

Media Cricket Club Jammu defeats RPHQ J&K Police-XI in exhibition match



Winner Media Cricket Club Jammu team posing for a photograph.

■ STATE TIMES NEWS

JAMMU: Media Cricket Club Jammu defeated RPHQ J&K Police XI by eight wickets in an exhibition match played at University grounds, here on Sunday.

The match and ongoing tournament is being organised under the supervision of Shakti Kumar Pathak, DIG Jammu, Samba, Kathua range.

SSP R K Katoch Captain of RPHQ XI won the toss & elected to bat first but his decision soon backfired as Arpit was out cheaply on 5 runs. Anil and Kishore tried to consolidate the innings but clever bowling changes by Vivek Suri (Captain of Media Cricket Club Jammu) kept

the lid on runs and RPHQ XI scored 102 runs in stipulated 16 overs for losing eight wickets. Kishore scored 36 and Anil made 19 for the team. For Media Cricket Club Jammu, Vivek Suri, Faheem, Ashish, Naseer and Rohit shared grabbed one wicket each. Vivek Suri was brilliant in field and was instrumental in two run outs.

Chasing 103 runs in 16 overs, Media Cricket Club Jammu lost in form vice captain Amit Kumar on 2 runs but Rajesh Dutt and Naseer played sensibly before Naseer was out on 20 runs. RPHQ XI bowlers tried to make inroads but Rajesh and Faheem rotated the strike and kept the runrate in

check.

The both shared unbeaten 59 runs partnership and chased the target in 15.1 overs thus winning the match by 8 wickets. Faheem scored 33 runs and Rajesh Dutt scored 31 runs for MCC. For RPHQ XI Deepak and Arpit claimed one wicket each.

SSP Rajinder Katoch, Staff Officer to DIG JKS range, said that under Civic Action Programme such tournaments are being organised by J&K Police to engage youth in sports activities and away from drugs.

He congratulated Media Cricket Club Jammu for winning the match which was played in a very cordial atmosphere.

Sharat invited for ISSF World Cup

■ STATE TIMES NEWS

JAMMU: Sharat Chander Singh of Jammu and Kashmir has been made part of the organising committee of ISSF World Cup, organised by National Rifle Association under the aegis of International Shooting Sports Federation (ISSF).

The event shall take place at MP State Shooting Academy, Bhopal in Madhya Pradesh from March 20 to March 27.

Sharat Chander, DySP (4th Security) of J&K Police has been made member of the organising committee of the ISSF World Cup which is being held for the first time in India.

A total of 400 shooters and officials from 33 countries shall be participating in this mega event.

Important to mention here that one of the top athlete of J&K, Sharat has been associated with the games of Shooting and Athletics in J&K.



Jammu to host 84th UTT Inter-State National TT C'ship PSPB Men, Women ready for rituals

■ STATE TIMES NEWS

JAMMU: There are more reasons than one that there will hardly be any change in the script of the 84th UTT Inter-State National Table Tennis Championships, getting underway at the Gymnasium Hall of Jammu University with team events from tomorrow. First and foremost, the teams from the Petroleum Sports Promotion Board (PSPB) not only start as the favourites to retain the men's and women's titles but even the singles crown in both sections. Fortunately, or unfortunately, such has been the domination of the outfit and the individuals over the years that it is almost impossible to breach their run.

Their men, having scored a quarter-century of titles, would go for the 26th here, and it would be the same combination that achieved the feat in Shillong last year. The spearhead is the CWG multiple gold medal winner, A. Sharath Kamal, a 10-time singles champion, who will have the company of other CWG medal winners in G. Sathiyam, the former national champion, Harmeet Desai, Sanli Shetty and Manav Thakkar; the

youngest of the lot.

Their women's team, however, has ringed in a minor change with the induction of promising Yashashwini Ghorpade, who is making waves with her consistency as a youth player. Besides the Bengaluru girl, the squad has a familiar look to it and is in the hands of 2018 CWG's golden girl, Manika Batra, Archana Kamath, Reeth Rishya and Krittwika Sinha Roy. They did the trick last time in the company of Madhurika Patkar; and even with a little tweak in the script this time, the team's goal remains the same.

Hence, not surprisingly, the PSPB men got the top billing, with the Railways (RSPB), the runners-up, Delhi, Haryana, West Bengal, Telangana, Maharashtra and Uttar Pradesh following suit in the men's category. The top three players' rankings in each team became the basis for group seeding.

For instance, the Reserve Bank of India (RBI) is the top seed in women's team events, while last year's winners PSPB, West Bengal, Maharashtra, Madhya Pradesh, Delhi, Gujarat, and

Tamil Nadu have occupied the other top positions of their respective groups.

Having taken a policy decision on the principle of one-state-one-unit as per the Sports Code, Maharashtra and West Bengal's representation in the Nationals has been reduced to one team as witnessed during the recent Youth and Junior Nationals in Chennai and the Sub-Junior and Cadet Nationals in Alappuzha. But with Rajasthan sending two teams owing to some problems, the Federation has allowed both to participate under its banner as TTFI 1 and TTFI 2.

As for the challenge for PSPB, at least in the women's section, it could come from RBI, led by reigning national champion Sreeja Akula. Diya Chitale, Ayhika Mukherjee, Shruti Amrute and Harshavardini. The entire burden, however, is on the first two players to take the RBI team to the medal podium. Other than the RBI, some teams can be forceful in given circumstances but do not have the depth to pose any threat to PSPB.

After the first three days,

the qualifications in singles will begin, but with entries touching about 900 in both sections, things will reach the crescendo during the main draw. The attraction of the championships, apart from the maximum ranking points, is the prize purse of Rs. 16 lakhs, with the singles winner getting Rs. 2.75 lakh in each section. All three doubles events will also have prize money.

With the Asian Games scheduled this September-October in Hangzhou, the players reeking in points stand a better chance of getting the selectors' nod. The improved rankings will do a world of good to the players' confidence when they see their names in the long list of players, if not the actual Games squads. The eight-day Championships will be played on Stag Americas table, balls and brand-new flooring, said competition manager N. Ganeshan. The referee's team is headed by A.S. Kler, with his deputy K.R. Manjunath, and 55 Gold/Blue Badge, International National Umpires, assisting the strong technical team.

Rajouri Wrestling meet held



Winner wrestlers posing for a photograph with dignitaries.

■ STATE TIMES NEWS

RAJOURI: District Rajouri Wrestling Association organised day-long Rajouri District Championship, here on Sunday. The event took place under the patronage of Wrestling Association of J&K, J&K Sports Council and J&K Olympic Association.

In total, 32 young wrestlers from the district participated in this championship, a hand-out issued by the Association

here today said.

Headmaster of Government High School Sawani, Nirmal Kumar was the chief guest while Sahil Raina was guest of honour.

Among other prominent present were Neha Dutta, Amit Sharma, Rakesh Manhas, Pankaj Sharma and Akshay Kumar.

The Detailed Results: 50 kg: Sajjad Hussain, 1st; Mohd Rukhsar, 2nd and Danish

Pervaz, 3rd. 57 kg: Simran Jeet Singh, 1st; Rohit Kumar, 2nd and Pervaz Ahmed, 3rd. 61 kg: Mohd Basharar, 1st; Gurvinder Singh, 2nd and Mohd Anjaid, 3rd. 65 kg: Sajid Mehmood, 1st; Rohit Kumar, 2nd and Ajaz Ahmed, 3rd. 70 kg: Mohd Basharat, 1st; Akshay Kumar, 2nd and Anil Sharma, 3rd. 79 kg: Amit Sharma, 1st; Mohd Abdullah, 2nd and Mehmood Hussain, 3rd.

71st B N Mullik Memorial AIPF Assam Rifles wins Women's championship trophy

Mizoram Police to face Assam Rifles in Men's final

■ STATE TIMES NEWS

SRINAGAR: Assam Rifles outplayed SSB team in the final and won the women's trophy of the ongoing 71st B.N. Mullik Memorial All India Police Football (AIPF) Championship at Synthetic Turf TRC Ground, here on Sunday.

The mouth-watering final match was witnessed by a huge crowd who were supporting their favourite teams. During the match, tense moments were seen for the crowd as their favourite teams tried to dominate the opposite side. SSB women team tried various attempts but could not



break the defence of Assam Rifles which gives Assam Rifles edge to win the championship at the end by the margin of three goals to one.

Before the final match, CRPF women and Odisha

women teams played Hard Liner match for achieving third position which ended with the win of CRPF women team by two goals to nil.

In the final match, ADGP Kashmir graced the occa-

sion as the chief guest, who interacted with players of both the teams and congratulated them for their exemplary performances throughout the championship.

He lauded all the women teams who performed in the championship for showing courage and displaying their skills which encourages the local youth of the Valley. He also praised the J&K Police women football team for enticing local women towards sports activities. ADGP Kashmir said that the main motive of such types of activities is to attract the youth in sports

besides, refrain them from doing any ill activities which is harmful for them as well as for the society.

Meanwhile in men's competition, two semi-finals were played.

In first semifinal at Kashmir University ground, Assam Rifles beat Kerala Police by three goals to nil while in another semifinal played at Bakshi Stadium Srinagar, Mizoram Police outplayed Punjab Police by two goals to one.

The final match between Mizoram Police and Assam Rifles is scheduled tomorrow at 1:20 PM at Bakshi Stadium Srinagar.

Samba Wrestling meet on March 24

■ STATE TIMES NEWS

JAMMU: District Samba Wrestling Championship, organised by District Samba Wrestling Association, shall be held at Police Technical Training Institute (PTTI) Vijaypur, here on March 24.

The championship shall be organised under the aegis of Wrestling Association of J&K, a handout issued by the Association here today informed. All wrestlers (men and women) of district Samba are advised to report to the members of the organising committee at 8 am on March 24 along with Aadhaar card, Date of Birth certificate and two photographs. For further clarifications, wrestlers can contact president, Advocate Vijay Gupta (9419198654), Prem Master (9419129794) and Ravinder Kumar (9149826972).

JKRA holds meeting to review 2023-24 shooting activities



JKRA members during a meeting at Jammu.

■ STATE TIMES NEWS

JAMMU: President J&K Rifle Association, Surinder Singh Sodhi on Sunday held a meeting at shooting range, Gulshan Ground, here to discuss and to chalk out sports strategy for the year 2023-24. The meeting was attended by Chairman, Kuldeep Singh Jamwal, and other

office bearer VS Pathania, Sharat Chander Singh, Paramjeet Singh, Treasurer JKRA, Arun Mansotra, and representative from General Zorawar Singh Shooting Club.

The President had an elaborated discussion for the preparation of activities calendar and suggested to pre-

pare the shooting calendar at the earliest for further distribution in time.

While interacting in the meeting, Kuldeep Jamwal asked to meet with President, National Rifle Association of India for the allotment of events in the Union Territory of J&K.

Asserting the demand of participants members, Sharat stated that the association will take up the issue with UT Sports Administration for the allotment of land to JKRA for construction of Ili-Fi shooting range for its promotion.

Enunciation the importance of sports, he also decided to put up the matter with sports council for a permanent office within MA Stadium, Jammu.

Samba Police organises Dangal at Sanoora Drugs abuse eradication objective behind sports activities: Benam Tosh



SSP Samba Benam Tosh introducing wrestlers of main bout.

■ STATE TIMES NEWS

SAMBA: Samba Police on Sunday organised a 'dangal' at border village Sanoora situated near International Border in Samba sector where thousands of people thronged.

SSP Samba Benam Tosh, Addl. SP Samba Surinder Choudhary, DySP Garu Ram Bhardwaj, SHO

Ghagwal Bharat Bhushan and Chouki Officer Rajpura Sudhir Charak felicitated the wrestlers with cash money who emerged out winners.

BDC Chairman Rajpura Radha Krishan, Sarpanch Rajpura Suresh Basotra, Sarpanch Sanoora Davinder Singh, Sarpanch Madoon Ram Dhan, Naib Sarpanch

Sanoora Dhanwanti Devi, Panch Rajpura Kuldeep Kumar, Panch Sanoora Neelam Singh, Kuldeep Singh, Pushpa Rani, renowned social activists Kulbushan Singh and Rajesh Upadhyay were also present.

First prize was won by Rashid Pahalwan of Vijaypur defeating Zakir

Pahalwan of Punjab while second prize was won by SPO Raj Singh of Taloor Samba defeating Rahul Pahalwan of Vijaypur.

Over fifty wrestlers of Punjab, Samba, Kathua and Jammu participated in the Dangal.

Benam Tosh said that the main objective of Jammu Kashmir Police behind organising Dangal and other sports activities under CAP is to completely eradicate the menace of drugs abuse from society and save the precious lives of youth.

He further informed that Police is going to organise several other sports activities in Samba district in near future and advised sportsperson to get themselves ready to take part.

TAPPS Jammu Cantt conducts Graduation ceremony

■ STATE TIMES NEWS

JAMMU: Tiger Army Pre Primary School (TAPPS) Jammu Cantt organized Graduation ceremony for PS3 students. The Graduation Ceremony started with the smart tiny tots of pre primary dressed in graduation robes and caps walking on the red carpet. A colourful programme was presented by



Toddlers of TAPPS Jammu presenting a cultural programme.

PS2 students and teachers to bid farewell to little graduates.

The Principal, Anu Hooda felicitated the students with certificate of Graduation. The Principal and the entire teaching staff lined up to cheer up the graduates with a sparkling smile on their faces. The parents were invited to witness this event and to receive their graduated wards.

Five-day outreach programme on Primary Health Care for Senior Citizens concludes at JU

■ STATE TIMES NEWS

JAMMU: The Five-day outreach programme on Primary Health Care for Senior Citizens culminated on Sunday at the University of Jammu. The programme was organized by the National Institute of Social Defence, Ministry of Social Justice and Empowerment in collaboration with Anugraha Regional Resource Centre and Training Centre on Ageing and Department of Home Science, JU. Speaking in the valedictory session, Dr. Aabha Choudhary, Chairperson of



JU faculty and students posing for a photograph.

Anugraha enlightened the participants that master trainees will be selected after this programme thus giving an opportunity to the youth to

be engaged in the empowerment of the senior citizens. She stressed that keeping silent in such situations is not the solution but taking appro-

private steps by the neighbourhood families and youth in resueing the elderly who are at risk of abuse. Earlier Prof. Samridhi Arora, Head, Department of Home Science, JU, and also the coordinator of the programme presented a brief report and an overview of the lectures delivered during the programme.

Some of the prominent speakers and resource persons include Prof. Rajni Dhingra, Prof. Neeru Sharma, Prof. Shashi Manhas, Prof. Samridhi Arora from the Department of Home Science,

JU, Dr. Nirojini Bhat, former visiting faculty in Food & Nutrition, Dr. Rohit Bhatia, renowned Physiotherapist and Visiting Consultant, IIT, Jammu, Dr. Kamini Sharma, Neurologist, K.D Multispeciality Hospital, Jammu and Deepali Arora, Sr. Advocate, J & K High Court apprised the audience about the relevance of the programme in developing sensitivity towards senior citizens. The programme was assisted by Dr. Charu Mohan, Sr. Scientist, Department of Home Science, JU.

Mission Youth: DC Kishtwar launches Cricket trials for young players



DC Kishtwar, Dr Devansh Yadav and other officials at a programme.

■ STATE TIMES NEWS

KISHTWAR: In a bid to nurture young talent and promote the sport of cricket, the District Administration has collaborated with the Youth Services & Sports Department to organise a two-day Cricket Trial & Coaching Session. The event, held at Chowgan Ground in Kishtwar; was aimed at budding cricketers in the under-14 and under-17 age groups.

The session was inaugurated by Deputy Commissioner Dr Devansh Yadav, who was joined by District Youth Services and Sports Officer Kharati Lal Sharma and guest coaches including Ranji Trophy batsman Shubham Khajuria and Ranji Trophy Bowler Akash Choudhary. Speaking at the event, Dr Yadav described it as a "golden opportunity" for young cricketers to learn from experienced professionals and develop their skills. He encouraged aspiring players to embrace professionalism in their approach to the game.

The initiative is part of Mission Youth activities

aimed at providing opportunities for self-development and growth among young people. Selected players from the trial sessions will receive free coaching from sponsored academies in UT where they will have access to top-level training facilities and expert coaching staff.

Dr Yadav expressed his belief that the coaching sessions would provide young players with a wealth of opportunities to excel in the game of cricket. During the event, boys and girls were given demonstrations by experts on various techniques and tips for playing professional cricket and maintaining fitness. Around 400 boys and girls, as well as sports teachers and staff from YSS, benefited from the guidance session.

The trial and coaching sessions were carried out by Ranji Trophy batsman Shubham Khajuria, Ranji Trophy Bowler Akash Choudhary and Strength and Conditioning Coach Sunny Verma. The sessions will continue tomorrow with more valuable coaching tips and techniques being shared with aspiring cricket players.