

WEBSERIES REVIEW

Jugaadistan



Director: Akarsh Khurana, Adhaar Khurana
Cast: Tanvi Azmi, Akash Khurana, Ahsaas Channa, Sumet Vyas, Parambrata Chatterjee, Arjun Mathur
STORY: A massive education scam is simmering in North India where agents, students, politicians and academicians are all hand-in-glove.

REVIEW: A campus drama is a hotbed of activity and 'Jugaadistan' is a show made to show it all, once again. From campus romance and student politics to a major examination scam, this one packs everything in eight long episodes that are easy to binge on. It starts slowly but gradually we start getting invested into the lives of the students, who are at the center of all the action, unfolding on and off the campus.

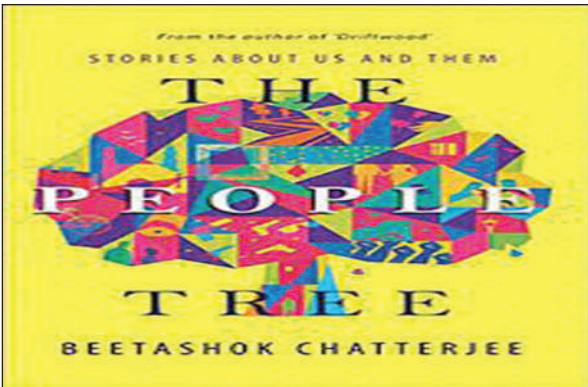
Thankfully, there aren't unnecessary abuses and profanities barring a few, which also seem a bit forced. Especially, when mouthed by Gopal Datt, who plays the greedy and loud Nadeem Dalvi.

'Jugaadistan' makes the university campus a world of its own. There is so much going in over there already and then there is the inherent need to show the backstories of the characters. That part is a bit of a hit or a miss. All the same, the charm of the student life filled with anxieties, opportunities and possibilities is well depicted. It's easy to relate with and feels like reliving the good ol' college days. The setting of north India's bustling life adds to the overall effect. The show seems to have it all but a lot of it is in excess too. In conclusion, 'Jugaadistan' scores just enough to make it a one-time watch.

In-depth Analysis	
Our overall critic's rating is not an average of the sub scores below.	
Direction	2.5/5
Dialogues	2.5/5
Story	2.5/5
Music	2.5/5
Visual appeal	2.5/5

BOOK REVIEW

The People Tree



Title: The People Tree
Author: Beetashok Chatterjee
Genre: Short stories
Publisher: Readomania
Pages: 192
Price: 220 INR

Review: 'The People Tree' by Beetashok Chatterjee, a retired merchant ship's captain, is a very interesting collection of short stories with a wide range of themes.

Released in July 2021 by Readomania, 'The People Tree' includes 14 stories that take the readers back in time. Chatterjee, in his foreword, "Welcomes you to sit in the shade of The People Tree to taste the fruit from his Tree of Life; read stories of the lives of some ordinary and some extraordinary people amongst us."

"From the Khalistan insurgency in Punjab to a glimpse of the Mumbai underworld. From a doomed love affair in Hyderabad to a mature gay relationship. From a lifelong friendship formed in unusual circumstances to the pangs of a schoolboy crush to robbing an art museum there is something in this collection for everybody," reads the book's blurb.

All the stories in this collection display a wide range of emotions, whether it is about an alleged 'love jihad' or gay love and romance. Each story has something different to offer to all kinds of readers. With their twists and turns, stories like 'Little Oxford Dictionary', 'Course Correction', 'Ground Zero', and 'The Good Neighbour', successfully manage to keep the readers engrossed. The language is clear, crisp, and warm. Also, the stories are made even more interesting with the use of local dialects, which takes the readers to the place where they are set.

All in all, each story in the book is unique and different from the other, along with being fast and gripping. It is a must-read for lovers of short stories.

GADGET REVIEW

Realme C35



Expected Price	Rs 11,999.
Display	6.60-inch (1080x2408)
Resolution	Unisoc T616
Processor	8MP
Front Camera	50MP + 2MP + 2MP
Rear Camera	Yes
Rear autofocus	Yes
Rear flash	4GB
RAM	64GB
Storage	5000mAh
Battery Capacity	Proprietary
Fast charging	Android 11
OS	Wi-Fi
Wi-Fi	Yes, v 5.00
Bluetooth	Yes
USB Type-C	3.5mm
Headphones	Yes
Fingerprint sensor	Yes
Proximity sensor	Yes
Accelerometer	Yes
Colours	Glowing Black, Glowing Green

Pros

- * Long-lasting battery support.
- * 18w fast charging support.
- * Fabulous camera performance.
- * Realme UI 2.0 customization.

Cons

- * 4K video recording is not supported.
- * Outdate USB type-C 2.0 charging port.

VEHICLE REVIEW

Mahindra Bolero Neo



Starting Price	Rs. 8.99 - 11.33 Lakh
Engine Displ.	1493 cc
Transmission	Manual
Fuel Type	Diesel
Boot Space	384 Liters
Power Windows	Front and Rear
Airbags	Driver and Passenger
ABS	Yes
Central Locking	Yes
Max Power	100bhp@3750rpm
Max Torque	260nm@1750-2250rpm
Seating Capacity	7
Fuel Tank Capacity	50.0
Body Type	SUV
Ground Clearance	180mm
Fog Lights	Front
Alloy Wheels	Yes
Touch Screen size	7 Inch
No of Speakers	6
Additional Features	2 tweeters, Bluesense app, Voice messaging system

Pros

- * Excellent terrain-handling ability.
- * Exceptional Abuse Tolerance.
- * Likeable & roomy cabin.
- * Healthy boot space with the last row of seats folded.

Cons

- * Does get bouncy & bumpy.
- * Expressway performance is mediocre.

Health and Lifestyle

Scientists claim this 15-minute daily ritual that can help lose weight



Strategically planning your daily meal when trying to shed kilos is essential to achieve the end goal. Another equally vital thing is to keep a tab on the food items you put on your plate. Maintaining the journal might seem a little complex, but according to scientists, it helps. This daily 15-minute task might increase your chances of staying on track and achieving your weight loss goals. Here is why you must start noting down what you eat in a day.

Why food journaling is essential

Maintaining a food diary or food journaling is referred to as keeping a daily log of what you eat and drink. Every single food and beverage you have in a day is mentioned in it with the date. It helps to manage the daily calorie intake and plan your next day accordingly. It can help you realise what you have consumed, motivate you to make a conscious choice to stay on track. It also helps the dietician or the nutritionist to understand your eating habits and plan your diet chart based on that.

Prove that food journaling works

Several studies prove that food journaling works well when it comes to weight loss. As per a new one published in the journal Obesity, the 15-minute daily habit can miraculously help your shed kilos. The study carried out on 150 people that tracked their eating habits for six months as part of a weight-loss program, revealed that those who kept a track of their



food habits, were actually the ones to lose a maximum amount of weight.

How journaling helps in weight loss

The research conducted by a team of scientists from the University of Vermont and the University of South Carolina suggests that people who lost 10 per cent of their body weight spend 23 minutes daily on average recording their food habits during the first month. By the end of six months, the average time dropped down to 14.6 minutes.

What all the participants recorded

During the study, the participants kept a detailed record of what they ate in a day. It included the macronutrients and calorie intake. They also kept a detailed log of calories, fat content, protein content and carb level in every food item they added to their plate. Apart from that, they were also asked to mention the portion size and preparation method for a clearer picture. It doesn't matter who spends most of the time noting down the details, but what matters is who is consistent about it.

Food journaling has always been considered beneficial when it comes to shedding kilos. It encourages the dieters to stay on track and speed up the weight loss process. Whether you choose to track your progress through an app or note it down on a notebook, both are equally beneficial. It is all about consistency and preciseness.

ASTROLOGY

WEEKLY PREDICTIONS 13TH — 19TH MARCH 2022

ARIES



You may have planned certain activities, but you end up scrolling on your phone. Aries, you might do some prayer or meditation today. There are spiritual and emotional benefits to sitting on your balcony watching the clouds and sending positive messages to friends and family. This is a good time to visualize your future.

TAURUS



The week begins on Sunday, March 13, with the sun in Pisces making a conjunction to Neptune in your house of friendships. Today the lines between you and a friend may be blurred. It's possible you are getting quite close. And now you can't stop thinking about this person. It's likely they are thinking about you, too, and texts may fly back and forth between the two of you.

GEMINI



The week begins on Sunday, March 13, with the sun in Pisces making a conjunction to Neptune in your house of fame and reputation. Today something you post could go viral. It could be passed from person to person and go well beyond your circle of friends. You could receive comments from strangers from far away places.

CANCER



You may feel like attending church today even if you haven't been in some time. Cancer, you could be exploring a different denomination or even a different religion. You could attend the Buddhist church or explore a different type of spiritual practice. Or maybe you are worshipping in your own way, outside in nature around pine trees and woodland creatures.

LEO



It's time to separate dreams from reality. You might get very excited about the wild speculation of one of the many Bitcoin derivatives. Or perhaps you dream of owning gold, hoping it will skyrocket as the stock market drops. Today you have the capacity to see the upside, as well as the downside. With the intuitive energy you have now, you can sense trends, and this can put you in alignment with opportunities.

VIRGO



If you're looking for love, you may find romance. Virgo, this doesn't necessarily mean this will be a solid relationship, but they may have a beautiful pair of eyes that melt your heart. Today, you can be caught up in romance, swept away by someone's sweet words whispered in your ear. These are big dreams, and now you can take a few steps forward.

LIBRA



Libra, it's particularly difficult to keep to a schedule today. You might miss an important birthday, run late to a meeting, or you just feel harried all day long, moving from task to task, not feeling like you're accomplishing anything. Instead of melting into an emotional mess, find a few minutes today to visualize your ideal day.

SCORPIO



You and your beloved may be planning a romantic holiday together. Perhaps you are taking a cruise or going to explore a Greek island. Scorpio, you may be dreaming of a homestead with a house you build yourself with land for growing food and maybe some chickens. This is an excellent day to envision a future with your sweetheart or the twin flame you could meet in the future.

SAGITTARIUS



Some member of your family might disappoint you today. Plus, you may not find your boundaries are very solid with this person. Sagittarius, you love them, but you may be weary of their drama or their attachment to some addictive behavior. If you're feeling particularly taken advantage of right now, you may want to avoid this individual, at least for today.

CAPRICORN



Pisces making a conjunction to Neptune in your house of art and music. Today, you might have concert tickets for your favorite band or you are happily going to a film festival. Capricorn, you might play music and be onstage playing in your friend's grunge band. This is a great day for art lessons or to show your work in a gallery.

AQUARIUS



Sun in Pisces making a conjunction to Neptune in your house of buying and selling. Aquarius, you can be impulsive, especially when considering a flashy new car or a very fine watch. Aquarius, you can get caught up in advertising hype, visualizing how good you will look. But it's likely this purchase is outside your budget. Avoid slick salespeople and notice when you are obsessed with making purchases.

PISCES



As a Pisces, you are a natural shapeshifter, changing your style at will. The downside is that the waiter may overlook your order, or the Uber driver doesn't see you and leaves. But there's definitely an upside to this ability. You can shapeshift into an entirely new person. This is a good day to lean in and get as much done as possible.