Yudhvir inaugurates 18th Christmas **Gold Cup Football Tournament**

Reiterates BJP's commitment in fostering sports culture in J&K

■ STATE TIMES NEWS

JAMMU: BJP leader and MLA Jammu East, Yudhvir Sethi, inaugurated the 18th Christmas Gold Cup Football Tournament 2024-25 at Mini Stadium Parade Ground, here on Monday.

Organized by the All J&K Sports & Culture Welfare Association under the aegis of J&K Football Association, the tournament aims to promote sportsmanship and foster unity among the youth of the region.

In the opening match, Pegasus FC delivered a stunning performance, defeating United FC Ladakh with an impressive margin of 7-0. The star players included Samad, who scored goals in the 15th, 25th, and 50th minutes, and Mahi, who



MLA Jammu East, Yudhvir Sethi inaugurating 18th Christmas Gold Cup Football Tournament 2024-25 at Mini Stadium Parade Ground, Jammu on Monday.

added a goal in the 68th minute. Illiyas contributed significantly with goals in the 16th and 26th minutes and Rizwan showcased his brilliance by scoring goal in the 46th minute.

Speaking on the occasion,

Yudhvir Sethi lauded the organizers for their dedication to nurturing talent in football and other sports. He emphasized the importance of such events in channeling the energy of the youth

ties, thereby contributing to a healthier and progressive

Sethi also reiterated the BJP's commitment in fostering sports culture in Jammu and Kashmir as part of Prime Minister Narendra

The event witnessed the presence of notable dignitaries, including Rev. Hemant, the digital incharge of St. Paul Church; Anil Gupta, Senior Vice President of CCI Jammu; Rajesh Gupta, Secretary CCI Jammu; and prominent community leaders like Kuldeep Singh, Surinder Singh, Anil Masoom ex Corporator, Ramesh Chander, David, Yousuf, Rajesh Sumbria, Kamaljeet Kumar, Peter, Mohd Shuja and Saudagar

The next matches in the tournament will feature Poonch FC against Kathua FC, and Jammu Sports locking horns with Young Star, promising more exciting action in the days to come.

IGNOU launches course titled 'Disability Society and Culture' at UG level

JAMMU: The School Interdisciplinary and Trans disciplinary Studies (SOITS) of IGNOU has launched a special course titled Disability Society and Culture (Divyangta Samaj aur Sanskriti) with Course Code- BMDG 171 under the Four Year Undergraduate (UG) Programme. Earlier in January this year,

UGC had launched the four-year undergraduate programme (FYUP) of IGNOU which is considered as a crucial reform in Indian Higher Education and aims to provide students with diverse opportunities for enrollment. The programmes already launched include Bachelor of Commerce (BCOMF), Bachelor of Arts (Economics), Bachelor of Arts (History), Bachelor of Arts (Political Science), Bachelor of Arts (Psychology), Bachelor of Arts (Public Administration), Bachelor of Arts (Sociology), Bachelor of (Anthropology), Bachelor of Science (Biochemistry), Bachelor of Arts (English), Bachelor of Arts (Hindi), Bachelor of Arts (Sanskrit), Bachelor of Arts (Urdu),

Bachelor of Social Work, Bachelor of Arts (Facilities and Service Management), Bachelor of Arts (Philosophy), and Bachelor of Arts (Journalism and Digital Media).

The learners can take FYUP courses as part of their regular programme or can also do a simul-

taneous UG degree in a different discipline than their primary discipline. The FYUP has been implemented under the New Education Policy (NEP) 2020. Under FYUP, credit scores are introduced for every course and the learners have the option to pursue either a three-year honours course or four years honours course with or without the research component.

"In order to spread awareness about issues related to special needs of specially-abled individuals, IGNOU has decided to start a course on disability studies at the UG level under FYUP in accordance with NEP-2020 which will not only spread awareness about the issues related to various kinds of special needs, but also build a workforce specialised in handling the special needs of the needy", said Dr. Sandeep Gupta, Regional Director.

5th Kashmir Premier League begins



STATE TIMES NEWS

JAMMU: The 5th edition of the Kashmir Premier League (KPL) was inaugurated on Monday with a grand ceremony at the Country Stadium, Gharota. SP Rural Jammu, Brijesh Sharma, attended the event as the chief guest and encouraged the players and

ing words.

The tournament features 16 teams, divided into four groups, competing for the championship title.

Warriors Sultan Baramulla, the defending champions from the 2023-24 edition, will aim to retain their crown. The previous editions were hosted

showcasing the tournament's growing reputation.

The inaugural match of this edition was held between Hope Outfits and Friends Traders Ganderbal. The event is being organized under the theme "Yes to Life, No to Drugs," promoting a healthy and posilifestyle through

■ STATE TIMES NEWS

JAMMU: Nikhil Manhas, a talented player from the University of Jammu, has been selected for the prestigious Disabled Cricket Champions Trophy 2025.

The event is scheduled to take place in Colombo, Sri Lanka, from 12th to 21st January 2024. This prestigious tournament will feature four countries: India, Pakistan, England, and Sri Lanka.

The Disabled Cricket Champions Trophy is a highly regarded international cricket competition that brings together the best players from around the globe, showcasing the incredible



Director Sports JU, Dr. Daud Iqbal Baba with Nikhil Manhas and others.

players with disabilities.

Nikhil Manhas' selection to represent the Indian contingent is a testament to his hard work, dedication and sporting excellence. Manhas has shown exceptional talent

journey reflects the true spirit of resilience and passion for the sport.

Nikhil Manhas of JU selected for Disabled Cricket Champions Trophy 2025

Dr. Daud Iqbal Baba Director, Directorate of Sports and Physical Education, University of Jammu, awarded a sports kit and track suit in the presence of Raj Kumar Bakshi to support him in his preparation for the upcoming tour-

Dr. Daud Iqbal Baba praised Nikhil Manhas for his unwavering commitment to excellence in disabled cricket and his perseverance in overcoming challenges to reach this prestigious plat-

In a brief interaction Dr. Daud Igbal Baba expressed his pride in Manhas's achievement and encouraged him to continue striving for success, representing both the University of Jammu and the nation with pride.

The University of Jammu is proud of Nikhil Manhas's ward to his success at the Disabled Cricket Champions Trophy 2025.

The selection of Manhas highlights the increasing recognition and support for disabled sports and the inspiring players who participate in them.

His achievement not only brings pride to the University of Jammu but also serves as a motivation for other students and athletes to strive for excellence, regardless of the challenges they face.

We are confident that Manhas will make the University of Jammu and the nation proud at this presti-

J&K Judo meet concludes, team named for Nationals

STATE TIMES NEWS

JAMMU: The three-day long J&K Judo Championship concluded at Indoor Sports Complex, MA Stadium Jammu with record 400 Judokas from different districts of the UT participated. Now, the selected Judokas

shall represent J&K in the upcoming National Championships. The competition was organized by Judo Association Jammu and Kashmir under the banner of J&K Sports Council and J&K Olympic Association.

Bhan Surai Singh, Manager Indoor Sports Complex MA Stadium Jammu was the chief guest while Rohit Gupta, Shiv Kumar and Bhanu Partan were guests of honour. The bouts officiated by the technical penal including Arshi Nad, Vikas Dogra, Jugal Kishore, Ritika Slathia and Danish Sharma

Munish Chatwal was secretary. organising Prominent among others present were Vikas Gupta, vice president of JKOA; Suraj Sharma, general secretary and Amar Gupta.

The Results Senior Boys: 60 Kg: Eshan Saini (Jammu), Ist; Shubam Sharma (Rajasthan), 2nd; Shah Mafooz (Ganderbal) and Irkitiz (Ramban), 3rd. 66 Kg: Vishwas Jamwal (Reasi), Ist; Mohshee Mohd (Ganderbal). 2nd: Ravi Kumar (Udhampur) and Atul Sharma (Jammu), 3rd. 73 Kg: Akshay Sharma (Jammu), Ist; Adan Farooq (Srinagar), 2nd; Jai Kumar Singh (Udhampur and Majid Hassan (Kishtwar), 3rd. 81 Varun Sharma (Jammu), Ist; Vipul Kathua,

2nd; Gourav Bhagat (Reasi) Shivam (Rajouri), 3rd. 90 Kg: Rajat Singh (Rajouri), Ist; Farhat Gulzar (JKP), 2nd; Aaqib (Srinagar) and Nissar Lakhan Bharu (Jammu), 3rd. +100 Kg: Ujjwal Khajuria, Ist; Rajesh Singh (Ramban), 2nd; Tarun Singh (Reasi) and Hameed (Srinagar), 3rd. 100 Kg: Danish Sharma (Jammu). Ist; Bashit Rafiq (Srinagar), 2nd; Gulzar Ahmed (JKP), 3rd. Senior Girls: 48 Kg: Arshad (Srinagar), Ist; Saniya (Samba), 2nd; Shilpa (Udhampur and Shivnashi (Jammu), 3rd.52 Kg: Khushi Thakur (Jammu), Ist; Minakshi (Reasi), 2nd; Syed Aran (Srinagar) and Mania (Kupawara), 3rd. 57 Kg: Hidaya Shahid Ist; (Srinagar), Ranju Sharma (Udhampur, 2nd; Anjum (Ganderbal) and Khushi (Jammu), 3rd. 63 Kg: Shah Talla (Srinagar), Ist; Nirali Sharma (Jammu), Rekha (Udhapur)and Sumehna (Poonch), 3rd. 70 Kg: Tazeem Favaz (Srinagar) Ist; Monika (Reasi), 2nd; Anshu (Jammu) and Sneha (Reasi) and Shivani (Udhampur). 78 Ambreen (Srinagar), Ist; Monika (Reasi), 2nd; Anshi (Jammu) and Kajal Devi (Kathua). 3rd. +78 Kg: Tanvi Chib (Rajouri), Ist; Ikshita Miditada (Jammu), 2nd; Anmol (Kathua).

Junior Girls: 44 Kg: Shilpa Rajput (Udhampur), Ist; Sunakshi (Kathua), 2nd; Muskan (Srinagar) and Manvi (Reasi), 3rd.

48 Kg: Arshad, Ist; Sonam (Kathua), 2nd; Snaiya (Samba) and Shivanshi (Jammu), 3rd. 52 Kg Smeena (Kathua), Ist; Syed Azan, 2nd;(Udhampur) and Palak (Jammu), 3rd. 57 Kg: Anjum Akhtar (Ganderbal), Ist; Sunakshi Devi (Reasi), 2nd; Kashvi Chopra Sadaf (Jammu) and (Srinagar), 3rd. 63 Kg: Shah Talla (Srinagar), Ist and Nirali Sharma (Jammu), Sharma (Jammu), Sneha Sharma (Reasi), 2nd Mansa Zaheer (Srinagar), 3rd. 78 ${\rm Kg}$: Upasana (Kathua), Ist; Arohi (Udhampur), 2nd and Monika (Reasi), 3rd. Plus 78 Kg: Tanvi Chib (Rajouri), Ist ans Ishita (Jammu), 2nd.

6th J&K UT Karate Championship 2024 begins



Participating players posing with dignitaries.

STATE TIMES NEWS JAMMU: The 6th J&K UT Karate Championship 2024 for Sub-Junior, Junior, and Senior categories $30 ext{th}$ commenced on December 2024 at the Indoor Stadium, Bhagwati Nagar, Jammu. Organized BJYM, was also present. by the Amateur Karate Do Association of Jammu & Kashmir (AKAJK), the event has attracted over 500 participants from various districts across the Union Territory.

The inaugural ceremony was graced by Sat Sharma, President BJP J&K, who

served as the Chief Guest. Sunil Sharma, Leader of Opposition and Patron of AKAJK, presided over the ceremony as the Guest of Honour, while Arun Prabhat Singh, Former National Karate Player and President AKAJK, presented the Vote

During his address. S Sharma praised the efforts of the Amateur Karate Do Association for their commitment to the sport of karate and the outstanding performance of the players. He expressed immense satisfaction upon seeing over 200 players from the Kashmir province braving difficult weather conditions to participate in the championship in Jammu.

Sunil Sharma commended the association for organizing a wonderful event that encourages youth fitness and instills responsibility among citizens. He highlighted how such events bring together people from all regions and communities, fostering cul-

tural understanding and creating a spirit of unity.

The welcome speech was delivered by Ambedkar Gupta, President of AKAJK, while Deepa Sharma, Joint Secretary of

of Thanks. The championship will con tinue on 31st December 2024, featuring Cadet, Junior, and Senior Boys and Girls events. The medal distribution ceremony will take place at 4 PM, where Hon'ble Cabinet Minister for Sports, Satish Sharma, will be the Chief Guest, and Nuzhat Gul, Secretary of the Sports Council, will be the Guest of Honour.

Results for Sub-Junior Boys and Girls in various age and weight categories are attached herewith.

The championship continues to serve as an important platform for the youth of J&K to showcase their talents and build a sense of unity and discipline.

Karmanya from JMPS wins gold medal at National Matsogi-Do C'ship

■ STATE TIMES NEWS CHANDIGARH Karmanya Vivek Sharma,

a class 5th student of Jodhamal Public School, Jammu, son of Prof. Vivak M Arya and Neetu Sharma of Sainik Colony, won gold medal in the long fight category in the 19th National Matsogi-Do Championship.

The prestigious event, Association

Karmanya Vivek Sharma after winning the gold medal during the awards ceremony at the 19th National Matsogi-Do

and community services being a dedicated young member of the Yashpal Sharma Foundation (YPS), a non-profit foundation that assists the needy people throughout the UT of Jammu and Kashmir and other states.

Championship concludes J&K UT Masters Athletics 60+: Rishi Choudhary, gold Narinder Singh, bronze Sumitra Sharma,

STATE TIMES NEWS

JAMMU: The J&K UT Masters Athletics Annual Championship organized by J&K Masters Athletics Association at New University Ground held on December 28 to 29, 2024 under the aegis of J&K Sports Council.

Around 150 athletes from different districts of J&K UT participated.

Tejinder Singh DIG J&K Police of Rajouri & Poonch Range was the Chief Guest and Director Dr. Daud Igal Baba of Directorate of Sports and Physical Education was the Guest of Honour.

The championship was conducted under the supervision of senior athletic coach Gurchargan Singh of J&K sports council. B.R. Chandan chairman, Abdul Quyoom president, Tarseem Bastora Gen Secretary and Rampaul Kapoor of the association congratulated all the participants and medals winners.

RESULTS

MEN: Run 100M 35+: Danish Yousaf, gold, Jai Kumar, silver and Naseer Ahmed, bronze, 40+: Tajinder Singh, gold, Sandeep Sharma, silver and Zaheer Abbas, bronze. 45+: Shafat-UL-Bashir,



Tejinder Singh DIG J&K Police of Rajouri & Poonch Range with organizers.

gold. 50+: Chamel Singh, gold, Rakesh Kumar, silver and Makhan Lal, bronze. 55+: Dr. Sanjeev Mohan, gold. 60 + :Surjit Choudhary, gold. 70+: Govind Singh, gold. 200M 35+: Danish Yousaf, gold. 40+: Tajinder Singh, gold and Sandeep Shaema, silver. 45+: Kewal Krishan, gold and Reyaz Ahmed, silver. 50+: Makhan Lal, gold and Shiv Nandan Singh. silver. 55+: Dr. Sanjeev Mohan, gold and Ajay Gandotra, silver. 60+: Surjit Choudhary, gold. 400 M 35+: Danish Yousaf, gold, Jai Kumar, silver and Amarjeet Singh, bronze. 40+: Abishek Sharma, gold, Shabir Kumar, silver and Sandeep Sharma, bronze. 45+: Ryaz Ahmed, gold. 50+: Rakesh Kumar,

gold. 70+: BR Chandan. gold. 800 M 35+: Ram Rakha, gold, Inderjeet Singh, Silver and Mangat Sigh, bronze. Abhishek Gupta, gold, Girver Parsad, Silver and Narinder Singh, bronze. 45+: Shafat-UL-Bashir, gold, Vishal Sharma, Silver and Mukesh Lal, bronze. 50+: Ram Raj, gold, Makhan Lal, Silver and Shivnandan Singh, bronze. 55+: Sanjay Kumar, gold. 60+: Sham Suri, gold. 1500 M 35+: Mangat Singh, gold, Inderjeet Singh, silver and Naseer Ahmed, bronze. 40+: Abhishek Sharma, gold, Zaheer Abbas silver and Narinder Singh, bronze. 45+: Vishal Sharma, gold. 55+: Sanjay Kumar, gold

and Bushan Singh silver.

and Trilok Chand Sharma silver. 5000 M 35+: Rabi K Parveen Jassal, gold, Manhas, silver. 40+: Ankur Basotra, gold. Shafat-UL-Bashir, gold. 50+: Ram Raj, gold and Bushan Sharma, silver. 55+: Ajay Gandotra, gold, Bushan Singh, silver and Capt. Anand Kumar, bronze. 60+: Rishi Choudhary, gold, Sham Suri, silver and Sudhir Singh Chib, bronze. 65+: Tilak Raj Sharma, gold. 70+: Govind Singh, gold. 10000 M RUN 35+: Mangat Singh, Ravi K Jassal, joint gold and Parveen Manhas, silver. 40+: Abhishek Gupta, gold, Abhishek Sharma, silver and Ankur Basotra, gold, Kewal Krishan, silver and Mukesh Lal, bronze. 50+: Bushan Sharma, gold, Sanjay Kumar, silver and Bushan Singh, bronze. 60+: Sham Suri, gold and Trilok Chand Sharma, sil-65+: Tilak Raj Sharma, gold. 70+: Satish WALK 1500 M 35+:

bonze. 45+: Reyaz Ahmed, gold. 55+: Ajay Gandotra, ver. Vaid, gold. Sarfaraz, gold, Amarjeet Singh, silver.

40+: Sushil Kumar, gold,

Zaheer Abbas, silver and

45+: H Pankaj, gold. 55+: Capt. Anand Kumar, gold. 60+: Vinay Bargotra, gold. 65+: Tilak Raj Sharma, gold. 70+: Govind Singh, gold. 5000 M 45+: H Pankaj, gold and Pankaj Sharma, silver. Rajan Gupta, gold. 60+ Vinay Bargotra, gold, Sanjay Saini, silver and Naresh Kumar Jain bronze. 65+: Lal Chand Verma, gold. 70+: Tarsem Basotra, gold. SHOTPUT 35+: Sarfraz, gold and Kailash Singh Choudhary, silver. 40+: Shabir Kumar, gold and Narinder Singh, silver. 45+: Vishal Sharma, gold and Pankaj Sharma, silver. 50+: Gurucharan Singh, gold. 55+: Parvez Ahmaed, gold. 60+: Rishi Choudhary, gold and A D S Manhas, silver. DISCUS THROW 35+: Zubair Ahmed, gold, Kaillash Singh Choudhary, silver Inderjeet Singh, bronze. 40+:Shabir Kumar, gold and Narinder Singh, silver. 50 + 1Gurcharan Singh, gold. 55+: Parvez Ahmed, gold. 60+: A D S Mamhas, gold. 65+: Ravi Singh, gold and Ashok Kumar, silver. 70+: Sardari Lal Dubey, gold.

WOMEN Run 100M 40+: Anissa Nabi, gold.

gold. 50+: Seema Kharyal, gold. 60+: Kanta Butial, gold. 200M 40+: Anissa Nabi, gold. Pushpavathi JP, gold. 55+: Raj Rani, gold. 65+: Kanta Butiyal, gold. 400 M 30+: Balvinder Kour, gold. 35+: Kuljit Kour, silver. 45+: Pushpavathi JP, gold. 40+: Anuradha, gold. 50+: Satwant Kour, gold and Manpreet Kour, silver. 55+: Raj Rani, gold. 65+: Kanta Butial, gold. 800 M 40+: Anuradha, gold. 55+: Sandeep Kour, gold. 5000 M 40+: Anuradha, gold. WALK 1500 M 45+: Shobana, gold. 50+: Veena Kumari, gold. Sandeep Kour, gold and Raj Rani, silver. 5000 M 45+: Shobana, gold and Sumitra Sharma, silver. Seema Kharyal, gold, Satwant Kour, silver and Veena Kumari, bronze. SHOTPUT Balvinder Kour, gold. 35+: Kuljeet Kour, gold. 40+: Ruchita Mehta, gold. 45+: Sumitra Sharma, gold. 50+: Manpreet Kour, gold and Veena Kumari, silver. DISCUS THROW 30+: Balvinder Kour, gold. 35+: Kuljeet Kour, gold. 45+: Pushpavathi JP, gold. 50+: Manpreet Kour, gold and Stavant Kour, silver.

30 + :

organized by the Matsogi-

Championship held at Chandigarh. Chandigarh, took place at Punjab University, Chandigarh, Punjab. Karmanya win the gold medal in a match where he faced top tier competitor from the other state. He performed exceptionally showing the skills of high calibre throughout the tournament. The team is playing under the overall supervision of the coach Vishal Samrat. Beside this gold medal Karmanya has impressive list of medals and accomplishment which he won at district and state level. In addition to his interest in games, he actively participates in social