

# JK Public School Panjtirthi celebrates Women's Day virtually



Students of JK Public School Panjtirthi celebrating Women's Day virtually.

■ **STATE TIMES NEWS**  
JAMMU: Women's Day was virtually celebrated at JK Public School (JKPS) Panjtirthi to recognise the contribution

and significance of the women. Jakians performed role play on the achievement of famous and successful women of India to inspire

the women of today to be bold, courageous and independent and to celebrate the social, economic, cultural and political achievements of women of

India. It was followed by a PPT by Jakians. The presentation highlighted the message about competency, Intellectual capacity and capabilities of

women. Jakian described the plight of women through an elaborated speech. An inspiring song 'The power starts with you' was

sung to appreciate and boost the self confidence of women all around. The students performed a dance to the track 'Tu Chale' which depicted the

unique qualities of women on the whole. The Principal of JKPS Panjtirthi, Suman Banbah wished Happy Women's Day to one and

all. She added, "Being a woman itself is a super-power. Women's day is the celebration of all the struggles women have been through."

## JKTA felicitates Wushu star Sadia Tariq

■ **STATE TIMES NEWS**  
JAMMU: J&K Taekwondo Association on Wednesday organized felicitation function to honour Sadia Tariq, who recently secured a gold medal in Moscow City at Stars Wushu Championships 2022. Sadia Tariq hails from Kashmir and started her career as a Taekwondo player and won a national medal for J&K and a bronze medal in International G1 Taekwondo Event held at Hyderabad in 2019. The function was organ-



JKTA felicitating Wushu star Sadia Tariq at Jammu.

ized by J&K Taekwondo Association in presence of its members and athletes at JKTA Official Academy AITA at Channi Himmat.

Atul Pangotra (Coach, JKSC) was also present on the occasion. Neena Gupta Corporator of Ward 50, Channi

Himmat was the Chief Guest. During the ceremony JKTA also felicitated many female athletes who has achieved success in international and national levels. The players who were felicitated include Shanaz Parveen (International Medalist), Rupinder Kour (International Medalist), Ritambra Sharma (International Medalist), Asiya (National Medalist) and Rubena (National Medalist). President D N Pangotra and Dr SM Bali Senior

Vice President, JKTA congratulated all Women athletes and wished them good luck for forthcoming National and International Events. Many senior players also joined the ceremonial stage to support the female athletes were Brinder Singh Manhas (International player) and Nitish Anand (National Medalist). Whole J&K Taekwondo Association family is feeling proud of Sadia's achievement and wished her good luck for her future endeavors.

## GDCW Kathua Women Boxing team felicitated

■ **STATE TIMES NEWS**  
KATHUA: Principal of Government Degree College for Women (GDCW) Kathua Dr. M.S Pathania, felicitated the college women boxing team for winning medal in the recently held District level Boxing Championship by J&K Amateur Boxing Association in collaboration with Jammu and Kashmir Police under the aegis of Boxing Federation of India and J&K Sports Council at Sports Stadium Kathua. Speaking on the occasion, Dr. Pathania appreciated the efforts students and of



Principal GDCW Kathua Dr. M.S Pathania felicitating college boxing team.

College Physical Director, Roshan Lal Sharma for brining laurels to the college. Prof. Ashwani Khajuria and Dr. Ajay Sanotra were also present on the occasion. The

students who were felicitated in the function include Tripta Rani and Pratibha (Gold medals), Anju Devi and Nagama Chowdhary (Silver medals).

## YSS Cup for Boys of Zone Bishnah held



Participants posing for a photograph with dignitaries at Bishnah.

■ **STATE TIMES NEWS**  
BISHNAH: The Inter-Panchayat Zonal level Youth Services & Sports Cup (YSS Cup) 2021- 22 for boys in the disciplines of Kho-Kho, kabaddi and volleyball organised by the Department of Youth Services and Sports at Government High School Chak Murar. The programme was organised under the supervision of District Youth Services and Sports Officer Jammu Sukhdev Raj Sharma and Zonal Physical Education Officer Bishnah Surbjeet kour. Headmaster Vinod Gupta was the Chief Guest on the occasion. Overall 145 participants drawn from 15 Panchayats of block Bishnah participated in the different events. The matches were officiated by all the

PEL, PEM, PET, REK and NYC's of zone Bishnah. All the SOP's of covid-19 Pandemic were followed during this competition. In the concluding ceremony, the ZPEO Bishnah, appreciated the staff for the smooth and successful conduct of the above said Panchayat level tournament. The event was a great success and motivated the players of different Panchayats. Final Results: Kho-Kho: Panchayat Sehora A won by 10 points against Sehora B. Kabaddi: Panchayat Chak Bana won by 20 points against Majua. Volleyball: Panchayat Rehal Kalandrian beat Rehal dhamalian.

## Delhi Commission for Women honours Kung Fu Nuns with International Women's Day Award



Kung Fu Nuns with Delhi CM Arvind Kejriwal.

■ **STATE TIMES NEWS**  
NEW DELHI: Delhi Commission for Women (DCW) honoured the Kung Fu Nuns with the International Women's Day Award in a ceremony at Stein Auditorium, Delhi, on Tuesday - International Women's Day- for their extraordinary achievements in the field of women empowerment, disaster relief, environmental conservation and breaking societal barriers. Dignitaries present on the occasion included Member Secretary DCW PP Dhal, Director DCW Rashmi Singh, Chairperson DCW Swati Maliwal, Speaker of

the Delhi Legislative Assembly Ram Niwas Goel, Deputy Speaker of Delhi Legislative Assembly Rakhi Birla with Delhi CM Arvind Kejriwal presiding over as Chief Guest. Kung Fu Nuns are young nuns from the Drukpa lineage of Buddhism who adopted Kung Fu to build strength while championing gender equality. The Kung Fu Nuns teaches martial arts to promote self-defense to young girls in their communities, where reporting violence against women is a rarity. This year, the award was bestowed upon the Kung Fu

Nuns and the Commission hopes that their stories serve as an inspiring model of empowering women and girls. "We are honoured to be recognised for our efforts, and this award will help us spread our message of empowerment and further strengthen our mission to help women and girls to be their own heroes," Jignet Yangchen Ghamo from Kung Fu Nuns said. The Kung Fu Nuns were Vaclav Havel Humanitarian Prize finalists in 2021, Asia Society's Game Changers recipients in 2019 and Atlantic Council's Unsung Heroes in 2020. Last year, UNESCO International Centre for Martial Arts' Education Prize to the Kung Fu Nuns. In 2012, they performed at the Olympic Park before the Olympics in London, United Kingdom, upon invitation. Since then, they have performed in many places for thousands of people, and their exhibitions draw hundreds of thousands of spectators to their performances.

## VC JU unveils portrait of Padmabhushan Tarabai Modak

■ **STATE TIMES NEWS**  
JAMMU: To mark the celebrations of Azadi Ka Amrit Mahotsav and International Women's day, a portrait of Padmabhushan Tarabai Modak, a pioneer educationist in the field of preschool education was unveiled by Prof. Manoj K. Dhar, Vice-Chancellor, University of Jammu at the Department of Home Science in the presence of Prof. Rajni Dhingra, DRS, Prof. Jasbir Singh, Controller of Examination, Prof. Neeru Sharma, Department of Home Science, Prof. Sundeep Pandita, Director, UGC-HRDC, Prof. Samridhi Arora, Head of the Department, Prof. ShashiManhas and Dr. Sarika Manhas, Ranjeet Kalra, teaching faculty, UGC-HRDC, research scholars,



VC JU, Prof. Manoj K. Dhar unveiling portrait of Padmabhushan Tarabai Modak at JU.

non-teaching staff, and students of the Department of Home Science. On the occasion, Prof. Dhar shared that it is a matter of great pleasure to unveil the portrait of a renowned educationist who had worked for the society and is an inspiration for the youth. In his opinion, society is

changing gradually and with the implementation of various policies, much is being done to favour equality that is the outcome of our actions. Highlighting a famous quote "Behind every successful man, there is always a woman" he expressed his view that it is very unfortunate that we place women behind

rather she is the initiator and the one responsible for that success. He shared that the number of female students in the University has increased over the years which indeed is a matter of pride. Prof. Rajni Dhingra, Dean Research Studies in her address highlighted that every woman must love herself, be patient and focus on her energies towards creating a better social system. Prof. Neeru Sharma, Senior faculty member in the Department of Home Science shared her views that the contribution of women to society and other sectors needs to be acknowledged. She further added that men and women need to support and respect each other and give space to one another. In the opening remarks

Prof. Samridhi Arora, Head, Department of Home Science highlighted the contribution of Tarabai Modak in the field of preschool education. The motive of installing her portrait is to bring the work of an Indian pioneer educationist to prominence. She has worked extensively at the grass-root level in the establishment of Balwadis in various tribal and other areas of Maharashtra. Prof. Arora added that the modern-day concept of Anganwadi is the brainchild of Tarabai Modak. She opined that the Department already has a Centre for Early Childhood Care and Education and intends to highlight the work of eminent educationists in the field of Home Science through various activities in near future.

## JU Handball men team leaves for North Zone Tournament



JU Handball team posing with officials.

■ **STATE TIMES NEWS**  
JAMMU: The Directorate of Sports and Physical Educationm University of Jammu is projecting its

Handball (Men) team for the participation in the forthcoming North Zone Inter-University Handball (Men) Tournament 2021-22 to be

organized by the Ch. Ranbir Singh University Jind Haryana University from March 11 to 15, 2022. The Team: Maninder Singh, Dimple Singh, Ishan Gupta, Mohd Mahiar, Tahir Khurshed, Imran Khan, Aditya Sharma, Tushar Sharma, Raghav Thakur, Aman Kumar, Arun Sharma, Sarvesh Faria, Pankaj Sharma, Piyush Anla, Sourav Sudan and Aayush Sharma. Karun Mangotra and Rishi Kumar Sharma will accompany the team as Coach and Assistant Coach respectively.

## DYSS organises YSS Cup in Zone Akhnoor

■ **STATE TIMES NEWS**  
AKHNOOR: The Department of Youth Services & Sports Zone Akhnoor has organised various sports activities under the aegis of Youth Services and Sports (YSS) Cup at GBHSS Akhnoor. In the event, volleyball, kabaddi and kho-kho tournaments for boys were held under the chairmanship of Sukhdev Raj Sharma District Youth Services and Sports officer, Jammu and under the overall supervision of Tarsem Singh Zonal Physical Education Officer, Akhnoor.



Students and officials at the sports event.

Chief Guest interacted with the players and advised them to play the game in a well disciplined manner. A total of 250 players drawn from different Panchayats of Block Akhnoor; Maira Mandrian &

Bhalwal Brahmana of Zone Akhnoor were participated in this mega event. Staff members of GBHSS Akhnoor and all DYSS officials of Zone Akhnoor were also present on the occasion.

## Director Sports inaugurates UT-Level Chess competitions Sports develops comarederie; helps in decision making: Gazanfar Ali



Director Youth Services and Sports Gazanfar Ali talking to media persons after inaugurating Chess Championship in Budgam on Thursday.

■ **STATE TIMES NEWS**  
BUDGAM: Director Youth Services and Sports J&K, Gazanfar Ali inaugurated Inter District UT Level competitions in Chess at Sports Stadium here on Wednesday. While interacting with the participating players he advised them to prove their mettle in the games and sports of their choice. He also highlighted the importance of sports for all-round development of a person and said that the indoor games like Chess help players in developing strong memory skills. "That habit of mind careful contemplation and planning is one of the cognitive health benefits of playing chess," he added. He further stated that sports bring people together, develop comarederie and help in developing problem-solving skills. Gazanfar said competing in games and sports helps in quick decision making. Pertinently the competitions in chess are being organised for Under-17 and Under-19 boys. About 150 students selected from different districts of the Union Territory are taking part in the game and 23 officials have been deputed to conduct the event successfully. Prominent among others who were present on the opening ceremony of the tourney included District Youth Services and Sports Officer Budgam Masarat Jan and Mohammad Yousuf.