Confidence comes from discipline and training: Principal JKPS



STATE TIMES NEWS

JAMMU: "Confidence comes from discipline and training," began Avneet Kour and Aarav of Grade 6 Galaxy as they, along with their classmates, conducted the morning assembly at JK Public added that a strong sense of mined by self-confidence."

School, Kunjwani. Avneet emphasized that self-esteem, reflecting how one values themselves, is crucial for developing self-belief, reducing self-doubt, and empowering decision-making. Aarav

self-worth inspires people to pursue goals and persist through challenges. He noted, "Optimism is the faith of achievement, and nothing can be done without hope and confidence. Success is deter-

Chaitanya Tripathi highlighted the role of confidence facing uncertainty, describing it as a psychologiresilience, creativity, and determination. Under the Suryansh cited Jordyn Woods, saying, "Modeling really helps me find my confidence and break out of my shell." Ranveer quoted Brian Tracy: "Whatever we expect with confidence becomes our

Jasmine shared Timothy Weah's insight, "Confidence is the key. Once you have it, you are unstoppable."

Principal Rajesh Rathore appreciated the Grade 6 presenters for inspiring the audience and shared

"Confidence is the belief in yourself and your abilities. It pushes you to take on challenges, even when the outcome is uncertain. It is not about perfection but word to unlock your hidden

keep going." He encouraged students to build confidence through new challenges and self-affirma-"Confidence is the passabout trusting yourself to potential."

JASA marks International Mountain Day with trekking event at Mansar Lake

STATE TIMES NEWS JAMMU: Jammu Adventure

Sports Association (JASA) committed to environmental and community welfare International Mountain day by organizing a trekking programme was organized in the world famous Ramsar wetland, Mansar lake area in Jammu. The 10 kms trek from Mahor Garh Fort to Mansar was completed in 4 hours time.

The event aimed at raising awareness about the importance of Mountain ecosys-



Jammu Adventure Sports Association member with students during terkking.

tems and wetland conserva-tion by way of discussion and Participants were of the should be formed to ascer-

tain the depleting health condition of mountains and conservation of its ecosystems. For this purpose a survey questionnaire should be prepared and circulated among the adventure lovers such as Bikers, Mountain cyclists, trekkers, mountaineers etc.

On the basis of this survey government or an NGO can ascertain the health of mountains and accordingly steps can be taken to improve the conditions of communities living in the hills and protection of both

GN Itoo takes charge as DSE Kashmir

STATE TIMES NEWS

SRINAGAR: Dr. GN Thursday assumed the charge as Director School Education Kashmir in the presence of outgoing Director, Tasaduq Hussain Mir.

In a formal handover ceremony, Dr. Itoo was accorded a warm welcome by the officers and officials present. He expressed his gratitude to the gathering of officers and officials on the occasion.

Following the takeover of charge, Dr Itoo chaired an introductory meeting, and stated that vacant positions of principals, ZEOs, and headmasters in various schools will be filled on a priority basis.

He directed all CEOs, principals, cluster heads, and ZEOs to work in coordination with each other. He emphasized the need to strengthen



Dr. GN Itoo assuming charge as Director School Education Kashmir.

the public delivery system and ensure that all matters related to teaching and non-teaching staff, as well as the general public, are

Dr. Itoo also stated that resolving parents' issues and addressing their concerns in a timely manner will be a top priority for the department.

He urged all government and private school administrators to work diligently and follow rules and regulations to meet parents' expectations.

It may be recalled here that before joining as Director, School Education Kashmir, Dr Itoo served as Mission Director, Jal Shakti during which supply and distribution of potable drinking water was taken to remote uncovered areas of J&K. He has already served as Director School Eduction Kashmir in his first stint besides serving as Director Tourism, Kashmir, Commissioner, Baramulla and addressed within a stipulated time- Director Estates.

DLSC approves 39 cases under credit card scheme for artisans, weavers

STATE TIMES NEWS

UDHAMPUR: A meeting of District Level Selection Committee for the implementation of Credit Card scheme for artisans & weavers in Handicrafts & Handloom sector was held on Thursday under the chairmanship of General Manager DIC Udhampur Kishore Singh Katoch.

The committee approved 39 cases under CCS scheme in which 33 cases were related to Handicrafts and 6 cases were related to Handloom.

The agenda of the meeting was presented by Assistant Director Handicraft & Handloom Reasi, Ujwal Singh Sambyal.

Speaking on the occasion, the GM DIC Kishore Singh Katoch highlighted the importance of such schemes in promoting the handicrafts and handloom industry in

He emphasised meeting was a step towards the Government's commitment to uplift the artisans and weavers of the region and provide them with the necessary support to showcase their skills and contribute to the growth of the economy.

The scheme will provide financial assistance to the beneficiaries and help them in enhancing their craft and improving their

DM Jammu inspects Kot Bhalwal Jail



District Magistrate Sachin Kumar Vaishya conducting inspection of Central Jail Kot Bhalwal.

STATE TIMES NEWS

JAMMU: District Magistrate Sachin Kumar Vaishya conducted an inspection of Central Jail Kot Bhalwal on Thursday, accompanied Superintendent Veerinder Kumar Bhat.

During the visit, the District Magistrate reviewed compliance with the jail manual and

inspected various facilities available for the inmates. He toured the prison cells and assessed the available provisions. The inspection also included an interactive session with the inmates, where the DM listened to their issues. Additionally, he examined areas with scope of improvement.

Guest Lecture on 'Communication

and AI' at Govt School

5th phase of FMD vaccinations under NADCP launched

STATE TIMES NEWS

JAMMU: The Department of Animal Husbandry Jammu officially launched the fifth phase of National Animal Disease Control Programme (NADCP) for Foot and Mouth Disease (FMD) on Thursday here at village Hakkal, Jammu which was presided over by Director Animal Husbandry Jammu, Dr. Waheeda Parveen.

Speaking on the occasion, the Director said that NADCP is a flagship scheme launched by Prime Minister in September, 2019 for control and eventual eradication of Foot and Mouth Disease and Brucellosis by vaccinating 100 percent susceptible livestock population.

"FMD is highly contagious viral disease of cattle, buffalo,



Director Animal Husbandry Jammu, Dr. Waheeda Parveen talking to reporters.

which leads to reduction in milk vield, infertility, reduced working capacity in bullocks, creates problems in international trade of livestock products, thus, causing huge economic losses to our farmers every year", she added. The Director emphasized that control of FMD can be achieved by mass vaccination of susceptible livestock population repeatedly at regular intervals till the incidence of the disease comes down. This will pave way for gradual eradication of the disease from the country by year 2030 thus benefitting the farming community

sheep, goats and pigs etc.

The Director further said that the NADCP incorpoand online registration of vaccinated animals along with the owner details utilizing the Bharat Pashudhan or National Digital Livestock Mission (NDLM) portal enabling proper monitoring. She urged the farmers and local authorities to support and cooperate with the vaccination efforts of the depart-

rates mandatory ear tagging

The director further called on department officers and officials to ensure sincere efforts to make the campaign

Joint Director (ARV Lab.), RS Pura, CAHO Jammu besides officers and staff of the Animal Husbandry department were present on the occasion.

NEW INDIA ASSURANCE

TENDERING NOTICE

Tender No.02/Corp.HRM/MBS/2024-25

Tenders are invited under 2 bid system from interested Hotel Owners/Power of Attorney holders of Hotels at Katra Location on night consumption basis for Holiday Home of New India Mutual Benefit Society of The New India Assurance

Interested Bidders can download tender documents from the website www.newindia.co.in or formats are also available at our local Office which can be collected during office hours.

Last date for submission of bids is 04.01.2025 up to 5.45 pm. Any further tender related particulars will be communicated through website

Deputy General Manager, EWS Department - New India Mutual Benefit Society, The New India Assurance Co. Ltd., Regd.& Head Office New India Assurance Building, 87, M.G.ROAD, Fort, Mumbai-400001

DECC organises Job Fair in Reasi



STATE TIMES NEWS

The District Employment and Counselling Centre, Reasi, hosted a one-day Job Fair on Thursday, bringing together job seekers and employers under one roof. The event aimed to provide employment opportunities to the youth of the district while facilitating the hiring needs of participating companies. The fair, inaugurated by Annie Vaid, ${\bf Director}$ Assistant Employment Reasi, witnessed

transport, education etc. More than 8 employers set up stalls at the venue, offering diverse job opportunities. Over 400 job seekers from across the district attended the fair; equipped with their resumes and eager to explore potential career paths. This job fair serves as a bridge between job seekers and recruiters. AD Employment said that the department is committed to provide a platform that benefits both employ-

ers and aspiring candidates.

a wide spectrum of industries,

including hospitality, food,

Awareness session on "Sexual Harassment at workplace prevention, prohibition & redressal" held

enthusiastic participation from

STATE TIMES NEWS

JAMMU: Mission Shakti SANKALP HEW Jammu on Thursday conducted an awareness session on Sexual harassment at workplace prevention in collaboration with JKNRLM at the Block Training Centre Khour. The program, which saw a large turnout of women from JKRLM including Cluster Coordinators, Mobilisers, Management Information System Multitasking staff and surrounding communities, highlighted the importance of empowering women through education, healthcare, safety, and economic opportunities. The program featured presentation by Advocate Meenu Padha from High Court providing in-depth information about gender based violence, sexual harassment at workplace prevention prohibition & redressal act 2013. She highlighted the stigmas that are still prevalent in society about gender allocation and how the judiciary has come out with the various laws for the justice of women in every per-

spective whether it is her family, workplace or surroundings like Zero FIR. Furthermore, she corresponded 7 point Guide for sexual harassment at workplace prevention as they should have POSH POLICY in place, create a safe culture that promotes open communication, providing effective sexual harassment prevention training to all, not to wait for complaint, the employees should have informal communication about sexual harass-Further Officials of Mission Shakti SANKALP HEW scattered the information on various government schemes and programs designed to empower women like Beti Bachao Beti Padhao (BBBP), NHM Health Schemes, Sukanya Samridhi Yojana, Ladli Beti, Scholarship Schemes, Skill Development Programs, Business Startup Schemes, Pension Schemes, SMAS for Marriage, Schemes for Women in Distress. The highlighting the program's success in raising awareness and providing valuable information to the community.

STATE TIMES NEWS

JAMMU: A guest lecture was organized Government Secondary School, Kot Bhalwal, for students of Classes 9 and 11. Delivered by Ankush Sharma, District Correspondent, All India Radio, Jammu, the sessions aimed to enhance students' knowledge on practical and academic topics.

For Class 9, the lecture focused on communication skills, underlining the importance of effective verbal and non-verbal communication.

Sharma encouraged students to develop confidence in speaking and listening, emphasizing their role in personal and professional suc-

For Class 11, the session Intelligence (AI) and the fundamentals of camera angles and shots. Students learned about AI's applications in everyday life, its potential to revolutionize industries, and career opportunities in this emerging field. The discussion on camera techniques provided insights into how angles

and framing contribute to impactful storytelling, with relatable examples from media. The interactive lecture

received an enthusiastic with students response, actively participating and asking questions. Teachers appreciated the initiative, highlighting its importance in equipping students with practical knowledge and inspiring them to explore diverse fields. The guest lecture was a step towards preparing students for the challenges of a rapidly evolving world.