

Priyanka Chopra to be replaced in Alia Bhatt-Katrina Kaif starrer Jee Le Zara after embracing motherhood?



Priyanka Chopra and Nick Jonas announced that they have welcomed a baby via surrogacy on Friday. The two lovebirds had kept the whole thing a secret and hence, it was a huge surprise for all their fans. Priyanka and Nick's fans are happy that the two have welcomed a daughter and embraced parenthood. Now, the buzz is that the makers of Alia Bhatt, Katrina Kaif starrer Jee Le Zaraa may replace Priyanka Chopra as she would want to focus on motherhood. A report in Bollywood Hungama stated that producers of Jee Le Zaraa, Farhan Akhtar and Ritesh Sidhwani are exploring the idea of replacing PeeCee in the film.

A couple of days ago when Priyanka Chopra was featured on the front page of Vanity Fair the actress had opened up on embracing parenthood. Priyanka had said that having kids were a big part of their future plans. "They're a big part of our desire for the future. By God's grace, when it happens, it happens," The Sky Is Pink actress said. Furthermore, when it was pointed out to her that whether she'd take things slow after embracing parenthood, the Mary Kom actress had said that she and Nick Jonas were okay with the idea. "I'm okay with that. We're both okay with that." So, will PeeCee herself opt out of the project to focus on motherhood? Well, it's all conjecture right now. But it goes without saying that fans do miss Priyanka Chopra in Hindi films.

Cut to Jee Le Zaraa, the film was announced in August 2021. Priyanka had shared an anecdote on how an idea turned into a reality. In her post, Priyanka had shared that she had been wanting to do a Hindi movie after The Sky Is Pink, however, she wanted to do something she had never done before and hence, the idea of an all-female cast film helmed by a female director was born.

Bhool Bhulaiyaa 2: Release of Kartik Aaryan-Kiara Advani's film getting pushed?



When everyone in the film industry thought that the things were getting back on track, third wave of Coronavirus hit like a hurricane. After the the-

atres being open for a brief period, the Government called for a shut down as COVID-19 cases increased all over India. Many films suffered because of the same. Jersey, RRR, Radhe Shyam and many more films had to push their release dates. There were reports that Kartik Aaryan and Kiara Advani's film Bhool Bhulaiyaa 2 will also suffer a delay because of the same reason. However, here is an interesting update. Bhool Bhulaiyaa is not getting pushed and will release on the March 25, 2022 as decided earlier.

The update has been shared by Taran Adarsh. The film is helmed by Anees Bazmee and produced by Bhushan Kumar. It is for the first time that we will see Kiara and Kartik Aaryan together in a film. Bhool Bhulaiyaa 2 is an extension to Akshay Kumar's 2017 film with the same name that also starred Vidya Balan and Shiny Ahuja. Well, with the release of the film not getting postponed, Kartik and Kiara's fans are super excited for it already.

Meanwhile, Kartik is currently in the news as his Shehzada producer called him unprofessional. Producer Manish Shah revealed that the actor threatened to walk out of the film with Allu Arjun's Ala Vaikunthapurramuloo was released in theatres.

Did Ajay Devgn and Akshay Kumar turn down the Hindi remake of Ajith's Viswasam?

Pushpa star Allu Arjun has a huge fanbase in the Hindi belt. Yesterday, they got the sad news that the Hindi dubbed version of Allu Arjun's Ala Vaikunthapurramuloo would not release in theatres. He later confirmed that he is going in for a satellite release only. Fans of Ram Charan and Vijay can expect the Hindi version of Rangathalam and Mersal in theatres next month. As per a report in Bollywood Hungama, Manish Shah is now venturing into film production. It seems he has bought the remake rights of Ajith Kumar's Viswasam. He wishes to produce a Hindi film now.

The portal reported that both Ajay Devgn and Akshay Kumar turned down the role played by Ajith Kumar. It seems the superstars reportedly felt that the core of Viswasam would not suit the sensibilities of the Hindi audience. A source told Bollywood Hungama that the remake rights were sold for Rs four crores. The movie was directed by Siva who has had a hit collaboration with Ajith Kumar over the years. It seems Manish Shah reportedly



approached Balaji Telefilms to co-produce the Hindi remake of Viswasam. They were not keen as the two big superstars refused the project.

Four ways to consume fennel seeds for weight loss



The weight loss journey is unique for everyone and while exercise and diet come together to grant a healthy lifestyle in which weight loss is possible, it is not always convenient for everyone to take out the time to follow an elaborate fitness regime. Making little but effective changes to your lifestyle can go a long way and consuming fennel seeds regularly is one of them. Not too elaborate and with minimal time consumption, fennel seeds are a great way to lose weight and are found in almost every Indian household. Even though it is an imported spice, fennel seeds have made their way into the kitchen of every Indian household.

Health benefits

Fennel seeds have multiple health benefits that include improving digestion, metabolism, hair and skin health. Since they have diuretic properties, fennel seeds help eliminate toxins from the body. Full of antioxidants that fight free radicals, it also alleviates oxidative stress in the body which can cause diabetes and obesity like conditions. With numerous health benefits in addition to weight loss, regular intake of fennel seeds is beneficial in every way. Here are four ways through which you can consume fennel seeds every day.

- Powder**
- Take a handful of fennel seeds and grind them properly to make a powder. Add this powder to baked goods' batter for taste and goodness. Powdered fennel seed powder can also be used to create a 'churan' in which ingredients like fenugreek seeds, black salt, asafoetida and mishri can be added for taste and better digestive properties. Eating this every day will lead to better digestion because of the presence of estragole, fenchone and anethole that help secrete enzymes that aid digestive processes.
- Water**
- Consuming fennel seeds with water is a commonly known practice that is mostly done to ease stomach cramps and improve digestion. Take a handful of fennel seeds and soak them in a glass full of water. Let it rest overnight and drink it in the morning. It enhances the absorption of vitamins and minerals in the body and thereby helps one reduce weight. Having two such glasses of fennel water; one in the morning and another in the evening; is a great fat loss remedy.
- Tea**
- Preparing tea from fennel seeds is not an elaborate or time taking task and can be consumed every day for the best effects. Just add a tablespoon of fennel seeds while boiling water for your evening tea. Also, add half a tablespoon of jagery while adding fennel seeds and enjoy your evening tea with added benefits!
- Roasted fennel seeds**
- Take a tablespoon of fennel seeds and roast them on low flame. This form of fennel seeds will exude a light aroma that is pleasing to the senses. Add some mishri for taste and have this after every meal to improve digestion. This mixture also keeps dessert cravings at bay because mishri is sweet in taste and complements roasted fennel seeds well. You can also grind roasted fennel seeds to make a powder and consume it daily.

How do I find the right shade of foundation?



Before covering this wide debate topic which can be layered down deeply. The prime motive is to understand the process that goes behind taking and applying a foundation. Firstly if we start from the basics, Skin undertone is to be comprehended. It is the colour that comes through the skin from underneath its surface and is basically of three types – warm, neutral and cool. International makeup artist Pooja Sethiya, who specializing in prosthetics, SFX & HD makeup shares insights on how to choose the right foundation.

It's good to test on the wrist first which can help you check the colour of your veins. If they're purple or blue in coloration then you definitely are cool. If they are green or olive in coloration, you're warm. But in case you are not able to determine the dominant colour, you're impartial. Another one is the solar test which can be done when your pores and skin turns purple while you are out inside the solar, you have a cool

undertone. Conversely, in case you get tanned without difficulty in the solar you've got heat undertone.

Once you know what skin colour and undertone match right, the specific search narrows considerably. You can start by shortlisting three shades that seem to be a good match as per your valuable knowledge and then the best way is by dabbing some of each shade on your jawline and the pro tip here lies that don't just consider your face for making the final decision but also your neck. Because usually if you go by the norms foundation should blend seamlessly with both your face and your neck.

Matte or dewy? This is another important musing. Dewy has a special flavor towards normal to dry skin types as too much radiance on this skin type looks oilier while matte foundations are usually more suitable for combination to oily skin types as per convenience and also matte is definitely not the pick for winter seasons.

While managing the coverage portion one has to choose wisely between light, medium, and full. If you're seeking to simply even out your pores and skin tone without fully protecting the entirety up, cross for a sheer or mild insurance basis. This one appears the maximum herbal and seems like pores and skin or in case you prefer to absolute cowl all of your spots, blemishes, and hyperpigmentation, choose a complete insurance basis and keep in mind that foundations have a tendency to oxidize after a couple of minutes due to the warmth from the pores and skin, inflicting it to show barely orange.

A pro tip that can come in handy with this problem is that wait around 5-10 minutes to see how the foundation will truly appear after it has completely oxidized as it tends to get darker after some time. So, next time while visiting your make-up heaven, make sure you know better than you are told and especially when you are about to make an impression.

General Knowledge Question

1. Which organ of the human body produces a fluid known as bile?
A. Pancreas
B. Gall Bladder
C. Kidney
D. Liver
2. Which of the following is not a function of liver?
A. Regulation of Blood Sugar
B. Storage of Blood
C. Filtering the blood
D. Reproduction
3. Heart is made up of:
A. Non-Striated muscle
B. Cardiac muscle
C. Adipose Tissue
D. Striated Muscle
4. Where does the digestion of protein starts in our body?
A. Mouth
B. Stomach
C. Duodenum
D. Intestine
5. Name an acid which is secreted in the stomach?
A. Sulphuric Acid
B. Hydrochloric Acid
C. Carbonic Acid
D. Nitric Acid
6. Nerves from the eyes and ears are connected to

- A. Arachnoid
B. Pleural Membrane
C. Meninges
D. None of the above
11. The process of transfer of hereditary character from one generation to another is known as.....?
A. Genes
B. Mutation
C. Variation
D. Genetics
12. Who is known as father of genetics?
A. Gregor Mendel
B. Augustinian friar
C. Norman Borlaug
D. M.S Swaminathan
13. Who coined the term Mutation?
A. James Watson
B. Herman Joseph Muller
C. Hugo de Vries
D. None of the above
14. Which term of genetics represents the potential ability of a plant cell to grow into a complete plant?
A. Pluripotency
B. Totipotency
C. Cloning
D. Variation

ASTRO SPEAK

ARIES

MAR 21 - APR 20

LIBRA

SEP 24 - OCT 22

TAURUS

APR 21 - MAY 20

SCORPIO

OCT 23 - NOV 22

GEMINI

MAY 21 - JUN 20

SAGITTARIUS

NOV 23 - DEC 22

CANCER

JUN 22 - JUL 23

CAPRICORN

DEC 23 - JAN 20

LEO

JUL 24 - AUG 23

AQUARIUS

JAN 21 - FEB 23

VIRGO

AUG 24 - SEP 23

PISCES

FEB 20 - MAR 20