

Secretary Sports Council inaugurates UT level Weightlifting Championship

■ STATE TIMES NEWS

JAMMU: J&K Sports Council in association with J&K Weight Lifting Association, is conducting two day UT level Weight Lifting Championship 2021-22 in the sub-categories of Youth, Junior, and Senior for both genders in the newly laid Multipurpose Hall of J&K Sports Council at Bhagwati Nagar, Jammu from Friday.

The championship was declared open by Nuzhat Gul, Secretary J&K Sports Council early today.

Speaking on the occasion, the Secretary reiterated that the sound mind dwells in the sound body and the best brains are the key to the progress of the country, in



Secretary JKSC, Nuzhat Gul inaugurating UT-level Weight Lifting Championship.

fact, they are the assets that need to be preserved and respected. She said, "I am here to offer my respect to all the players and others associated with the sports and to fulfil my promise of taking

J&K to new heights when it comes to sports and thus contribute towards making our union territory a vibrant society".

She also assured the participating players and the mem-

bers of the J&K Weight Lifting Association of full support of the government and expanding sports base in all the districts of the union territory. The Secretary also announced the plan to provide weight lifting sets at all district level centers to attract more and more players toward the game.

She also promised to provide international weight lifting sets for the conduct of the championship in the union territory and also for the promotion of the game and to provide an international standard sports ecosystem to the youth of J&K.

Others who participated in the function included

Harbhajan Singh and Yudhvir Singh, President and General Secretary of the newly elected body of J&K Weight Lifting Association. The other prominent faces included current and former Divisional Sports Officers of J&K Sports Council Ashok Singh Jamwal and Ravi Singh; who is also the new Chief Executive Officer of J&K Weightlifting Association. Inderpal Singh, former weight lifting coach also attended the function.

Players and other sports enthusiasts who attended the function in large numbers appreciated the role of J&K Sports Council for keeping the best possible facilities at disposal of the athletes.

J&K Fencing teams named for Nationals



Selected Fencing teams posing for a photograph with officials.

■ STATE TIMES NEWS

JAMMU: The Adhoc Committee of the Jammu and Kashmir Amateur Fencing Association (JKFAFA) on Friday finalised the teams for participation in the 32nd Senior National Fencing (men and women) Championship to be held at Guru Nanak Dev University, Punjab. The teams shall take part in the four-day competition scheduled to

take place from March 13 to 16. Subsequently, the teams were screened by the committee of officials from the J&K Sports Council (JKSC) at MA Stadium, this afternoon after the selection committee handed over the final list to the convenor adhoc committee of JKFAFA.

The teams screened by Sports Officer of the JKSC, Ashok Singh and Manager, Satish Gupta in the pres-

ence of Rashid Ahmed, convenor, Adhoc Committee JKFAFA and fencing coaches, Shotu Lal Sharma and Rachna Jamwal at New Indoor Complex, MA Stadium, here.

Mokshi Sharma and Ranchan Sabarwal have been named as coaches while Varun Salathia and Ajay Kumar shall be Managers of the teams, a handout issued here today informed.

District Jammu Wrestling Championship held



Medal winners posing for a photograph with officials.

■ STATE TIMES NEWS

JAMMU: District Jammu Wrestling Championship 2021-22 organized by Wrestling Association of J&K concluded at Wrestling Hall University of Jammu under the aegis of Wrestling Federation of India, J&K Sports Council and J&K Olympic Association.

Dawood Iqbal Baba, Director Sports and Physical Education University of Jammu was the Chief Guest on the opening ceremony, who encouraged the young talent and gave their best wishes to participated wrestlers and congratulated the organizers.

Dheeraj Sharma, Chairman Organizing Committee, Om Parkash, Ravinder Kumar,

Krishan Singh, Diler Khan, Anil Kumar, Ajay Bharti besides a large number of prominent citizen including former Wrestlers were also present during the opening ceremony.

Results: 57 Kg: Anil Singh, gold, Rohit Sharma, silver and Sumit Sagotra and Vishal Bhau, joint bronze. 65 Kg: Keshav Singh, gold, Rahul Mehra, silver and Abhishek Lahoria and Abhish Verma, joint bronze. 70 Kg: Sunil Singh, gold, Mohd Gh. Sawar, silver and Baljit Kumar and Neeraj Kumar, joint bronze. 79 Kg: Amarjit, gold, Gulshan Chib, and Avinabh Lal and Mohit Singh, joint bronze. 86 Kg: Sahil Singh, gold and Arun Sharma, silver. 92 Kg: Amit Singh, gold and Vireshwar Bhardwaj, silver.

Director Sports inaugurates UT-Level Volleyball tourney

➡ District Kathua, Kulgam, Poonch dominate on day-1



Participating teams posing with Director YSS J&K, Gazanfar Ali and other officials.

test by 2-0 (25-20; 25-22), while District Kathua trounced District Kupwara by 2-0 (25-07; 25-02) and beat District Ganderbal by 2-0 (25-21; 25-01) and District Kulgam prevailed over District Budgam by 2-0 (25-20; 25-14) and got walkover against District Kishtwar.

In other matches of the

day, District Jammu defeated District Bandipora by 2-0 (25-17; 25-07), District Baramulla drubbed District Pulwama by 2-0 (25-21; 25-01), District Udhampur defeated District Anantnag by 2-0 (25-04; 25-06), District Rambour best District Shopian by 2-0 (25-19; 29-27), District Shopian got walkover against District

Reasi and District Srinagar got walkover against District Ramban.

The matches were organised by a panel of experts drawn from the Department of Youth Services and Sports.

Speaking on the occasion, Director Sports lavished praise on the organisers for holding the event in a befit-

ting manner. He said that the Government is committed to promote sports in every nook and corner of the Union Territory.

He further said that apart from the routine activities to prepare teams for the SGFI tournaments, the Department organised a galaxy of water sports and snow skiing activities this season.

He landed the organisers for providing good arrangements regarding technical facilities, Boarding & Lodging and refreshment of the players.

The Director Sports was also accompanied by the Deputy Director Youth Services and Sports, Jitender Mishra and Assistant Director, Mool Raj Uttam.

Shotu Lal resigns from Fencing Adhoc Committee

■ STATE TIMES NEWS

JAMMU: Senior Fencing coach of J&K, Shotu Lal Sharma on Friday resigned as member of the Adhoc Committee of J&K Amateur Fencing Association (JKFAFA).

In a letter addressed to the Secretary, J&K Sports Council (JKSC), Shotu Lal said, "The Fencing Association of India nominated me as member of the Adhoc Committee (among others) to take care of fencing sports in J&K. The present team of the Adhoc Committee is expiring on March 31, 2022. In this context, as per your verbal directions, I hereby, tender my resignation as member of the Adhoc Committee."

Important to member here that the present Adhoc Committee of the JKFAFA is led by international fencer and Inspector with J&K Police, Rashid Ahmed Choudhary.



Principal Rajesh Rathore holds Phonetics workshop at JKPS Kunjwani

■ STATE TIMES NEWS

JAMMU: On his second day at JK Public School Kunjwani, Principal Rajesh Rathore introduced himself to all the teachers and reflected upon his academic aspirations and core competencies to be equipped with, for this generation so as to transform their dreams to reality.

After the preliminary introduction with the school staff, he articulated the importance of "Effective communication skills" as one of the ten potential life skills, suggested by World Health Organization (WHO).

Adding further he said, "This age belongs to the brilliant speakers and prolific writers. Professionally trained students get an upper edge over others. English, being a foreign language, requires a good train-



Principal JKPS Kunjwani, Rajesh Rathore speaking during phonetics workshop in the school.

ing to be imparted to students."

He conducted a workshop on phonetics, the art of pronunciation, as written English deals with 5 vowels, whereas spoken English deals with 23 vowels, namely, 12 monophthongs (single vowels), 08 diphthongs (double vowels) & 03 triphthongs (triple vowels).

A systematic exposure to various technicalities per-

taining to phonemic transcriptions made the audience enthralled.

The Principal Rathore promised to introduce the training of Phonetics to the children of Grade 5 onwards. It was indeed a marathon session, wherein more than 100 teachers of the school attended this workshop. The teachers really enjoyed the session, as it was a new learning experience for

them.

Variety in-house/invitation training programmes for the teachers have been chalked out to ensure the best possible utilization of the Term break period.

The session ended with a beautiful song, namely, "Teri hai zameen, Tera aasman" sung by Rashmi Arora, Music Teacher of the school.

Lyrics of the song, sung in a mellifluous voice, shall reverberate into the ears of the audience for a long, like William Wordsworth's immortal composition "The Solitary Reaper".

The programme reached its culmination point with a vote of thanks by Inderjeet Kaur, the School Coordinator. Shashi Rattan, the Vice Principal praised all the teachers for their inquisitiveness, commitment and dedication.

NSS unit of GDC Kunjwani conducts workshop on art & craft



A dignitary speaking during a workshop in GDC Kunjwani.

■ STATE TIMES NEWS

JAMMU: The NSS unit of GDC Kunjwani on Friday organized workshop on 'Art and Craft' under the aegis of Azadi Ka Amrit Mahautsav.

The event was organized under the guidance of Prof. Hans Raj, Principal of the college. About 80 NSS volunteers and students from different streams of the college attended the workshop.

The aim of the workshop was to spread awareness on Origami (Paper Art & Craft).

Vinod Rai and Mahinder Rai from Delhi gave demonstration on different types of paper art and

craft which will be beneficial for skill development of the students of the college.

Prof. Hans Raj appreciated the demonstrators for keeping the art of Origami alive during the modern era of technology. He also stressed upon the NSS unit of the college to organize such workshops for the benefit of the students and making them aware about our culture and heritage.

Prof. Baljinder Kour, Dr. Arti Pandhoh Gupta and Prof. Priyanka were also present in the workshop. Dr. Manjeet Singh NSS PO of the college organized the event.

UT-Level Inter District U-19 boys Kho-Kho C'ship begins



DC Udhampur, Indu Kanwal Chib interacting with players.

■ STATE TIMES NEWS

UDHAMPUR: Deputy Commissioner Udhampur Indu Kanwal Chib on Friday declared open the UT Level Inter District Kho-Kho championship for under-19 boys for the year 2021-22 at Subash Stadium Udhampur.

She advised in her address to be free from all others in-adequacy say no to drugs, keep fit with Sports activities /yoga, Save Energy, be enthusiastic for better future and becoming good citizen.

All the contingents of 20 districts reported with a total participation 221 players and 91 officials.

The competitions are being underway under the patronage of Alok Kumar, Principal Secretary Youth

Services & Sports and Co-patronage of Gazanfar Ali, Director Youth Services & Sports UT of J&K, and under the supervision of Swaran Singh District Youth Services & Sports Officer Udhampur.

Officials who were officiated the matches were Raj Kumar Gupta, Raj Kumar Dogra, Kanchan Sharma, Pushap Kumar, Raman Kumar, Sunil Dutt Khajuria, Rajesh Verma, Kulbushan Sharma, Rishi Sharma, Pooja Sharma and Jyotika Sharma.

Among other officials of YSS who were present ZPEO Majalta Kartar Singh, ZPEO Jib Poonam Sharma, Taiq Zarger PEL of District Doda as selector, Anita Goswami, Somdev Khajuria, Ramesh

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J&K UT Senior Men Hockey C'ship from Mar 15

■ STATE TIMES NEWS

JAMMU: Hockey J&K is going to organize J&K UT Senior Men Hockey Championship from March 15, 2022 at KK Hakku Astro turf Hockey Stadium Jammu. In all, 20 district teams from all over the UT including JK Police and University of Jammu will participate in this championship. This championship is sponsored by J&K Sports Council.

This event is being organized after the long interval due to COVID 19 pandemic so a gala function will be organized on the opening day.

The hockey players and hockey enthusiasts are very eagerly waiting for the UT championship.

District Kathua Senior Men Hockey C'ship begins



Teams posing for a photograph with officials.

■ STATE TIMES NEWS

KATHUA: First District Kathua Senior Men Hockey Championship 2021-22 commenced at Sports Stadium Kathua, on Friday.

The championship was inaugurated by Shelav Sharma, Executive Member of Hockey J&K.

Shakti Gupta (Judo Coach), Jyoti Naresh,

Ratanpal Bharti, Tilak Raj and Sandeep Malgotra were also present.

Matches were officiated by Nipun Sharma, Rohit Sharma, Suraj Singh Jasrotia and Harish Dev Singh.

Today's Results: Hiranagar Club beat Kathua Club by 4-0; and Jasmergarh Club beat Aman Khalsa Club by 6-4.