

Chief Secretary, AGDP flag-off 3rd edition of Jammu Half Marathon

■ STATE TIMES NEWS
JAMMU: The Chief Secretary, Jammu & Kashmir, Dr. Arun Kumar Mehta on Sunday flagged off the 3rd edition of Jammu Half Marathon from Zorawar Singh Auditorium University of Jammu here.

The traditional flagging off was done in the presence of the Additional Director General of Police (ADGP) Mukesh Singh, Vice Chancellor of University of Jammu, Prof Umesh Rai, Commissioner Secretary Information Technology, Purna Puri, Deputy Commissioner Avny Lavasa and Excise Commissioner Pankaj Sharma.

The marathon was organized by Jammu Athletes Club in collaboration with Radio Mirchi 98.3 FM and more than 1000 runners took part in this grand event.

In the Post Covid 3rd edition of this marathon, despite rainy season the participants marked their presence enthusiastically with the high level



Chief Secretary, Dr. Arun Kumar Mehta flagging-off 3rd edition of Jammu Half Marathon from University of Jammu.

of 'Joshi' filling the whole environment with youthful activity.

The title of the marathon was quite aptly chosen as "Say no to drugs yes to Life" and the main objective of today's sports event was to spread awareness among the people especially the youth about the dangerous consequences of drugs not only on the addict but the whole society.

The event was divided into 3 categories i.e. Half

Marathon (21.097) Km; The Great Jammu Run (10 Km) and FIT Fun Run (5 Km).

Dr. Mehta lauded the efforts of the team of Jammu Athletes Club in holding national level event which serve multiple purposes especially creating awareness among the people from cross sections of the society.

He said that since there has been a drastic transformation in the lifestyle and living patterns especially during the past few decades, therefore in

the present day scenario there is a dire need to stay fit as physical activity stands reduced to a bare minimum.

Moreover the theme of this event is going to leave an impact upon the people by making them alert against the menace of drugs in the society and motivate the youth to stay away from drugs.

Gaurav Gupta and Vikram Gupta, founders of Jammu Athletes Club thanked the people of the City of Temples

and runners from across the country for marking huge participation in the event and making it successful.

They also thanked Sumit Kakkar, AVP Upper North Radio Mirchi 98.3 FM and the whole team for his overwhelming support to the event.

They said that after the 3rd edition held today, the 4th edition of this Marathon will be held in November this year. The event concluded with the distribution of prizes among the winners.

Gaurav Gupta and Vikram Gupta also expressed gratitude to SSP Jammu, Chandan Kohli and SSP Traffic City Jammu, M Faisal Qureshi for extending their support towards safety of the runners and adequate traffic arrangements for smooth conduct of the event.

They also thanked all the sponsors for supporting the event and making them a success. They also thanked Sanjeev Mahajan, Administrator General

Zorawar Singh Auditorium, University of Jammu and Dr. Daud Iqbal Baba, Director Sports and Physical Education, University of Jammu, for making necessary arrangement in University of Jammu in successful conduct of marathon.

The event was managed by the core members of Jammu Athletes Club and Radio Mirchi 98.3 FM team including namely Prince Khajuria, Vasu Gupta, Jai Sharma, Ishaan Gupta, Kritika Gandotra, Vasudha Samnotra, Akshun Gupta and Kanav Padha besides team Radio Mirchi 98.3 FM; Shwetima Jamwal, Programming Head, Chaitanya Gupta, GM Jammu, Shobhit Vaid, Kritika Chaudhary, RJs Rohit, Tani & Chaitanya.

JAC is thankful to Cyclists Groups of Jammu for their support to the runners throughout the run and all the volunteers for their help in the smooth management of the event.

DYSS refresher course begins at Miran Sahib



District Sports Officer interacting with participants.

■ STATE TIMES NEWS
JAMMU: The Department of Youth Services and Sports (DYSS), Zone Miran Sahib organised five days refresher course in collaboration with Zone R S Pura at Government High School Kotli Shah Dola.

District officer (DYSS) Jammu, Sukhdev Sharma along with officials of the activity section interacted with the participants and the resource persons while

declaring the course open.

Chanderkanta (ZPEO RS Pura) and Rakesh Kakar (ZPEO Miran Sahib) also briefed the visiting officer about the work done in their respective Zones.

Earlier, Rakesh Kakar invited Dr. Arti and Dr. Aftab Mir along their senior Pharmacist from Ayush Directorate to deliver the lecture. Chyavanprash and medicines were also distributed on the occasion.

Athira interacts with Civil Services aspirants



JKAS 2021 qualifier, Athira Jamwal interacting with aspirants.

■ STATE TIMES NEWS
JAMMU: The SR College of Competitions (SRCC) organized an interaction with Athira Jamwal, who secured 20th rank in the recently declared 2021-JKAS Prelims.

While sharing her journey, she spoke about her experiences and the problems faced during the preparation for civil services. She dealt with the nature and structure of the exam comprehensively.

All the aspects including the scheme and pattern of the exam, approach for

Prelims and Mains, sources of material and the books required, use of online resources and the relevance of newspaper reading in preparing the current affairs and writing test series for both prelims and mains were covered thoroughly and to the satisfaction of the students.

Aspirants were also guided about the CSAT and Essay papers. She also shared her PSC interview and the kind of questions asked by the Chairman and other Board

members and how mock interviews helped her.

Aspirants were also suggested to atleast attend one comprehensive test series for both prelim and mains examinations. The College has already started a test series for 2023 IAS/JKAS Prelims.

The response was overwhelming and the attendees appreciated the initiative taken by the SR College.

The attendees included the aspirants preparing for IAS 2023 and JKAS 2023 and also undergraduates who will be eligible in a couple of years.

"SR College has planned a series of free interactions with the IAS officers, JKAS toppers and various subject experts from Delhi and Jammu for the benefit of civil services aspirants of Jammu and Kashmir and this interaction was one in the series" informed Office Coordinator, Shweta Saini.

Ajay Singh elected to IBA Board

■ STATE TIMES NEWS

JAMMU: President Boxing Association of India (BAI), Ajay Singh has been elected to the Board of the world boxing body of International Boxing Association (IBA).

Ajay Singh's nomination was made to the powerful IBA Board on the sidelines of the ongoing World Women's Boxing Championship at Delhi.

"I have been given a big responsibility by the IBA by way of my nomination to the Board as vice chairman. The world body of boxing has shown faith in India and looks at BAI as its important member," informed Ajay Singh while addressing the members at the 8th AGM that took place at Delhi.

"It's not about IBA or me, India has been involved in the IBA Board. All eyes on India and the world looks at us. Such happenings further strengthen our resolve to take boxing to every nook and corner of the country," Ajay Singh asked the members.



Humanity Public School celebrates Chaitra Navratri

■ STATE TIMES NEWS

SAMBA: The staff and the students of Humanity Public School, Bassi Kalan, celebrated the beginning of the Chaitra Navratri festival with religious fervour.

The session's last celebration started by offering prayers to Goddess Durga by the Principal Gaurav Charak, Vice-Principal Anku Charak, Senior Incharge Akashdeep Raina, Incharges of different wing Keshav Raj Sharma, Ajay Sharma, Namrta Sharma, Vandana Sharma and Aparna Billowria.

Angel, a student of class 6th, presented an eloquent topic on Navratri in



Principal Gaurav Charak along with other faculty members and students during celebration.

English. Sheetal Gorka of Middle wing presented a well-spoken speech on Navratri in Hindi which was appreciated by all.

Later on, the girls of class 7th represented a melodious Bhajan in the praise of

Goddess Durga prepared under the guidance of their music teachers, Rajan And Abilash.

Keshav Raj Sharma Incharge Hr. Sec. Wing enlightened the staff and the students through his won-

derful speech on religious importance of Navratri. Principal Gaurav Charak shared his views on the pious festival of Navratri and informed students about the different incarnation of Goddess Durga. The Vice-Principal Anku Charak under whose guidance all this programme was carried out also wished the staff and the students of school on the commencement of Chaitra Navratri.

MI beats DC by 7 wickets to lift opening WPL Trophy

■ STATE TIMES NEWS
MUMBAI: Mumbai Indians beat Delhi Capitals by seven wickets in the final to lift the inaugural Women's Premier League trophy here on Sunday.

MI first restricted DC to 131 for 9 and then returned to overhaul the target with three balls to spare.

Nat Sciver-Brunt smashed an unbeaten 55-ball 60, while skipper Harmanpreet Kaur made a 39-ball 37 as MI reached 134 for 3 in 19.3 overs.

Earlier, skipper Meg Lanning (35 off 29 balls) was the top-scorer for DC after she won the toss and elected to bat at the Brabourne stadium here.

Shafali Verma (11) and Marizanne Kapp (18) also reached double figures but couldn't capitalise on as DC were looking down the barrel at 79 for 9 in 16 overs.

Shikha Pandey (27 not out) and Radha Yadav (27 not out) then added 52 runs off

just 24 balls to take DC to a competitive score.

Hayley Matthews returned with incredible figures of 4-2-5-3, while Issy Wong (3/42)

continued her sensational run, claiming three more wickets and Melie Kerr (2/18) was the other wicket taker for MI.

SCOREBOARD	
DELHI CAPITALS WOMEN	
Meg Lanning (c) run out (AB Kaur/†Bhatia)	35
Shafali Verma c Kerr b Wong	11
Alice Capsey c AB Kaur b Wong	00
Jenimahl Rodrigues c Matthews b Wong	09
Marizanne Kapp c †Bhatia b Kerr	18
Jess Jonassen c & b Matthews	02
Arundhati Reddy c Ishaque b Kerr	00
Shikha Pandey not out	27
Minnu Mani st †Bhatia b Matthews	01
Taniya Bhatia † b Matthews	00
Radha Yadav not out	27
Extras	01
Total	131/9
MUMBAI INDIANS WOMEN	
Hayley Matthews c Reddy b Jonassen	13
Yastika Bhatia † c Capsey b Yadav	4
Nat Sciver-Brunt not out	60
Harmanpreet Kaur (c) run out (Pandey/Capsey)	37
Amelia Kerr not out	14
Extras	06
Total	134/3

Manjit Club wins Volleyball title

■ STATE TIMES NEWS
POONCH: Shaheed DySP Manjit Singh Memorial Volleyball Club clinched the title trophy of the one-day volleyball tournament which was organised by the District Police Poonch at Government Degree College ground, here on Sunday.

In the title clash, Shaheed Manjit Club defeated the Junior team of the Club in straight sets of 25-21, 25-19, 25-23. In total, seven teams of the district participated in this event which was hosted by the Shaheed Manjit Club on knockout basis.

The Results: Khanaiter Club bt Bacheya Wali Club 2-0; Gobhi Club bt Behra Club 2-0; Shaheed Manjit Singh Club bt Masjid Mohalla Club 2-0; Shaheed Manjit Singh Junior team bt



Chief Guest presenting trophy to a winner team.

Gobhi Club 2-0; Shaheed Manjit Club senior team bt Khanaiter Club 2-0.

District Treasury Officer, Mohd Rashied Dustam was the Chief Guest, who presented the title trophies. Those present on the occasion were DySP Arfat

Hussain, DySP DAR Pooch, Mohammad Shafiq and Ranjit Rao, SHO Poonch.

The event was officiated by the technical penal including Shabbir Ahmed, Ramiz Tariq, Mohd Ayaz, Payal Sharma and Shaheen Akhter.

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JAMMU: GC Women Club Samba beat Royal Women Cricket Club Jammu by 25 runs in the final and lifted the trophy of Women Cricket Tournament organized Range Police Headquarters Jammu under Civic Action Programme 2022-23 in Jammu University Cricket Ground, here on Sunday.

The Tournament was organized under the guidance and directions of DIG

Jammu-Samba-Kathua Range, Jammu Shakti Kumar Pathak.

Sania Slathia was declared as Player of the Match for scoring 36 runs and two run outs. Player of the Series goes to Aavri Singh for scoring 118 runs.

Staff officer to DIG Jammu Rajinder Singh Katoch SSP, DySP RPHQ Raman Kumar, DySP RPHQ Jatinder Singh Sambyal and Inspector Anjoo Pandita wel-

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comed the Chief Guest, Sarah Rizvi, DIG Adam Police Hqrs. J&K. DIG Jammu and Staff officer to DIG Jammu presented memento to the Chief Guest.

Chief Guest thanked to DIG Jammu Shakti Kumar Pathak, IPS and whole CAP Team members of RPHQ, Jammu for organizing the Cricket tournament, both for men and women.

She also said that such type of events may strengthen the Police and Public relations.

DIG Jammu along with CAP members RPHQ Jammu distributed cash prize and trophies to the winning and runner up teams and trophies and certificates to player of the match and player of the tournament.

The Team Members of the Range Police Hqrs. were present in venue for smooth functioning of the tournament.



DC Poonch, Inderjeet with female Hockey players and others during felicitation ceremony.

talented women in the field of sports thus helping them aim

higher in life.

He advised the players to

keep working hard and aim to represent India at highest

RPHQ Rajouri organises 'Run for Unity' against drugs



DIG RP Range Dr. Mohd. Haseeb Mughal along with other runners participating in 'Run for Unity'.

■ STATE TIMES NEWS

RAJOURI: In order to counter the increasing menace of drugs among the youth and the masses as well as to prevent the abuse and growing drug addiction in the society, RPHQ Rajouri under Civic Action Programme organised a mega 'Run for Unity' against drugs, here on Sunday.

Over 500 personnel of different security forces, members of civil society, students of Degree College Rajouri, HEM School, International School, J&K Police Public School and Govt. HSS participated in the event. The march started from DPL Rajouri and culminated at DPL after covering Gujjar Mandi Chowk, Salani Bridge, Old town, City Markets and Panja Chowk. Prominent youth leaders from different political parties and social groups of Rajouri also participated along with their teams/groups in the event. The march was flagged off by DIG RP Range Dr. Mohd. Haseeb Mughal in presence of senior officers of the district Police, 2nd IRP and CRPF.

At the culmination, DIG RP Range thanked the participants for exhibiting tremendous enthusiasm and support in spreading this noble message amongst the masses.

This Civic Action Programme is part of a series of efforts under Nasha Mukht Bharat Abhiyan being made by J&K Police to spread awareness about drug abuse and addiction.

DC Poonch felicitates Hockey players

level of competition.

He also advised the achievers to carry on their interest in games and sports activities.

Deputy Commissioner further emphasised on the education of girls.

Prominent among those who were present included Mohinder Paul, District Social Welfare Officer Pooch; Azam Rather, Tehsil Social Welfare Officer and Pawan Kumar, Hockey Coach and Fitness Trainer BCCI, NCA, JKCA.