

Jammu Hills Sports Club organises Man Industries Herath Half Marathon

STATE TIMES NEWS

JAMMU: Jammu Hills Sports Club organised the Man Industries Herath Half Marathon in Jammu which was participated by more than 200 runners from different parts of India.

Marathon started from Gulshan Ground Gandhi Nagar.

In order to promote organ donation, the organizers in collaboration with J&K State Organ & Tissue Transplant Organization presented SOTTO 3KM Run for Organ Donation 2024. This run was flagged off by Dr Sanjeev Puri, Joint Director, Anshu Sharma, Consultant (IEC/Media) and Irfan Ahmad Lone, Transplant Coordinator SOTTO J&K. In the girls category Myra Duggal, Manha and Samrin secured 1st, second and third position respectively whereas Arianth Verma, Manmeet Singh and Kayat Puri secured 1st, second and third position respectively in the boy's category.

The participants show-



Dr Sanjeev Puri, Joint Director flagging off half marathon.

cased the vibrant spirit of Jammu's running community as the runners from diverse backgrounds, abilities and age groups including children and senior citizens from different parts of the country came together to participate in the marathon. From seasoned athletes to first-time runners, individuals from all walks of life joined hands to promote the message of organ donation to save precious lives in the society.

In 3 KM girls category Myra Duggal, Manha and Samrin and in the boys cate-

gory Arianth Verma, Manmeet Singh and Kayat Puri were declared winners.

In 5km under 35 female category Anjali Rajput, Pradeep Kaur and Meera whereas in male category Ajay Kumar, Aryan Sharma and Eklove Sharma were the winners. In 35 & above female category Anshu Charak, Aarohi Sharma and Anju Wangoo whereas in the male category Mohit Raina Vijay Raina and Vivek Sharma were the winners.

In 10 km, 18 to under 35 female category Sheerja, Palak Malhi and Balvinder

Kaur whereas in the male category Krishna Raj Rokaya, Aditya Singh and Sunil Singh were the winners.

In 35 to under 45 female category Shweta Mittal Kuljeet Kaur and Prerna Sharma whereas in the male category Ramanand Yadav Abhishek Sharma and Praveen Manhas were the winners. In 45 to under 55 female category Manvinder Kaur, Shipra Aggarwal and Dr Ritu Ahal whereas in the male category Shafat ul Bashir Shamsher Manhas and Rohit were the winners.

In 55 and above female cat-

egory Anita Verma, Rajni Gupta and Anu Talvar whereas in the male category Rishi Kumar, Amarjeet Singh and Anil Katoch were the winners.

In 21.1 km, 18 to under 35 female category Dhyuti Gupta, Pooja Yadav and Rimpdy Devi and in the male category Hrithik Sharma, Sukaran Raj Sharma and Irfan Hafiz were the winners. In 35 to under 45 female category Raina Gupta, Manmeet Atal and Ruchi Singh whereas in the male category Vijay Sharma Samvit Sharma and Sindhu Sharma were the winners. In 45 to under 55 female category Sonia Sawhney and Bhavna Salathia whereas in the male category

Sudhir Anand, Dinesh Gupta and Bhushan were the winners. In 55 and above female category Saloni Khajuria secured 1st position whereas in the male category Ajay Gandotra, Surinder Chaudhary and Om Prakash Sharma were the winners. Parveen Raina organised the whole event.

Sports Council distributes kits among athletes



Pawan Kumar PEL, Hockey Coach, Fitness Trainer BCCI NCA JKCA handing over sports kit to an athlete.

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POONCH: Continuing with its reach-out programme to athletes, the J&K Sports Council distributed the sports kits among the trainees of Khelo India Centres of Poonch in the disciplines of Football, Volleyball and Badminton.

The athletes received brand new sports training kits during a function held at Sports Stadium Poonch.

Khelo India centre trainees were accompanied by their respective mentors including Richa Sharma (Volleyball), Ameet Singh (Football) and Owais Din (Badminton). All the necessary measures

including the authenticity of the credentials including checking of NSRS ID verification were carried out.

Pawan Kumar (PEL, Hockey Coach, Fitness Trainer BCCI NCA JKCA) was the chief guest on the occasion while Mustaq Ahmed Sr. Boxing Coach Manager Indoor Complex Poonch was Guest of Honour and Rajinder Singh (PEM & Football Coach) was the special guest.

Prominent among others present were Narinder Singh PEM, Perviaz Ahmed and Narinder Singh PEM.

Earlier, Nirdosh Kumar, Incharge Manager Sports Stadium Poonch welcomed

all the guest and players and briefed them about the function.

While speaking on the occasion, the chief guest applauded the efforts of JKSC under the dynamic leadership of Nuzhat Gul, Secretary Sports Council for providing platform and necessary assistance to trainees.

He also advised the players to work hard and achieve desired results at National and International Level of competitions.

He also thanked Majid Yousaf Chief Nodal Officer Khelo India J&K UT for uplifting sports under Khelo India scheme across J&K UT.

JKP bags overall trophy in Wrestling



Organisers along with medal winners posing for photograph.

STATE TIMES NEWS

JAMMU: Jammu and Kashmir Police (JKP) emerged overall champion in the two-day 31th Men Freestyle and Greco Roman style and 17th Women J&K UT level Wrestling Championship which was organised by Wrestling Association of J&K in collaboration with University of Jammu (JU) at the Gymnasium hall of the JU,

here today.

The overall runners-up trophy went to district Reasi while Jammu district remained third.

In the closing function, former international wrestler, Dushyant Sharma (SSP), was chief guest while Director Sports and Physical Education, JU, Dr Dawood Iqbal Baba was guest of honour.

Other prominent present

were Om parkash (treasure), Ravinder Kumar (director competition), Krishan Singh, Roshan Sharma (both technical officials) and Jai Bharat (general secretary), Ravinder Kumar.

The chief guest lauded the Association for holding activities at district and UT level on a regular basis thus extending opportunities to the young wrestlers to perform and excel.

Fearless Knight Doda crushes Doda Royal Team in dominant friendly match victory at Sports Stadium Doda

STATE TIMES NEWS

DODA: A Sunday Friendly Match played between Fearless Knight Doda V/s Doda Royal Team at Sports Stadium Doda, Both team played T-20 match The Doda Royal Team captain Rajeev Rana won toss and elected bat first, and set a challenging target of 172 runs in 20 overs.

Doda Royal Team set a target, Captain 172 runs in 20 overs, Rajeev Rana Scored 55 runs in 48 balls and got out, Muneeb Malik scored 22 runs in 20 balls, Ravinder scored 28 runs in 15 balls, Khalid Wani scored 11 runs in 16 balls got out, Nayeem UL Haq scored 6 runs in 5 balls got out, Javed Butt scored 9 runs in 15 balls not out, other etc and set a 172 runs target in front of Fearless Knight Team Doda.



Organisers along with winner team posing for photograph.

The Bowling of Fearless Knight Team Doda showcased their bowling. The main bowler of Team Harjot Singh took 1 wickets giving 22 runs in 3 overs, while Wasif Sheikh took 1 wickets giving 25 runs in 4 overs. Arvinder Singh took 1 wicket and gave 8 runs in 2 overs. Ayan Wani took 2 wickets in, conceding 33 runs in 4 overs. Dev Tahkur could take any wicket in 3 overs given

27 runs, Ajeet Kumar could not take any wicket in 1 over given 9 runs, Aman could not take wicket given in 1 over 9 runs. All the Players of Fearless Knight Team Doda showed their good bowling and all played very well in the fielding and Doda Royal innings stopped at 171 runs only in 20 overs.

The Fearless Knight Team took command to achieve the target 171 runs, Ajay

Katoch (WK) and Sahil took command of their innings. Sahil, scored 20 run off 10 balls, and Ajay Katoch contributed 30 runs off 21 balls got out. Ajeet Kumar without scored in 6 balls got out. Aman scored 1 runs off 5 balls and got out. Ayan Wani scored 13 runs off 9 balls got out. Vikas (Captain), scoring 25 runs off 25 balls got out. Wasif Sheikh contributed 44 runs in 23 balls not out, after that Harjot Singh contributed 17 runs in 10 balls not out. The fearless Knight team chased a target of 172 runs in 18 overs. The Fearless Knight Team won this match with explosive batting and eliminated this chase. The Fearless Knight Team won this match by 4 wickets.

Allrounder Wasif Sheikh's outstanding performance with Bowling & Batting earned him the well-deserved Man of the Match award; he took 1 wickets and scored 44 runs in 23 balls for Fearless Knight Team.

Expressing their delight after the victory, the Fearless Knight Team pledged to continue their excellent performance after winning, the whole team held a small party at Zum Zum Restaurant Doda in Evening Time 7:00 pm. This Match today played only in a Friendly way in cricket, in which everyone can show their talent so that they can win their team by performing in the upcoming tournament so this match was played and this Friendly Match is played every week winning and losing goes on in cricket and every day one gets to learn how to play in the Ground. So that children can showcase their talent in future.

Jammu boy 'Rachit' keeps J&K flag high in Horse Riding at national scene

Scripts history, becomes 1st Equestrian Athlete from J&K

STATE TIMES NEWS

JAMMU: Scripting history by becoming the first Equestrian Athlete from J&K to earn applause from all for his landmark achievements at a tender age of 14 years, the son of the soil, Rachit Gupta is all set to keep J&K's flag high at the national scene.

Championing his passion and profession, charismatic Rachit, over the years, has participated in several prestigious Horse Riding events, showcasing his dedication and commitment towards this sport, which is full of adventure and glamour.

In the present era, when there is euphoria of cricket and football all over the world, this athlete from Jammu and Kashmir has taken to the Equestrian sport to break the



jinx.

Rachit has the distinction of winning gold in the All India IPSE Equestrian Championship in Children-I Show Jumping in 2022-23, besides Dream Alliance: 2023 at Mayo College and qualifying for Junior National Equestrian Championship

(JNEC) 2023 of Regional Equestrian League (REL).

Some of the notable events that Rachit has participated in so far include the Junior National Equestrian Championship (JNEC)-2023 at Agram Riding and Polo Academy (ARPA) Bengaluru, Delhi Horse Show 2019, 2022, 2023, Chinkara Horse Show organised by 61st Cavalry Jaipur in 2018, 2019, 2023. At the time when the Government of Jammu and Kashmir is committed to promote sports in every nook and corner of the Union Territory and its ace athletes like Sheetal Devi, Chain Singh, Shreya Gupta, Muskan Rana, Umran Malik, Ansa Chisti and likes are making

name and fame at the national and international scene, Rachit has made them proud by making inroads and bringing laurels in this adventurous sport. For pursuing this sport and becoming the first Equestrian Athlete from Jammu and Kashmir, Rachit has already received accolades from Secretary to Government Youth Services and Sports Department, Sh Sarmad Hafez and Secretary J&K Sports Council, Ms Nuzhat Gul. Son of a prominent Businessman and Managing Partner of Hotel Radisson Blu Jammu, Mr Bhupesh Gupta, the ace athlete Rachit is all set to participate in the Delhi Horse Show 2024 to be held at Army Equestrian Centre (AEC) Delhi Cantt from April 5 2024 to April 17, 2024.

"Horse Riding has been my passion since my childhood and I actively started pursuing it at the age of 8 when I joined Mayo College Ajmer as a 4th Grade student in 2018. I will leave no stone unturned in bringing laurels for J&K," said Mr Rachit. It is pertinent to mention here that India has a rich heritage of Equestrian Sport. Evidence of horse games and equestrian activities has been found in inscription, carving and coins excavated in Mohanjodaro and Harappa. During the vedic period (2500 BC - 600 BC) a form of chariot racing was one of the most popular games and this continued into the Ramayana period when hunting became a royal sport. The Equestrian Federation of India was constituted in 1967.

Humanity Public School celebrates Holi

STATE TIMES NEWS

JAMMU: The most colourful and vibrant festival of India-Holi was celebrated with splash of colours at Humanity public School, Bassi Kalan, Bari Brahmna. A special assembly was conducted on this event by the staff was marked with fun and favour as the staff of the school celebrate this vibrant festival with much enthusiastic the string of music, topics and poems, the day was celebrated on a high note. The programme was followed by topic and poem presented by the teacher, Sheetal and Rohini Charak. A melodious song was presented by PRT teachers under the guidance of music teachers, Mr. Rajan

Kumar and Kumar Abhilash. Principal, of the school, Gaurav Charak stated that Holi is a festival of new hope, new beginning and new opportunity. He told that the festival of Holi symbolizes the victory of good over evil, on this day we should forget all bad things and memories and start a fresh.

Vice Principal, AnkuCharak earnestly wished for the best days ahead for all and gave a message of environment conservation by marking eco-friendly Holi.

The presenter of the programme was Shilpa. The Programme ended on a note of high spirit and energetic celebration by the Principal Gaurav Charak,

Vice Principal AnkuCharak along with the incharges of different things Akashdeep Raina (senior Incharge), Parsidh Singh (Incharge) Hr. Sec. Wing, Namrata Sharma (Incharge, High Wing), Vandhana Sharma (Incharge, Pry wing), Mahan Singh (Sports Incharge), Virender Kumar (IT Incharge) and Meenu Khajuria (Activity Incharge) put tilak on forehead of staff members of different wings and on each other. All the staff members congratulating each other by applying Gulal. It was a joyful celebration of Holi at Humanity Public school wherein everyone greeted each other Holi wishes.

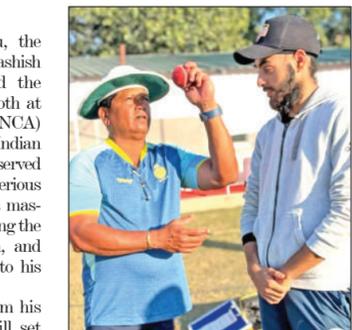
Capturing attention of NCA experts & franchisees, Sarvashish makes IPL Net Bowler cut

STATE TIMES NEWS

JAMMU: Hailing from Jammu, the mysterious left-arm spinner, Sarvashish Singh Ahluwalia, has captured the attention of cricket enthusiasts both at the National Cricket Academy (NCA) and on the grand stage of the Indian Premier League (IPL) as a reserved player. Renowned for his mysterious bowling variations, Ahluwalia has mastered an array of deliveries, including the googly, off-spin, topspin, leg-spin, and continues to add new variations to his repertoire with each passing day.

What sets Ahluwalia apart from his peers is not just his diverse skill set but also his self-assuredness and unwavering confidence in his abilities. His astute awareness of his own strengths and a resolute mindset have garnered admiration from esteemed cricketers in his midst.

At the NCA, Ahluwalia's performances have left a lasting impression, showcasing his exceptional talent and adaptability across different formats of the game. His stellar displays have earned him accolades and paved the way for his



inclusion in the IPL, where he continues to dazzle spectators with his mystifying spin bowling.

Ahluwalia's journey serves as a testament to the importance of self-belief and continuous self-improvement in the pursuit of excellence. As he continues to evolve as a cricketer, his mystique and confidence are sure to leave an indelible mark on the cricketing world.

Ahluwalia's journey in cricket began at a tender age, showcasing his skills while

playing for the Jammu and Kashmir U-19 team. However, a setback struck when he endured a serious back injury, sidelining him from the sport for two years.

During his recovery period, Ahluwalia faced uncertainty about his cricketing future. It was his unwavering determination combined with the unwavering support and encouragement from his parents that propelled him forward. Seeking advanced treatment, his parents sent him to Bangalore, where he underwent rehabilitation for his back injury, ultimately enabling his return to the cricketing arena.

Following his rehabilitation, Ahluwalia resumed training, focusing on his bowling skills. His talent did not go unnoticed, as the bowling coach at the National Cricket Academy (NCA) spotted his potential during net sessions. Subsequently, he was invited to bowl alongside national cricketers such as Rishabh Pant, Surya Kumar Yadav, K L Rahul, and Shreyas Iyer at the academy.

Impressed by his abilities, the IPL RCB franchise enlisted Ahluwalia as a

reserved player for the 2024 season. His perseverance and resilience during challenging times have finally paid dividends, showcasing the indomitable spirit of this young talent from Jammu and Kashmir.

ADGP Jammu Zone extends Holi greetings

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JAMMU: Additional Director General of Police Jammu Zone, Jammu Shri Anand Jain, IPS greeted people of Jammu region, the martyr's families, Police personnel and their families on the auspicious occasion of Holi Festival.

In his message, ADGP Jammu, extended warm greetings and good wishes on the auspicious and joyous occasion of Holi -the festival of colours.

"May the noble ideals of the festival prevail and usher in peace, prosperity and happiness in our lives," he said.

Kreeda Bharati appoints Dalair as Ramban President

STATE TIMES NEWS

RAMBAN: Kreeda Bharati Jammu and Kashmir elected Dalair Singh as president of district unit Ramban in a meeting held at Bharatiya Vidya Mandir School Complex, here.

A formal announcement of appointment was made by president Kreeda Bharati, J&K and former Joint Secretary, J&K Sports Council (JKSC), Shiv Kumar Sharma in the presence of district incharge, Rahul Sharma.

Earlier, secretary Kreeda Bharati J&K, Rajesh Chander Vaid briefed the gathering of prominent individuals about the organisation and its mission of promoting the indigenous sport and sense of nation building among the youngsters.

A staffer of Department of Youth Services and



Officials of Kreeda Bharati Jammu and Kashmir honouring Dalair Singh.

Sports (DYSS), Dalair Singh remains active in sports activities at the district level.

Further, the newly appointed president has been advised to look forward to constitute his complete district unit in near future. The meeting attended besides others by Mahesh Singh, Sandeep Singh

Chib, Ramandeep Singh Parihar, Suryaji, Sanjay Singh, Sanjeev Singh Balwal and Sanjay Verma. Meanwhile, the J&K Kreeda Bharati team interacted with the prominent citizens of the district, including Principal Bharatiya Vidya Mandir School, Pardeep Singh Kotwal.