

Div Com, Commissioner JMC inaugurate National Aerobic Gymnastics Championship

Sports promotes camaraderie, teaches teamwork: Ramesh

STATE TIMES NEWS

JAMMU: Sports and games teach you many transferable skills. One of the fundamental qualities that athletes of all ages may learn from sport is teamwork. Teamwork inspires people to contribute their fair share of effort, enabling a group of different individuals to come together to accomplish its overall objective. Sports also promotes camaraderie and inculcates in athletes a sense of belongingness.

This was stated by Ramesh Kumar, Divisional Commissioner Jammu while inaugurating the National Aerobic Gymnastics Championship 2023-24 at Gymnastics Academy Hall, MA Stadium here on Friday.

Ramesh Kumar was the Chief Guest on the occasion, while Rahul Yadav Commissioner JMC Jammu was the Guest of Honour.

Speaking on the occasion, the Divisional Commissioner said that the Government of Jammu and Kashmir was committed to promote sports in every nook and corner of the Union Territory.

He said that the implementation of J&K Sports Policy 2022 was a great thing to happen in the sports history of Jammu and Kashmir.

Ramesh Kumar said over 20 lakh athletes drawn from J&K took part in various sporting activities at the domestic level, adding that a good number of these athletes excelled in National and International events.



He further said Gymnastics is one of the prominent medal winning sports disciplines in the Union Territory of Jammu and Kashmir.

"The athletes like Para Arheer Sheetal Devi and likes have kept our flag high at the national and international scene," said Ramesh Kumar.

Commissioner JMC Jammu while lavishing praise on the organisers said that such sporting extravaganza help young sportspersons to show-

case their talent at the higher levels, besides helping them not to derail from the mainstream.

Earlier, Kiran Wattal, President Gymnastics Association of Jammu and Kashmir presented a welcome address and highlighted the activities and achievements of the Association.

He was all praise for the LG Sh Manoj Sinha led J&K Administration (who also heads J&K Sports Council) for making sea changes in J&K sports scenario.

Wattal also praised Secretary J&K Sports Council, Nuzhat Gul for raising sports infrastructural facilities to help sportspersons flourish.

On the occasion, in a demonstration, Gymnasts displayed extraordinary skills, while J&K's Gymnastics queen, Muskan Rana mesmerized audience with her artistic display.

Prominent among others present on the occasion were SSP Dushyant Sharma; Vice President J&K Gymnastics Association, Rajan Sharma; Riyaz Ahmed, Administrative Officer Sports Council; Divisional Sports Officer J&K Sports Council; Tejinder Singh, Organising Secretary of the event; Rajesh Dhar, ace Sports Administrator; Sunil Sharma and Gymnastics Coaches of great repute SP Singh and Arjuna Awardee, Krupali Singh.

The proceedings of the opening ceremony were conducted by Sapna Soni.

IPL Wall of Fame inaugurated

Sports Journalists honoured

STATE TIMES NEWS

JAMMU: Hotel Radisson Blu Jammu took an initiative to inaugurate the IPL Wall of Fame in order to celebrate the success of J&K's cricketing heroes who are part of various teams in the 17th edition of the Indian Premier League.

The portraits of IPL stars of J&K including the pace sensation Umran Malik, explosive batter Abdul Samad, bowling all-rounder Yudhvir Singh Charak, swing bowler Rasikh Salam and left-arm spinning all-rounder Abid Mushtaq, were unveiled by the Chief Guest Ranjeet Kalra, Member Sports Council and ace Sports Administrator along with Eminent Journalist Ahmed Ali Fayaz, Pradeep Dutta Senior Editor Times Now and Media Manager JKCA, Rajesh Dhar, who were the Guests of Honour.

On the occasion, eminent



Pradeep Dutta Senior Editor Times Now and other journalists inaugurating the IPL Wall of Fame.

Sports Journalists of various publications were honoured by the organisers for their outstanding contribution in promoting sportspersons of various sports disciplines.

Those who were honoured included Sudhir Kumar, Sanjeev Sharma, Vikas Abrol, Kirti Dhar, Ranjit Thakur and Akash Raj.

Speaking on occasion, Kalra expressed gratitude to Prop. Radisson Blu Bhupesh Gupta and his

team for their novel initiative to celebrate the success and journey of our J&K's IPL stars.

"Apart from the Wall of Fame, the organisers have installed a small cricket arena which will be there throughout the IPL season to enthuse cricket lovers. Moreover, the registered players of JKCA will be given a 20 percent discount on all foods and beverages throughout the IPL season," said Vikas Kohli F&B manager Radisson Blu.

JKPS Kunjwani shines in 11th J&K UT Rope Skipping Championship 2023-24



JK Public School Kunjwani faculty felicitating winner students.

STATE TIMES NEWS

JAMMU: In the 11th J&K UT Rope Skipping Championship 2023-24, held on March 21, 2024 at Baby Caters Hall, Rehari Jammu, JK Public School Kunjwani won three gold and two silver medals.

The winners are Pearl Nischal, Gold Medal in

Speed hop, Gold Medal in Backward Single Bounce and Silver Medal in Single Duch. Mayank Sharma won Gold Medal in Speed Hop and Payal Kumari won Silver Medal in Single Duch. Hariansh Nag and Jazzkaran Singh marked their participation in Speed Hop.

Shashi Chandhary, Director JK Educational Society and Principal Rajesh Rathore congratulated the winners and felicitated them.

They also lauded the school Coach, Gopal Dass and HOD (Sports) Subash Chander for preparing the team.

Chandwan Cricket Club wins Cricket Tournament trophy

STATE TIMES NEWS

KATHUA: Cricket Tournament organized by Range Police Hqrs. (RPHQ) Jammu under Civic Action Programme 2023-24 under the guidance and directions of DIG Jammu Dr. Sunil Gupta and overall supervision of SO to DIG Jammu Rajinder Singh Katoch SSP, concluded at District Police Lines, Kathua on Friday.

It is pertinent to mention here that 08 teams from different locations of District Kathua, participated in this tournament. Addl SP Kathua Paramjeet Singh welcomed the Chief Guest SO to DIG Jammu Rajinder Singh Katoch, SSP.

Rajinder Singh Katoch SSP, while addressing to media, said that such type of events may strengthen the Police and Public relations and youths should take more part in sports activities and stay away from drugs and bad company.

He further stated that sports activities are important for person-



SSP Rajinder Singh Katoch posing with participating teams and other officials.

ality development, positivity, good health and keeps the individual away from the negative forces.

In final match, Chandwan Cricket Club beat AJ Cricket Club by two wickets and Karan Verma declared as Man of the Match as also Man of

the Series.

Shivdeep Singh, SSP Kathua and Rajinder Singh Katoch SO to DIG Jammu felicitated the winner team as well as runner up team with trophies, and Cash prize of Rs. 10,000 to winning team and Rs. 7000 to

runner up team and cash prize of Rs. 1500 to Man of the Match and Man of the series.

The public witnessed in the event appreciated the efforts of Jammu and Kashmir Police for organizing the tournament for youth.

Chief Guest congratulated the winner/runner up teams and expressed that police is committed to give boost to the sports and other youth development activities in the area and transform/mould the sportsmen in the right direction.

The staff officer to DIG Jammu Rajinder Singh Katoch thanked Kathua Police for supporting to conduct the tournament successfully.

On the occasion DySP DAR Kathua, Subash Chander, DySP Hqrs. Manjeet Singh and other officers were also present.

Team CAP RPHQ SI Suresh Kumar, ASI Jasbir Singh and Jit Kumar were also present in the venue for smooth functioning of the event.

GCoE commemorates World Water Day with inspiring documentary screening

STATE TIMES NEWS

JAMMU: In honor of World Water Day, the National Service Scheme (NSS) and Nature Club of Govt. College of Education (GCoE) came together to organize a special event centered around the renowned water conservationist, Dr. Rajendra Singh.

The highlight of the event was the screening of a compelling documentary showcasing the life and work of Dr. Rajendra Singh, often referred to as the "Water Man of India."

Through this documen-



GCoE faculty and students during a programme at Jammu on Friday.

tary, attendees gained valuable insights into Dr. Singh's pioneering efforts in water conservation, highlighting his significant contributions to sus-

tainability and environmental stewardship.

The event was graced by the presence of esteemed Principal of GCoE, Dr. (Prof.) Jyoti Parihar,

Prof. Sarita Dogra NSS Program Officer, and Dr. Shalini Sharma Convener of the Nature Club.

Their presence added a sense of importance and encouragement to the occasion, emphasizing the college's commitment to raising awareness about

crucial environmental issues.

Additionally, the event saw the participation of Dr. Shubhra Janwal, Prof. Kiran Thapa and Prof. Roopa Kumari, who actively engaged with students during the screening and subsequent discussions, fostering a deeper understanding of the challenges and solutions related to water conservation.

Dr. Jyoti Parihar said, "World Water Day is a reminder of the vital role water plays in our lives and ecosystems. Through initiatives like these, we aim to inspire our students to become responsible stewards of our precious water resources."

Singh Club Akhnoor enters final of Akhnoor Premier League T-20 Tournament



Winner Singh Cricket Club Akhnoor team posing for a photograph.

STATE TIMES NEWS

AKHNOOR: Singh Cricket Club Akhnoor entered the final of Akhnoor Premier League T-20 Cricket Tournament, organised by 50 Armed Regiment under the chairmanship of Col. Razat Sagwan under the overall supervision of Maj Anish Anand and Sham Singh Langeh Organizing Secretary, at Army Ground Daskal, here.

Earlier in semifinal match played on Friday, Singh Cricket Club Akhnoor outplayed Shiva Cricket Club Akhnoor by 33 runs. Vipin Sharma was

the top scorer with 32 while

the toss, Singh Cricket Club Akhnoor made 176 runs for the loss of six wickets in 20 overs. Chandan Sharma played a brilliant knock of 73 runs followed by Rahul Mulan, who added 59 runs to the total.

For Shiva Cricket Club, Ricky claimed three wickets while Vishal Sharma took two.

In reply, Shiva Cricket Club failed to chase the target and managed to score only 143 runs for the loss of eight wickets in 20 overs thus lost the match by 33 runs. Vipin Sharma was

the top scorer with 32 while

Suren Nagpal and Arush Chandan added 29 and 18 runs respectively to the total. For Singh Cricket Club Akhnoor, Binny Kesar grabbed three wickets while Vansh, Sham Singh Langeh, Sumit Pandit, Chandan Sharma and Rohit Rajput claimed one wicket each.

For his match winning knock, Chandan Sharma was declared as Man of the Match.

Today's match was officiated by Vikas Bali and Vinod Kumar as Umpires and Shubham Sharma as Scorer.

KC College of Education observes World Forests Day, World Water Day

STATE TIMES NEWS

JAMMU: Environmental Club of K.C. College of Education organized an awareness rally on Friday to mark 'World Forests Day' and 'World Water Day', the days celebrated every year worldwide to highlight the importance of trees and fresh water.

A good number of members of Environmental Club participated in the rally.

On their way, they met and interacted with the

forests and water and also the implications of deforestation and water scarcity.

Convener of the Club, Dr. Puja Sharma suggested the inhabitants of the area, the ways to save water and motivated them to plant trees and the sustainable management of these natural resources.

The activity was done in a constructive manner by making use of placards, slogans, songs and skits. Principal of the College,



K.C. College of Education faculty and students at an awareness rally.

villagers & slum dwellers and discussed the importance & significance of natural resources like

Dr. Sanjay Tiekoo flagged off the rally and applauded the efforts of the club members.

SMVDU Sports Teams shine at Goonj 2024



VC SMVDU, Prof. (Dr.) Pragati Kumar felicitating winner teams.

STATE TIMES NEWS

KATRA: Shri Mata Vaishno Devi University (SMVDU) secured an overall third position among more than 10 participating institutions in sports events held at the "Goonj 2024" hosted by the University of Jammu on March 19 and 20, 2024.

SMVDU women football team stood first in the sports event whereas the volleyball men team won the third posi-

tion. The event saw university teams participating in football, volleyball, basketball, kho-kho and kabaddi.

The other sports teams of university also displayed appreciable performance in the tournament.

The teams were accompanied by the Sports coaches of the university Sumit Sharma and Balbir Singh. Deputy registrar, student welfare

was also a member of the participating contingent. Prof. (Dr.) Pragati Kumar, Vice Chancellor, SMVDU congratulated the winning teams for bringing laurels to the university.

Vice chancellor appreciated the efforts of the Sports Wing headed by Dr. Parvez Singh Slathia and encouraged to participate in such events for showcasing the talent of university students.

Microsoft Certified Week Long Python Course concludes at SPMR College of Commerce



SPMR College of Commerce students and faculty members posing for a photograph.

STATE TIMES NEWS

JAMMU: A week-long Python course certified by Microsoft concluded at BCA Department of SPMR College of Commerce under the aegis of IQAC here on Friday.

Principal of the College, Prof. (Dr.) Rajinder Singh was Chief Guest on the occasion. The course was conducted as part of Corporate Social Responsibility initiative by Microsoft India Corporation.

Rajni Thakur, senior IT trainer (Education) was the resource person for the course, under the supervision of Prof. Monika Mahajan, Head, Department of Computer Applications.

Prof. (Dr.) Rajinder Singh encouraged the students to become good listeners and make use of every opportunity to improve their skill set. Noting that this course was an excellent initiative by the BCA department, he lauded the efforts of Prof. Monika Mahajan and her team, and hoped that more such programmes would be conducted in the future to provide opportunities to students to make them at par with their peers in the rest of the country.

Earlier the programme started with welcome address by Prof. Monika Mahajan, whereas a vote of thanks was given by Dr. Bharti Rana.

The programme was com-

pered by Mehak of BCA Semester 6, while report of the proceedings of the course was read by Shruti Pandita of BCA Semester 6. Feedback on the course was given by Rahul Sharma, Sneha Raina and Raghunandan Khajuria.

Among those present on the occasion included Prof. Pawan Gupta, Dr. Reena Rani, Prof. Ashraf Nawaz, Dr. Vipul Chalotra, Prof. Sangeeta, Prof. Bharti and Prof. Aman. Manta Sharma, Navdeep Kour and Anjali Pandey from the District Employment and Counselling Center Jammu were also present on the occasion.

Technical support was provided by Kulveer Singh.