

# AIIMS Jammu enables timely, life-saving cardiac treatment through advanced Cath Lab services

■ STATE TIMES NEWS

JAMMU: The Department of Cardiology at AIIMS Jammu has successfully initiated advanced cardiac procedures in its newly established Cath Lab, marking a significant milestone in strengthening tertiary cardiac care services in the region and ensuring timely, life-saving treatment for patients with critical heart conditions.

In a recent instance, the department treated two patients with acute myocardial infarction (heart attack) on a single day by performing percutaneous coronary intervention (angioplasty). Both patients had lower-wall heart attacks, and one of them had developed a dangerously slow heart rate due to complete heart block. Prompt angioplasty restored blood flow to the heart in both cases, and the patient with complete heart block regained a normal heart rhythm, underscoring the critical importance of timely medical intervention.

The department has also successfully carried out two dual-chamber pacemaker implantations. One patient was suffering from a high-grade heart block, while the other had sick sinus syndrome, a condition in which the heart's natural



AIIMS Jammu doctors with team after initiating advanced cardiac procedure.

pacemaker fails to function properly. Both patients showed significant clinical improvement following pacemaker implantation, with stabilization of heart rhythm.

Prof. (Dr.) Shakti Kumar Gupta, Executive Director & CEO, AIIMS Jammu, stated that the commissioning of advanced Cath Lab services marks a major step forward in expanding comprehensive cardiac care at the institute.

He emphasized that AIIMS Jammu remains committed to providing timely, affordable, and high-quality healthcare to all sections of society. "The availability of advanced interventional cardiology services at AIIMS Jammu will significantly reduce treatment delays, improve patient outcomes, and relieve patients from the burden of traveling outside the region for critical cardiac care," he said.

With the availability of these advanced

services at AIIMS Jammu, patients with serious and life-threatening cardiac conditions no longer need to seek urgent treatment outside the region. This has resulted in faster intervention during critical emergencies, often a decisive factor in preventing mortality and long-term complications.

The credit for these services goes to Dr. Mayank Saini and Dr. Zubair Farooq, Assistant Professors in the Department of Cardiology, who are currently spearheading cardiology services at AIIMS Jammu.

Looking ahead, the Department of Cardiology plans to further expand its scope and offer a comprehensive range of advanced cardiac procedures, including CRT-D, leadless pacemakers, PTMC, TEVAR, peripheral vascular interventions such as limb and carotid artery stenting, and advanced valve procedures including TAVI.

AIIMS Jammu remains steadfast in its commitment to delivering world-class, patient-centric, and affordable cardiac care, ensuring that patients with critical heart conditions receive timely, life-saving treatment when it matters most.

# J&K Judicial Academy organises workshop on enhancing judicial sensitivity in civil suits

■ STATE TIMES NEWS

JAMMU: Under the patronage of the Chief Justice, High Court of Jammu & Kashmir and Ladakh and guidance of the Chairperson and Members of the Governing Committee of J&K Judicial Academy, the Academy organized a one-day workshop on "Enhancing Judicial Sensitivity in the Conduct of Civil Suits" for Civil Judges (Junior Division) of Jammu Province at its Janipur premises. The inaugural address was delivered by Justice Rahul Bharti, Judge, High Court of J&K and Ladakh, who highlighted concerns over repeated adjournments in civil cases, noting that prolonged delays waste judicial time and impact efficiency. He stressed that judicial officers must give 100 per cent commitment to every case and avoid passing pend-



ing matters to successors. The first session by Justice Janak Raj Kotwal, Former Judge, High Court of J&K, focused on judicial sensitivity in pleadings, framing issues, and early-stage case management, emphasizing practical application of Order X of the CPC. Justice Bansi Lal Bhat, Former Judge, High Court of J&K, led the second session on recording and appreciating evidence while maintaining dignity of litigants and ensuring meaningful judicial discre-

tion. The third session, conducted by Naseer Ahmad Dar, Director, J&K Judicial Academy, addressed balancing urgency and fairness in interim applications and final adjudication, highlighting proportionality, equity, and timely pronouncement of reasoned judgments. The interactive sessions witnessed active participation from judicial officers, fostering dialogue on improving efficiency, sensitivity, and accountability in civil case adjudication.

# LG chairs high level review meeting of Subordinate Departments of Home Deptt



LG Manoj Sinha chairing review meeting of Subordinate Departments of Home.

■ STATE TIMES NEWS

JAMMU: Lieutenant Governor Manoj Sinha chaired a high-level review meeting of Subordinate Departments of Home Department, at Lok Bhavan, Jammu on Saturday.

The meeting was attended by Atal Dulloo, Chief Secretary, Deepak Kumar, Director General of Police, Prisons; Chandraker Bharti, Principal Secretary Home; Santosh D. Vaidya, Principal Secretary, Finance

Department; Dr. Mandeep K. Bhandari, Principal Secretary to the Lieutenant Governor; Abdul Ghani Mir, Commandant General Home Guards; Alok Kumar, Director Fire and Emergency Services; Brig. Pankaj Chib (Retd), Director Sainik Welfare Department; Om Prakash, Director, Forensic Sciences Laboratory (FSL) and other senior officials. The meeting discussed the Budget and Expenditure Position of Prisons, Prosecution, Home

Guards/CD & SDRF, Fire & Emergency Services, Forensic Sciences Laboratory, Sainik Welfare, and Advisory Board under PSA in BE 2025-26.

The Lieutenant Governor took a comprehensive review of progress achieved under vital ongoing projects including construction of High Security Prison at Mahanpur Kathua; establishment of Cyber Division at FSL Jammu, upgradation of Cyber Division at FSL Srinagar and construction of Bunkers in Border Districts of J&K. He directed for expediting the pace of works and strengthening of various wings of the Home Department through coordinated efforts. The Lieutenant Governor also instructed for sensitization of prison officers and staff and frequent checking and surveillance of prisons across UT of J&K.

# Mandeep Kaur inaugurates JMC's Health Club

■ STATE TIMES NEWS

JAMMU: In a significant step towards promoting health, fitness, and overall well-being of municipal employees, Commissioner, Secretary, Housing and Urban Development Department (HUDD), Mandeep Kaur inaugurated newly constructed Health Club developed by Jammu Municipal Corporation (JMC) at Gandhi Nagar here on Saturday.

Commissioner, JMC, Dr. Devansh Yadav and senior officers of the Corporation were present during the inaugural ceremony.

Addressing the gathering, Mandeep Kaur emphasized on the importance of physical fitness for government employees, stating that a healthy workforce is vital for efficient and effective public service delivery.



Comm Secy HUDD, Mandeep Kaur inaugurating newly constructed Health Club.

She informed that the health club would initially be available exclusively for JMC officials to help them manage work-related stress and maintain physical fitness. She further added that, in the coming time, the membership would be extended to other sections of society so that the larger public could also benefit from the facility.

The Commissioner Secretary

appreciated the efforts of the Jammu Municipal Corporation in creating infrastructure focusing on employee welfare. She urged officials to make optimal use of the facility while ensuring discipline and hygiene within the premises.

Speaking on the occasion, Dr. Devansh Yadav described the health club as an important addition to the Corporation's

employee welfare initiatives. He encouraged officers and staff to regularly utilize the gym and adopt healthy lifestyle.

The Commissioner stressed on the importance of proper maintenance and responsible use of the facility to ensure its long-term utility. He reaffirmed JMC's commitment to strengthening employee welfare measures alongside developmental and civic works across the city.

The inauguration of the Health Club reflects JMC's continued focus on employee well-being and its holistic approach towards strengthening both civic infrastructure and human resource welfare in Jammu city, the Commissioner maintained.

Pertinently, the state-of-the-art health club is equipped with a well-furnished gymnasium

featuring modern fitness equipment, aimed at encouraging a healthy and active lifestyle among JMC officials.

Among others, Joint Commissioner Health and Sanitation Abdul Sattar, Deputy Commissioner North Sanjay Badial, Deputy Commissioner South, Lal Chand, Joint Commissioner Works Firdaus Ahmed Qazi, Health Officer Dr. Vinod Sharma, Municipal Veterinary Officer, Dr. Jaswant Singh, Animal Welfare Officer Dr. Gaurav Chaudhary, Veterinary Assistant Surgeon Dr. Priyanka Malhotra, Executive Engineer, Lokesh Gupta, Executive Engineer (Electrical) Simar Pal Singh, Executive Engineer Division-5 Yasir Kichloo, besides Enforcement Officers and officials were present on the occasion.

# Annual Panchang Calendar 2026 by Shri Kailakh Jyotish avim Vedic Sansthan Trust released

■ STATE TIMES NEWS

JAMMU: Taking a strong initiative towards the preservation and promotion of Indian culture, Vedic traditions, and Sanatan values, the Shri Kailakh Jyotish avim Vedic Sansthan Trust today ceremoniously released its Annual Panchang Calendar for the year 2026 at the Jammu North Assembly complex.

The event was held amidst devotion, enthusiasm, and a dignified atmosphere, deeply imbued with religious faith, cultural awareness, and Vedic values.

On this historic occasion, the Chief Guest was Sham Lal Sharma, MLA of Jammu North Assembly, while MLA of Marh Assembly, Surinder Bhagat, graced the function as the Guest of Honour. The programme was presided over by Mahant Rohit Shastri Ji, President of Shri Kailakh Jyotish avim Vedic Sansthan Trust, State Awardee and renowned Astrologer.

Addressing the gathering, MLA Sham Lal Sharma stated that the Panchang is an



MLA Jammu North, Sham Lal Sharma and others releasing calender.

integral part of the Indian way of life, providing accurate and authentic information about tithis, festivals, fasts, and religious rituals. Appreciating the efforts of Shri Kailakh Jyotish avim Vedic Sansthan Trust, he said that such initiatives play a significant role in connecting

the younger generation with Indian culture, values, and Vedic traditions.

Guest of Honour MLA Surinder Bhagat, in his address, remarked that the Panchang is not merely a collection of dates but a guiding scripture of dharma, karma,

and sanskar. He emphasized that in today's materialistic era, the preservation of Vedic knowledge, Sanskrit language, and Sanatan traditions is extremely important, and the Trust's contribution in this direction is truly commendable and inspiring for society.

On this occasion, Mahant Rohit Shastri informed that the Shri Kailakh Jyotish avim Vedic Sansthan Trust publishes approximately 10,000 Panchang calendars every year, which are distributed free of cost among various sections of society. He stated that the Panchang helps the general public gain accurate information about festivals, auspicious and inauspicious dates, and religious observances, thereby removing confusion and misconceptions prevalent in society.

He further clarified that the Trust's objective is not limited only to the distribution of Panchangs, but also to continuously work for the protection and promotion of Sanskrit language, Vedic culture, astrology, and Indian traditions.

During the programme, several eminent citizens who have made noteworthy contributions in the fields of society, culture, education, and religion were also honoured. Those honoured included: Joginder Singh, Lucky Sharma, Dr. Vishal Gupta, Rajan Sharma, Rakesh Singh, Rakesh Gandotra, Sunil Sharma, Harshvardhan Singh, Ankush Sharma, Master Vijay Kumar Sharma, Uttam Chand Sharma, Vandana Kumari,

Pradeep Singh, Hardeep Thakur, M. L. Verma, Dr. Vivek Arya, Nigam Gupta, R. K. Chhibber, Prof. Sharad Chandra Sharma, Naresh Choudhary, Vinay Jamwal, Naresh Raina, Lakhvinder Singh, Nitin Sharma, Rohit Verma, Rajesh Langar, Vinay Aggarwal, Vikrant Sharma, Dr. Ramesh Gupta, Dr. Gaurav Vaid, Satish Gupta, Ashok Choudhary, Surinder Sagar, K. D. Singh, Surinder Singh (Gilli), Ashwani Shastri, Nirmal Singh, and Rajeev Sharma.

The entire programme reflected a strong sense of spirituality, cultural unity, and social harmony, concluding with Vedic prayers and a collective resolve to uphold and promote Sanatan culture.

Harbans Singh appointed Political Advisor to JK NC President

■ STATE TIMES NEWS

JAMMU: On the direction of Dr. Farooq Abdullah, President of Jammu and Kashmir National Conference, Harbans Singh, senior party leader and former minister, has been nominated as Political Advisor to the Jammu and Kashmir National Conference (JKNC) President.



# Swadeshi Jagran Manch concludes Birth Anniversary Programmes of Shraddheya Datopant Thengdi



Dignitaries at closing ceremony of birth anniversary celebration of Shraddheya Rishi Datopant Thengdi at Jammu on Saturday.

■ STATE TIMES NEWS

JAMMU: Swadeshi Jagran Manch, Jammu & Kashmir Province culminated a series of programmes organised across various schools and colleges on the occasion of the birth anniversary of Shraddheya Rishi Datopant Thengdi Ji, the visionary thinker and founder of Swadeshi Jagran Manch.

The programmes, conducted over the past weeks, centered on the theme "Role of Women in Entrepreneurship", highlighting the pivotal role of women as drivers of economic self-reliance, innovation, and nation-building.

Speakers emphasized that promoting women entrepreneurship is not only vital for economic empowerment but also strengthens families, society, and the nation.

The culmination event brought together IAS and KAS officers, academicians, students, social thinkers, entrepreneurs, and karyakartas of Swadeshi Jagran Manch.

Dignitaries presiding over the event included Akhil Bhartiya Sah-Sangathak Satish Kumar, Triprantiya Sangathak Vinay Kumar,

Nirmala Sharma, Dr. Neha Sethi (Punjab Prant Sanyojika), Devyani Rana (MLA Nagrota), Arun Gupta (President, Chamber of Commerce and Industry), Vipan Kumar (J&K Prant Sanyojak), Anita Sharma (J&K Prant Mahila Pramukh), and Deepali Handa (J&K Prant Sah-Mahila Pramukh).

The programme paid tribute to the life, thoughts, and philosophy of Shraddheya Datopant Thengdi, particularly his vision of a value-based economic model rooted in Indian ethos.

The event featured two thought-provoking skits depicting his teachings, while a soulful rendition of the national song by Malti Sharma added to the atmosphere of reverence and inspiration.

The proceedings were seamlessly compered by Dr. Nidhi Pathania and Advocate Pooja Uppal Sharma, ensuring depth and coherence throughout.

Addressing the gathering, organizers reiterated Swadeshi Jagran Manch's commitment to nurturing entrepreneurial spirit among women, promoting indigenous industries, and spreading awareness of Swadeshi values among youth, reaffirming the enduring relevance of Shraddheya Datopant Thengdi's vision for India's social and economic development.

The programme concluded with a collective pledge to continue working towards empowering women and promoting self-reliance, value-based economic growth.

# RAAG organises seminar on Guru Teg Bahadur Ji's Sacrificial Legacy and India's Constitutional Ethos of Religious Freedom

■ STATE TIMES NEWS

JAMMU: The Research and Advocacy Group (RAAG) today organized a seminar for members of the legal fraternity at the Conference Hall of Lawyers' Chambers, High Court of Jammu & Kashmir, Jammu.

The seminar focused on the theme, "Shree Guru Teg Bahadur Ji: A Sacrificial Legacy Shaping India's Constitutional Ethos of Religious Freedom under Article 25."

The programme was inaugurated with the presence of D.S. Saini, former President, J&K High Court Bar Association, Jammu, as Chief Guest, and Nirmal Kotwal, President JKHCBAJ, as Guest of Honour.

The keynote address was delivered by Kuldeep Chand Agnihotri, former Vice Chancellor, Central University of Himachal Pradesh. Distinguished speakers included Senior Advocates Sunil Sethi and Surinder Kaur, along with Senior Journalist Pradeep



Dignitaries lighting ceremonial lamp.

Dutta.

Advocate Prem Sadotra, coordinator of the seminar, emphasized RAAG's commitment to research-driven legal discourse, noting that Article 25 of the Indian Constitution draws inspiration from India's civilizational ethos, particularly the supreme sacrifices of Gurus who defended freedom of religion.

Agnihotri highlighted the distinction between dharma and religion, warning that adherence to dharma ensures moral governance, while mere rule of law without dharma can justify

oppression. He also praised the Panj Pyare as symbols of unity against adharma.

Senior Advocate Sunil Sethi observed that Guru Teg Bahadur Ji's martyrdom inspired widespread resistance to Mughal oppression and strengthened the principle of religious freedom, while Pradeep Dutta drew parallels between historical religious persecution and the atrocities faced by Kashmiri Hindus in the 1990s.

Senior Advocate Surinder Kaur underscored the

Guru's humility, tapasya, and moral courage in protecting the Kashmiri Pandits from tyranny.

Chief Guest Saini described the brutal torture and execution of Guru Teg Bahadur Ji and his disciples as a unique act of voluntary fearlessness-"Nirbhau, Nirvair"-embodying the highest moral courage.

Nirmal Kotwal lauded the organizers for fostering awareness of India's historical and constitutional legacy of religious freedom.

The seminar concluded with the singing of Vande Mataram. The organizing team included Advocates Saket Rathore, Pawan Choudhary, Bharat, Navneet, Karan Prasher, Neha Rajput, Aditya Raina, and Deepak Sharma. The event witnessed enthusiastic participation from advocates, legal scholars, and students, reflecting strong engagement with the legacy of Guru Teg Bahadur Ji and its enduring relevance to constitutional law.