

Sinha interacts with youth from Tamil Nadu

Youth working towards constructive change for society based on equality, social justice: LG



Lieutenant Governor Manoj Sinha with youth delegation from Tamil Nadu on Friday.

STATE TIMES NEWS

JAMMU: Lieutenant Governor Manoj Sinha on Friday interacted with the youth delegation from Tamil Nadu, who are on a five-day visit to J&K for Yuva Sangam, under Ek Bharat Shreshtha Bharat initiative. The Lieutenant Governor welcomed the Youth and learned about the experiences and multi-dimensional expo-

sure they gained during their visit to the U/T of J&K. "Tamil Nadu and Jammu Kashmir are eternally connected since time immemorial. When I look at the two regions, I see the inspiring chapters of rich ancient Indian history, contribution of men and women who shaped the destiny of our country," he said. The Lieutenant Governor

also commended the Yuva Sangam initiative of Ministry of Education, aimed at strengthening people-to-people connect among youth across different States and Union Territories. "I am truly grateful to Prime Minister Narendra Modi for unlocking the power of diversity with the spirit of oneness," the Lieutenant Governor said.

He also spoke on the Youth specific and youth-related policies and programmes launched in the last 10 years to create an enabling environment to realize their dreams. "The social consciousness of our youth is sharp and they have big dreams not just for themselves but for the development of this great nation. Our youth have started thinking about the future

that they want. They are also working towards constructive change for a prosperous society based on equality and social justice," the Lieutenant Governor said. Jammu Kashmir is paired with Tamil Nadu under Yuva Sangam to promote unity in diversity by facilitating meaningful interactions, cultural exchange and knowledge sharing among youth.



Govt reconstitutes search committee to recommend candidates for JKBOSE Chairperson, Director JKSCERT

STATE TIMES NEWS

JAMMU: The government on Friday reconstitution of Search Committee for recommending panels for appointment of Chairperson, JKBOSE and Director, JKSCERT. "In supersession of Government Order No. 252-JK(GAD) of 2023 dated February 20, 2023, Search Committee for recommending panels for appointment of

Chairperson, Jammu & Kashmir Board of School Education (JKBOSE) and Director, Jammu & Kashmir State Council of Educational Research and Training (JKSCERT), is reconstituted," reads GAD order. The Search Committee comprises Administrative Secretary, Agriculture Production Department as Chairman with Administrative Secretary, School

Education Department, Administrative Secretary, General Administration Department, Administrative Secretary, Higher Education Department, Vice Chancellor, University of Jammu and Vice Chancellor, University of Kashmir as Members. "The Committee shall be serviced by the School Education Department," it added.

Dr Jitendra releases landmark RSSDI study 'Yoga and Diabetes Prevention'

STATE TIMES NEWS

NEW DELHI: Union Minister, Dr. Jitendra Singh, who is also a Professor of Medicine, a renowned Diabetologist and Life Patron of the "Research Society for Study of Diabetes in India" (RSSDI), the world's largest organisation of Diabetes researchers and practitioners, today released the landmark RSSDI study on "Yoga and Diabetes Prevention".



Union Minister Dr. Jitendra Singh being briefed about "Yoga and Diabetes Prevention" study by Prof.S.V. Madhu, Head of Centre for Diabetes, Endocrinology and Metabolism, University College of Medical Sciences, New Delhi.

H.B. Chandalia, Former Head at Grant Medical College, Mumbai; and Dr. Arvind Gupta of Manilek Research Centre, Jaipur. Published by Elsevier Ltd., this study marks a milestone in diabetes prevention strategies, such as the Indian Diabetes Prevention Program (28% reduction) and other trials combining lifestyle changes with medication (32% reduction). The study, conducted over three years at five

combining asanas and pranayama, could reduce the risk of developing diabetes by approximately 40% among individuals with prediabetes. This result surpasses the outcomes of existing diabetes prevention strategies, such as the Indian Diabetes Prevention Program (28% reduction) and other trials combining lifestyle changes with medication (32% reduction). The study, conducted over three years at five

centers in India with nearly 1,000 prediabetic participants, has demonstrated yoga's superiority as a standalone preventive measure. Dr. Singh described these findings as a "game changer" for India's healthcare system, given the nation's diabetes epidemic, with over 101 million people affected and another 136 million in the prediabetic stage.

He called for the integration of yoga into national diabetes prevention policies to achieve widespread health benefits, noting that this was the first long-term, well-designed trial to scientifically validate yoga's effectiveness in diabetes prevention. The study's publication in Diabetes and Metabolic Syndrome: Clinical Research and Reviews positions it as a key influence in shaping both national and global strategies for diabetes management.

IGP Traffic pins rank to newly promoted DSPs

STATE TIMES NEWS

JAMMU: A Piping ceremony was held on Friday at the Traffic Police Headquarters J&K Jammu, where newly promoted Deputy Superintendent of Police Sohail Ahmad and O.P Chib were pinned with new rank.



IGP Traffic J&K M.Suleman Choudhary pinning rank to promoted DSP.

SSP Traffic City Jammu, Arvinder Singh Kotwal, Addl. SP Traffic City

Jammu, Ravinder Singh, Dy. SP Traffic (Hqrs), Radhay Sham Koul,

Accounts Officer, THQ J&K, Sunil Sawhney, Dy.SP, Pvt. Secretary to IGP Traffic J&K and Rakesh Pandita, PA to IGP Traffic J&K were also present on the occasion.

The IGP Traffic congratulated the officers and their families. He emphasized the increased responsibilities accompanying the promotion and encouraged the newly promoted officers to continue serving with dedication and enthusiasm.

Should not those who call for protection of COI unitedly work for undoing amendments made in 1976 & 1978 to Art-74 ?

- ▶ Congress Government in 1976 & Morarji lead Janta Govt in 1978 constitutionally weakened Institution of President of INDIA
- ▶ Will Block NDA and Block INDIA unitedly work to bring Art-74 back to its original form?

DAYA SAGAR

In constitution of India Parliament consists of the President of India, the Lok Sabha and Rajya Sabha. In terms of Art 60 President of India is on oath Preserver, Protector and Defender of Constitution of India which I am of the opinion is an element of basic structure of Constitution and Parliament has no delegation under Art 368 to operate upon this feature (Art-60 <Every President and every person acting as President or discharging the functions of the Presi dent shall, before entering upon his office, make and subscribe in the presence of the Chief Justice of India or, in his absence, the seniormost Judge of the Supreme Court available, an oath or affirmation in the following form, that is to say- swear in the name of God "I, A, B., do solemnly affirm that I will faithfully execute the office of President (or discharge the functions of the President) of India and will to the best of my ability preserve, protect and defend the Constitution and the law and that I will devote myself to the service and well-being of the people of India." >). But the 42nd and 44th amendments to Constitution of India as made in 1976 and 1978 among other things also operated upon Art 74 of Constitution of India (origi-



nal Art-74 < 74. (1) There shall be a Council of Ministers with the Prime Minister at the head to aid and advise the President in the exercise of his functions. (2) The question whether any, and if so what advice was tendered by Ministers to the President shall not be inquired into in any court. >) so as amend even the basic spirits underlying Art-74 { amended Art-74 < (74. Council of Ministers to aid and advise President.-1(1) There shall be a Council of Ministers with the Prime Minister at the head to aid and advise the President who shall, in the exercise of his functions, act in accordance with such advice; 2[Provided that the President may require the Council of Ministers to reconsider such advice, either generally or otherwise, and the President shall act in accordance with the advice tendered after such reconsideration.] (2) The question whether any, and if so what, advice was tendered by Ministers to the President shall not be inquired into in any court. 1. Subs. by the Constitution (Forty-second

Amendment) Act, 1976, s.13, for cl. (1) (w.e.f. 3-1-1977). 2. Ins. by the Constitution (Forty-fourth Amendment) Act, 1978, s. 11 (w.e.f. 20-6-1979) } which weakened the institution of President of India worth performing duty & authority in terms of the Oath taken under Art 60 since after that the Institution of President has been in a way 'directed' to work only on the advice of 'his' council of ministers. It is not out of the place that the President of India had to protect and defend the COI even from the elected members in Parliament of it's two houses i.e Rajya Sabha (council of States) & Lok Sabha (house of people) of which President is also a in terms of Art- 79 of COI (Part V Art-79 < Part V Union Chapter II-Parliament Art-79. Constitution of Parliament.- There shall be a Parliament t for the Union which shall consist of the President and two Houses to be known respectively as the Council of States and the House of the People.>). Should not the Apex Court have taken notice of such amendment on its own and examined the immediately after 1978?

To be Continued (The author is Sr Journalist, social activist and analyst J&K affairs)

HDFC BANK LTD

Retail Assets Branch, 1st Floor Kashmir Auto Aids Near Indian Oil Petrol Pump, Site No.01 Transport Nagar, Narwal Jammu-180005 Ph No. 0191-24711186 & 0191-2490984 | (M) 9419055337, 9596208833, 9419934328

AUCTION SALE NOTICE

The borrowers, in particular, and the public, in general, are hereby notified that public auction of gold ornaments / security pledged in the below accounts is proposed to be conducted. The auction is of the gold ornaments / security of borrowers who have defaulted to pay, as per the terms of Loan Agreement signed & accepted by them, despite notices by HDFC Bank Limited (the "Bank") to clear the loan dues. The Bank had also issued a notice to the borrowers whereby, 7 days' time was given to repay the entire outstanding dues in the below accounts, failing which Bank would be at liberty to auction the entire pledged gold security without issuing further notice. The borrowers have neglected and failed to make payment, therefore, Bank in exercise of its rights under the loan agreement as a pledgee has decided to enforce the pledge over gold security by selling the entire gold ornaments / security by way of auction and recover the dues owed by the borrowers to the Bank.

The auction will be conducted at the below mentioned branch/s on [24-DEC-2024] from [09:30] Am/Pm onwards. In the event the auction of any pledged security cannot be conducted or concluded on the date mentioned below, Bank reserves the right to conduct or proceed with the said auction on any subsequent date and time.

S No	Loan No	Borrower's Name	Loan Amount	Place of Auction (Branch Address)
1	74298475	SHASHI MALHOTRA	242000	0241-JAMMU-JAMMU AND KASHMIR-PRI
2	75261125	SHUVAM SINGH	209000	0241-JAMMU-JAMMU AND KASHMIR-PRI
3	74101403	JAIDEEP SINGH SAMYAL	150000	0241-JAMMU-JAMMU AND KASHMIR-PRI
4	75385403	OMKAR SHARMA	581000	1356-TALAB TILLON-JAMMU-PRIME
5	74767503	CHARANJEET SINGH	318000	1356-TALAB TILLON-JAMMU-PRIME
6	74371502	SURISHTA DEVI	307000	1356-TALAB TILLON-JAMMU-PRIME
7	73798408	RAJINDER KUMAR	205000	1356-TALAB TILLON-JAMMU-PRIME
8	75273209	KASHIF ASHRIF	192000	1356-TALAB TILLON-JAMMU-PRIME
9	75181453	PARVEEN KUMAR	149500	1356-TALAB TILLON-JAMMU-PRIME
10	74555576	RAVINDER SINGH	10300	1356-TALAB TILLON-JAMMU-PRIME
11	73892690	DEEPAK CHOUDHARY	110700	2229-RANBIR SINGH PORA-PBGL
12	75019317	RAVI KUMAR RAINA	101000	2229-RANBIR SINGH PORA-PBGL
13	74573329	PARMESH KUMAR	129800	2230-SAMBA-JAMMU-PBGL
14	75410636	RANI DEVI	100200	2230-SAMBA-JAMMU-PBGL
15	74471162	RAVI KUMAR	70900	2230-SAMBA-JAMMU-PBGL
16	74518945	RAKESH KUMAR	56000	2230-SAMBA-JAMMU-PBGL
17	74318960	MAMTA DEVI	14200	2230-SAMBA-JAMMU-PBGL
18	73762689	ARUN SINGH	120000	2344-KATRA-PBGL
19	74334624	ARJUN SINGH	108900	2344-KATRA-PBGL
20	74476695	ABDUL HAMID	93600	2344-KATRA-PBGL
21	74422655	RAJEEV SINGH	51500	2344-KATRA-PBGL
22	74034454	ANKUSH THAKUR	45700	2344-KATRA-PBGL
23	74358616	ABDUL HAMID	15000	2344-KATRA-PBGL
24	75435718	RAJESHWAR SINGH	232000	2538-KATHUA-PRIME
25	74530568	MAKHAN LAL	199500	2538-KATHUA-PRIME
26	74509293	SUNITA DEVI	117000	2538-KATHUA-PRIME
27	74528847	MAKHAN LAL	44000	2538-KATHUA-PRIME
28	75500386	MAHOAR LAL	40000	2538-KATHUA-PRIME
29	74439806	SHUBASH CHANDER	36000	2538-KATHUA-PRIME
30	75307716	PAWAN KUMAR	273600	2540-UDHAMPUR-JK-PRIME
31	74632078	SALEEMA AHMED	255000	2540-UDHAMPUR-JK-PRIME
32	74839544	KOUSHAL KUMAR	164500	2540-UDHAMPUR-JK-PRIME
33	74491793	ARJUN KUMAR	126000	2540-UDHAMPUR-JK-PRIME
34	75216772	PAWAN KUMAR	125000	2540-UDHAMPUR-JK-PRIME
35	74369795	HARI KRISHAN	95000	2540-UDHAMPUR-JK-PRIME
36	74543424	SURAM CHAND	91000	2540-UDHAMPUR-JK-PRIME
37	74084390	POOJA DEVI	59500	2540-UDHAMPUR-JK-PRIME
38	75545896	YOUSUF SHAIKH	52000	2540-UDHAMPUR-JK-PRIME
39	74849402	SUNNY SINGH SAINI	454000	2558-BARI BRAHMANA-PRIME
40	75313701	NEERU DEVI	195000	2558-BARI BRAHMANA-PRIME
41	75461586	SHAMEEM AKHTAR CHOUDHARY	136000	2558-BARI BRAHMANA-PRIME
42	75339709	ZAHID IQBAL	112400	2595-POONCH-PBGL
43	75241764	LIQAT HUSSAIN	110600	2595-POONCH-PBGL
44	74748290	MOHD VAHIED	104000	2595-POONCH-PBGL
45	74409703	SHAMI LAL	77500	2743-NARWAL-JAMMU-PBGL
46	74659384	UTTAM SINGH	58700	2743-NARWAL-JAMMU-PBGL
47	74048496	SANJEEV KUMAR	20900	2743-NARWAL-JAMMU-PBGL
48	73717437	NUZHAT BAGUM	128000	2908-DODA-PRIME
49	75077864	POOJA DEVI	119000	2908-DODA-PRIME
50	75271954	KAMESHWER SINGH	104600	2908-DODA-PRIME
51	75160970	REHANA KOUSAR	97700	2908-DODA-PRIME
52	75247775	ASIF HUSSAIN KHAN	78400	2908-DODA-PRIME
53	75447446	TARIQ HUSAIN	72400	2908-DODA-PRIME
54	74849001	MISBA GANAI	62000	2908-DODA-PRIME
55	75158040	DHEERAJ KUMAR	14500	2908-DODA-PRIME
56	75439832	SANDEEP SHARMA	225000	3282-SUNDERBANI-PRIME
57	75313241	KULBIR SINGH	213000	3282-SUNDERBANI-PRIME
58	75275437	RAJIV KUMAR SHARMA	186000	3282-SUNDERBANI-PRIME
59	75401594	VISHAKA SHARMA	166500	3282-SUNDERBANI-PRIME
60	75071340	BANJU SHARMA	129000	3282-SUNDERBANI-PRIME
61	75064900	ZULFIQAR AHMED	88000	3282-SUNDERBANI-PRIME
62	74451434	ABDUL HAMID	73000	3282-SUNDERBANI-PRIME
63	74203295	SUMMET KUMAR	41000	3282-SUNDERBANI-PRIME
64	74290333	MEVISH AZIZ	363000	3554-BHATINDI-PBGL
65	74370837	SAJAD AHMED	172000	3554-BHATINDI-PBGL
66	74553459	AMRIK SINGH	174500	6538-SHASTRI NAGAR JAMMU-PRIME
67	75346996	TARIQ MEHMOOD	81000	6538-SHASTRI NAGAR JAMMU-PRIME
68	73403719	PARAMEET SINGH	76000	6538-SHASTRI NAGAR JAMMU-PRIME
69	75337831	PARDEEP SINGH	60000	6538-SHASTRI NAGAR JAMMU-PRIME
70	75231432	PARDEEP SINGH	58300	6538-SHASTRI NAGAR JAMMU-PRIME
71	75239040	VIKASH KUMAR	45900	6538-SHASTRI NAGAR JAMMU-PRIME
72	75119611	VIKASH KUMAR	21000	6538-SHASTRI NAGAR JAMMU-PRIME
73	73753561	ANSHU KHAIJURIA	199000	9470-TRIKUTA NAGAR BRANCH-PBGL
74	74465849	VARUN KOHLI	72300	9470-TRIKUTA NAGAR BRANCH-PBGL
75	75039264	HARI PAUL	39000	9648-KATHUA INDUSTRIAL AREA-PBGL

The auction shall be conducted on an "AS IS WHERE IS" and the "AS IS WHAT IS" basis and the Bank is not making and shall not make any representations or warranties as regards the quality, purity, caratage, weight or valuation of the said gold ornaments. It shall be the sole and absolute responsibility of the potential purchasers to verify, examine and satisfy themselves about the quality, purity, caratage, weight or valuation of the said gold ornaments prior to placing their bids and for such purpose it shall be open to potential purchasers to examine, at their sole cost and expense, and at the address set out here in above, the gold ornaments whether with or without expert advice 45 minutes prior to the time stipulated for the conduct of the auction. All bids shall be subject to such minimum reserve price as the Bank may deem fit to fix in this regard. The auction process and the sale (if any) pursuant to such auction shall be subject to such further terms and conditions as the Bank may at its sole discretion deem fit to impose. If the borrower(s) mentioned above pays the amount due to the bank in terms of the Loan agreement in his individual loan account in full before the auction as mentioned above, the pledged ornaments securing the said loan may be withdrawn by the bank from the said auction without any further notice. Please note that it is the absolute discretionary power of the undersigned authorized officer of the Bank, either to postpone or to cancel the auction proceedings without prior notice and without assigning any reason therefore and to reject any or all the bids or offers without assigning any reason for the same.

Date: 14th December '24 Place: Jammu Sd/- Authorized Officer HDFC BANK LTD.