#### Daughter of soil sets an example at international scene

# Ankita's journey from Pinglish to Pune---to Indian No-1 Tennis Star

'Tough voyage' says her father Ravinder

**STATE TIMES NEWS** 

JAMMU: Originally hailing from village Pinglish, tehsil Tral in district Pulwama (Kashmir), born and brought up in Ahmedabad (Gujarat) and working for sporting excellence Pune in (Maharastra), sensational Tennis Star Ankita Raina is a familiar name in the world of Tennis and No-1 Tennis player in India.

Ankita, the daughter of the soil, who has set an example on the national and international scene, is among a very few sporting stars from the Kashmiri Pandit community, who have carved a space on the country's sports map. Indian Cricketer Suresh Raina, Chief Wushu Coach of India Kuldeep Handoo and voung footballer Ishan Pandita are a few others to

"The journey began with our mass exodus from the valley in early 90's when our family flew to Ahmedabad (Gujarat) where Ankita was born on January 23, 1993



Ankita's sporting journey,' said Ankita's father Ravinder Krishen Raina.

He added that as a kid Ankita was very much interested in dancing and drawing. She has won a few awards in dance as she used her bharatnatvam perform-

He further said before shifting Ankita for advanced training to Pune, he had admitted her in a mission school namely Mount Carmel women's singles and mixedat Ahmedabad where she doubles events at the 2016studied upto 8th standard. South Asian Games, and a bronze medal in singles at At Pune, she met her guru (Coach) in Hemant Bendrey the 2018 Asian Games. Raina is one of only two at Gymkhana Centre, who shaped her sporting career. women representing India Then I made her take part in who have won a WTA Tourvarious Tennis tournaments Playing for the India Fed Pune,

Cup team, Raina has a win-Vijavawada and so on, where loss record of 30-24. She has she excelled and did not look back. Rest is history. notable wins over 2011 US "More than myself it has Open champion Samantha been Lalita (Ankita's moth-Stosur, Wimbledon finalist er) who played a key role in Sabine Lisicki former world her transformative years to No. 5 Sara Errani, and mulclimb the ladder of success," tiple doubles grand slam winsaid Mr Ravinder.

Ankita (31) 5' 4" tall For her achievements at daughter of the soil, has won the Asian Games and South one title on the WTA Tour Asian Games, Ankita was and one WTA 125 tournaconferred the Arjuna Award ment (both in doubles), along in 2021, which was presentwith 11 singles and 25 doued to her by the then bles titles on the ITF Circuit. President of India, Ramnath In April 2018, she entered the top 200 in the singles rankings for the first time. becoming only the fifth player representing India to

Ankita Raina, who tied the knot with her long time beau Milind Sharma in Pune on December 15, 2023 said that it was great to end 2023 with their wedding.

The Ahmedabad based

climbing up all the way back after she was twice down with Covid in 2020 and losing almost about six months, Ankita said that she was grateful that she has been able to compete at that level back-to-back after the Covid tragedy. "Lively seasons followed and I have been competing well against top players of the world and beating some of them. God has been kind," maintained Ankita.

Ankita is simply the pride of Union Territory of Jammu and Kashmir in general and the Kashmiri Pandit community in particular.

Kashmiri Pandit girl, India's top female tennis player, who is currently at Indore (Madhya Pradesh) in connection with a tennis tournament said balancing personal life with professional life was not everybody's cup of tea, adding that she felt lucky to have married someone who shared the same val-

Sharing her experience of

J&K Yogasana team leaves

for Senior National

J&K Yogasana team posing with dignitaries.

■ STATE TIMES NEWS

JAMMU: J&K Yogasana team on Saturday left for Howrah to participate in 48th Senior National Yogasana Championship scheduled to be held at Hooghly, Howrah (West Bengal) from March 19 to 23,

Patron-n-chief of Yoga Association Rajyogini B K Sudarshan Didi and President Akhil Kapahi, among Vice President BK Ravender Bali flagged off the Yoga

Secretary General of the Association, Vinod Bhatia

highlighted that this time National Referees of the J&K UT are also invited for the aforesaid championship by Yoga Federation of India.

Total 15 Yoga players both from men and women are going to represent J&K UT. Team is accompanied by Mukesh Sharma, Aryaaveer Singh, Sabita Sharma.

Team: Sunil Singh, Akarsh Sharma, Tanisha Rajput, Vanshika Arora, Simran, Zoha, Barkat, Tarun Kumar, Anjali Devi, Anjali Bhatti, Satyajeet Singh, Abdul Sattar, Naina Sharma, Mansi Sharma.

### Kishtwar boy 'Basharat' keeps UT's flag high in prestigious ISPL

Ahmedabad and my daugh-

ter 4-year Ankita used to

accompany him, which

marked the beginning of

STATE TIMES NEWS

JAMMU: Hailing from tehsil Chatroo in district Kishtwar, left-arm medium fast bowler, Basharat Hussain Wani kept the flag of the Jammu and Kashmir Union Territory high with his sterling performances in the recently concluded first edition of the prestigious Indian Street Premier League (ISPL) at Kondev Stadium, Thane, Maharashtra.

Representing legendary actor Amitabh Bachchan owned 'Majhi Mumbai' team, Basharat took 11 wickets in the five matches he played in this league, with 3/17 as his best.

The talented left-arm medium pacer, took 3/17 twice in the tournament against Srinagar Ke Veer and Falcon Riders Hyderabad, besides 1/37 against Chennai Singams, 2/3 against Tigers of Kolkata and 2/17 in the semifinals against Chennai Singams.

Majhi Mumbai lost the low scoring final against the formidable Tigers of Kolkata.

Basharat has the distinction of being part of the U-19 and U-23 Men's Camps of Jammu and Kashmir Cricket Association (JKCA), besides Delhi Capitals Camp held at Srinagar.



"I am highly thankful to the franchisees of Majhi Mumbai team who provided me ample opportunity to showcase my cricketing skill. My ultimate goal is to represent JKCA at the national scene. I will leave no stone unturned to make that happen. My Coach (Indian cricketer Mohit Sharma) guides me well at his Academy in Gurgaon. With sheer-dint of hardwork and dedication, I reckon my dreams would surely be fulfilled," said Basharat.

### Two-Day National Seminar on Tribal & Dalits concludes at JU

achieve this feat. Raina has

also won gold medals in the

JAMMU: The two-day national seminar on "Social Exclusion/Inclusion in North West Region: Regional Transformation among Tribal and Dalit Groups" organized by Centre for Study of Social Exclusion and Inclusive Policy sponsored by Indian Council of Social Science Research (ICSSR), North Western Regional Centre, Panjab University, Chandigarh and in collaboration with Directorate of Distance and Online Education (DD&OE), and Department of Economics concluded on Saturday at University of Jammu.

In the valedictory function, Prof. Rajeev Rattan, Director, Colleges Development Council, JU was the Chief Guest. Prof. Supran Sharma, from School of Business Studies, SMVDU, Katra was the Guest of Honour.

Prof. Raj Kumar Mahajan, formerly HoD Economics, Regional Centre, Bhatinda, Punjabi University, Patiala delivered the keynote address.

Prof. Mahajan underlined the need to empower the scheduled castes and disadvantaged groups for their socio-economic amelioration and effective participation in all aspects of society. In fact, caste has become a persistent feature of the social life in India and it continues to determine the socio-economic status of a person even after 75 years of



Dignitaries at national seminar at JU.

Varan Vyvstha was conceived in the Vedic period as the division of labour but at present it is opposite to the Vedic varna system which has hindered the persons from achieving a higher level of development. In the present context, these systems have to be revisited and Indian of socio-culture foundations have to be adopted.

Prof. Supran Sharma, highlighted the need for empirical studies in the context of tribal and Dalit groups for their socio-economic upliftment.

The chief guest of the valedictory function, Prof. Rajeev Rattan, accentuated on the development of marginalized and minority communities from an economic perspective for inclusive growth. There is a need for policy interventions that can promote a more inclusive economic trajectory, ensuring that growth benefits all segments of society.

Prof. Jasbir Singh, Seminar Director presented the seminar report and the future plan to disseminate the findings of the seminar by publishing an edited volume from a reputed national publisher, Dr. Manoj Bhatt presented the vote of thanks and Dr. Jasleen Kour conducted the proceedings.

In the morning and afternoon parallel sessions fifty empirical papers were presented on different sub-themes including educational marginalization, cultural and heritage reconstruction, tribal women, Dalit empowerment, social networking among disadvantaged and Gujjar and Bakerwal communities, their marginalization in the health and employment sector. More than 200 participants from Punjab, Himachal Pradesh, Haryana, Uttar Pradesh, Rajasthan, Jammu & Kashmir, and Chandigarh attended the seminar. Faculty of DD&OE, Department of Economics and research scholars of the Department of Economics graced

### Ahmedabad Defenders' hard-fought win over Delhi Toofans spices up Super 5s stage

**STATE TIMES NEWS** Ahmedabad

Defenders earned a hardfought victory over the Delhi Toofans in the Super 5s stage of the third season of RuPay Prime Volleyball League powered by A23, winning the match 15-10, 11-15, 10-15, 18-16 win at the Jawaharlal Nehru Indoor Stadium, Chennai on Friday to stay alive in the competition. Angamuthu was named the Player of the Match.

Angamuthu began well in attacks, helped on by Muthusamy's clever passing. There were consecutive net touches from Delhi and



untimely

Ahmedabad made the most of them. Max Senica's indecisiveness on attack allowed Delhi to gain an easy point while Santhosh's consistent attacks further helped. But it was Shikhar Singh who ensured the Defenders maintained their lead with consecutive monstrous blocks.

Dodic started finding spaces

DGP J&K promotes 48 HCs of Telecom cadre to rank of ASI

kept getting good height on his attacks to earn crucial points, but Dodic's aggressive serves left the Ahmedabad defence vulnerable, and Delhi took a 2-1 lead. Shon T started attacking well to launch Ahmedabad's fightback. Despite Senica's ago-Ahmedahad maintained composure to push the match to fifth set, riding on Angamuthu's attacks.

A couple of missed blocks from Aponza motivated Ahmedabad to launch pipe attacks. Muthusamy began involving his middle blockers in attacks to add force behind their attacks. Angamuthu continued to hit spikes from the outside lines to test Delhi, and helped his side get a crucial super point, and scripted an important win for his side.

# Sanjana's hat-trick fashions 3-2 win for Sham Lal Hockey Club

**STATE TIMES NEWS** 

POONCH: Displaying extraordinary hockey skills, Sanjana Yadav scored a brilliant hat-trick to power Sham Lal Hockey Club to a convincing victory over Khelo India Hockey Club by three goals to two (3-2) in an exhibition match played on the theme--'Nasha Mukht Bharat Abhiyaan, BBBP campaign at Synthetic Hockey Astroturf, Poonch on

District Social Welfare Department Poonch, organised the match to provide exposure to girls and hone their sporting skill, besides involving them in sports activities to not to derail from the mainstream.

District Social Welfare Officer (DSWO), Abdul Raheem was the Chief Guest, who interacted with the players of both the teams and witnessed the

Earlier, a Cricket match was also played on the same theme between Stadium XI and Kanuyian Club, wherein Stadium XI emerged the winner in a



Participating teams posing for a photograph with dignitaries.

Speaking on the occasion, the chief guest advised the players to work hard to achieve the desired results and be as the messengers of this campaign.

He assured all support from the department for the promotion of sports culture in the district.

The chief guest applauded the coaches for providing budding talent a platform to perform.

Prominent among others present on the occasion were Nirdosh Kumar, Manager Sports Stadium Poonch,

Krishan, Ravinder Singh, Laxmikant, Rajinder Singh, Gurmeet Singh, Harmik Singh, Imran Shah, Gurwinder Singh, and the employees of DSW Department, Poonch. The match was officiated by Navjot

Narjeet Singh Retd (ZPEO), Kewal

Singh KI Hockey Coach, Harmik Singh, Vishu Sharma and Jagmeet Singh, while the match was conducted under the supervision of Pawan Kumar (PEL), Hockey Coach and Navjot Singh Khelo India Coach.

### Workshop on 'GST Appeals and Litigation Handling' organised

STATE TIMES NEWS JAMMU: Director General of Police (DGP),

J&K. R.R Swain has issued promotion order in respect of 48 Head Constables of Telecom cadre to the rank of Assistant Sub Inspector (Tel). A meeting of the Departmental Promotion Committee was convened at Police Headquarters J&K Jammu and after thorough scrutiny of the service records, promotion in respect of these officials has been ordered. Swain has extended his heartfelt congratulations to the newly promoted officers and their families. He has expressed confidence that this elevation will serve as motivation factor for the officers to continue their service with even greater dedication and zeal. Those who have been promoted include Mohd Iqbal Tantray, Rakesh Khajuria, Mohammad Akram, Zahoor Ahmad Dar, Fayaz Ahmad Sheikh, Jan Mohammad Altaf, Arshad

Hussain Bhat, Tariq Ahmad Bhat, Gh Nabi Ganai, Zahoor Ahmad Lone, Mohammad Iobal Qurashi, Manzoor-Ul Haq, Peerzada Muzafar, Mohammad Yaqoob Malik, Manoj Kumar Koul, Showkat Ahmad Sheikh, Balwinder Singh Bali, Jatinder Sharma, Ashwani Kumar Bhat, Iftikhar Ahmad Khan, Hafiz-Ullah Pandith, Mohammad Akbar Hajam, Bilal Ahmad Shah, Chemail Singh, Ravi Kant, Firdous Ahmad Bhat, Parshotam Lal, Ravinder Dev Jamwal, Akthar Hussain Lone, Tarsem Singh, Majid Shafi, Shabir Ahmad Lone, Peerzada Ab Raqeeb, Anil Kumar Sharma, Ravinder Singh, Mohammad Ayoub Bhat, Rajeev Jasrotia, Sanjay Andotra, Javiad Iqbal Sheikh, Arvind Sadotra, Syed Abdul Rashid, Zahid-Ul Hassan, Bilal Ahmad Panzoo, Mohammad Ayub Bhat, Mohammad Shafi Paul and Darshana Sharma.

Majeed Hajam, Sunil Kumar,

between Ahmedabad blockers

to create chances for Delhi. An

Nandhagopal depleted firepow-

er from the Ahmedabad attack

and Aponza started making

blocks to bring Delhi back into

the contest. Santhosh's attacks

from the middle kept testing

the Defenders, and the momen-

tum began to shift. Angamuthu

injury

**STATE TIMES NEWS** JAMMU: J&K Branch

(NIRC) of the Institute of Chartered Accountants of India (ICAI) under the aegis of GST & Indirect Taxes Committee ICAI on Saturday organized a informative workshop on GST Appeals and Litigation Handling at ICAI Bhawan,

The workshop aimed to provide valuable insights into managing GST appeals



Jammu, Namrita Dogra with other dignitaries.

# and effective strategies for

### Nodal Officers briefed about electoral process



STATE TIMES NEWS

JAMMU: District Magistrate Sachin Kumar Vaishva on Saturday convened a crucial meeting of Nodal Officers and Assistant Returning Officers to discuss the action plan in anticipation of Parliamentary elections.

The meeting witnessed the presence of SSP Dr. Vinod Kumar, ADDC Sher Singh, ADMs, DIO, ACD as well as SDMs, Tehsildars and other officials. The key officials including nodal Officers were briefed about their role and respon-

The primary objective of the orientation session was to provide a comprehensive understanding of the scope and critical components of the electoral process. Participants were briefed about the role of stakeholder departments and Nodal Officers regarding training, Standard

Operating Procedures (SOPs), transportation and contingency plans.

During the meeting, emphasis was laid on studying the guidelines meticulously to ensure effective implementation during the elections. The significance of the cVIGIL mobile application was highlighted, with detailed instructions provided on its essential functions.

Decisions regarding further strengthening of the electoral process and the role of functionaries were also deliberated upon during the meeting.

The importance of adherence to guide lines and protocols of the Election Commission of India were underlined as of utmost importance.

litigation, including the process of filing writs in the High Court. The event was graced by

the presence of Chief Guest Namrita Dogra, Additional Commissioner Admin. and Enforcement, State Taxes Department Jammu, who delivered a keynote address emphasizing the significance of collaborative efforts in addressing challenges within the taxation system.

Dogra highlighted the recently Memorandum Understanding

established (MOU) between the GST & Indirect Taxes Committee of ICAI

and the State Taxes

Department of Jammu & Kashmir, aimed at strengthening training initiatives for government officers.

CA Vineet Kohli, Chairman of the J&K Branch, delivered the welcome address and emphasized the importance of the workshop in addressing the evolving landscape of taxation laws.

He underscored the complexities surrounding GST interpretation and implementation, leading to a surge in legal disputes and appeals.

He appraised the members about the largest accounting body of the world i.e

CA Priya Seht, Secretary, and CA Ayush Sawhney, Executive Member J&K Branch then took jointly the stage, conducted the proceedings and guided participants through the key

aspects of the subject. The workshop focused on providing attendees with practical insights into handling GST appeals and navigating through the intricacies of litigation, particularly in filing writs in the High Court. Guest speaker CA Vishal Poddar, hailing from Nasik and possessing extensive experience in GST Appeals and Litigation, imparted valuable expertise and strategic considera-

He emphasized key areas where Writs can be filed in the High Court, thereby empowering participants with the knowledge and tools required to effectively tackle GST challenges.

Participants engaged in discussions, leveraging the wealth of knowledge and experience shared during the workshop.

The event emphasized the broader implications of collaborative efforts in fostering a robust and transparent taxation system, upholding the principles of justice and fairness.

CA Sourav Pargal, Vice Chairman, presented the formal vote of thanks.

CA Nakul Saraf, Past Chairman along with many senior members and several Chartered Accountants were also present at the event.