

Rotary Club of Jammu organises organ-donation awareness campaign at MAM College

■ STATE TIMES NEWS
JAMMU: Rotary Club of Jammu in collaboration with Rotary Club of Organ Donation, RID 3232 organised an Organ Donation Awareness Campaign at MAM College.

Rtn. Anil Srivatsa, Charter President of RC Organ Donation was the Guest Speaker who briefed about the basis of organ donation.

He explained the critical condition of requirement of organ overall India against how many is being done every year. He revealed that in India people are not educated enough about Organ and Tissue Donation and have fear hence are not coming forward for this noble cause. One more misconception he discussed was related to the difference between body donation and Organ Donation.

Body Donation is used for education of medical students and Organ Donation helps other to live a better life. He also tried to link the emotions



Rotary Club of Jammu members along with students and faculty of MAM College during a campaign.

of donors and the family through various live examples.

Prof. (Dr.) G S Rakwal, Principal MAM College and Chief Guest urged the NSS Wing to carry out the cause to other parts through various activities. Dr. Namita Singh and Dr. Koushal Kiran Thakur, NSS Officer presided the function and made it successful in all manners. Rtn. Dr. Gaurav Vaid, President of the Club said that Organ Donation is one of the focused

areas of Rotary. He has signed an MOU with the Rotary Club of Organ Donation so that more and more activities can be done in the future at various levels. Rotary Club of Jammu is already running a project "Gift of Sight" in which 40 people are benefitted by cornea transplant. Rtn Sunil Kumar Sawhney is the Project Director of the said project i.e. GIFT OF SIGHT . He appealed to the volunteers to come forward to help

us to identify and refer any cornea blind case, they found for free cornea transplantation surgery by Rotary club of Jammu. Post session many students and the faculty members enquired about the legalities related to Organ Donation and the possible way of doing so.

Rtn. S K Sawhney, Rtn. Dr. Navneet Gupta, Rtn. Deepak Baboo, Rtn. Prem Shankar, Rtn. Harbans Singh and Rtn. Sat Pal Verma were also the part of this campaign.

Dr. Jamwal inaugurates Guard Room Building at SKPA Udhampur

■ STATE TIMES NEWS
UDHAMPUR: ADGP/Director Shere-i-Kashmir Police Academy (SKPA) Udhampur; Dr. S. D. Singh Jamwal on Saturday inaugurated Guard Room Building constructed by the Academy on self help basis for the security of the recently commissioned Shoot House and its peripheral area. Speaking on the occasion, Jamwal said that the permanent deployment of the guard in this area shall not only provide security to the newly commissioned shoot house but will also provide security cover to this low lying area of the Academy. Jamwal also examined the adjoining space identified for extension to the teaching grounds of horses. He also dedicated a separate Bathing Ghat area developed by the Academy near Shah Block, which shall adequately cater the need of bathing of trainees and washing of their cloths. Jamwal also witnessed the beginning of incinerator developed in the Academy on self help basis for disposal of plastic and other waste material.



ADGP/Director SKPA Udhampur; Dr. S. D. Singh Jamwal inaugurating Guard Room Building in Academy.

Jamwal was accompanied by Mohan Lal, SSP Dy. Director (Indoor/Training), Vijay Kumar Jamwal, SSP Dy. Director (Outdoor), Vinay Kumar, SSP Dy. Director (Admn.), Suraj Singh, DySP, AD (R&D), K.K Sharma, DySP, AD (Outdoor), Zahid Saif Wani, DySP, AD (Admn.), Tahir Hussain DySP AD (Indoor/Intl.), Summati Gupta DySP AD (Q), Ramesh Chander Kataria, DySP (S) Pvt. Sec. to Director and others.

Big FM organises ‘Chhod Na Yaar’

■ STATE TIMES NEWS
JAMMU: Drug abuse is not just a menace that affects an individual, but it has taken the shape of narco terrorism and ruining generations especially in a UT like J&K. Such cases have been on the rise in the city of Jammu as well. There might be varied reasons behind it but the truth remains that they are increasing amongst youngsters. It distresses not just the addict but his/her family and the entire nation.

Jammu's only top 100 Music Station that caters to the youth in particular; 92.7 Big FM helped remove the stigma around it in a Drug De Addiction Event named "Chhod Na Yaar" presented by Department of Social Welfare, Jammu at Commerce College, Jammu. The FM station that is always at the forefront in bringing awareness around social issues, this time joined hands with the DSW and has been broadcasting focused content around the menace over a period of time. Both the prime-time show RJs of Big FM - RJ Juhie (Morning Show Host) and RJ Rahul (Evening Show



92.7 Big FM officials and other dignitaries during a programme.

Host) brought engaging and informative content to their listeners through expert interviews, psychiatrists, activists and drugs survivor stories - those who have consumed it some time in their life and are now happy that they have quit it. In the culmination phase, BIG FM did a special Big Live on-ground activity in SPMR Commerce College, Jammu where special Drug de-addiction play by the distinguished 'Natrang Theatre Group' was shown to the college students urging them to stay away from drugs. Pallavi Singh, Director Programmes J&K Society for Promotion of Youth and Masses (NGO) was particularly present on the occasion along with some of their volunteers

who shared their inspiring story on how they quit the addiction and are now sensitizing others.

Dr Suraj Mohini Jamwal from GCW Gandhi Nagar also encouraged the youngsters and especially their parents to come out of denial mode and help their children if, unfortunately, they ever get trapped in the vicious trap of drugs. Director Social Welfare Department Vivek Sharma, Deputy Director Administration, Social Welfare Dept Afshan Masood and Assistant Director Scheme, Social Welfare Dept Kalaish Devi were also present and informed the students that the Social Welfare Dept is available to them in case they need any kind of assistance in sensitization or de-addiction process.

Prof R S Jamwal, Principal SPMR College of Commerce, Jammu appreciated the efforts of Big FM as well as the Social Welfare Dept to come out with such an important initiative and organize such a program in the college premises.

Jammu's upcoming singing sensation, Suraj Dogra (winner of many National level singing shows) mesmerized the audience and left them enchanted with his melodious singing. RJ Rahul as usual was at his best with his 'Crazy Desi' persona and audience engagement. Also, present there were Vikrant Sharma, Cluster Head RON Big FM, Siddharth Mahajan (Station Head, Big FM - Jammu) and Ahmer Ikhtlaq (Sales Area Manager, Jammu).

Int'l Women Day: Advisor Khan felicitates 16 JK women, girls for outstanding contributions



Advisor, Farooq Khan felicitating women, girls in a programme organised by INFOBUG.

■ STATE TIMES NEWS
JAMMU: Celebrating International Women Day 2022 with the theme of INFO HER STORY AWARDS 2022, INFOBUG on Saturday felicitated 18 women and girls from different walks of life. Advisor to Lieutenant Governor, Farooq Khan, was the Chief Guest on the occasion while Ritu Singh and former Minister, Priya Sethi were the Guests of Honour. While felicitating the women and girls who have contributed tremendously towards cause of the society in different ways, Advisor Khan said that growth and development of not only a family but the entire world depends on growth of women. He added that this big day should be celebrated as women empowerment day for the whole world.

The event was organized under the supervision of Amar Chouhan, Managing Director

INFOBUG, the first female and first infotainment social media portal. The women and girls who were felicitated on the occasion include famous singer Saras Bharti, Neeru Sharma from HelpAge India, RJ Shvetima, Dr Zinnia, Mansi Rattan, Palak Kaur Bijral, Nidhi Abrol, Pooja Gupta, Director Industries Jammu, Anoo Malhotra, Vijay Luxmi, MD JKPTO, Ankita Kar, Femina Miss India Sana Dua, Rumpy Madaan, Divya Jamwal, Medhavi Sharma, Pooja and Sumi Seth. Chairman State Times Group, Raj Daluja, Chairman MV International School, Hira Lal Abrol, Senior Editor Times Now, Pradeep Dutta and Journalist Deepak Khajuria were among the special guests on the occasion. The show was anchored by Zerish Firdaus and Palvasha Firdaus. Vote of thanks was presented by Tanvi Balgotra and Hemani Basson.

J&K lost its identity, status on Aug 5, 2019: JKPCC

■ STATE TIMES NEWS
JAMMU: Jammu and Kashmir lost its identity as a special status Dogra state in the Country with a unique historical background and people will never forget that they lost their rights and powers as state subjects and downgraded into UT, on August 5, 2019, reacted JK Congress, commenting on the remarks of Home Minister Amit Shah during UP elections campaign.

"The remarks of the Home Minister are an insult to the people of Jammu and Kashmir, as the historical state with unique powers and rights for its citizens lost its identity as a state in an arbitrary and unilateral action by the Union Govt. on 5th August 2019," JKPCC Chief Spokesperson Ravinder Sharma said.

Certainly J&K was the crown of India because of its unique identity, history and secular val-



ues, but it was decimated, divided and downgraded into a UT (not better than a large Municipal body) on 5th August 2019 by Modi Govt, against the wishes of the people of Jammu and Kashmir, he said. Who demanded and desired the disbanding and downgrading of the historical Dogra state into UT, is not known yet except that the Prime Minister and the Home Minister wanted to downgrade it, he added.

It was a historical blunder to disband the Dogra state, downgrade it and strip the residents of their bonafide rights to land & jobs without their consent.

A law was made to strip people of their identity, rights and powers against the wishes of the residents by putting them

hostage, rendering them voiceless and speechless and remedyless, in the largest democracy of the world but the Home Minister claims that no one was killed or injured, in the violence, post decision, which followed rich culture, multiple languages and heritage but unprecedented restrictions and detentions.

The decision followed series of unilateral orders against the interests of local residents, especially youth of Jammu and Kashmir and still several such orders are passed on regular basis least bothering for the rights, interests and the hardships to be faced by the affected sections. The promise of restoration of state on the floor of the house and the holding of elections and restoration of full democracy has no dead line but still it was called a crown, it commented, perhaps worst is yet to come. The paradise on earth has lost its glory as a

world acknowledged tourist destination where people from entire globe would visit in lakhs, risking their lives in the wake of proxy war of Pakistan.

The selective killings of innocents especially of minorities and the outside labour have continued, the migrants could not return, people feel insecure but still it enjoys the status of a crown, remarked JKPCC Chief Spokesperson Ravinder Sharma.

However the Jammu and Kashmir would continue to play its role as a unique abode of brotherhood and democracy against all challenges from outside and inside and would defeat the nefarious designs of the enemies of the country as well peace and harmony and would regain its lost identity and glory as a paradise on earth and continue to always serve as a Jewel in the crown of India, he added.

3rd Ladakh Ice-Climbing festival concludes

■ STATE TIMES NEWS
LEH: The third edition of the Ladakh Ice-Climbing festival concludes on Saturday in Gangtles. The Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson was the chief guest on the occasion. DYSSO Leh Tsering Tashi was the guest of honor and founder of SECMOL, Sonam Wangchuk was the special guest. Other guests present during the occasion were President ALGHA, President ALTOA, President Leh Phu-Dho, etc.

President LMGA in his welcome speech highlighted the motive behind conducting such adventure sports and spoke on the contribution of LMGA in creating the Ice-Climbing festival and it will also create opportunities in the future career-wise. He also spoke on the requirement of travel insurance for



Climbers posing for a photograph in Leh.

mountaineering and hiking expeditions. He said that the idea brings forth the aim to promote winter tourism in Ladakh and the need for nurturing more young talents from Ladakh in winter adventure sports.

Addressing the gathering, CEC Gyalson praised the entire organising team for the initiative in creating this artificial glacier, promoting and encouraging the youth of Leh to participate in such winter adventure sports. He

highlighted the importance of artificial glaciers for the sustainability of Ladakh's fragile ecosystem and added that this sport has the potential to boost winter tourism in Ladakh. He also informed that LAHDC Leh would extend all possible support in the promotion of winter

sport throughout the region. He added that the duration of the sports needs to be extended and it also has the potential for more career opportunities for the enthusiasts. All the supporters and the organising team were felicitated by CEC Tashi Gyalson.

The festival was organised by Ladakh Mountain Guide Association (LMGA) from 3rd to 5th March 2022 with the support of District Youth Services and Sports, Leh, ALTOA, Venture Ladakh, Leh Phu-Dho Culture, and Welfare Society, HIAL, Mero Expedition, and Gangtles village.

Power shutdown

■ STATE TIMES NEWS
JAMMU: Chief Engineer (Distribution) JPDCL Jammu on Saturday informed that the power supply to Bari Brahmana, Birpur, MES, PHE and its adjoining areas shall remain affected on March 06 from 9 am to 3 pm.

Similarly, the power supply to Kohinoor Factory shall remain affected on March 06 from 10 am to 12 noon. Likewise, the power supply to All SICOP area shall remain affected on March 06 from 9.30 am to 3 pm.

Similarly, the power supply to Lalyana, Salehar and adjoining areas shall remain affected on March 06 from 9 am to 3 pm.

Likewise, the power supply to Bishnah, Kotli, Dabbar, Deoli, Sarore and adjoining areas shall remain affected on March 07 from 9 am to 3 pm.

Meanwhile, Superintending Engineer, O&M Circle Jammu, JPDCL has informed that the power supply to 11KV SIDCO Industry and its adjoining areas shall remain affected on March 06 from 10 am to 4 pm. However, Superintending Engineer (Distribution) JPDCL, O&M Circle Kathua has informed that the power supply to Jarai Chowk, Foot Bridge, Ward No. 10, 11, Old Bus Stand, Mukherjee Chowk and Ward No 5 shall remain affected on March 07 from 8 am to 1pm.

Similarly, the power supply to Jawahar Nagar, Police Station shall remain affected on March 09 from 8 am to 1pm. Likewise, the power supply to Daini, Katli, Hospital, Sangwali Mandi, Paci Mandi, Main Bazar, Budwani, Kheli Mandi and adjoining areas shall remain affected on March 06 and 07 from 9 am to 2 pm.

Similarly, the power supply to PHE Samleh, Rakhi, Karandi, Kalibari, Ram Nagar shall remain affected on March 10 from 9 am to 4 pm. Likewise, the power supply to Arazi, Samba, Dansal, Mandi, Triloki di Chhapri, Talhora Mandi, Sangwali Mandi, Garh Mandi, SC Mohalla, Indira Colony shall remain affected on March 09 from 9 am to 4 pm.

Similarly, the power supply to Industrial Area SIDCO Samba shall remain affected on March 06 from 10 am to 4 pm.

Screening of Senior Pencak Silat teams for NC-2021 (Men-Women) held

■ STATE TIMES NEWS
SRINAGAR: The Jammu & Kashmir Sports Council on Saturday conducted the screening of the J&K Pencak Silat Teams for the onward participation of Men and Women probables in the Senior National Pencak Silat Championship 2021-22, scheduled to be held at GHG Khalsa College, Ludhiana Punjab from 11th to 14th March 2022.

The screening committee of the J&K Sports Council comprising Nuzhat Ara, Divisional Sports Officer, Kashmir; Nusrat Gazala, Central Sports Officer Maqsood Khan and member sports screening committee cleared the J&K teams for the said championship.

Prior to the national participation, the J&K UT teams had undergone a 21 days coaching camp spon-



JKSC officials posing for a photograph with J&K Pencak Silat women team at Srinagar.

sored by J&K Sports council at Indoor hall, Polo ground Srinagar under the supervision of Mohammad Iqbal, Coach, J&K Sports Council.

During the training, latest and advanced skills were imparted among the participants.

"I am fully satisfied with the hard work and dedication of the campers during this 21 days coaching camp

and I am confident that we will get maximum medals at this event and hopefully will retain our overall champions place this year too", said coach Iqbal.

The camp and screening process was also supervised by Secretary, J&K Sports Council, Nuzhat Gul, who expressed her satisfaction after interaction with campers, she also conveyed

her good wishes to the participants for their participation in the forthcoming senior nationals at Ludhiana

Men Team :- Junaid Javid, Rahul, Robain Singh, Karan Chopra, Akhil, Sehaj Kumar, Aadishwar Vaid, Peer Adil Manzoor, Muzimal hamied, Varun Singh Jamwal, Sheikh Najmus Saqib, Ajay Sharma, Kamran Gulzar, Tawzeeh Mujeeb Khan,

Suhaib Jeelani, Ravees Ahmad, Nassir Ahmad Digo, Nasir bashir, Suheel Ahmad dar, farhan Reyaz, Tawqeer Farooq, Jehangir Shafi, Asif abi, Waseem Shah. Womens Team:- Komal Dhiman, Manavi Katal, Sabahat Afreen, Aanisa Yousuf, Mysara Mohiddin, Muskan Shaban, Safiya Muzaffar, Insha Jan, Towzia, Aursara Khan, Jahanvi katal, Raabia Farooq, Saboor, Aamina Bashir, Sehrish Mushtaq, Tawseefa Hasan, Shaniba Jan, farah Farooq & Bilqis maqbool.

The Senior National Pencak silat championship 2021-22 will be followed by the 5th Edition of Federation Cup 2021-22, which will be held at Lovely Professional University and is scheduled from 26-28th March 2022.

In addition, both the national level championships will be the platform for the senior teams to qualify for the forthcoming back to back South Asian Pencak Silat Championship (Kathmandu-Nepal), Asian Pencak Silat Championship (Tashkent-Uzbekistan) and 19th World Pencak Silat Championship 2022 (Kuala Lumpur- Malaysia) and 6th Asian Indoor and martial Art games -(Chonburi-Thailand) later this year.

The Championship is organised by Chandigarh Pencak Silat Championship under the aegis of Indian Pencak Silat Championship, Ministry of Youth Affairs & Sports, Govt of India and Sports Authority of India. The J&K Men and Women teams are sponsored by Jammu & Kashmir Sports Council.