

## Cooperatives can fulfill PM's vision of Self-Reliant India: Vishesh

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JAMMU: Farmers have always been the backbone of our country and J&K UT government under the leadership of Manoj Sinha, Lieutenant Governor and guidance of Navin Chaudhary, Principal Secretary Agriculture is striving to strengthen this backbone of the country through innovative and solid measures. This was stated by Vishesh Mahajan, Director Horticulture (P&M) while presiding over the awareness programme here on Sunday.

To fulfill the dream of a self-reliant India, he said, there can be no better way than to have a successful cooperatives movement. To achieve this vision of PM, Directorate of Horticulture (Planning & Marketing) conducted a one day brain storming and awareness session for "Making Cooperatives Effective & Impactful Organisations" at Conference hall Kissan Ghar, Narwal Mandi, here.

The programme was presided over by Vishesh Mahajan along with Priyaranjan, AGM, NABARD, Dr. Pawan



Director Horticulture (P&M), Vishesh Mahajan and others during a programme.

Sharma, Assistant Professor, SKAUST, Amit Howaldor, Vice President Intello Labs, Digvijay Gupta, Joint Director and Ayaz Ahmad Natnoo, Deputy Director Horticulture (P&M) Jammu. The participants also included Presidents, Secretaries and member of different Co-operative Societies of Jammu Division.

Vikrant Dogra (Head, JKDCUL) CBBO empanelled by NABARD and NCDC deliberated on problems, redressal and benefits of Co-operatives. AGM, NABARD discussed on role of NABARD in strengthening Cooperatives.

Jammu Kashmir Start-ups Association emphasised on adopting a boot strapped start-

up approach for new cooperatives to create opportunities with existing resources in the beginning and utilising govt funds under various schemes in scaling/expansion stage.

Vishesh Mahajan emphasised on the need of synergy among the newly registered cooperatives and asked the cooperative organisations to work towards being the transforming agents in the rural India by ensuring that they make an positive impact in the life of its members and the general people also.

He called upon for ensuring the cooperation of cooperatives to ensure that there is synergy in the activities of these cooperative organisations. Deliberations were also held on transforming

Rural J&K through Co-operative Societies and on successful working of Co-operatives. Vice President, Intello Labs created awareness among the participants regarding role of Technology in Agriculture and its use by Co-operatives.

The Department of Horticulture (P&M) has registered six numbers of Cooperative Societies within a short span of one month & is in the process of formation of more such Societies.

Moreover in the said Co-operative Societies maximum no. of women have been enrolled members. The programme concluded with a vote of thanks by Ayaz Ahmad Natnoo, Deputy Director, Horticulture Planning & Marketing.

Meher Munshi, 11-year-old girl from Jammu, released her first book 'Cheese Chilli Toast' at an event at Press Club Jammu.

The book has been published by Wing Publications based in

Pune.

Speaking at the book launch event, Kailash Pinjani, Managing Director of Wings Publication said, "If there's a book that you want to read, but it hasn't been written yet, then you must write it."

"Meher at very young age is blessed with writing skills, I recommend every grown-up to read her book to revisit childhood memories and every kid to get inspired and write a personal story as book," he said.

"Cheese Chilli Toast" as name suggest presents various colours of life of a kid, it is window to see how a 11-year-old kid looks at the world.

At the event, Meher Munshi spoke about the book and what inspired her to write, "It all started during COVID. My mother had to reluctantly give me a computer with her only instruction to use her time, life and the computer constructively."

Meher used this as an opportunity and did what she loved best that is; to write. She wrote her first book 'Cheese Chilli Toast'.

This book chronicles exploring new things from the eyes of an elementary school kid, finding things

## Meher Munshi releases her book 'Cheese Chilli Toast'

From desk of 11-year-old, this is book full of ups & downs, twists & turns of life

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JAMMU: Eleven-year-old girl Meher Munshi on Sunday released her first book 'Cheese Chilli Toast'- a collection of short stories which are loosely based on her learnings and life experiences, at an event at Press Club Jammu.

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Dignitaries releasing Meher Munshi's first book 'Cheese Chilli Toast' at Jammu.

she wants to explore and more importantly those she doesn't enjoy and navigating through all this with support from her parents.

Meher Munshi, lives in Seattle United States and her parents are of Indian origin. She is an avid reader and devours mythology books, loves sports and is especially passionate about fencing. She lives life to the fullest and enjoys learning new skill sets, making new friends and helping out her parents.

Her book, Cheese Chilli Toast is available for purchase on Amazon from 27th February onwards.

RPI expresses concern over neglect of daily-wagers

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JAMMU: RPI J&K President Tanveer Hussain and Vice-President Raj Kumar Goyal alleged that UT Government is totally apathetic towards the plight of daily rate workers and is not serious in solving their genuine issues. Addressing a press conference, Hussain expressed concern over continued neglect of 60,000 daily rate wagers who have been deprived of their rights and continued to deny wages act. Party also expressed concern over the anti-youth decision of the Government especially with the candidates who had applied for Border Battalion proposed by the Government in 2019. "Daily wagers are demanding their due share, which the Government should give to them at any cost", Hussain said, adding that if the strike by these daily wagers continued, the day is not far that there will be sever water crisis in the Jammu and Kashmir.

RPI warned to organise district wise protests if government continue to neglect the issues of daily wagers.

## Dr Tandon from GMC Jammu joins pool of highly qualified Credentialled IMS-Menopause Experts



hensive approach towards the care of menopausal and aging individuals by promoting public health, education and research in the field of Menopause.

Dr Tandon will be awarded scroll of Honour in the Annual National Conference of Indian Menopause Society (27th IMSCON) to be held at Vadodara in the month of June 2022.

The exam was conducted by the Chairperson Dr Sheela Mane, IMS Exam Committee, under supervision and guidance of Dr Ambuja Choranur, President IMS and Dr Sudha Sharma, Secretary General IMS, who is pioneer in starting and establishing the menopause service in

Dr Tandon said, "it is very important to have menopause multi-speciality established and strengthen in every medical college of J&K if already existing with endocrinology, Gyane and Obst and Medical and surgical Specialties to provide comprehensive care to these aging people which contribute a large population now because of increased life expectancy in India. Beside this, specialities like PSM and Pharmacology can contribute immensely by conducting specific research in this specific field to generate data for health care providers."

Dr Tandon is also Chief Editor of Journal Midlife Health (Pubmed Indexed Journal) at present and has contributed at National Level in framing Treatment Guidelines in the field of menopause as an expert.

## JKPEECC hails issuance of regularisation policy for PDD daily-wagers

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JAMMU: Power employees and engineers under banner of JKPEECC, an amalgam comprising of various unions of Power Development Department (PDD) led by Sachin Tickoo, General Secretary JKPEECC and Convener PEECC Jammu, Jaipal Sharma, Chairman JKPEECC & President DEA, Ashok Dubey Vice President JKPEECC, Anil Sathia Lineman & Workers Union, Kubir Singh EEU, H D Singh TEF, Tarun Gupta PDDEU, Balbir Singh Draftsman Association, Jasbir Singh, Akhil Kumar, Gurmeet Singh, Purshotam Kumar and others,

"This historical development has been possible due to concerted and rigorous efforts of Principal Secretary PDD and his team who worked day and night to mitigate problems projected by Power Employees and Engineers Coordination Committee. We are extremely delighted as a fraternity on this momentous occasion which shall not only lay foundation for regularization of such a huge workforce but also prove to be a cornerstone for future developments towards resolution of human resource issues in PDD," the leaders added.

Physicist, Prof. Rajni Kant delivering a lecture at JU.

ing, and treatment of cancers.

Towards the end of the lecture, he mentioned that space science, polymorphism crystal engineering, and pharmaceutical drug development are the few future applications of X-ray crystallography.

Dr. Vishal Rai, Indian Institute of Science and Education Research, Bhopal in his lecture on "Precision Engineering of Proteins Enabling Biology and Medicine" introduced the audi-

ence to various chemical technologies that enable precise control over the site of bioconjugation.

He discussed at a length the chemical operation mechanism of the nucleophile and its behavior which explored a state-of-the-art platform that offered homogeneous anti-body-drug conjugates (ADC's) for cancer chemotherapy.

The lecture also hopes for the possibility of precision therapeutics with small molecules.

He first introduced in a simple word the different types of electromagnetic radiation and their range of application from everyday usage to research.

During the talk, Prof. Rajni Kant focused on X-ray radiation; its history, properties, and different applications.

He introduced the audience to the applications of X-rays in material study, medical imag-

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