

# Int'l Mela held at S P Higher Secondary School Srinagar

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Srinagar: An impressive function was held at S P Model Higher Secondary School, M A Road here on Saturday in connection with deliberations on intergenerational bonds on the society.

The Programme was organised by National Institute of Social Defence, Union Ministry of Social Justice & Empowerment and Anugrah RRTC, Delhi in collaboration with the Chief Education Office, Srinagar.

The Deputy Commissioner Srinagar, Mohammad Ajaz Asad presided over the function as Chief Guest, while District Judge Naushad Khan attended the programme as special Guest of Honour.

The event was presided over by Chairperson Anugraha Delhi Dr Aabha Chaudhary and the Special Guest was CEO Srinagar Manzoor Ahmed.

Addressing the gathering, the Deputy Commissioner



District Judge Naushad Khan and other dignitaries at a programme.

stressed on strengthening intergenerational bonds like relation between grandparents and grandchildren to form a better and stronger community. He said intergenerational relations reduce feelings of isolation and loneliness in senior citizens and young generation, besides provides a perfect opportunity and environment for young and old to learn new skills, especially communication and technology skills, from one another.

The DC said intergenera-

tional relations also give older adults a sense of purpose and helps younger generations have a great respect for and value of older adults.

The DC said bringing the generations together actually does place elderly people in a position where they can see the hope, enthusiasm and wonder of children, and the children can also benefit from the wisdom older people can offer for the overall development and betterment of the society with a better quality of life for all ages.

Stressing on the need to strengthen intergenerational bonds, the DC said the families with good intergenerational relations are not less than any library or laboratory to enrich younger generations with wisdom and intellectual treasure.

The DC lauded the organizers of the programme and emphasised on holding such events in future also to find ways for people in the community to connect and ultimately enhance each other's lives as in present era of IT

revolution has witnessed social isolation and loneliness on the rise.

Earlier in her welcome address, Dr Aabha Chaudhary expressed her optimism for such noble initiatives finding a cord across all sections of society. Intergenerational Mela was hosted by Altaf Ahmad Khan.

The event resonated with cultural performances in Kashmiri and concluded with felicitation ceremony wherein all elderly invitees and performers were felicitated.

Besides, Chief Education Officer, Srinagar, Manzoor Ahmad Kumar, Principal SP School, Nisar Ahmad Ahanger, Officers from National Institute of Social Defence, Union Ministry of Social Justice & Empowerment and Anugrah RRTC, Delhi, the programme was attended by galaxy of senior citizen's, students, their parents and Staff of the School.

## Brother awarded life-imprisonment for murdering sister

## ■ STATE TIMES NEWS

Jammu: Additional Sessions Judge Kathua Kamlesh Pandit awarded life-imprisonment to a brother for killing her real sister.

Additional Sessions Judge Kathua Kamlesh Pandit while awarding imprisonment for life for commission of offences under section 302 of RPC and fine of Rs 10,000 to accused Mohd Tanveer, observed that it is a case of murder of a sister committed by her unbridled brother without any grave or sudden provocation. The law stands settled that sentence of death is to be imposed in what is described as rarest of rare cases. The circumstances of the case do reveal that it was a horrifying and deceitful murder by a brother without any grave and sudden provocation, thereby disregarding a noble relation. The case at hand is almost on the bor-

der of rarest of the rare cases as the circumstances on record do not constitute it to be a rarest of rare case. The offence of murder itself is a gruesome act but that itself is not sufficient to bracket the convict to be a menace and threat to harmonious and peaceful coexistence of society.

During the course of hearing, APP submitted that murder was committed with a motive to get rid of deceased as she was an important witness against accused in his earlier murder case of his elder sister registered under FIR No. 680/2011 under sections 302/201 of RPC at Police Station Rajouri. It has been further argued that accused after committing murder of deceased did not display any remorse for killing his real sister and as has already committed the murder of his another sister and was absconding.

Srinagar: Under green Jammu & Kashmir drive and celebrations of 75 years of Independence 'Azadi Ka Amrit Mohotsav', Chinar Plantation Drive started across Kashmir Valley. The administration has decided that in first phase 75 Chinar saplings will be planted in Nishat Garden during the drive while 10,000 others will be planted across the districts this season. Plantation drive is going on in full swing in all districts.

Divisional Commissioner Kashmir started the drive at famous Nishat Garden, which has the second highest number of chinar trees after Naseem Bagh. Speaking on the occasion, Div Com Kashmir highlighted historical, economic, environmental importance of trees and termed them as indicator of rich plant biodiversity with tremendous environmental benefits. It was also decided that Department of Floriculture Kashmir will observe March 15 as Chinar Day during which Chinar

saplings are planted across the division, which will continue till end of plantation.

According to Director Floriculture, Chinar is a majestic tree whose golden colour adds to the beauty of Kashmir during autumn when other trees look withered.

Like Srinagar, other districts have also launched Chinar plantation drives. In Bhista Zehra Park in Budgam, the drive was organized by District Floricultural Office. On the occasion, DDC Budgam planted Chinar saplings and informed that 2000 Chinar trees shall be planted at various places. He urged public to plant and protect Chinar trees for their multi-dimensional essence including cultural values and for environmental safeguards.

According to officials, Budgam district currently has a population of 3,000 Chinar trees and efforts are on to double the population during the year and for this purpose as many as 2000

Chinar trees will be planted and their number will be increased every year.

On the other hand, the administration also kick-started a Chinar plantation drive in Pulwama. District administration urged the people to come forward and make plantation drive a success. Meanwhile, Forest Department has undertaken establishment of a Chinar Gah over an area of 100 Kanals at Biodiversity Park Harran Ganderbal.

Principal Chief Conservator of Forests, Director J&K Forest Research Institute, Divisional Commissioner Kashmir and Chief Conservator of Forests, Kashmir planted a sapling each. 130 saplings of Chinar were planted in association with stakeholders, School children, paramilitary forces, councilors, NGOs and officers of various Departments to commemorate the completion of 130 years of existence of J&K Forest Department.

The training programme was inaugurated by Justice Rajnesh Oswal, Judge, High Court of J&K and Ladakh, while Kikar Singh Parihar, Former District and Sessions Judge was the resource person in the programme.

Kikar Singh Parihar, while

## HBET distributes scholarships among poor

## Rana hails NGO's role in supplementing female literacy



Prominent BJP leader Devender Singh Rana posing with students and HBET members.

addressing the inaugural session, remarked that the Judicial Academy is a centre of learning where judicial minds are trained for meeting future challenges. He said that constant efforts must be made for enhancing legal acumen and for elevating perception of law for better justice delivery system.

Justice Rajnesh Oswal, in his inaugural address, emphasized that Justice must not only be done but must also be manifestly and undoubtedly seen to be done which is manifested through clear, coherent and concise judgments authored by judges. He described judgments as literally compositions involving discussion of facts, a distillate of issues, appreciation of evidence led during the trial, application of law, reasoning and findings serving the cause of substantive justice. He highlighted the importance of reasoning and described it as the soul and spirit of a good judgment.

Sanjay Parihar, Director, J&K Judicial Academy, presented the welcome address and gave an overview of the programme. He stated that the judiciary has scrupulously discharged its responsibility of dispensing justice

which is evident through the judgements penned by judges, conclusively determining the rights of parties. He described reason as the most important element of a judgement which reflects the working of a judicial mind, its knowledge of law and grasp of the fact or law involved in the matter before the court.

During the first technical session, Sanjay Parihar and Kikar Singh Parihar educated the Judicial Officers on various aspects of writing judgments and orders. Emphasis was laid on developing and toning the legal reasoning attributes for improved judgement and order writing. The resource person dealt with the tools and techniques for enhanced judgement and order writing skills.

The second technical session witnessed detailed deliberations on judgement and order writing. The participants were also trained on writing miscellaneous and first orders.

Later, an interactive session was held in which the participants discussed various aspects of the subject topic and raised queries which were satisfactorily settled by the resource persons.

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## Jammu: HBET distributes scholarships among poor

Jammu: Describing every effort of supplementing the efforts of promoting literacy, especially among girls, as a step towards fulfilling the vision of Prime Minister Narendra Modi's 'Beti Padhao Desh Bachao', prominent BJP leader Devender Singh Rana on Saturday hailed the role of Non-Governmental Organizations and philanthropic associations in contributing to women-led development of New India.

Speaking at a well-attended function, organized by Harbans Bhalla Educational Trust (HBET) to distribute scholarships among poor segments of students, Rana hoped that private players will work in creating conditions wherein underprivileged segments of the society especially women can play their useful role in healthy growth of society after getting empowered by the

ornament of education.

He acknowledged the challenges in imparting quality education in the wake of conditions obtaining due to Covid pandemic and appreciated the efforts of the HBET in switching over to online mode effectively. He sought larger coverage of targeted sections of the poor children to get benefitted under the initiative and noted with satisfaction the endeavours to enhance educational capabilities of poor girls, some.

"The Trust has been doing an appreciable and commendable role in the educational and health sectors", Devender Rana maintained and hoped the endeavour will inspire others to take up social work in a big way.

He observed that involvement of philanthropic organizations will greatly help in bringing about desired socio-economic transformation in

the society and expressed the hope that haves will come forward in a big way in helping the have-nots to enable them lead harmonious and healthy lives. He particularly sought greater care and compassion for girl children.

Speaking on the occasion, Managing Trustee HBET, Kunil Bhalla gave an overview of the evolution of the Trust and referred to the challenge posed by Covid-19. He hoped that online interaction will greatly help in bridging the distance and direct communication gap. It will also give a platform to improve the learning standards of children covered by the Trust.

Bhalla said the Trust has

grown significantly into a region wide literacy programme during the past 23 years with over 3,773 schol-

arships awarded involving

Rs 83 lakhs. He said the HBET operates with the goal of providing educational support and care for children especially from financially weak rural families, 80 per cent of them girls, who are being provided scholarships, tuitions, counselling, laptops, books, clothes, etc.

"In collaboration with the Bee Enn Charitable Trust, we also organize free medical camps which include physical checkups and any medication besides treatments available free of cost," he added.

Prominent among those

present on the occasion included Neelam Bhalla, Trustee, Prof. Rajnikant, S.K. Dutta, Dharamveer Singh Janwal, Keshav Chopra, S. Sucha Singh, Ayodhya Gupta and others.

## Bhalla exhorts Congress workers to gear up for 'big challenge'

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## Jammu: Exhorting the party cadre to gear up for the "big challenge" being faced by the

Jammu and Kashmir and work to further strengthen the Congress party at every level, JKPPC Working President Raman Bhalla on Saturday said they are committed to assuage the urges and aspirations of every segment of the society in all regions and sub-regions.

Interacting with various delegations at a brief function here, Bhalla said that in order to root out BJP from

every nook and corner, the

cadre must reach out to the

people and help them seek redressal to their problems.

He said, Congress is a mass

movement which has been

devoted to the service of the

people of Jammu and Kashmir

for decades. The party is a natural

destination for all those

public-spirited political workers

who want to steer Jammu and

Kashmir towards peace,

Kashmiri Singh, Sarpanch Smsher Singh, Sarpanch Rajendra Kumar Dheera, District Vice President Kamal Choudhary, Nayab Sarpanch Aswani Kumar Nayab Sarpanch Satnam Singh Kaka, Puncil Ravinder Singh Raju, Ward President Sunmip Singh, Vice President Simran Deep Singh, Ex Panch Puran Kundal, Minority Cell President Jammu Urban Baldev Singh Wajir, Pawan Bhagat, Niraj Kumar, Sanjay Sharma, Block President Ajmer Bali, Sarpanch Ajmer Singh Charak.

JKPCC Working President Raman Bhalla addressing public meeting.

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Jammu: Dr Gautam Sharma who is a dental specialist (Periodontist) with the University of Jammu and also former president of Indian Dental Association (IDA) Jammu has said that Oral Health day is observed throughout the World on March 20 every year. The Theme of this year's world oral health day is 'Proud of your Mouth for the happiness and well-being'.

In press statement issued here on Saturday, Dr Sharma said that in India, oral and dental health is the most ignored aspect of the health and patients only reports when they have severe toothache and swelling of the face. An unhealthy mouth not only impacts general health but it can have a severe impact on people's emotional, social, mental, and overall physical well-being.

Dr Sharma stressed that the

pathogenic and virulent bacteria which cause dental infections can transport and spread via blood to cause infections in the vital organs of the body making dental infections dangerous for other parts of the body. "The harmful bacteria or even their products can travel through blood stream to different organs causing direct damage or through the process of inflammation. The commonest reason for occurrence of gum disease is infection due to bacteria which, if left untreated, may progress to periodontitis causing destruction of the supporting structures of a tooth and intern implicated as a risk factor in heart problems, complications during pregnancy, deregulated control of diabetes, COVID-19 complications, lung and kidney problems," he added.

He said that bleeding during tooth-brushing or after biting on hard surfaces like an apple, recession of gingival, swollen gums and loosening or mobility

cavity. A child would start tooth-brushing by self if he/she sees the parent doing brushing

in the morning and night, so the parents have to become a role model, he added.

## Shiv Sena activists protest in Jammu, seek restoration of statehood to J&K

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Jammu: A group of Shiv Sena activists held a protest here on Saturday in support of their demand for restoration of statehood and special status to Jammu and Kashmir. The protest by Shiv Sena activists at Bari Brahma area on the outskirts of the city was led by party's J&K unit president Manish Saini and coincided with the visit of Union Home Minister Amit Shah. "We staged this peaceful protest to press for restoration of statehood and special status to Jammu and Kashmir. By special status, we mean reservation to local youth in government jobs and in admission to educational institutions," Saini told reporters. He said since Home Minister is on a two-day tour of Jammu, the Shiv Sena wants to remind him of his promise made on the floor of Parliament on August 5, 2019 when the Centre abrogated Article 370 of the Constitution and bifurcated the erstwhile state into the Union Territories of Jammu and Kashmir and Ladakh.

"Both Prime Minister Narendra Modi and Shah had made a promise to the people about restoration of statehood. Already 28

months have passed but the promise was not fulfilled," he said,

and asked how long the people of Jammu and Kashmir had to wait for the restoration of the statehood and a democratically

governed Jammu and Kashmir towards peace,

progress and development.

Senior leaders and various delegations discussed organizational matters and brought to his notice the problems being faced by different segments of society in Jammu and

Kashmir.

Prominent among those present on the occasion include former Chairman JMC & Sr. Congress Leader Satish Sharma, Corporator Ward 55 Pritam Singh, Ward 57 Corporator Rajendra Singh, JKPPC Refuge Cell Chairman Amrit Bali, Sarpanch

Kashmiri Singh, Sarpanch Smsher Singh, Sarpanch Rajendra Kumar Dheera, District Vice President Kamal Choudhary, Nayab Sarpanch Aswani Kumar Nayab Sarpanch Satnam Singh Kaka, Puncil Ravinder Singh Raju, Ward President Sunmip Singh, Vice President Simran Deep Singh, Ex Panch Puran Kundal, Minority Cell President Jammu Urban Baldev Singh Wajir, Pawan Bhagat, Niraj Kumar, Sanjay Sharma, Block President Ajmer Singh Charak.

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