

Free Medical Super Speciality Camp held at Gurudwara Sri Guru Singh Sabha

■ STATE TIMES NEWS
JAMMU: A free medical super speciality camp was organized at Gurudwara Sri Guru Singh Sabha, Guru Nanak Nagar, here on Sunday. The camp was arranged by Dr. Supinder Singh in the loving memory of his mother on her fifth death anniversary, in collaboration with Guru Nanak Medical Hall, Nanak Nagar, and Medicare Nursing House, Gandhi Nagar. The initiative aimed to provide quality healthcare services to the underprivileged and



Dr. Supinder Singh with others doctors and dignitaries at a camp.

promote medical awareness among the public. The camp was inaugurated by the President of the District Gurdwara Parbandhak Committee (DGPC), Jammu, Ranjit Singh, in the presence of Jaggpal Singh, Cashier DGPC Jammu, Sonmath Singh, President GPC Guru Nanak Nagar Jammu, Parvinder Singh, Tajinder Singh Wazir, Tejveer Singh, and Fojwant Singh. The dignitaries appreciated the noble initiative and lauded the efforts of the organizing team for serving humanity. The medical camp was conducted under the supervision of a distinguished panel of doctors from the city, including Dr. Sanjay Bhat, Dr. Harbinder Singh Bali, Dr. Raja Langer, Dr. Supinder Singh, Dr. Gagandeep Kour, Dr. Vikramjeet Singh, Dr. Retaish Kumar, Dr. Akash Bhat, and Dr. Amandeep Singh. The team examined

patients suffering from various medical conditions and provided free consultations, treatment, and medicines. In addition to clinical consultations, a wide range of free diagnostic tests were conducted during the camp. These included genetic screening for diabetes, haemoglobin tests, blood sugar, HbA1C, thyroid profile, lipid profile, serum uric acid, PSA, uroflometry, bone mineral density, and neuropathy tests. Such comprehensive facilities ensured early diagnosis and timely intervention. Around 364 patients benefited from the camp. The initiative was widely appreciated by patients and the Gurudwara management, who urged the doctors to continue organizing similar medical awareness and treatment camps in the future. The beneficiaries expressed heartfelt gratitude to the doctors and the Gurudwara Parbandhak Committee for this unique and compassionate initiative.

Hindu Conference organized at Peer Kho to promote unity and nation-building



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JAMMU: A grand Hindu Conference was successfully organized today by the Peer Kho Basti Hindu Conference Organising Committee at the historic Shiv Mandir, Peer Kho (Jamwant Gufa). The conference was held with the objective of uniting society and connecting it with the mainstream of nation-building through social, religious, and cultural awareness. Padma Shri awardee Professor Vishwamurti Shastri graced the occasion as the Chief Guest. In his inspiring address, he called upon the people to remain united, eliminate destructive forces from society, and actively participate in religious and social activities to strengthen the social fabric of the nation. The Key Speaker of the conference, Dr. Jitendra, addressed the gathering on the occasion of the centenary year of the Rashtriya Swayamsevak Sangh (RSS). He elaborated on the concept of Five Transformations, namely social harmony, environmental conservation, environmental awareness, self-awareness (Swabodh), and civic duties. He urged everyone to imbibe these values and contribute wholeheartedly towards nation-building. At the conclusion of the programme, the Program Convener, Chetan Sharma, expressed heartfelt gratitude to all dignitaries, guests, and

participants for their presence and support. During the event, meritorious children from the Basti locality were felicitated, and individuals rendering continuous selfless service in social and religious fields were also honored. The entire programme was conducted under the supervision of Mahant Rajendra Giri, Head of the Temple. Prominent attendees included former Councillor Narottam Sharma, Basti Pradhan Ramesh Chand, Basti Pramukh Ratan Lal, and several dedicated social workers. As a mark of respect, a copy of the Shrimad Bhagavad Gita was presented to each family after the programme.

Annual General Meeting of Home for "Aged & Infirm" held



CEO J&K, Sanjeev Verma with others at AGM of Home for the Aged & Infirm.

■ STATE TIMES NEWS
JAMMU: The Annual General Meeting (AGM) of the Home for the Aged & Infirm was held on Sunday at its premises, Ambphalla, Jammu. Chief Electoral Officer, Jammu & Kashmir, Sanjeev Verma, was the chief guest on the occasion. All the members paid rich tributes to Late I D. Soni, President of the Home and to the departed inmates of the Home. Dr. Dinesh Gupta acting Secretary apprised the meeting that, in the absence of the President and the Vice President, the meeting would be chaired by the senior most Member Prem Gupta, IGP (Retd.), former president and a Patron of the Home. Thereafter, the agenda items were taken up one by one for discussion and approval. The House unanimously confirmed the minutes of the last AGM held on 29th December, 2024, followed by

the presentation and approval of the Annual Report for the financial year 2024-25. The audited accounts for the financial year 2024-25 were also presented and approved. The members further approved the budget proposals for the year 2025-26 and the appointment of Auditors on the existing terms and conditions. The General Body unanimously confirmed the decision of the Managing Committee regarding the Life Membership and Annual Membership Fee fixed at Rs. 5,500/- and Rs. 2,000/- respectively. Approval was also accorded for establishment of a free Allopathic Dispensary and the restarting of a free Physiotherapy Centre within the Home premises in collaboration with Savitri Devi Jagiri Lal Charitable Trust, Jammu. The proposal for external and internal painting of both residential blocks of the Home preferably by some Agency under CSR was also approved. During the election process, all the members present unanimously elected Engineer Pankaj Gupta as President and Dr. Dinesh Gupta as Secretary of the Home for the Aged & Infirm for a period of three years. Addressing the gathering, Sanjeev Verma appreciated the commendable humanitarian services being rendered by the Home for the welfare and dignity of senior citizens. He assured continued support for such noble initiatives. He also appreciated the donors who have contributed a lot for providing all kind of basic necessities. Pritam Chand, who dedicated 35 years of service as a Warden, was honoured with a Citation and a cheque of Rs. 11,000, presented by the Chief Guest and members of the Managing Committee, in recognition of his commendable contribution.

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SAMBHA: BJP J&K UT Vice President Rekha Mahajan today led the Mann Ki Baat listening programme at Booth No. 44, Village Dug (Channi Ratwal), Mandal Swankha, the first village near the International Border in District Samba. The programme witnessed enthusiastic participation of local residents and BJP workers, reflecting strong grassroots engagement. Addressing the gathering, Rekha Mahajan said Prime Minister Narendra Modi's Mann Ki Baat has become a powerful medium to connect the leadership directly with the people. "Mann Ki Baat reflects the soul of India. It carries the voices, hopes and achievements of ordinary citizens, and under Modi Ji's leadership it has become a platform of national inspiration," she said. Rekha Mahajan praised the

PM Modi ensures development reaches the last person in society: Rekha Mahajan



BJP J&K UT Vice President Rekha Mahajan felicitating Booth President Ram Lal.

Prime Minister's vision of inclusive development and stated that the government's initiatives for the poor, farmers, youth and Economically Weaker Sections have transformed the social landscape of the country. "PM Modi has ensured that development reaches the last person in society, including people living in border and remote areas like this village," she added. On the occasion, Booth President Ram Lal was felicitated for his dedicated service and commitment to the party. Rekha Mahajan also interacted with the local karyakartas, encouraging them to remain active at the booth level and strengthen the party's connect with the people. A Swadeshi Sankalp was also administered, urging everyone to promote indigenous products and contribute to the nation's economic self-reliance. DDC Chairman Keshav Dutt Sharma, while addressing the gathering, appreciated the tireless efforts of booth-level workers in taking the BJP's policies and welfare schemes to the people. He said that strong booth organization is the foundation

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Panun Kashmir observes Homeland Day with seminar on 'Reversal of Genocide'

■ STATE TIMES NEWS
JAMMU: Panun Kashmir marked Homeland Day on December 28 by organizing a high-level seminar titled "Reversal of Genocide: Fighting Jihad", focusing on the unresolved genocide of Kashmiri Hindus and placing it within the broader civilizational challenges confronting India and South Asia. The seminar brought together prominent speakers and thinkers who squarely addressed the historical injustice faced by the Kashmiri Hindu community. The speakers firmly rejected the use of euphemisms such as "migration" or "exodus," asserting that the forced displacement of Kashmiri Hindus in 1989-90 was the result of a systematic jihadist campaign aimed at cleansing Kashmir of its ancient Sanskrit civilization. They emphasized that decades of denial and distortion have only deepened the injustice and emboldened ideological extremism. Dr. Ajay Churungoo, Chairman of Panun Kashmir, presented the organization's core position,



BJP J&K spokesperson, Adv Ankur Sharma speaking at a seminar.

stating that justice cannot be reduced to temporary relief or rehabilitation measures. "What happened to Kashmiri Hindus was not displacement but genocide driven by jihadist ideology. Justice lies not in relief packages but in reversal through recognition, accountability, and the establishment of a secure Homeland," he asserted. Dr. Churungoo also strongly appealed to the Government of India to review what he termed as the continued abandonment of the victim community. He highlighted the persistent humanitarian distress faced by displaced Kashmiri Hindu families living in the Jagti and Purkhoo camps. "Thousands of families continue to live in inhuman and insecure conditions. This prolonged neglect reflects institutional apathy and demands immediate redressal," he said. Tsering Samphel, senior leader from Ladakh, former MLA, and President of the Ladakh Buddhist Association, expressed unequivocal solidarity with Panun Kashmir. He supported the demand for formal recognition of the genocide and the reorganization of the Jammu and Kashmir Union Territory to facilitate a Homeland for Kashmiri Hindus, stating that Ladakh stands firmly with this cause.

Weekly Sanskrit Pathshala organized at Shree Panch Mukhi Hanuman Mandir

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JAMMU: A weekly programmed Sanskrit Pathshala (Gyan-Yagya Pathshala) was successfully organized at Shree Panch Mukhi Sankat Mochan Hanuman Mandir, B.C. Road, Jammu, under the aegis of the Jammu Yatri Bhawan Trust. The programme was organized by Pawan Kumar Shastri, President of Jammu Yatri Bhawan Trust. The event was graced by Dr. Pawan Kumar Sharma, former Principal of M.A.M. College, as the Principal Guest.



President JYBT, Pawan Kumar Shastri with children and others at a programme.

In a significant initiative aimed at promoting the rich heritage of Sanatan Dharma among the younger generation, the Trust has launched a Vedic Pathshala at its Sankat Mochan Panchmukhi Shree Hanuman Mandir Bhawan. The thirty-sixth session of the Vedic Pathshala witnessed the enthusiastic participation of around 60 students, most of whom were under the age of 15. The students received comprehensive training in the recitation of the Shrimad Bhagavad Gita, Shree Hanuman Chalisa, Sunderkand Path, along with teachings related to Dharma-Karma Gyan. What made the session remarkable was the ability of

the young learners to not only recite the sacred verses with devotion but also translate them fluently into Hindi and English. Their confident recitation and interpretation of Sanskrit shlokas earned widespread appreciation from the dignitaries and devotees present. Speaking on the occasion, Pawan Shastri emphasized that

such initiatives play a crucial role in instilling cultural values, spiritual awareness, and a strong sense of identity among the youth. He stated that introducing ancient scriptures at a young age empowers the next generation to connect with their roots and carry forward the legacy of Sanatan Dharma, ensuring cultural continuity and spiritual growth. Shastri highlighted the

Trust's extensive philanthropic work, including the Jammu Yatri Bhawan in Haridwar, which offers accommodation facilities and has been running uninterrupted free langar seva for 600-700 devotees daily since 1995. Similarly, the Panchmukhi Hanuman Mandir complex in Jammu serves 500-600 pilgrims daily with free langar and regular puja-archana, making it a center of spiritual solace. Sanskrit scholars Arun Shastri and Dr. Ajay Shastri reiterated the Trust's commitment to continuing Vedic classes to enlighten youth about scriptures such as the Bhagavad Gita, Ramayana, Vedas, and Upanishads. The programme was attended by several dignitaries, including Sukhdev Sharma, W.C.M., staff of the Jammu Yatri Bhawan Trust, and numerous devotees, contributing to the grand success of the event.

JKAACL holds classical, folk dance evening



■ STATE TIMES NEWS
JAMMU: To celebrate India's rich cultural heritage and the spirit of unity in diversity, the Department of Culture, through the J&K Academy of Art, Culture and Languages (JKAACL), on Sunday organized a colourful classical and folk dance evening titled "Desh Ke Rang, Nritya Ke Sang" at Abhinav Theatre, Jammu. Speaking on the occasion, Principal Secretary, Culture, B. M. Sharma, said that the programme was conceptualized to

present a vibrant mosaic of India's diverse dance traditions by bringing together renowned and emerging artists representing various classical and folk dance forms from different regions of the country. The cultural evening featured a captivating series of performances, including Vande Mataram (Aanya Sumit Verma), Kavi Varshini. S. Bharatanatyam, J. Surmala, Manipuri, Khajoor Singh and Party, Geetru (Jammu Folk), Mudasir Maqbool and Party,

Bachnagma (Kashmir Folk), Priyanka Maurya Kathak and Raminder Khurana, Odissi. The performances enthralled the audience with their grace, rhythm and expressive artistry, leaving a lasting impression on the spectators. The performance of Raminder Khurana was highly applauded by the audience. Through this event, JKAACL reaffirmed its commitment towards preserving and promoting traditional art forms, strengthening cultural harmony and providing a vibrant platform for the artists to showcase their talent. The event was graced by Principal Secretary to LG, Dr. Mandeep K. Bhandari; Commissioner Secretary, Science and Technology; Dr. Shahid Iqbal Choudhury; IGP Bhim Sen Tuti besides senior officers from the IFS and other services.

■ STATE TIMES NEWS
JAMMU: The Kitaab aur Kalam Foundation successfully organized the pre-launch of its innovative nutritional awareness movement, "Ba Dekh Rahi Hai", at the premises of the Jammu & Kashmir Branch of the Institute of Chartered Accountants of India (ICAI). The movement aims to encourage children to adopt mindful eating habits and make informed nutritional choices from an early age, fostering long-term health and wellness. The event was graced by Sanjeev Kumar Gupta, Joint Commissioner (Food Safety), FSSAI, as the Chief Guest, who delivered the keynote address. Gupta



Sanjeev Kumar Gupta, Joint Commissioner (Food Safety), FSSAI with others at a programme.

lauded the initiative and highlighted the crucial role of nutrition literacy and school-based interventions in shaping healthy food behaviors among children. Nanak Ram Ilm, Founder of Kitaab aur Kalam Foundation, shared the vision behind "Ba Dekh Rahi Hai" and spoke about the movement's on-ground learnings. He emphasized that the initiative seeks to build awareness through careful observation, meaningful dialogue, and sustained engagement with schools and communities. As part of the pre-launch,

17 schools were felicitated for their active participation and support in promoting the movement. Youth volunteers associated with the Foundation were also recognized for their dedication and field-level engagement, demonstrating the spirit of community involvement. Dr. Kunal Anand addressed the gathering, underlining the role of schools as epicentres of change in promoting nutrition literacy and cultivating mindful eating practices among students. Speaking on behalf of the host institution, CA Sourav Pragal expressed ICAI J&K Branch's commitment to contributing beyond the professional domain through

initiatives like financial literacy, career counselling, and child development programmes. He welcomed the Foundation's efforts to support the holistic growth and informed decision-making of students. The programme concluded with a Vote of Thanks by CA Amit Gupta, Vice Chairman, ICAI J&K Branch, followed by informal interactions among school representatives, volunteers, and stakeholders, setting the stage for the successful rollout of the movement. This pre-launch marks the beginning of a sustained campaign to empower children with the knowledge and habits necessary for a healthier future.