

MOVIE REVIEW

Article 370



Director: Aditya Suhas Jambhale
Cast: Yami Gautam, Priyamani, Arun Govil
STORY: Zooni Haksar, an Intelligence Field Officer, is recruited by the PMO Secretary for a classified assignment aimed at dismantling the conflict economy and combating terrorism in the Kashmir valley, just before the implementation of the abrogation of Article 370.

REVIEW: The film's storyline follows Zooni Haksar (Yami Gautam Dhar), an intelligence field officer, who is relocated to Delhi following a 'botched' encounter despite its success, as deemed by his superior. As the government moves to abrogate Article 370, PMO Secretary Rajeshwari Swaminathan (Priyamani) shoulders much of the groundwork. She assembles her team and appoints Zooni to spearhead the NIA operation in Kashmir. The journey to preserve peace and unity in the valley navigates through the obstacles posed by corrupt local leaders and militants.

'Article 370' attempts to evoke a sense of nationalism, taking creative liberties along the way. One fails to comprehend the necessity for Zooni to resort to impersonation to access amended documents from the J&K Secretariat, as accessing those documents could have been a straightforward job for her. Nonetheless, this film marks a promising debut from director Aditya Suhas Jambhale, a two-time National Award-winning director, hinting that a lot can be expected from him in the future. 'Article 370' proves to be a worthwhile watch, offering enough substance to keep viewers engaged and invested.

In-depth Analysis		
Our overall critic's rating is not an average of the sub scores below.		
Direction	<div><div></div><div></div><div></div><div></div><div></div></div>	3/5
Dialogues	<div><div></div><div></div><div></div><div></div><div></div></div>	3/5
Story	<div><div></div><div></div><div></div><div></div><div></div></div>	3/5
Music	<div><div></div><div></div><div></div><div></div><div></div></div>	3/5
Visual appeal	<div><div></div><div></div><div></div><div></div><div></div></div>	3/5

BOOK REVIEW

Swallowing the Sun



Title: 'Swallowing the Sun'
Author: Lakshmi Murdeshwar Puri's
Publisher: Aleph Book Company
Pages: 421
Price: 899
Review: Set during the freedom movement, Lakshmi Puri's Swallowing the Sun (Rs 899, Aleph) is about the encounter of India's national story with unknown individuals, the constant tussle between revolution and reform, encapsulated in the gaze of Malati, a girl from a Maharashtrian village who grows up to know the cost at which independence — for herself and her country — comes.

'Swallowing the Sun' is a powerful story about Malati, a brave young woman living during India's fight for freedom. Despite facing challenges, and all the while defying traditional expectations, Malati shows incredible strength and courage. With support from her forward-thinking father, she and her sister Kamala become the first women in their family to attend college.

Their journey takes them to Bombay, where political tensions run high. Alongside the struggle for independence, Malati experiences the ups and downs of everyday life—love, loss, and difficult decisions. Told in a beautifully engaging way by author Lakshmi Murdeshwar Puri, the book and Malati's story reminds us that even in the face of adversity, we can find the strength to fight for what we believe in.

GADGET REVIEW

Motorola Razr 40



Expected Price	Rs 44,999
Display (Primary)	6.90-inch
Resolution	(1080x2640)
Front Camera	32MP
Rear Camera	64MP + 13MP
RAM	8GB
Storage	128GB
Battery Capacity	4200mAh
Protection type	Gorilla Glass
OS	Android 13
Wi-Fi	Yes
Bluetooth	Yes, v 5.30
USB Type-C	Yes
Face unlock	Yes
Fingerprint sensor	Yes
Magnetometer	Yes
Proximity sensor	Yes
Accelerometer	Yes
Wireless charging	Yes
Colours	Azure Gray, Cherry Powder, Bright Moon White

Pros	Cons
* Premium and compact design, IP52 rating.	* Heats up with camera use.
* Vibrant pOLED folding display.	* Slow wireless charging.
* Large and functional cover display.	
* Good daylight camera performance.	

VEHICLE REVIEW

Mahindra Scorpio N



Starting Price	Rs. 13.60 - 24.54 Lakh*
Fuel Type	Diesel
Engine Displacement	2198 cc
No. of Cylinders	4
Max Power	172.45bhp@3500rpm
Max Torque	400Nm@1750-2750rpm
Seating Capacity	7
Transmission Type	Automatic
Boot Space	460 Litres
Fuel Tank Capacity	57 Litres
Body Type	SUV
Gear Box	6-Speed
Drive Type	4WD
Steering Type	Electric
Steering Column	Tilt
Front Brake Type	Ventilated Disc
Rear Brake Type	Ventilated Disc
Boot Space	460 Litres
Seating Capacity	6, 7
Parking Sensors	Front & Rear
USB Charger	Front & Rear

Pros	Cons
* Powerful Engines.	* Boot smaller than expected.
* Good ride and handling.	* Cramped third row.
* Comfortable seats.	
* Easy to drive despite the size.	

Health and Lifestyle

Parents of successful kids have these 5 traits in common



children's character from a young age.

They focus on their kids' sleep patterns
Clocking in enough hours of sleep is crucial and when you don't get that in check, it can prove costly, for both the adults and the children. When kids do not get proper, quality sleep, they are more likely to lag behind, be less interested in learning things, fall into pressure or face chronic health troubles. Parents raising successful kids do not ignore this advice and pay heed to this.

They limit screen time
It's not the biggest tech conglomerates who limit their

Having kids is no easy feat but raising your kids to be successful and best of the lot is even tougher. While parenting, no doubt is a 24x7 job (which never really ends), experts and researchers have now devised a few common traits particular to all parents who raise successful children. Take a look:

They play and engage with their kids
If you thought to get your kids to play outside was the only important thing, think again. According to experts and child psychologists, it is equally crucial for parents to engage with their kids in some form of free play every day. Doing this is excellent to boost their mental health. Children who spent time engaging in any activity with either of their parents were found to have higher levels of oxytocin, which helps promote social interaction and encourages positive behaviour. Even simple things like eye contact, touch can promote empathy and help in their developmental charts.

They are empathetic and less conflicting
Children's relationships with their parents have a big impact on their future lives. A research conducted in New York found that teenagers who shared a warm and loving relationship with their parents (especially mothers) were less likely to fall into the trap of abusive or threatening relationships. Any form of conflict or trauma experienced in childhood can severely affect their self-esteem. Children learn to channelize their inner thoughts, behaviour and mental peace by seeing the role models in front of them. Parents and caretakers often assuming the first place, hence, have a big role to play here. Positive parenting and sharing open, empathetic relationships go a long way in building



children's screen time. For raising successful, smart kids, it is important that you exercise control over what your kids watch, read or observe. In fact, a study conducted by the Academy of Pediatrics found that children who spend long hours in front of the screens have less functional or developed brains than the ones who spent less time in front of the gadgets. Safe to say, sitting in front of the screen for long hours at a stretch is not good for the health of your developing child.

They do not indulge in any form of violence
Goes without saying, violence is never the answer to any thing and exercising brutal or corporal punishment, especially towards kids can have bad side effects on young minds. According to several studies conducted, children who have been subjected to any kind of violence, abuse or aggressive behaviour tend to be more at risk of mental health problems, cognitive issues, and emotional deficits. Worst, it also subjects your kids to risk of brutal injuries and health issues.

ASTROLOGY

WEEKLY PREDICTIONS 03RD — 09TH MARCH 2024

<p>ARIES</p> <p>MAR 21 - APR 19</p> <p>You might be in the mood to take a risk, especially around a matter of the heart. You might want to express your true feelings to a special individual even though you have no idea what they will say in response. Aries, you are an adventurer at heart. It's better to lay your cards on the table than go on wondering. You're taking steps in the right direction.</p>	<p>LIBRA</p> <p>SEP 23 - OCT 22</p> <p>Libra, it's quite possible that this friend wants to work on a project together or maybe coax you on a trip so they won't be alone. It could also mean that a friendship that was basically a casual acquaintance is now turning romantic. You may not have really noticed this person before, and now you can't get them out of your mind.</p>
<p>TAURUS</p> <p>APR 20 - MAY 20</p> <p>Taurus, it's possible you're looking at your living arrangements and deciding whether you'll be staying. Now you're weighing your options and discussing with your family what they would like to do. The Universe could be signaling that it's time for a change. The decision you make today could inform a lot of the choices you make over the next few weeks.</p>	<p>SCORPIO</p> <p>OCT 23 - NOV 21</p> <p>Scorpio, a new position could be up for grabs, and you can submit an application. A job-hunting website might push a notification that fits your qualifications. But you need to take quick action to secure this juicy opportunity. This might be exactly what you've been asking for. It's just coming a little sooner than you expected.</p>
<p>GEMINI</p> <p>MAY 21 - JUN 20</p> <p>Gemini, you have a fuller picture of a situation with someone close to you. Information could be coming from several credible sources. You might want to offer advice, but at this time this individual might not be ready to hear it. It could be like talking to a wall. Gemini, you are an excellent communicator, but today your message may not be heard.</p>	<p>SAGITTARIUS</p> <p>NOV 22 - DEC 21</p> <p>It isn't good for Sagittarius to be in one place for too long. Lately, you could be working a lot or finishing up the school semester. And while you might not be able to travel today, this is a good time to plan a trip. You could do something practical by preparing to return home for the summer. Someone from your past could psychologically reach out to you. You're picking up their message loud and clear.</p>
<p>CANCER</p> <p>JUN 21 - JUL 22</p> <p>First quarter moon in Leo bringing a financial opportunity. However, there's still work to be done. Cancer, you'll have to make the first move, which means you might have to make a sales call or set up a meeting with the prospective partner, which for some reason is easier said than done. It's time for you to recognize that any action you take at this point is better than no action.</p>	<p>CAPRICORN</p> <p>DEC 22 - JAN 19</p> <p>First quarter moon in Leo bringing a financial opportunity if you're willing to step a little outside your comfort zone. Capricorn, it's possible you've heard about a new investment or a new way of investing, such as peer-to-peer lending or real estate crowdfunding. But before you take action, it will be necessary to review prospectuses or watch numerous instructional videos online.</p>
<p>LEO</p> <p>JUL 23 - AUG 22</p> <p>Leo, this individual might be an influencer, mentor or celebrity. It's possible you are sitting next to them in a restaurant, see them in line at the grocery store or you get introduced by a mutual friend. This isn't the time to stay on the sidelines or wait for this individual to come to you. It's a good time to boldly step forward and show this person who you are by being your true and authentic self.</p>	<p>AQUARIUS</p> <p>JAN 20 - FEB 18</p> <p>Aquarius, you could get closer to someone special, but you'll have to adjust your schedule to accommodate their calendar. This could be a really fun date if you can just find a way to get together. Consider changing your schedule to show the other person how much you care and value their company. Someone you had a crush on in the past might be coming around for a second pass.</p>
<p>VIRGO</p> <p>AUG 23 - SEP 22</p> <p>First quarter moon in Leo lighting up your house of rest. Sometimes you have to insist on time to take care of yourself. Virgo, you're very helpful, and people around you are quick to ask for your help. Today, take a little time for yourself. You might be shaking your head because you know that Mercury is retrograde, and all of this will have to be changed later.</p>	<p>PISCES</p> <p>FEB 19 - MAR 20</p> <p>First quarter moon in Leo bringing opportunities connected to your job. It's possible that a new position is opening up that fits your skill set. Or you might have the opportunity to lead a high-profile project with some great team members. To secure this opportunity, you'll need to move fast. Pisces, this is not the time to be distracted.</p>