

SMVDU, Excise Deptt organise Mansar to Mahoregarh trek

■ STATE TIMES NEWS
JAMMU: Shri Mata Vaishno Devi University, Katra in collaboration with Excise Department Jammu organized a one day Trekking event from Mansar Lake to Mahoregarh fort.

A group of 150 trekkers from SMVDU was flagged off from Mansar by Kusum Sharma, Dy. Excise Commissioner Executive Jammu in the presence of Nagendra Singh Jamwal, Registrar SMVDU and Ved Prakash CEO Surinsar Mansar Development Authority SMDA.

"This is an important Trek which the Tourism deptt. has promoted from last few years for making Mansar and adjoining areas winter hub of soft adventure activities like trekking, adventure camps, hiking etc." Kusum Sharma said. She further said that trekking expedition for students is aimed at spreading awareness



Dy. Excise Commissioner Executive Jammu, Kusum Sharma and others during trekking.

about drug abuse and encouraging youth to pursue healthy life style and take part in sports and adventure activities. She said that Excise Deptt. believes that participation of youth in sports and adventure activities would lead to positive lifestyle changes.

Nagendra Singh Jamwal, Registrar SMVDU briefed the students about the trekking event and need for the cleanliness to be maintained in the Surinsar Mansar Wildlife sanctuary.

He emphasized that Mansar offers many trekking routes which makes the experience of a visitor more enjoyable and adventurous.

He thanked Excise Deptt for sponsoring such type of events so as to motivate youth and to keep them away from anti-social activities like drugs. He Congratulated Board of Cultural Activities for organising such an event.

Ved Prakash CEO SMDA appealed to the participants to adopt adventure

activities and participate in wonderful treks developed by the Authority. "Surinsar - Mansar region offers treks through Wildlife sanctuary and ASI monuments" he said. He invited the participants to explore heritage destinations like Mahoregarh Dhergarh, Purmandal and Bahore temples located in the jurisdiction of SMDA.

Suraj Prakash Lochan ETO Samba, Rupali Vaid ETO Udhampur Excise Range awarded the participants about the menace of

drug abuse. "Drug addiction is a challenge where Government alone cannot succeed unless there is community help, parental assistance and proactive role shown by all sections of society." Lochan said.

Starting the seven kilometre trek from Mansar to Mahoregarh Fort a UT of JK monument the trekkers enjoyed beautiful panoramic views of the nearby hills while ascending the trail.

The trekkers were enchanted by the beauty of serene Mansar Lake and the greenery on offer.

At the culmination of the trek, the participants were given certificates by the Chief Guest.

Students from SMVDU while sharing their experiences said that such trails give an opportunity to enjoy nature at its best and hoped for joining more treks organized by the University and the Excise deptt in near future.

Rana lauds efforts for promoting rich Dogra art, culture through various mediums

■ STATE TIMES NEWS
JAMMU: Observing that music transcends all boundaries, touches souls and creates an aura free from myopic tendencies, Senior BJP leader Devender Singh Rana on Saturday lauded the efforts being made by the Jammu based artists in promoting the rich Dogra art and culture through various mediums over the decades. "True that music knows no boundaries but when it comes to Dogri folklores, these bind the people in unique chord and generate harmony in the society", Devender Rana said while releasing two albums 'Kikre Gi Bhoor Paya (Folk Geet) and Tera Hi Om Naam Hai, sung by Sapna and composed by Rakesh Anand and Surinder Singh Manhas here this afternoon. Rana said the young artists deserve all the encouragement by the organizations associated with promotion of art and culture besides, more importantly, the music loving public, who have



Senior BJP leader Devender Singh Rana releasing albums Kikre Gi Bhoor Paya and Tera Hi Om Naam Hai.

always the quest for something new and unique to be presented to them. The young artist deserves to be encouraged by providing them with an appropriate platform to showcase her talent on a bigger canvas. He said, adding that Jammu and Kashmir has no dearth of talent but the only need is to identify and polish it by experts in the field.

He complimented the composers and the singer for their relentless efforts in promoting art and culture in this part of the country, hoping that this will inspire the young and budding artists to come forward and make a mark in the field of

music, not only in the land of legendary K. L Sehgal and Pandit Shiv Kumar Sharma but across the country. He recalled the contribution of artists, writers and composers from the Duggarland in the cultural milieu of India. Rana also hoped that the albums would be received well by the music lovers, who keep craving for something new, something unique and something absorbing their souls and minds. He hoped that these albums would meet their expectations.

Prominent among those present on the occasion included Nirbhay Slathia, Vivek Gupta and Pankaj Malhotra.

Lt Governor interacts with NCC cadets at Raj Bhawan

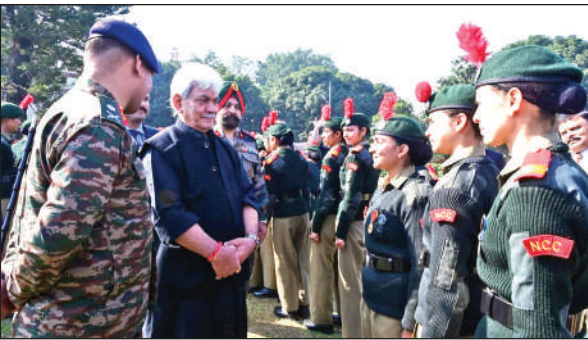
■ STATE TIMES NEWS
JAMMU: Lieutenant Governor Manoj Sinha on Saturday interacted with NCC cadets, who had taken part in this year's Republic Day parade in New Delhi.

On the occasion, the cadets shared their experience and training during the Republic Day camp.

The Lt Governor congratulated the contingent of Jammu Kashmir and Ladakh for securing a historic and unprecedented fourth position amongst 17 NCC Directorates.

The selection of 17 NCC cadets to march on the Kartavya path, as part of combined contingent of NCC at the National level and 7 cadets selected for Guard of Honour is indeed a great feat, said the Lt Governor.

"NCC in the UT of J&K is playing an important role in the grooming of youth and



Lieutenant Governor Manoj Sinha interacting with NCC cadets.

rendering yeoman's service to achieve the overall objective of aligning the youth of the UTs with the national mainstream," said the Lt Governor.

NCC cadets are the symbol of youth power. The world's largest uniformed youth organization, NCC has a greater responsibility to contribute towards effective implementation of National Education Policy and flagship

programs of the government.

The Lt Governor said that youth, especially from border areas should be encouraged to enroll themselves in NCC in maximum numbers in order to spread the values of humanity, patriotism and selfless service. The awareness campaigns of NCC on many issues and topics like environmental protection are commendable. It should be our

aim to promote youth leadership in different fields, he added.

Today drug addiction has emerged as the biggest challenge for the society. NCC cadets along with the youth clubs need to actively participate in the campaigns against drug menace, said the Lt Governor.

The Lt Governor also encouraged the NCC Cadets to contribute in the successful conduct of the G20 event in Jammu Kashmir.

Maj Gen Tejinder Kumar MP, ADG, NCC Directorate Jammu Kashmir and Ladakh highlighted the activities and achievements of the cadets of the NCC Directorate.

Alok Kumar, Principal Secretary Higher Education; Sarmad Hafeez, Administrative Secretary, Youth Services & Sports; Brigadier KS Kalsi, Group Commander NCC Srinagar; Senior Officers and Instructors were present on the occasion at Raj Bhawan.

Food Safety DFCO Jammu imparts Millet awareness

■ STATE TIMES NEWS
JAMMU: With a mission to move ahead to the observance of the 2023 as the International year of the Millets, popularly known as 'Wonder Food', on the directions of Shakeel ul Rehman, Commissioner, FDA J&K, Jammu on Saturday a Millet Awareness Workshop was organised at Miran Sahib Jammu. Member Parliament, Jugul Kishore Sharma, was a Chief Guest and Ex-MLA, Sham Lal Choudhary was Guest of Honour on the occasion.

The awareness programme was organized by the Department of Food Safety, DFCO, Jammu led by Madan Lal Magotra, Deputy Commissioner Food Safety DFCO Jammu Division accompanied by Zulfkar Hussain Malik, Food Safety Officer. Over 200 participants took part in the programme including, PRIIs, agriculturalist, farmers, traders, women from Self Help Group.

At the onset, eight species of



Member Parliament, Jugul Kishore Sharma serving products made by Millet among participants.

Millets were displayed to the participants. Besides, Recipes of the Millet were prepared and demonstrated on the spot. Recently, FSSAI got the Calendar of International Year of Millets unveiled by Union Ministry of Health and Family Welfare. Keeping in view the significance of Millets FSSAI is going to formulate guidelines for schools, Hospitals and Govt. Canteens to incorporate Millets as

nutritional Menu.

Explaining further, Chief Guest said that these programs stand to provide unique opportunities to the farmers to increase the yield more & more and get the "Wonder Food" procured and to ensure efficient processing, marketing and consumption, promote better utilization of the crop rotations and encourage better connectivity throughout Food chain

System to promote Millet as a key component of our Food Basket.

Madan Lal acknowledged that under the aegis Commissionerate FDA J&K, the Millet Melas will be organized at border level.

He raised the awareness to fight malnutrition, Health care and eradicate diseases like diarrhoea, deficiency diseases etc to fulfill the dream of Healthy Nation.

SCERT organises training programme on 'Teaching of Sociology'



Teaching fraternity after conclusion of training programme.

■ STATE TIMES NEWS
JAMMU: SCERT J&K, Divisional office Jammu organised five-day training program on 'Content Enrichment and Pedagogical Approach in Teaching of Sociology (Arts Stream) at Senior Secondary Level' which concluded on Saturday. This programme was organized by Department of Curriculum Development and Studies, Academic Unit II JKSCERT Jammu under the guidance and supervision of H.R Pakhroo, Joint Director, JKSCERT Jammu.

The Training Program was inaugurated formally in the presence of FA Fayaz, Joint Director Central Move Office, Prof. Swaran Singh, Head

Academic Unit II, N.P Singh, Associate Professor and Pawan Kumar Gupta, Associate Professor and Dr. Sanjeevni Assistant Professor.

The Welcome Address was given by Neena Puri, Academic Officer, SCERT Jammu. The programme was attended by 47 Lecturers/Masters/Teachers teaching Sociology in Jammu Division.

Special attention was given to the Activity based Pedagogy including Debates, Group discussions, Art Integrated Learning (AIL), Blended learning, Experiential learning in the different sessions during the Training Programme.

The Programme was facilitated by the experts from dif-

ferent institutions including, Dr. Neharica Shubash (Research Associate, CSSEIP, JU), Dr. Ashwani Kumar (AP, Central University, HP), Prof. Shivali Gupta (AP, GDC Samba), Dr. Syed Nasser (AP, MAM PG College, Jammu), Dr. Arun Kumar (AP, GDC Hiranagar), Dr. Nisha Sharma (AP, Reasi Campus, JU), Jasvinder Kour (Sr. Lecturer, SRML Parade Jammu), and Resource Persons from SCERT Jammu namely, Ashu Magotra (Sr. Academic Officer), Amit Kumar Bhagat (Academic Officer), Ashok Kumar (Academic Officer), Anil Sharma (Academic Officer) and Lakshmi Puri (Teacher).

Joint Director, SCERT, Jammu presided over the valedictory function in the presence of faculty of SCERT and encouraged the participants to work with zeal and zest and act upon the learning they achieved in the Five-Day Training Programme. Vote of Thanks was presented by Neena (Academic Officer) SCERT Jammu.

Cancer OPD begins at SVMHC Hospital Amphalla

■ STATE TIMES NEWS
JAMMU: On World Cancer Day, Cancer OPD at Swami Vivekananda Medical Mission Charitable Hospital Amhpahlla Jammu has been started by Dr Surbhi Kudryar a renowned Breast Cancer Specialist in presence of Anil Gupta President, Amar Chand Gupta Sr. Vice President, B.B Gupta General Secretary, B.S Jamwal Secretary, Subash Gupta Member, Mohan Singh Chouhan Member and Dr Romesh Gupta Administrator. Dr Surbhi will render her charitable services in OPD at SVMHC Hospital on Monday, Wednesday and Friday from 4:00 PM to 6:00 PM.

In addition Dr S.K Bali,

Nephrologist and Dr Deepak Sharma Child Specialist (Neonatologist) are also ren-



Dr Surbhi Kudryar, a renowned Breast Cancer Specialist, examining a patient.

dering their services in the hospital besides looking after the Dialysis section and NICU respectively.

BJP holds District working committee meets

■ STATE TIMES NEWS
JAMMU: Bharatiya Janata Party (BJP), Jammu & Kashmir conducted day-long Working Committee meetings (Karyekarni) of District Jammu North, Jammu border, Reasi, Kishtwar, Basohli and Shopian.

J&K BJP General Secretary (Org.) Ashok Koul addressed the working committee meeting of Kishtwar. District President Chuni Lal Shan and other party leaders also addressed the meeting.

Former Dy. CM Kavinder Gupta, District President Reasi Rohit Dubey and other leaders addressed the working committee meeting of District Reasi.

Working committee meeting of Jammu Border District was addressed by its President Annil Shastri and other party leaders.

Working committee meeting of Basohli District was addressed by its President Darshan Singh Thakkar and other party leaders.



J&K BJP General Secretary (Org.) Ashok Koul addressing working committee meeting.

Working committee meeting of Shopian District was addressed by party spokesperson Altaf Thakur, District President and other party leaders.

Ashok Koul, while addressing the meeting said that the working committee meetings intend to take the message from the top hierarchy of the party to the ground level. He said that this meeting prepare us to strengthen the organizational structure of the party. He said that this is particularly important in view of the upcoming elections in Jammu & Kashmir. He also shared the details of the forthcoming party programmes.

Other senior BJP leaders in their respective working committee meetings impressed upon the party workers to display to maintain perfect coordination between the District Development Committee members, the Block Development Council members, the Panchs and Sarpanchs while serving the people.

Asserting that only BJP is capable of ensure the proper redressal to pressing problems of the people, BJP leaders asked the workers to reach out to the still untouched sections of the society and have direct connectivity with the people.

AIMCCC welcomes Govt's decision regarding land eviction drive

■ STATE TIMES NEWS
JAMMU: A delegation of All India Migrant Campus Coordination Committee (AIMCCC) has unanimously passed resolution in support of a move taken by LG Manoj Sinha, under the leadership of Home Minister Amit Shah to demolish illegal encroachments and retrieve eneroached land under occupation of some prominent leaders & politicians of different Governments. As per a press statement issued here, the AIMCC leaders said that so called custodians of public properties were setting plans of grabbing land, in different ways. "These draconian laws were time and again implement-

ed hurriedly under the influence of Art 370 & the other harsh state revenue laws implemented & passed by these Kashmiri leaders in support with Jammu leaders overnight to benefit themselves and their kins," they added.

Supporting the drive, the AIMCCC leaders hoped that Govt shall not come under the influence of any leader. AIMCCC urged LG administration not to get moved in its mission to bring these land mafias to book, so that no other prominent leader under the influence of his power & chair would grab public properties & public assets under self-made laws & through cabinet decisions.

Justice Tashi inaugurates 2-day training prog for Legal Aid Defence Counsels

■ STATE TIMES NEWS
JAMMU: Justice Tashi Rabstan, Acting Chief Justice, High Court of J&K and Ladakh, and Patron-in-Chief/Executive Chairman, J&K Legal Services Authority on Saturday inaugurated a two day training programme for Legal Aid Defence Counsels (LADCs), organised by J&K Legal Services Authority in collaboration with J&K Judicial Academy at J&K Judicial Academy, Jammu.

Delivering inaugural address, Justice Tashi said that, this programme has been titled as Training Programme but I think the delegates attending the programme don't require any training as such, because they have already been working as lawyers and defending accused in criminal cases.

Through this two day programme we would just like to guide and sensitize all the delegates and give a broad overview of their duties and responsibilities. He stated that the most important aspect which LADCs have to consider while defending the needy persons is not only the enforcement of their legal rights but also deal with them with a human touch. They should feel comfortable and confident in reposing full faith on LADCs only then we will be able to achieve the purpose for which the scheme has been designed.

Shahzad Azeem, Registrar General, High Court of J&K and Ladakh, in his welcome address, stated that the pristine academic environment of Jammu & Kashmir Judicial Academy shall serve as the per-



Justice Tashi Rabstan, Acting Chief Justice, High Court of J&K and Ladakh speaking at a programme.

fect backdrop for this capacity building initiative that has provided an opportunity to train and generate an effective workforce of Legal Aid Defence Counsels. 'LADCs are infused with sterling qualities of intelligence, commitment, character and of course an unwavering verve and devotion for providing quality legal services which shall holistically strengthen the legal aid regime which is committed towards ensuring the

best interest of the marginalized', he added.

M K Sharma, Principal Secretary to Chief Justice and Incharge Director, J&K Judicial Academy, gave an overview of the Legal Aid Defence Counsel Scheme. He highlighted some of the perceived advantages of the LADC vis-à-vis Assigned Counsel System.

He said that the objective of the LADC system is to provide

qualitative and competent legal services in criminal matters to eligible persons besides managing and implementing legal aid system in a professional manner in criminal matters.

Amit Kumar Gupta, Member Secretary, J&K Legal Services Authority presented vote of thanks and also conducted the proceedings of the day long programme.

The inaugural session was followed by four technical sessions.

The first session was held on the topic "Overview of the programme and Self-Introduction and Ice breaking" wherein, M K Sharma and Prem Sagar, Secretary HCLSC, Jammu were the resource persons.

The second session dealt with "Legal Aid Services in the Criminal Justice System"

wherein, M K Sharma and Yahya Firdous, Secretary DLSA, Jammu were the resource persons.

The third session was conducted on the topic "Leadership & Team Building, Administration and Management of Resources", wherein, Y P Bournay, Registrar Vigilance, High Court of J&K and Ladakh and Amit Kumar Gupta were the resource persons.

The last session of the day dealt with "Interview with the UT/convict, Prison visits, Office culture and Handling interpersonal" wherein, Rajinder Saproo, Registrar Rules, High Court of J&K and Ladakh and Mirza Saleem Ahmad Beig, Superintendent, District Jail Jammu were the resource persons.