

4th Edition of Khelo India Winter Games Day 04

J&K wins 4 medals; Shahid, Viqar, Sobia, Gousia clinch titles in different disciplines

STATE TIMES NEWS

GULMARG: On the fourth Day of Khelo India Winter Games, Jammu and Kashmir on Saturday saw glitter over the snow peaks of Gulmarg as a local boy from Tangmarg, Shahid Ahmad Chachi triumphed Ski Mountaineering in Men's Verticle Category at Kangdoori and was capped with gold medal, the first one for UT.

Mayank Dimri from Utrakhland was decorated with silver while Thir Bhadur with Bronze.

In the same event for women, Kamaya Kartikayan from Maharashtra, Menak Gunjyal from Utrakhland and Gousia Gulzar from J&K won Gold, Silver and Bronze respectively.

Besides, in the sport of Alpine Skiing Slalom for women Anchal Thakur from Himachal Pradesh clinched Gold, Sobija Nabi from J&K followed with Silver and Diya



Dignitaries flagging off Ski Mountaineering at Gulmarg on Saturday.

Thakur from Himachal with Bronze. It was plus one for Anchal Thakur who has already decorated herself with first Gold medal in Giant Slalom.

Thanking God for the achievement, Anchal says that she was confident of her preparation. She said, "I wanted to have best results. I will take with me the experience and memories from 4th Khelo India Winter Games", She said.

Regarding the arrangements she expressed gratitude to the government and J&K Sports Council for excellent arrangements and providing athletes opportunity to enhance their skill.

Apline Skiing Slalom for Men witnessed Army triumphant with medals as its athletes Baqir Hussain won gold medal, Mayank Panwar obtained silver, Jekmat Rafstan got bronze. Baqir also becomes the player who

won gold medals both in Giant Slalom and Slalom.

In another event of Snowboard Parallel Slalom of Men's Category, Kulvinder Sharma from Army, Vikar from J&K and Kamal Jeet from Himachal emerged victorious winning Gold, Silver and Bronze respectively. Like Anchal Thakur and Baqir Hussain, Kulvinder Sharma also took second gold medal after winning Snowboard Slalom and Parallel Slalom

at Kangdoori.

Thekkada Nanjunda from Karnataka lit the Golf Course Nordic Skiing track with celebrations when she struck hat-trick of Gold medals after winning Nordic Distance 10Km competition. In the previous two events, she had also won gold in Sprint 1.6km and Sprint 5Km.

Sapna & Prince from ITBP won silver & bronze respectively in the event. It had been 2nd silver for Sapna after getting silver in 5km Nordic and surprisingly, Prince Kumari had also won bronze in the same event.

Nordic Skiing for Distance 10Km was the concluding event of the discipline in this 4th KIWG.

The four medals for J&K today has brought joy over the faces of spectators who cheered up for the local promising athletes- Shahid , Vikar, Sobia & Gousia who clinched titles.

Dr Baljinder elected first woman President of J&K UT Kho Kho Association



Newly elected office bearers of Jammu and Kashmir UT Kho-Kho Association at AGM.

STATE TIMES NEWS

JAMMU: Jammu and Kashmir UT Kho-Kho Association on Saturday announced its State Body Election and Annual General Meeting (AGM), marking a significant milestone in the governance and development of Kho -Kho game within UT. In a Annual General Meeting held at Amar Singh Club Jammu today following a rigorous and transparent election process, a new body of leaders was elected to steer the association forward.

The newly appointed officials are bring with them a wealth of experience, expertise, and a shared commitment to advancing the sport of Kho Kho to greater heights.

The newly elected J&K UT Kho -Kho body comprised of Dr. Balinder Kour as President; Er. Nirmaljit Singh as Sr. Vice President; Manender Singh Bawa, Mohd. Maqbool Sofi, Krishan Singh as Vice Presidents; Dinesh Gupta, Mohd. Ayoub Parray, Mohammed Shafi Qureshi and Tarmeet Kour as Joint Secretaries; Arvinder Pal Singh as Hony General Secretary; and Pankaj Malhotra as Treasurer.

Executive members included Gurmeet Singh, Manjeet Singh, Dhiraaj Sharma, Mushtaq Ahmed Khan and Gulzar Ahmed Ahanger.

The association also extended its heartfelt appreciation to the outgoing team, led by Dr. Manmeet Singh, who has served with dedication and distinction for over 13 years and the association has witnessed remarkable growth and achievements, leaving behind a legacy of excellence and innovation.

During the AGM, stakeholders, including players, coaches, administrators, and supporters convened to deliberate on pertinent issues facing the Kho Kho community.

Engaging discussions were held, focusing on strategies to enhance grassroots participation, optimize, and foster a culture of inclusivity and diversity within the sport.

The Jammu and Kashmir UT Kho Kho association expressed its gratitude to all participants for their active involvement and valuable contributions towards shaping the future direction of Kho Kho in the UT.

With a renewed sense of purpose and unity, the association is poised to embark on an exciting journey of growth , innovation and excellence under the stewardship of the newly elected Dr. Baljinder Kour leadership.

Dr. Baljinder Kour thanked the association and assured that the newly elected leadership is committed to work tirelessly in collaboration with all stakeholders to

realise the full potential of Kho Kho and elevate its prominence on the regional, national and international stages.

The association expressed its gratitude to Anshuja Tak for her role as the returning officer, and acknowledging the contributions of Satyaveer Malik, Subash Dogra Retd. DIG as observers from Kho Kho Federation of India, Vikas Gupta observer Jammu and Kashmir

Olympic Association for their roles in smoothly conducting the newly J&K UT kho kho body for a term of four years.

The association appreciated the Bhupinder Singh tirthi National Founder JKKKA and National Coach for its dedication and selfless service for the promotion of kho kho as a founder at UT, national and international levels.

Its noteworthy that during his tenure, six international players and four international officials represented the JKUT in National and International level and two players also participated in Ultimate Kho-Kho League.

A token of love from the association in the presence of Bhupinder Singh, Founder Kho Kho Association and National Coach was presented to the returning officer, observers , outgoing Kho Kho team and newly elected State Kho Kho body.

BSF Ankur Play School emerges winner in 1st Mini Sub-Junior J&K UT Judo C'ship

STATE TIMES NEWS

JAMMU: BSF Ankur Play School emerged overall winner in both boys & girls category in the under-7 years age group in 1st Mini Sub-Junior State Judo Championship held at Sacred Heart College of Education Paloura here from February 15 to 17, 2024.

Head Master of the School, Sonia Gupta appreciated the tireless efforts of the NIS Diploma Holder Judo Coach Rameshwar Singh Jamwal for grooming the budding talent. The students won five gold, four silver and five bronze medals in this championship. GOLD: Aadish Saroch, Aahan Radha, Ashvik Sharma, Avyaan, Mayra Rajput. SILVER: Ujwall Singh, Samridhhi Bhatt, Harleen Kour and Aradhya Sharma. BRONZE: Shuriya Dev Singh, Aditya, Advik Sharma, Ayansh Singh and Aryan Mangotra.



Senior Kabaddi trials from Feb 29

STATE TIMES NEWS

JAMMU: To raise the team for the upcoming 70th Senior National Kabaddi (men) Championship, J&K Amateur Kabaddi Association shall hold three-day selection trials at Subash Stadium, Udhampur.

The trials shall be held from February 29 to March 2 from 3 pm onwards for the National event at Sports Complex, Wadia Park, Tilak Road, Ahmednagar in Maharashtra from March 2 to 24.

"We have made a new beginning with the sole aim to spread the game to dis-

tricts other than Jammu and Srinagar. So, it has been decided to hold selection process for the senior men team at Udhampur," informed General Secretary of the Association, Kuldeep Gupta.

The eligibility weight criteria for Men shall be 85 kg and below body weight with no restriction with regard to age.

Further, the affiliated districts and clubs of the UT have been asked to send their registered players including those from belt forces for trials.

The Association has advised the players to

report the venue on given dates bringing along all the necessary documents, including Amateur Kabaddi Federation of India registration Card. Those players belong to Belt Forces, posted within J&K, need to bring their Officer in Commanding authority letters.

The selection committee will be headed by Manik Sharma (NIS Kabaddi Coach), Ram Kumar (assistant coach) and Ankush Chib (National medallist).

Karun Mangotra (district secretary, Udhampur) shall assist the selection committee.

4-yr-old Jodhamal student Neil Bajaj creates new records

STATE TIMES NEWS

JAMMU: Neil Bajaj, a four-year-old little wonder has got his name recorded in the India Book of Records.

Neil, a Pre-Primary student of Jodhamal Public School, Jammu has proven that age is nothing more than a number when it comes to brilliance. An extraordinary boy, he has demonstrated his intellectual prowess at such a tender age.

Neil Bajaj has set a record for the India Book of Records for "Maximum mantras recited in one minute by a kid".

He recited 11 mantras in one minute including Gayatri Mantra, Ganesh Mantra, Surya Mantra, Ganpati Mantra, Mahamrityunjaya Mantra, Guru Mantra etc. Since his childhood, Neil has been given value-education by his family



Jodhamal Public School faculty felicitating a student.

and has been listening to and reciting many mantras. A self-motivated learner, he has a good memory power.

Neil's achievement is a testament to the boundless potential that every child possesses, and the critical role parents and teachers play in developing the young minds. For the time being, one thing

is certain: the path taken by this extraordinary young mind will inspire future generations and ignite a desire for learning that knows no bounds.

Nandan Kuthiala, Trustee, Arati Kuthiala, Director, Girish Kumar, Principal, Shefali Sanwal, Vice Principal complimented Neil for this remarkable feat.

KC International School celebrates Annual Sports Day

Sports improves mental health, builds personality: Anand Jain

STATE TIMES NEWS

JAMMU: KC International School celebrated its Annual Sports Day and Prize Distribution Function with great zeal and enthusiasm, here on Saturday.

The event showcased the athletic prowess and sportsmanship of students, who sweated-it-out in the middle and gave their best to vie for the top honours.

Anand Jain, (ADGP Jammu Zone) graced the occasion as the Chief Guest, while Chaitanya Chowdhary, President KCIS and Surinder Mahajan (Former President Raghunath Bazar and Social Worker) were the Guests of Honour, while Anissa Nabi, State Tax Officer and Rajesh Dhar, Sports Administrator and Media Manager JKCA were the Special Guests.

The event was also witnessed by the School Principal, Ms Anupama Sinha, besides parents, teachers and the students.

The function was



ADGP Jammu Zone Anand Jain with KCIS faculty and winner students.

declared open with the release of vibrant balloons by the Chief Guest and the other dignitaries. The colourful balloons symbolise the soaring spirit of unity and competition.

The sporting extravaganza began with the welcome dance, lighting the torch and oath taking ceremony by the participants.

The students displayed their love for discipline through splendid March Past.

The Houses of the School - Ruby, Emerald, Topaz and Sapphire, marched in perfect synchronization and unspoken coordination.

Then, the tiny tots from

primary wing participated in some of the riveting events like pack your bags , ball balancing, sponge game, 25m hurdles, frog jump and duck walk.

The students took part in sack race, 100 metre run, 200 metre run, 400 metre relay race, etc before the audience. The icing on the cake was the participation of parents and teachers in race and tug of war. The spirit and swiftness of students were greatly acclaimed by the audience.

Emerald House clinched the top most position, Topaz House was declared as second and Ruby bagged the third position.

The chief guest along

with other dignitaries gave away the prizes to the young enthusiasts. The outstanding athletes were recognized for their achievements and contributions to their respective teams. The President KCIS, Chaitanya Chowdhary presented a token of gratitude to the reverend chief guest, honorable guests of honor and special guests.

Addressing the students on the occasion, the guests, Surinder Mahajan and Rajesh Dhar appreciated the discipline and coordination of the students.

Anissa Nabi hailed the spirit of the children. She quoted the slogan of Fit

India Movement 'Fitness ka josh, Adha ganta roz'.

Anand Jain, the chief guest, applauded the scintillating performance of students in sports and exhorted them to participate regularly in extra-curricular activities for ensuring their all-round development.

He said, sports and games improve mental health, build personality and generate connections.

The vote of thanks was presented by Anupama Sinha, Principal of the school. She extended heartfelt gratitude to the dignitaries for sparing their precious time to motivate the children, extolled the parents for their unwavering support and eulogized the efforts of students, relentless efforts of teaching and non teaching staff.

She applauded Babita Bhau, Activity Coordinator and entire sports and activity staff for their hard work in making the event a grand success. The event was culminated with National Anthem.

Heritage School Kindergarten Wing hosts 'Fun Fiesta & Felicitation Ceremony'



Heritage School Kindergarten Wing students and faculty members at a programme.

STATE TIMES NEWS

JAMMU: Excitement filled the air as the Kindergarten Wing of Heritage School hosted its annual Fun Fiesta and Felicitation Ceremony, celebrating the achievements and growth of its young learners.

The event, held on Saturday, was a jubilant affair, bringing together students, parents, teachers and staff in a spirit of camaraderie and joy.

The programme commenced with bouquet presentation, lighting of the lamp, welcome address by

the Coordinator of Kindergarten Wing, Kusum Abrol and welcome note by Vihaan Bhardwaj, a student of Honey Bears-A.

The little stars of Nursery dazzled the audience with their colourful dance performances and enthusiasm. In addition to the lively entertainment, the ceremony also served as a platform to honour and recognize the achievements of UKG's outstanding students.

A special felicitation ceremony was held to commend the hard work, dedi-

cation and accomplishments of these young achievers, inspiring their peers to strive for excellence.

The Chairman of the School, Sunil Gupta, graced the occasion with his benign presence and addressed the gathering with his kind words of appreciation and encouragement.

Divyanshi Saini, a student of Honey Bears-B, presented the thank you note, followed by vote of thanks by the Principal of the school, Akash Pradhan.

Jammu Mountaineering body releases 2024 calendar

STATE TIMES NEWS

JAMMU: Jammu District Mountaineering Association would give more thrust to Adventure picnics and short treks to Heritage sights and less frequented beauty spots of Jammu in holy Trikuta hills, especially Jungle Gali and Devi Pindian areas, Pancheri and Mougri area and the neglected forts in the Srinagar- Mansar area for school students during the current year.

This was stated by Sonam Sidharth, General Secretary, while highlighting the detail of activities included in the calendar of activities for the year 2024.

Sanjeev Gupta, Chairman of The Shri Ram Universal School and the Shobha Rajput, the pioneer sport climber jointly released the calendar of



Jammu District Mountaineering Association members releasing 2024 calendar.

activities in the presence of vice presidents Navneet Gupta and Sushil Singh, treasurer Shashi Kant and executive members, Sunil Chakharia, Sakshi Magotra and Anu Sharma.

Highlighting the activities to be undertaken by the club this year General Secretary of the Association mentioned that this year the Association shall organize three trekking expeditions including one to Triund

(10000ft) in Dhauladhar Range in Himachal Pradesh in March, Saroli meadow (9000ft) near Jungle Gali for Junior members in May and a five days trek from Dudu to Seoj Dhar for senior members in September, 2024. Besides, a Heritage Trekking Programme in Kangra area of Himachal Pradesh shall also be organized for about 200 students starting from heritage week in October to December, 2024.

A UT level sport climbing competition exclusively for women shall also be conducted by the Association at sprawling buds ICSE School in a month of March besides an Open Union Territory level sport climbing competition in October.

However, the club has not so far been able to identify the area for the conduct of a mass Himalayan Trekking Programme for about 300 school children during

Rakesh Goswami, president of the district Association while addressing the members announced that in order to spread awareness about the importance of environment, wild life, mountains and cleanliness the Association shall celebrate World Environment Day, Wild Life Week, International Mountain Day and Swachh Bharat Abhiyan.