



Talent Corner

Poem — **Wake Up Early Is More Beneficial**

Do try to wake up at 4 a.m. daily. It is the very time to eulogise God. Start meditating, your mind gets filled up with positive energy and thinking. Meditation is the ultimate way of inner creation.

When you meditate in such a state of mind; your whole day turns out to be super protective. Early morning is also the best time to gain more wisdom and spiritual insight.

Try to get religious thoughts into your mind repeatedly getting all the negativities away from your mind. And you will be relaxed to be easing mental stress, tension and turbulence in the mind.

It will also help you keep inner calm throughout the day. More so, one becomes happy getting His blissfulness. So, try to remember God, Guru and your dear parents. Bow down to them and seek their blessings.

By doing that, you feel great consolence. Such a habit brings about a huge peace of mind and real objective of your life. This is the way to get rid of temporal things and to lead a blissful moments towards God. Concluding the lines of the poem the writer says, this is the time to what we call 'Braham Murhat'.

Tara Chand Bhagat.

Poem — The River of Poetry

When we symbolize the petals of a flower with the evens of life And thorns with the odds, When we feel glee to put a drop of dew in our palm And comprehend as if it is adorned with the vibrant and lustrous pearls

When we dance with the rhythm of nature And sing the songs of love with the pitter patter of rain, When we guess everything is accessible to us,

When we feel our imaginative powers know no boundaries;

When we see cosmos in each particle, When we feel connected to all the entities of the universe And strive to see many pecularities in a single person or object, Trust me beloveds, The river of poetry flows in our veins.

Alka Sharma, Rehari Colony.

1

8

9

4

5

5

2

6

4

6

9

6

9

9

8







CAREER AIL

Meteorology

reteorology is referred to as the science of atmosphere, which is the blanket of air covering the earth.

The word 'Meteorology' comes from the Greek word 'meteorol', which refers to something that occurs high in the sky. Meteorology is a sub-discipline of Atmospheric science that mainly focuses on various aspects of the atmosphere, especially that of the weather and climate. In this field we study about weather, climate and the forces that cause change in our environment. In simple terms it is the study of weather and weather forecasting.

Those who specialise in the field of meteorology are called Meteorologists or Climatologists or Atmospheric scientists. The main task of a meteorologist is to collect and analyze information on atmospheric conditions. A meteorologist is responsible for forecasting the weather by measuring temperature, humidity, pressure, wind speed, rainfall and air quality using various equipments like rain gauge, anemometer, thermometer, barometer and so on. Now there are more complex observing techniques using satellites. These observations are plotted on charts and meteorologists analyse them and forecast the weather. The field involves research, teaching, consulting and forecasting.

Meteorology as a career deals with study and research of the atmosphere, prediction of the weather, identification and interpretation of climatic trends etc. As such, the field of meteorology includes both weather and climate and is concerned with the physical, dynamical and chemical state of the Earths atmosphere and interactions between the atmosphere and the Earths surface. There are three aspects of meteorology- observation, understanding and prediction of weather. Educational Qualification:

Career aspirants in this field must be good at mathematics and science. To begin a career as a meteorologist one must have at least a bachelor degree in meteorology or atmospheric science. Bachelor degree is of four year duration. A master degree in meteorology with relevant specialization is essential for positions such as operational meteorologists, physical meteorologists, synoptic meteorologists, environmental meteorologists and hydrometeorologists. Master level programmes are of two year duration. Candidates who are aspiring to become researchers and scientists must complete a PhD programme in Meteorology. Duration of a doctoral pro-

A course in meteorology will help in the development of various skills like data collection, data analysis, forecasting and computer modeling. Subjects covered by a course in meteorology include Fundamentals of Meteorology, Global Atmosphere, Weather Measurement & Analysis, Atmospheric Thermodynamics, Atmospheric Physics, Weather Analysis and Forecasting, Marine Meteorology etc.

Colleges and Institutes:

gramme is normally over three years.

Punjab Agricultural University: College of Agriculture,

Punjab Agricultural University Ludhiana (Ludhiana Dist.) - 141004

Agro Climate Research Centre, Coimbatore Tamil Nadu Agricultural University Coimbatore (Coimbatore Dist.) - 641 003 Tamil Nadu

College of Technology: GB Pant University of Agriculture and Technology (GBPUAT), Pantnagar Pantnagar, Udham Singh Nagar

Pantnagar (Udhamsingh Nagar Dist.) - 263145 Uttarakhand

Shivaji University, Kolhapur Vidyanagar , Kolhapur (Kolhapur Dist.) - 416004 Cochin University of Science and Technology:

Department of Atmospheric Sciences, Kochi

Lakeside Campus, Fine Arts Avenue, Kochi (Ernakulam Dist.) - 682016 Andhra University: College of Science and Technology, Vishakapatnam

Andhra University, Waltair,

Vishakapatnam (Vishakapatnam Dist.) - 530003 Andhra Pradesh

Indian Institute of Technology (IIT Delhi), New Delhi Hauz Khas , New Delhi (Delhi) - 110016

Aryabhatta Research Institute of Observational Sciences (ARIES), Nainital

Manora Peak, Nainital (Nainital Dist.) - 263129

Savitribai Phule Pune University: Department of Atmospheric And Space Sciences, Pune Publication Complex, University of Pune, Pune (Pune Dist.) - 411007

Maharashtra Centre for Earth Atmosphere and Weather Modification Technologies (CEA and WMT), Hyderabad

Jawaharlal Nehru Technological University Hyderabad (JNTUH), Kukatpally Hyderabad (Hyderabad Dist.) - 500 072

If you have any ideas, poems, stories, paintings that you would like to share with us, please send it to

STATE TIMES

AMPHALA, JAMMU, 180001 or send via email to statetimes1@gmail.com