

# Let's re-affirm our social commitment of empowering every Divyang Jan on World Disability Day: Principal JKPS Kunjwani



Principal J K Public School Kunjwani Rajesh Rathore and students addressing morning assembly.

■ STATE TIMES NEWS

JAMMU: "The International Day of persons with disability is observed every year to promote awareness about the issues faced by persons with disabilities worldwide and to advocate for their rights and well-being. There are many people around us who are differently-abled but they never lose their hope and transform every opportunity into a milestone. Our J&K has such personalities amongst us". With these reflections Swara Sharma from Grade 4th Kaveri alongwith her classmates conducted the morning

Assembly on World Disability day at JK Public School, Kunjwani. Adding more glory to the achievements of differently abled sport people from J&K, Rishita highlighted the outstanding persona of J&K's ace para-athlete, Chandep Singh, "Despite all odds, he converted his disability into ability to emerge Golden Boy of the country and the UT as well, by winning Two Gold Medals for India in Kimunyoung Cup Taekwondo Championship, which was held in Korea". "J&K feels proud of its arm-

less odds-defying ace archer Sheetal Devi from Bhaderwah. She won a bronze medal in the mixed team compound event at the 2024 Paralympics becoming the youngest Indian Paralympian medalist. She is also a recipient of the Arjuna Award and was ranked first in the para world archery rankings in 2023", added Hammad. "Ishrat Akhter, a wheelchair basketball player from Jammu & Kashmir is an example of a disabled person from the region, who has been honoured with an

International recognition. Ishrat Akhter is the first International wheelchair basketball player from J&K", added Ayyuket. Under the segment Quotations, Dashampreet quoted Stephen Hawking, "Disability need not be an obstacle to success". Naksh Sharma quoted Scott Hamilton, "The only disability in life is a bad attitude". Naitik Angurana quoted Sudha Chandran, "Never ignore a person with disability, you don't realize how much they can inspire you". Siddhansh Singh quoted

Stephen Hawking again, "Concentrate on the things your disability doesn't prevent you doing well, and don't regret the things it interferes with. Don't be disabled in spirit as well as physically". Harshita quoted Aimee Mullin, "We all have weaknesses or disabilities that undermine our belief and confidence in our abilities. Embrace them as opportunities to grow". Virat Bhagat quoted Robert Hense, "I choose not to focus on my disability but on my ability". Medhansh Singh quoted Benjamin Snow, "Disability is

natural and it doesn't prevent a person from achieving anything. Believe in your abilities". Principal JKPS Kunjwani Rajesh Rathore lauded the presenters from Grade 4th Galaxy for making the audience proud with admiration for the specially-abled people. Children with Special Needs (CWSN) look for inclusive education, which is not just about providing educational access to them but creating an environment where every child, regardless of her/his abilities, feels valued, supported, and empowered to thrive".

"Progressive schools play a pivotal role in fostering inclusivity by ensuring an encouraging school environment, providing educators with training in special education methods, empathy, and tools to support diverse learning needs; encouraging interactions among all students through group activities that promote empathy, teamwork, and mutual respect; tailoring curricula to address individual strengths and challenges (IEPs); establishing buddy systems to build friendships and foster understanding among students; regularly

acknowledging and celebrating achievements of differently-abled students to inspire confidence and acceptance", he added. "Let's re-affirm our social commitment of empowering every Divyang Jan on this World Disability day today. With love, encouragement, and the right support systems, children with special needs not only flourish academically but also contribute richly to the learning environment. They teach everyone the value of empathy, perseverance, and inclusivity", he concluded.

## SMS Club lifts 36th Poonch District Volleyball C'ship trophies

■ STATE TIMES NEWS

POONCH: The 36th Poonch District Volleyball Championship for Senior Men and Women concluded successfully on Tuesday at the Sports Stadium, Poonch. The event was organized by the District Volleyball Association Poonch, under the aegis of the Volleyball Association of Jammu & Kashmir, in collaboration with the Jammu & Kashmir Sports Council. The two-day competition saw participation from nine teams in the men's section and four teams in the women's section from across the district. After a thrilling series of matches, SMS Club and Young Heroes Club secured their spots in the



District Treasury Officer, Shafiq Malik presenting trophy to winner team.

finals. In the men's final, SMS Club triumphed over Young Heroes Club, winning with a nail-biting score of 25-20, 21-25, and 16-14. In the women's section, SMS Club defeated Khelo India Centre Poonch to claim victory. The championship was organized on

a knockout basis, ensuring competitive and exciting matches throughout. The closing ceremony was graced by Shafiq Malik, District Treasury Officer, as the Chief Guest, while Mohd Shakeel, AEE Jal Shakti, served as the Guest of Honour.

The final matches were officiated by DK Raina, PET, and Ghulam Abbas, PET. Among the other prominent dignitaries present were Nirdosh Kumar Sharma, In-Charge of the Sports Stadium Poonch, Prem Prakash Luthra, Ram Prakash, Ground In-Charge, and Neeraj Sharma, Coach. The entire event was meticulously framed and visualized by Neeraj Sharma and DK Raina, whose efforts contributed to the smooth execution of the championship. The championship was a great success, bringing together volleyball talent from across Poonch and showcasing exciting matches that highlighted the skill and sportsmanship of the participants.

## 68th National School Games U-17 Boys Football

## West Bengal to take on Meghalaya; Bihar to face Jharkhand in semifinals

■ STATE TIMES NEWS

JAMMU: After a tough contest in the last sixteen stage, young footballers of the formidable teams of West Bengal, Meghalaya, Bihar and Jharkhand showed stellar grit, character, discipline and promise and made it to the semifinals of the ongoing 68th National School Games U-17 Boys Football Championship, being organised by the Directorate of Youth Services and Sports J&K, under the auspices of School Games Federation of India (SGFI) at Sainik School Nagrota near here. Now, in the first semifinal, Jharkhand will take on Bihar, while in the second semifinal, West Bengal will lock horns with Meghalaya tomorrow. In the Quarterfinals, Bihar got the better of Delhi by a solitary goal (1-0), Jharkhand prevailed over Punjab by one goal to nil (1-0), Meghalaya trounced Assam by three goals to nil (3-0) and West Bengal defeated Kerala by three goals to one (3-1). Earlier, in the Pre-Quarter Finals,



Jharkhand beat Chandigarh in a close contest via Penalty Shootouts by six goals to five (6-5), Punjab got the better of Arunachal Pradesh by two goals to one (2-1), Bihar blanked Karnataka by eight goals to nil (8-0), Delhi drubbed Uttarakhand by four goals to one (4-1) in Penalty Shootouts, Assam defeated Rajasthan by six goals to nil (6-0), Meghalaya trounced Madhya Pradesh by three goals to nil (3-0), Kerala scripts solitary goal win against Haryana (1-0) and West Bengal defeated Maharashtra by three goals to nil (3-0).

A total of 87 matches will be played in this soccer extravaganza, out of which 84 matches have already been played, wherein around 760 footballers and officials took part. In this month-long series of 68th National School Games three events of Judo, Fencing and Wushu have already been completed and the fourth one that's Football U-17 Boys & Girls is in progress. Over 4000 athletes and officials have participated in these games.

## Reasi District Volleyball Championship from Dec 5

■ STATE TIMES NEWS

JAMMU: The 36th Reasi District Volleyball Championship will be held under the aegis of the Volleyball Association of Jammu & Kashmir at the Sports Stadium, Katra, from December 5 to 6, 2024. This exciting two-day event is being organized in collaboration with the Shri Mata Vaishno Devi Shrine Board (SMVDSB) and the J&K Sports Council. For the first time, the championship will take place in Katra, making it a historic event for volleyball enthusiasts in the region. Entries are invited from registered volleyball clubs and institutions across Reasi District to participate in this prestigious championship. The organizers have set the deadline for entry submission as December 4, 2024, by 4:00 PM. All interested teams and players should contact the event organizer, Rakesh Sharma, at the mobile numbers: 9906395143 or 9419191367, to submit their entries and get further details. To ensure smooth participation, all players must compete in proper uniform and provide their Aadhar details and Mobile Numbers to the organizer before the championship begins.

## Annual Sports Week concludes at JKPPS Miran Sahib

■ STATE TIMES NEWS

JAMMU: The Annual Sports Week at J&K Police Public School Miran Sahib Jammu which commenced on November 26, 2024, concluded with resounding success, leaving an indelible mark on the students, staff and community. The closing ceremony was graced by Anand Jain, Additional Director General of Police, Jammu Zone, Jammu as Chief Guest, Sarah Rizvi, IPS, DIG IRP Range, Jammu as Guest of Honor and Suram Singh, Commandant JKAP-8th Bn. The event marked the culmination of exciting Sports activities, filled with promises and opportunities for students. The closing ceremony commenced with a warm wel-



ADGP Jammu Zone, Anand Jain and other dignitaries and winner students.

come of esteemed guests by Rajeev Sharma, Principal, J&K PPS Miran Sahib followed by cultural performances by the students. Principal expressed his heartfelt gratitude towards the Chief Guest, Guest of Honor and other dignitaries present for sparing their valuable time from their

busy schedule and gracing the occasion with their esteemed presence. In his address, Anand Jain expressed immense happiness over the participation of students in sports activities. He emphasized the importance of cultivating team spirit and sportsmanship as

vital life skills. He also advised the students to maintain balance between success and failure, urging them to treat both with equal grace and resilience. Sarah Rizvi also extended congratulations to all the students who actively participated in the sports activities. She commended their enthusiasm, dedication and sportsmanship which made this week a vibrant celebration of talent and teamwork. Expressing her hope for continuation of such initiatives, Sarah Rizvi highlighted the positive impacts of sports on students' personal and academic growth. She emphasized the importance of maintaining a balance between academics and physical activities to nurture well-rounded individuals.

She also took the opportunity to commend Rajeev Sharma, as well as teaching and non-teaching staff of school for their tireless efforts in organizing wonderful Annual Sports Week. The highlight of event was the declaration of the winning house, Subash House, which emerged as the overall champion of the Annual Sports Meet of J&K Police Public School Miran Sahib. The ADGP Jammu Zone congratulated the students and staff of Subash House for their outstanding performances and extended best wishes to Runner up House encouraging them strive for greater success in the next annual sports meet. The ceremony concluded with a heartfelt vote of thanks delivered by Anju Sharma, Headmistress.

## Annual Sports Week for dental students commences at IGGDC Jammu

■ STATE TIMES NEWS

JAMMU: The celebration of Annual Sports Week for dental students commenced in Tuesday at Indira Gandhi Government Dental College (IGGDC) Jammu. The Sports Week named as 'Sports Keeda' was inaugurated by worthy Principal and Dean IGGDC Jammu Dr Parveen Akhter Lone. She highlighted the importance and benefits of sports for students and staff,



which helps them to teach life skills such as teamwork, leadership, accountability,

patience and self-confidence. It also prepares them to

face life challenges and it is good for both physical and mental health. A number of sports activities like Table Tennis, Carrom, Chess, Tag of War and Cricket will be organized during the Sports Week. Both the Undergraduate and Postgraduate students, Teaching Staff, Administrative Staff and Paramedical Staff will be participating in these events

with great zeal and camaraderie. This whole sports event is being organized by sports committee members namely Dr Nitin Gautam, Dr Monica Kotwal, Dr Satvinder Singh, Dr Mandeep Kaur, Dr Vineet Kotwal, Dr Naniha Mahajan, Dr Amrit Pal Singh, Dr Rudra Kaul and Dr Ritesh Gupta under the guidance of Principal and Dean IGGDC Dr Parveen Akhter Lone.

## Kho-Kho, Badminton meet of JU begins PG Deptt JU claims women grappling trophy

■ STATE TIMES NEWS

JAMMU: Annual inter-college Kho-Kho (men), Badminton and Grappling competition of University of Jammu (JU) started today under the banner of Directorate of Sports, here. These events were declared open by the Director Sports, Dr Daud Iqbal Baba in the presence of Dr Mandeep Singh, Vimal Kishore, Raj Kumar Bakshi, Vikas Karlopiya, Gagan Kumar, Padam Dev Singh, Jai Bharat, Underjeet Singh and Vandana Sharma. The Results: KHO-KHO: GDC Doda beat GCET Jammu by six points; PG Department JU beat GDC Marh by 13 points; GDC Kathua beat GDC Paloura by 10 points. The matches officiated by Dheeraj Sharma, Palbinder Singh, Pooja Sharma, Jagdev Singh, Anil Kumar and Gagan Kumar. GRAPPLING: 54 kg: Mohd. Saleem, GDC Kathua, Gold; Vinkle, GDC Doda, Silver; Sushain, GDC Marh, Bronze. 58 kg: Eshaan Saini, GDC Marh, Gold; Vikshay, GDC Doda, Silver; Kanav, GCET Jammu, Bronze. 62 kg: Gagan, GDC Basohli, Gold; Shivam, PG Department JU, Silver; Ratesh, GDC Kunjwani, Bronze; Nikhil, GDC Doda, Bronze. 66 kg: Azad, GDC Reasi, Gold; Krish,

GDC Doda, Silver; Kunal, GDC Paloura, Bronze; Aryan, Dogra Degree College, Bronze. 70 kg: Mumish, PG Department JU, Gold; Atish, GDC Paloura, Silver; Tofail, GDC Doda, Bronze; Sunny, GDC Marh, Bronze. 74 kg: Shubham, GDC Paloura, Gold; Gurmhar, GDC Kunjwani, Silver; Waqar, GDC Doda, Bronze; Yogesh, PG Department JU, Bronze. 78 kg: Karnail, GDC Reasi, Gold; Kamalpreet, PG Department JU, Silver; Rohanjeet, GDC Doda, Bronze. 82 kg: Gourav, PG Department JU, Gold; Arunjeet, GDC Doda, Silver; Ashish, PG Department JU, Bronze. 92 kg: Vikrant, GDC Paloura, Gold; Gourav, GDC Marh, Silver; Kashiv, GDC Marh, Bronze. BADMINTON: GDC Mendhar beat BN College of Nursing Jammu; KC Law College beat GDC Marh; Dogra Degree College beat GDC Billawar; BDC Udhampur beat GDC Bishnah; GDC Doda beat GDC Ramnagar. The technical penal for Badminton included Ravish Vaid, Jeevan Lal, Arjun Sharma and Ritik Jandial.