JKPS Kunjwani pays rich tribute to Marine commandos & valiant Naval forces on Navy Day



STATE TIMES NEWS

JAMMU: "Freedom in mind, pride in our hearts, memories in our soul. Let's salute the nation on Navy Day". Such words thundered the Assembly stage while Oriana Sharma from Grade 4th Maple conducted the Morning Assembly alongwith her classmates at JK Public School,

More substance was added to the topic while Aamira Dhawan pitched in saying, "We celebrate Navy Day every year on 4th December. This special day reminds us of bravery and hard work of the Indian Navy. The Navy helps protect our country from threats coming through the seas and

also helps during natural disasters. Navy day is celebrated to honour the Indian Navy's big success during the 1971 war. In a mission called operation TRIDENT our Navy defeated the enemy and showed great courage and skills".

"The Navy also plays an important role in keeping our oceans safe, helping ships travel, and rescuing people during emergencies. It also works with other countries to make sure the seas are peaceful and safe for everyone. Let us take this day to thank our naval officers and sailors, who work day and night to keep us safe should be proud of their efforts and learn to respect and love our country just like they

do", added Jaijot Singh.

Pragunn Kour shared a poignant poem on the occasion, which called for a thunderous applause from the audience:

I am protector of my sea!

I am sailor you can see! Tell my parents,

Don't take tension! I am sea guard of my nation!

Tell my wife,

My uniform is white, Always wear with pride!

Tell my kids I can sale,

I can fly.

With all my strive! Tell my country,

I am ready for any crises, Will save the people at any prices!

Tell my God,

Till my end of life, I want to fight!

I am protector of my sea! I am defender of my country!

Under the segment QUOTATIONS, Mehar Kour quoted Albert F Pratt, "The navy is much more than the job, much more than the service to the country, it is a way of life, it gets in your blood".

Devasaya Dhairavi quoted Henry

Woodsworth, "The waves may rise, the

wind may roar; but a sailor's courage anchors the shore".

Rakshit Mangotra quoted Admiral Nadkarni, "Dedication, discipline and duty define the Indian Navy". Raghav Malpotra quoted Pt. JL Nehru, "To be secure on land, we must be supreme at sea". Jaskirat Kour quoted Theodre Rosewelt, "A good Navy is not a provocation to war. It is the surest guarantee of

Principal JKPS Kunjwani, Rajesh Rathore applauded the presenters of Grade 4th Maple for paying rich tribute to our valiant Naval forces and stated, "On this Navy Day, we extend our deepest gratitude to the dedicated men and women of our Naval forces. Their unsurpassed commitment, indomitable courage, and excellence in safeguarding our marine borders are truly commend-

"Their meritorious service not only ensures the security of our nation but also inspires us with their resilience and devotion to duty. We are proud and forever grateful for their sacrifices and relentless efforts to protect our waters and uphold peace. Thank you Indian Navy for being the guardians of our seas and the pride of our nation. Wishing you fair winds and following seas always", he concluded.

Jasia slams cracking ton, Bawandeep, Rubia score fifties as J&K thrashes Baroda by 6 wts

STATE TIMES NEWS

KOLKATA: Jasia Akhtar magnificent slammed unbeaten century, while Bawandeep Kaur and Rubia Syed scored brilliant fifties as J&K crushed formidable Baroda by six wickets in the ongoing Senior Women's One-Day Trophy at Aditya Academy Kolkata on Ground, Wednesday.

Chasing a massive total of superb unbeaten 124 runs off 98 balls, studded with 13 fours and 4 massive sixes by Jasia Akhtar, 60 off 98 balls by Bawandeep Kaur and unbeaten 50 off 40 balls by with 7 fours and one six by Rubia Syed, chased the target in 44.3 overs losing 4 wickets in the process, thus winning the match by six wickets. Jasia and Rubia were at their murderous best in their knocks, while Bawandeep showed composure and promise.

For Baroda, NV Patel took 2 wickets, while Dharti claimed one wicket.

Earlier, Baroda scored 255 runs in 50 overs, losing

all their wickets in the

Amrita Joseph top scored with 89 runs while Pragya Rawat and CJ Desai contributed 34 and 33 respec-

J&K, right-arm Speedster Rubia Syed took 3 wickets while left-arm seamer Sarla Devi and offspinner Sandhya Sayal bagged 2 wickets each. Right-arm leg spinner 255 runs, J&K rode on Ananaya Sharma claimed

> Commending the effort of the team, Brig Anil Gupta, Member Administration JKCA congratulated the team for an emphatic win and exhorted them to continue the winning streak despite the Group having many tough opponents.

> Mithun Manhas, Member Cricket Operations and Development, said that following the processes and maintaining good team work is the key to success and he was happy that our Senior Women Team under its new coach is shaping well. Sunil Sethi also complimented the performance.

STATE TIMES NEWS

JAMMU: The week long Chhau workshop, organised by the Government College for Women (GCW), Parade Ground, in collaboration with Rangyug and the J&K Academy of Art, Culture & Languages (JKAACL), culminated in a grand valedictory ceremony on Wednesday.

Commissioner Secretary, Higher Education, Dr. Rashmi Singh, was the chief guest on the occasion while Director Colleges, Dr. Sheikh Ajaz Bashir was the guest of

Other dignitaries present included Dr. S.P. Saraswat, Nodal Principal, PSPS Government PG College for Women, Gandhi Nagar, Dr. Ravender Kumar Tickoo, Principal, GCW Parade Ground, Deepak Kumar, Director Rangyug; Rajinder Tickoo Padamshree, Suresh Kumar Sharma (Retd. Judge), Convener of SPIC-MACAY J&K Chapter and Lalit Gupta, Art

Speaking on the occasion, the Commissioner Secretary commended the initiative of the college as a unique blend of education and culture, in line with the objectives of the



Comm Secy Higher Education, Dr. Rashmi Singh being honoured.

National Education Policy (NEP) 2020. She emphasized how the workshop alions with NEP's vision to foster a holistic, multidisciplinary education that integrates both academic knowledge and life skills, essential for the overall development of students.

Dr. Rashmi Singh highlighted the importance of the newly introduced skill-based theatre course at GCW Parade, which aims to equip students with practical skills that complement their academic learning. She acknowledged the college for its forward-thinking approach, combining traditional arts with modern education practices. She acknowledged the invaluable collaboration with Rangyug and JKAACL,

which played a key role in the

The Commissioner Secret appreciation for the 'Design Your Degree' (DYD) initiative of GCW Parade, which allows students to customize their academic programs based on their personal interests and career goals, thus empowering them to take charge of their educational

Dr. Sheikh Ajaz Bashir, in his address, emphasised the role of cultural and skillbased initiatives in shaping future-ready students. He lauded the synergy between GCW Parade and its collaborators in providing a platform for cultural exploration and learning.

Earlier, Ravender Tickoo,

in his welcome address, Jammu, who actively particiemphasized the significance pated in the week-long workof integrating performing shop. arts into academia as part of On the occasion, the particthe college's newly introduced showcased a ipants Demonstration-cum-Skill Development Program. He explained that the work-Performance, presenting

shop aimed to introduce stu-

dents to Chhau, a traditional

Indian art form that com-

bines martial arts, story-

telling, and physical move-

ment. He said that the par-

ticipants learned various

techniques that helped

improve their physical fit-

immersive experience, the

workshop fostered self-confi-

dence and a greater appreci-

ation for Indian cultural her-

itage, allowing students to

engage with an ancient tradi-

tion while developing their

Convener, Skill Development

Cell, gave an overview of the

workshop's highlights and its

transformative impact on the

participants. These included

aspiring actors, dancers, and

theatre enthusiasts from

GCW Parade, Govt SPMR

College, PSPS, GCW Gandhi

Nagar, GGM Science

College, GDC Akhnoor, and

other institutions across

skills, he further added.

Alpana

 Dr .

endurance. Through

resource Bhumikeshwar Singh, a renowned and internationally acclaimed expert in Classical Indian Drama, and Rudri Singh, a Chhau Exponent and Yoga Teacher. The performance depicted a powerful contributors, dignitaries, ness, strength, and pants, through precise body movements and expressive gestures, brought this profound message to life. The vibrant display highlighted the effectiveness of the training and showcased the transformative potential of integrating such teachings into one's life. The applause from the audience echoed their appreciation for the impactful performance.

their newly acquired skills

under the guidance of

The Chhau workshop, the first of its kind in Jammu, stands as a testament to the commitment of GCW Parade, Rangyug, and JKAACL in promoting cultural heritage while empowering students with unique

skills for their holistic development.

The dignitaries also released a Newsletter on the 'Design Your Degree' (DYD) Initiative, an innovative program by GCW Parade offering flexible academic opportunities tailored to individual student aspirations.

The ceremony concluded with a vote of thanks delivered by Dr. Gurpreet Kour, Coordinator, Development Cell, who expressed gratitude to all and participants for making the workshop a resounding

Among others, prominent

figures including Dr. Priya Dutta, Raj Behrupia $_{
m from}$ Ashish Sharma. Rangyug, Coordinator Ashok Sharma senior journalist, and faculty members Prof. Anuradha Kalsi, Dr. Sukriti Sharma, Randheer Kour, Prof. Tazim Akhtar, Prof. Arti Devi, Prof. Neetu Bala, Dr. Sukhwinder Kaur, Dr. Neetu Sharma, Prof. Pooja Saroch, Prof. Mohammad Qayoom, Prof. Deepti Salotra, Prof. Arif Ahmed were present on the occasion.

Secretary YS&S Sarmad Hafeez honours winners

Meghalaya drubs Bihar to lift 68th NSG U-17 Boys Football C'ship Jharkhand outplays West Bengal to win 3rd place

STATE TIMES NEWS JAMMU: Getting the better of formidable Bihar by a solitary goal in the summit clash, the strong team of Meghalaya lifted the title trophy to become champion in the $68\mathrm{th}$ National School Games U-17 Boys Football Championship, which concluded at Sainik School Nagrota here on Wednesday.

In the finals, the players of both the teams showed extraordinary soccer skills. however, the footballers from Meghalaya held their nerves better in the tough situations and registered an emphatic victory by one goal to nil (1-Mebanlamlynti Masharing of Meghalaya netted the goal. He was adjudged as the Player of the Tournament.

victory, Meghalaya clinched Gold, while Bihar bagged Silver. The Bronze medal went to Jharkhand, who defeated West Bengal by four goals to (4-1) via Penalty

Shootouts in the hardliner. Earlier, in the semifinals played in the morning session today, Meghalaya trounced

West Bengal by two goals to

nil (2-0), while Bihar

drubbed Jharkhand by four

goals to two (4-2) via Penalty

Winner team in jubilant mood posing for a photograph with dignitaries.

The soccer extravaganza in which 760 footballers and the officials drawn from 38 State/UT/Organisation teams across the country took part, was organised by the Directorate of Youth Services and Sports J&K, under the auspices of School Games Federation of India (SGFI).

eventshowcased young footballers who embodied sportsmanship and dedication, besides displaying

character and composure. Secretary Government, Youth Services and Sports, Jammu and Kashmir, Sarmad Hafeez was the chief guest on the occasion, who honoured the winners with trophies and medals, marking the closing of this vibrant event.

He was accompanied by Rajinder Singh Tara, Director General of Youth Services and Sports J&K, Capt (IN) Shibu Devasia, Principal Sainik School Nagrota in the Prize Distribution Function. Joint Director Youth Services and Sports Jammu, Ved Prakash and Deputy Director Youth Services and Sports Central. Jitendra Mishra were also present on the occasion.

The Function concluded with a vote of thanks from Ved Prakash, who expressed his gratitude to all dignitaries, guests, and media representatives for their support in making the event a grand success

He emphasized that over 4,000 participants competed across various disciplines in Jammu and Kashmir, reinforcing the Government's commitment to sports and youth engage-

Meanwhile, as part of the historic series of the 68th National School Games in four sports disciplines, the mega soccer event is being held under the patronage of Minister for Sports, Satish Sharma; Secretary Youth Services and Sports, Sarmad Hafeez and under chairmanship Director General Youth Services and Sports, Rajinder Singh Tara.

In this month-long series of 68th National School Games three events of Judo, Fencing and Wushu have already been completed and the fourth one that's Football U-17 Boys & Girls is in progress.

Inter-Collegiate Badminton C'ship gets underway at JU



STATE TIMES NEWS

JAMMU: The ongoing Inter-Collegiate Badminton (Men & Women) Championship 2024-25, organized by the Directorate of Sports and Physical Education, University of Jammu at the Gymnasium Hall, University of Jammu. Results: Women: PG Deptt JU beat GDC Ramnagar by 2-0; MIER Jammu beat GCW Udhampur by 2-0; MIET Jammu beat Dogra Degree College by 2-0; GCW Parade beat GDC Kathua by 2-0.

Men: GDC Kathua beat MIER College Jammu by 2-0; GDC Kunjwani beat GDC Ramnagar by 2-0; UIET Kathua beat MBS College Jammu by 2-1; K.C Law College beat GDC Vijaypur by 2-0; PG Deptt. JU beat GDC R.S Pura by 2-0; GDC Mendher beats GDC Paloura

The matches were officiated by Ravish Vaid, Vinay Manhas, Jeevan Lal, Arjun Sharma and Ritik Jandial.