu SI Suresh Kumar, ASI Jasvir Singh, Sget Ishant Sharma present on venue for smooth functioning of the event.

## Shiv Sena demands strict action against illegal Bangladeshis, Rohingyas from LG



Manish Sahni, President Shiv Sena (UBT) J&K talking to reporters.

### ■ STATE TIMES NEWS

JAMMU: Manish Sahni, President of Shiv Sena (UBT) Jammu and Kashmir, expressed strong concern over the treatment of local residents and the controversial support extended to illegal immigrants in the region.

In a press conference on Wednesday at the party's state central office, Sahni criticized the administration for failing

to meet the basic needs of local people, such as electricity and water supply, while taking harsh actions against poor locals, including those running fruit and vegetable stalls in Narwal and Gandhi Nagar.

He condemned the crackdown on these stalls, which provided a livelihood for the city's marginalized communities.

Sahni also raised alarms

over the growing support for Rohingyas and Bangladeshis, who he claims are illegally residing in Jammu and Kashmir.

He urged the Lieutenant Governor; Manoj Sinha, to take strict action against them, similar to the actions taken by the Delhi Lieutenant Governor.

Sahni strongly criticized advocates who show sympathy towards these immigrants, citing their involvement in crime, theft, human trafficking, and drug trade.

Vikas Bakshi, General Secretary, and Balwant Singh, Senior Vice President of the party, were also present during the conference, which highlighted growing concerns over the security and socioeconomic issues in Jammu and Kashmir.

## PSPS GCW celebrates Mahakavi Subramania Bharati's Birth Anniversary with Multilingual Poetry Recitation

### ■ STATE TIMES NEWS

JAMMU: To commemorate the birth anniversary of Mahakavi Subramania Bharati, the Language Club of PSPS Government College for Women (GCW), Gandhi Nagar, organized a vibrant Multilingual Poetry Recitation Event as part of the Bharatiya Bhasha Utsav.

The event aimed to promote the rich diversity of Bharatiya languages and celebrate the literary contributions of Mahakavi Bharati, one of India's greatest poets.

The program was a collaborative effort by the Sanskrit, Hindi, Dogri, Punjabi, and Urdu departments of the college, reflecting the unity in diversity that Mahakavi Bharati



PSPS GCW Gandhi Nagar students and faculty at a programme.

espoused. Dr. S.P. Saraswat, Principal of the College, was the Chief Guest at the event. He commended the organizers for their dedication and emphasized the importance of such events in nurturing students' literary talents and fostering a sense of patriot-

ism and national unity.

Dr. Vijendra Kumar, Head of the Sanskrit Department, also lauded the event, encouraging students to actively participate in such programs as they help in building confidence and broadening knowledge.

self-composed poetry, which was well-received by the attendees.

At the conclusion of the event, Dr. Bindu Chib, Head of the Hindi Department, expressed her gratitude to all the guests and participants. She highlighted that the event provided a platform for students to unite across linguistic boundaries and showcase the beauty of India's diverse cultural heritage.

The event was also attended by Dr. Tahira Shah, Prof. Poonam, Dr. Tarsem Lal, and several other faculty members, who contributed to making the event a resounding success. The Bharatiya Bhasha Utsav was a fitting tribute to Mahakavi Bharati's legacy and a celebration of India's linguistic and cultural diversity.

## Two-Week "Refresher Course on Chemical and Physical Sciences" begins in CUJ

### ■ STATE TIMES NEWS

JAMMU: The UGC-Malaviya Mission Teacher Training Centre (MMTTC) at Central University of Jammu is set to host a comprehensive "Two Week Refresher Course on Chemical and Physical Sciences" from December 10 to 23, 2024.

The program, organized under the visionary leadership of Vice Chancellor Prof. Sanjeev Jain, aims to enhance the skills of faculty members in the fields of chemical and physical sciences.

In his keynote address, Prof. Sanjeev Jain emphasized the significance of refresher courses in bridging the gap between theoretical knowledge and its practical applications in modern education.

He commended the organiz-



CUJ students, faculty and other dignitaries at a programme on Wednesday.

ing committee for designing a well-rounded program that includes expert lectures, hands-on sessions, and interactive workshops.

The Vice Chancellor noted that such initiatives are crucial for fostering academic excellence and innovation.

Prof. Vinay Kumar, Dean of the School of Applied Sciences, was the Chief Guest at the inaugural session.

He highlighted the universi-

ty's commitment to promoting skill development and modern teaching-learning methodologies across disciplines. He reiterated that the skill enhancement of faculty members is a top priority to ensure quality education and research.

Dr. Neelika Arora, Director of MMTTC, informed the participants that this course is the 17th in a series of refresher programs offered by

the centre. She also shared that over 125 faculty members from educational institutions across India are participating in the course. Dr. Arora stressed that the MMTTC aims to implement key changes to revitalize higher education and promote equity and inclusion.

Prof. Ravuri, the Program Coordinator, discussed the role of chemical and physical sciences in driving scientific

advancements. He stressed the importance of continuous upskilling in these fields to stay relevant in a rapidly evolving academic landscape.

The course will cover emerging topics such as nanotechnology, spectroscopy, material science, quantum mechanics, and advanced chemical synthesis techniques. Renowned scientists and academicians from top Indian institutions will lead the sessions.

The inaugural session concluded with a vote of thanks by Dr. Praveen Kumar, Program Coordinator. The initiative, led by Dr. Neelika Arora and supported by Dr. Akshay Kumar, Dr. Praveen Kumar, and Prof. Ravuri, promises to enrich educators with valuable insights and foster new collaborations in the scientific community.

## Sarla Devi scripts history; becomes J&K's 1st woman cricketer to take 100 wkts

### ■ STATE TIMES NEWS

JAMMU: J&K's ace ambidextrous bowling all-rounder, Sarla Devi entered into the record books, becoming the first woman bowler to take 100 wickets in the Senior Women's One-Day Trophy, being organised by the Board of Control for Cricket in India (BCCI) at the domestic circuit.

Artistic left-arm seamer, Sarla has the distinction of wobbling the ball both ways, purchasing bounce even on docile tracks and hitting the right areas all the time, making her unplayable rather lethal on any surface.

Making her debut in 2013, Sarla has the honour of representing North Zone seven times and prestigious Senior Women's Challenger Trophy more than once and performing fabulously at that level too.



Till the last season, Sarla had taken 93 wickets, while in the ongoing Senior Women's One-Day tournament at Kolkata, she has so far taken 9 wickets and is among the leading wicket takers.

She was the standout bowler against formidable Gujarat, capturing 4 wickets by conceding 30 runs in her 6 overs. She thus achieved the distinction of crossing the 100 mark, and establishing a record in the process. She has taken 102 wickets so far and has taken

five wickets twice.

She was complimented by the Head Coach Latika Sangwan and the Manager Ravi Dogra immediately after the match. Her achievement has been hailed by the entire cricket fraternity of J&K.

Complimenting Sarla, Brig Anil Gupta, Member Administration of JKCA said that she was a consistent performer and match winner for the senior team. She has represented North Zone also on more than 2 occasions. We hope that she will continue to inspire others with her match winning performances.

Mithun Manhas said that such landmarks not only motivate the achiever but also spur the other players in the team and those who follow her. He wished her good luck for the future.

## VKMI celebrates Human Rights Day, Gita Jayanti at SOS International



VKMI members felicitating Rajiv Chuni, Chairman SOS International.

### ■ STATE TIMES NEWS

JAMMU: Vidhar Kranti Manch International (VKMI), in collaboration with the Indian Yoga Association and Sarv Uthan Trustee, observed Human Rights Day and Gita Jayanti at SOS International with great enthusiasm and profound significance. The event celebrated the universal ideals of human rights and the eternal teachings of the Bhagavad Gita, emphasizing their relevance in today's world.

Dr. Shreyansh Kumar Jain, State Yoga Commissioner, President of VKMI, and Chairman of the Indian Yoga Association, delivered an insightful address highlighting the importance of human rights in fostering dignity, equality, and inclusiveness. He also elaborated

on the Bhagavad Gita's teachings, emphasizing the principles of duty, righteousness, and self-realization as a guide to living a meaningful life.

Other distinguished speakers included Ashok Gupta, Founder and Managing Trustee of Sarv Uthan Trustee and Vice President of VKMI, and Mr. C.M. Sharma, General Secretary of VKMI and State Coordinator for Annamalai University. Their discussions shed light on the critical role of social upliftment and education in transforming society.

A special highlight of the event was the 63rd birthday celebration of Rajiv Chuni, Chairman of SOS International, a globally recognized leader representing the interests of 12 lakh dis-

placed people worldwide. Mr. Chuni shared insights into the impactful activities of SOS International, which continues to advocate for the rights and welfare of displaced communities. Dr. Shreyansh Jain honored Chuni by composing and presenting a poetic life sketch, vividly capturing his dedication and relentless contributions to society. Dr. Jain also shared valuable health tips for maintaining liver, kidney, pancreas, heart, and adrenal gland health, providing practical advice for the benefit of the general public. The event saw active participation from Ved Raj Bali, Secretary of SOS International, and Executive Members, including Satyender Dev Gupta, Ajit Sharma, Pt. Kewal Krishan Sharma (Rajouri), and Sh. Devi Dutta (Marh). The gathering concluded with a collective resolve to uphold human rights and incorporate the timeless teachings of the Bhagavad Gita into everyday life. The event concluded with a vote of thanks presented by Rajiv Chuni.

## DSS delegation meets CM



Dogra Sadar Sabha delegation meeting with CM Omar Abdullah.

### ■ STATE TIMES NEWS

JAMMU: A delegation of Dogra Sadar Sabha (DSS) comprising prominent citizens of civil society called on the Chief Minister Omar Abdullah at his official residence under their President cum former Minister Th. Gulchain Singh Charak.

The delegation consisted of Sr Army Officers, bureaucrats, Educationists, Artists and heads of various civil Society organisations.

The DSS the delegation apprised the CM about various pressing demands and burning issues of the Jammu region. The CM gave them a patient hearing and interacted very amicably.

Th. Gulchain Singh also apprised the CM about their 120th Annual General Council meeting scheduled for last week of December combined with the annual feature "Message of Humanity"-A unique confluence of main prominent religious thoughts of our land and requested him to be the Special Guest for this year.

Main points presented before the CM included, Restoration, repair, preservation/utilisation of the palaces and proposed relocation of its Archives. Establishment of a Duggar TV

Channel at Jammu, Revival of Jammu Festival, enhancing Ex Gratia payment of War Widows to bring it at par with other UTs/ States. In addition Development of Ranbir Canal Face, Building for Degree College at Bishnah, development at PatnITop and other tourism sites for survival of local Hotel, transport and hospitality industry as also long pending point of removing the blockade from Gen NC Vij Road & completion the long work of the Bridge Kathar-Bridge Bal Sahyog Road pending since 2011.

All points were received and the CM gave a calm assurance to look into all these points.

The delegation included Maj Gen Sumita Kapoor, the working President JKESL cum Co-convenor Mahila Wing of DSS, Col Karan Singh Vice President, GA Khwaja Gen Secretary, Col Dr Virendra sahi, VrC IC Media, Gambhir Dev Singh I/C Youth Wing, Amanat Ali Shah, President Anjumane Inamiah, Samardev Singh, Jt Secretary, Narinder Singh Jamwal former Finance Secretary, Arvinder Singh Amn Retd Adl Secretary Cultural Academy, Ravi Singh Slathia, Jagdeep Singh, Chhankar Singh, Chatter Sigh, Dr Vidya Sagar Sharma.

## Drug peddler arrested, heroin recovered

### ■ STATE TIMES NEWS

POONCH: Poonch Police on Wednesday recovered six grams of heroin-like substance during a routine operation in Potha area.

The suspect identified as Shakeel Ahmed, a resident of Mohra Bachai, under Police Station Surankote, was apprehended on the spot.

The operation was conducted based on specific intelligence inputs about suspicious activities in the region.

Acting swiftly, a police team intercepted the suspect and recovered the contraband substance during the search. Shakeel Ahmed has been taken into custody for further investigation.

A case has been registered under the relevant sections of the Narcotic Drugs and Psychotropic Substances (NDPS) Act at the concerned police station.

Further investigations are underway to ascertain the source and possible links of the suspect to drug trafficking networks.

## Bovine smuggler detained under PSA in Udhampur

### ■ STATE TIMES NEWS

JAMMU: An alleged bovine smuggler was detained under the stringent Public Safety Act (PSA) in Udhampur district on Wednesday, police said.

Mohd Akram, a resident of Jofra Talab, has become a threat to the peaceful atmosphere in the district, thus warranting authorities to detain him under the PSA, a police spokesperson said.

He said several cases were registered against Akram, who was shifted to a jail after a police party executed his warrant of detention.