

# Dogra Samaj Trust Delhi, JNU students host Duggar Malati Cultural Programme

**■ STATE TIMES NEWS**  
NEW DELHI: Dogra Samaj Trust Delhi, in association with the students of Jawaharlal Nehru University (JNU), organized an exceptional cultural programme-Duggar Malati, showcasing the vibrant heritage of the Dogra community. The event, which brought together people from diverse backgrounds, featured a distinguished chief guest, Dr. Karan Singh, ex-minister and ex-chancellor of JNU who commenced the ceremony with the lighting of a lamp, accompanied by traditional mantras. This programme was organised On 15 February at Convention Centre , Jawaharlal Nehru university.

Dr. Karan Singh's speech was a tribute to the heroic Dogra warriors who selflessly fought for the nation and extended the country's boundaries. He also praised Mr. Jitender Singh Janwal and Mahesh baru Trustees of the Dogra Samaj Trust, for lthier relentless efforts and outstanding organizational skills.

The trustee of the Dogra



Dogra Samaj Trust Delhi members and students of JNU at cultural programme- Duggar Malati.

Samaj Trust Delhi, Jitendra Singh Janwal, mentioned that the Chairman of Team Jammu, Zorawar Singh Janwal, played a crucial role in making the event successful. The trust is deeply grateful to him.

The cultural segment of the event was a vibrant display of Dogra folk music and dance. Renowned Dogri folk singer Shri Subash Brahamanu and group from Ramnagar, Jammu, began the performances with a heartfelt Bhaakh titled "Sadde Hari Singh raja ji," followed by a romantic Geetaddu. He later presented the lively song "Chalage Jammu Bazar," before finishing with a specially composed Geetaddu in praise of the

Dogra Samaj Trust Delhi and Jnu students.

In addition to the soulful music, a breathtaking dance performance was presented by Natya Roots Production, under the dance direction of Akash Dogra, a celebrated artist from Jammu. The troupe performed a series of iconic Dogri dances, starting with "Dogren Di Kuddi," followed by "Taren Tuddan Peiyaan," "Kala Kala Kot," and concluded with the traditional and powerful dance "Jaagarnaa."

Two young artists from Jammu, Mahira Tandon and Amaira Gupta, were given a platform by Jitender Singh Janwal to showcase their talent. They presented beautiful

dances titled "Bolai Dogri Kuddi" and "Choodda Kun Kaddeya," respectively. Mohit Garg also performed a melodious Himachali song, adding to the rich cultural atmosphere.

Jitender Singh Janwal, the Trustee of the Dogra Samaj Trust and a world-renowned Ghazal and Dogri singer, delighted the audience with a series of Dogri folk songs. He began with "Dogre O Dogri Da Maan Rakheo," followed by the rare traditional Dogri folk song "Binna Lai Jogia." On popular demand, he shifted the mood with an energetic dance number, "Billa," and concluded with the crowd-pleasing "Mithhaddi Ai Dogren Di Bol."

The program culminated

with the felicitation of several distinguished personalities, including Dr. Rajender Dhar (District Judge, Consumer Court Delhi ), Col. Ranveer Jamwal (Celebrity Mountaineer and Record Holder for scaling the world's top peaks), Randhir Kotwal (Senior Manager, Jammu & Kashmir Bank), Dr. S.S. Dogra (Noted Author and Senior Journalist), and others.

All the performers were also honoured with mementos, angvasstras and flowers, acknowledging their contribution to the event. Jitender Singh Janwal delivered a heartfelt vote of thanks, recognizing all those involved in making the event a success.

The event was anchored by JNU students Stuti and Abhishek, whose excellent hosting skills added to the program's charm. Guests were treated to traditional Dogra delicacies such as Kaladdi-Kulcha, Kachalu, Patisa, Rajma Chole, Meethe Chawal, Ambal, Anardana Chutney, and tea, all of which added to the community spirit and warmth of the celebration.

# Sat, Zorawar inaugurate Mahaveer Fitness Jammu's Premier Gym

**■ STATE TIMES NEWS**  
JAMMU: BJP President, J&K, Sat Sharma, and Chairman, Team Jammu, Zorawar Singh Janwal, today inaugurated Mahaveer Fitness - Jammu's Premier Gym at Rajpura Mangotrian, Jammu. The newly launched fitness facility aims to provide state-of-the-art equipment and professional training to fitness enthusiasts, fostering a culture of health and wellness among the youth. Speaking at the event, Sat emphasized the importance of fitness in daily life, stating, "A healthy body leads to a healthy mind. With increasing lifestyle-related health concerns, it is crucial for our youth to adopt a disciplined fitness routine. Initiatives like Mahaveer Fitness will play a significant role in encouraging young individuals to stay fit, focused, and away from negative influences such as drug abuse." Zorawar Singh Janwal, in his address, reinforced the need for physical fitness as a tool for social transformation. He stated, "Fitness is not just about building muscles; it is about building character and



resilience. I urge the youth to say 'No to Drugs, Yes to Fitness.' A strong and healthy youth is the backbone of a strong nation, and it is our collective responsibility to guide them toward a better future." He reiterated Team Jammu's commitment to empowering the youth and fighting drug abuse through positive engagements like sports and fitness activities.

Proprietor Krishan Verma expressed his gratitude to the esteemed guests and all those who contributed to the successful launch of Mahaveer Fitness. He stated, "I am truly thankful to Sat Sharma Ji and Zorawar Singh Janwal Ji for their presence and

encouragement. Our vision is to provide the best fitness infrastructure in Jammu, motivating people of all age groups to embrace a healthier lifestyle. We are committed to making Mahaveer Fitness a hub for fitness enthusiasts and a symbol of positivity in our community."

The event witnessed enthusiastic participation from fitness enthusiasts, gym trainers, and prominent members of society. The launch of Mahaveer Fitness marks a step forward in providing modern and well-equipped fitness solutions to the people of Jammu, reinforcing the message of health, discipline, and self-improvement.

# Hima Kaul Kalanidhi artists present street play in Vishwa Jan Rang

**■ STATE TIMES NEWS**  
JAMMU: The artists of actress Bhasha Sumbli's theatre troupe, Hima Kaul Kalanidhi gave an impressive presentation of a street play at Lohan Park in Paloura.

This street play, based on Pancham Veda i.e. Natyashastra, was a part of the Vishwa-Jan-Rang program of the ongoing international theater festival 'Bharat Rang Mahotsav' at the National School of Drama, New Delhi.

This street play highlighting the importance of theater was appreciated with great enthusiasm by



Hima Kaul Kalanidhi artists performing in street play.

the people present in Lohan Park in large numbers.

In the presentation, Bharatmuni, the author of Natyashastra, is shown imparting knowledge on the elements and Vedic

roots of Natyashastra to his disciples.

The artists who participated in this presentation were Soham Kashyap, Harshita Khajuria, Shriya Devi, Sahil Bajaj, Shivan Gupta and Ashish Sharma.

# MLA Yudhvir Sethi, JMC Commissioner inspect ongoing development works in East Constituency

**■ STATE TIMES NEWS**  
JAMMU: BJP leader and MLA East Constituency, Yudhvir Sethi along with Jammu Municipal Corporation (JMC) Commissioner Devansh Yadav today conducted an extensive tour to inspect the ongoing development works in the Constituency.

During the visit, the BJP leader and the JMC Commissioner inspected key locations, including Devana Mandir, Parade Khokha Market, and the under-construction multi-storey parking facility with shops at Parade. The tour aimed at assessing the progress of these development projects



MLA East Constituency, Yudhvir Sethi and JMC Commissioner Devansh Yadav interacting with people.

and ensuring their timely completion for the benefit of the public.

Sethi emphasized the urgent need for the renovation of the historic Akhara, highlighting its cultural and religious significance. He directed officials to expedite

the restoration work and ensure that it is done with precision and quality.

Laying stress on the vision of making the East Constituency a model constituency, Sethi underscored the importance of incorporating modern amenities to

enhance the standard of living for residents. He reiterated that the BJP-led government is committed to holistic urban development, ensuring better roads, sanitation, drainage, and parking facilities for the people.

"The East Constituency must set an example of planned urban development with improved civic infrastructure. Our focus is on creating a constituency that is not only modern but also retains its historical and cultural essence," he asserted.

The JMC Commissioner, Devansh Yadav, assured full support in executing the required developmental works, including upgrading

roads, drainage, sanitation, and the renovation of heritage sites. He stated that the JMC is committed to providing all necessary assistance to make the constituency more livable and well-equipped with essential facilities.

Residents and local shopkeepers expressed their appreciation for the efforts of Yudhvir Sethi and the JMC administration in addressing civic issues and accelerating developmental projects. The tour concluded with an assurance from both leaders that all necessary steps will be taken to transform the East Constituency into a model urban area.

# Rise above caste, strengthen Sanatan: Balbir

**■ STATE TIMES NEWS**  
JAMMU: The need to unite society and rising above caste-based discrimination has always been there in the country. All sections of society should move beyond the narrow confines of caste and strengthen the core values of Sanatan Dharma. Balbir Ram Rattan, National General Secretary of Guru Ravidas Vishwa Mahapeeth, General Secretary of the Indian branch of the British Ravidasia Heritage Foundation, and a member of the Begampura Vishwa Mahasabha, shared these views at Guru Ravidas Temple in Gho Manhasan. He was speaking to prominent persons from different sections of society, discussing Guru Ravidas Ji's life and his teachings on



J&K BJP spokesperson Balbir Ram Rattan paying obeisance to Guri Ravidas.

social harmony.

He emphasized that these thoughts are particularly inspired by the teachings of Sant Shiromani Guru Ravidas, who, in his time, conveyed a significant message of social equality and justice. Guru Ravidas taught that there should be no place for caste discrimination.

nation in devotion to God and service to humanity. His teachings inspired self-respect and freedom among the oppressed and marginalized sections of society.

Guru Ravidas' life and words teach us that everyone in society should have equal rights and opportunities. He envisioned an ideal

city called "Begampura," where there would be no discrimination or social hierarchy. This ideology remains relevant today and is essential for social harmony.

To eliminate caste-based discrimination and the narrow mindset of superiority and inferiority, we must internalize Guru Ravidas ji's message. It is time to use religion as a means of unity rather than allowing it to become a source of division and discrimination. The roots of Sanatan are based on harmony, compassion, and equality, and to strengthen it, we must rise above caste and embrace the spirit of unity.

Balbir Ram Ratan stated that he continuously travels to various places to spread Guru Ravidas ji's teachings, inspiring people to move

forward in this direction and bring positive change in society.

The effort to rise above caste and strengthen the core values of Sanatan will be a significant step toward social justice and equality.

Rajinder Singh Chib, former president of the Gho Manhasan Municipal Committee, also emphasized the need to spread message of Guru Ravidas to the masses. He stressed that everyone should contribute to strengthening the core values of Sanatan.

On this occasion, prominent attendees included Banarsi Lal, Yash Pal Angural, Sanjay Bakshi, Saul Singh, Tandav Dutt, Vijay Kumar, Madan Lal, Trilochan Singh, Harnam Singh, Bachan Lal, Rakesh Singh, and Ghar Singh.

# MP Khatana highlights Modi Government's inclusive approach in J&K

**■ STATE TIMES NEWS**  
JAMMU: Senior BJP leader and Rajya Sabha MP Er. Gulam Ali Khatana on Sunday said that Prime Minister Narendra Modi has ensured representation for all sections of society in Jammu & Kashmir, including Kashmiri Pandits and refugees, by providing them a voice in the assembly. Speaking as the chief guest at the Herath Milan-2025 event organized by the Youth All India Kashmiri Samaj in Jammu, Khatana emphasized that Dogras of Jammu and Kashmiri Muslims hold deep respect for Kashmiri Pandits. He noted that despite their painful displacement in the 1990s, Kashmiri Pandits continue to share strong ties with Kashmiri Muslims. He also praised the people of



MP Er. Gulam Ali Khatana being honoured.

Jammu for extending immense respect and love to the displaced community. "Our government, led by Prime Minister Narendra Modi and Home Minister Amit Shah, has fulfilled the promise of Sabka Saath, Sabka Vikas by reserving seats in the assembly for Kashmiri Pandits," Khatana said. He added that the Modi government is actively working toward the dignified return of Kashmiri Pandits to the Valley. "Under Modi's leadership,

shutdowns, protests, and terrorism in Kashmir have become history," he stated, adding that terrorism is in its final stages and that the remaining terrorists will soon be wiped out from the land of Sufism.

The event was attended by Cabinet Minister Satish Sharma, Advisor to the Chief Minister Nasir Aslam Wani, Secretary Relief Dr. Syed Sehrish Asgar and other dignitaries.

# CUJ flags off Tamil-Origin students for Kashi Tamil Sangamam



CUJ faculty at flagging off ceremony of a group of Tamil-origin students.

**■ STATE TIMES NEWS**  
JAMMU: The Central University of Jammu (CUJ) flagged off a group of Tamil-origin students from various departments to participate in the prestigious "Kashi Tamil Sangamam" (KTS-3.0), a flagship cultural initiative of the Ministry of Education, Government of India, under the "Ek Bharat, Shreshtha Bharat" program.

The flag-off ceremony was led by Prof. Sanjeev Jain, Vice Chancellor, in the presence of Prof. Ritu Bakshi, Dean Students' Welfare and University Coordinator for the event. Dr. R. Sudhakar, Associate Professor, Department of National Security Studies. This initiative is part of a broader effort to foster national integration

and cross-regional awareness.

The Kashi Tamil Sangamam celebrates the age-old cultural and spiritual bond between Kashi (Varanasi) and Tamil Nadu, promoting their shared heritage in literature, music, and pilgrimage.

Participants will embark on a transformative journey that includes a sacred bath at Prayagraj-the confluence of the Ganga, Yamuna, and Saraswati rivers-and visits to key cultural and religious sites such as Ayodhya.

Through rituals, lectures, and discussions, students will gain valuable insights into the historical, religious, and linguistic linkages between Tamil and Kashi cultures.

The event provides a unique

opportunity for intercultural engagement, allowing participants to interact with scholars, artists, and peers, fostering a deeper understanding and appreciation of India's rich and diverse heritage.

As part of the preparatory academic engagements, the Office of the Dean, Students' Welfare (DSW) had organized a seminar on "Sage Agastya: The Mantra Drashita (Revisiting the Contribution of Sage Agastya)", aligning with the central theme of the Kashi Tamil Sangamam.

The seminar explored the spiritual and cultural legacy of Sage Agastya, highlighting his contributions to Vedic literature and his significance in both northern and southern Indian traditions.

# Development gained momentum, peace established in J&K after 2019: Dr. Pardeep

**■ STATE TIMES NEWS**  
JAMMU: The development process initiated under Prime Minister Narendra Modi in 2014 has taken Jammu & Kashmir to new heights in all spheres, with people showering praises on the leadership of PM Modi. After, 05 August, 2019, development gained further momentum and peace was established in J&K. Dr. Pardeep Mahotra Media Incharge, J&K BJP said this while slamming leaders of regional political parties in the UT for making false and misleading statements by linking development, peace and progress with Article 370.

Dr. Pardeep Mahotra said that Jammu & Kashmir has been damaged by the self-centered leaders of regional political parties, the most since 1947. They are trying to hoodwink the people by declaring themselves to be the well-wisher of the region, and by making attempts to seek blessings of the people on issues which have no relevance today and are part of the



history. "For decades, Jammu & Kashmir and its people suffered badly due to the ill-decisions by the then successive Union governments and the state governments of Jammu & Kashmir, which were mostly headed by Congress at the Center and NC, PDP in the Jammu & Kashmir," said Dr. Pardeep Mahotra.

"The decision to abrogate Article 370 on August 05, 2019 and to turn J&K into two Union Territories, resulted in significant development in the fields related to Infrastructure, tourism, industrial development, agriculture, education, skill development, health & medical infrastructure, renewable energy, digital & IT

development, women & youth empowerment, and a marked improvement in security peace and stability," said Dr. Pardeep Mahotra.

Dr. Pardeep Mahotra said that those shedding crocodile tears for the statehood must answer that why these developments remained elusive during their rule over erstwhile J&K state and why the communities like Dogras, Kashmiris, Women, Valmiki, Paharis, Gujjars, Bakerwals, OBCs, PoJK refugees, WPRs, PwDs and others had to bear intensive pain and sorrow under their misgovernance for 70 years.

"While Narendra Modi government has been focusing on extending the most prestigious projects of connectivity, health and education, the leaders of regional parties are finding it difficult to stand in the public by the growing popularity of PM Modi and BJP," Dr. Pardeep said and added that it is, in fact, the 'Will' (Iehha Shakti) to deliver which matters and the local leaders lack it.

# Sadguru Madhuparamhans reveals power of 'Naam'

**■ STATE TIMES NEWS**  
JAMMU: In a soul-stirring discourse, Sadguru Madhuparamhans Ji Maharaj of Sahib Bandagi emphasized the supreme power of Naam (the divine name) as the only path to true salvation. Addressing a gathering of devoted followers in Mishriwala, he proclaimed that Naam alone has the power to liberate the soul from the cycle of birth and death, transforming it from a crow to a swan-an analogy for spiritual purification and elevation.

"With the strength of Naam, the soul does not return to the womb. This is the eternal truth. People have read the scriptures but have forgotten the real essence," Maharaj Ji declared. He stressed that true wisdom cannot be attained merely through reading the Vedas or performing rituals but only by realizing and chanting the divine name.

Maharaj also challenged conventional spiritual practices, stating that penance, yoga, charity, and pilgrimages, while beneficial, are not enough to cross the ocean of



life. "Naam is the only remedy that removes the fear of death and frees one from the trap of time," he said, emphasizing that even the most disciplined ascetics and yogis fail to attain liberation without it.

Drawing attention to the misconception surrounding Naam, he pointed out that while many religious figures and storytellers claim to grant it, the true Naam remains with the saints. "The world is full of righteous people, generous donors, and hardworking individuals, yet without Naam, liberation is impossible," he stated.

The discourse left devotees deeply moved, reinforcing the message that true spiritual progress lies not in external rituals but in the remembrance of the divine name.